

## INFORMATION & CONSENT SHEET

### INVITATION TO TAKE PART

You are being invited to take part in a research study to understand the relationship between physiological processes (how you experience your body) and how you perceive the world. Thank you for carefully reading this information sheet, a copy of which you can keep for your records. This study is being conducted by Dr Dominique Makowski, and his team, from the School of psychology, University of Sussex, who is happy to be contacted ([D.Makowski@sussex.ac.uk](mailto:D.Makowski@sussex.ac.uk)) if you have any questions.

### WHY HAVE I BEEN INVITED TO TAKE PART AND WHAT WILL I DO?

We are testing 100 adults from the student population; the tasks will take approximately one hour to complete. You will have to complete different questionnaires (asking about your personality) and different cognitive tasks.

### PHYSIOLOGICAL SIGNALS

We will be recording some of your body's electric activity using ECG and EEG; both are simple non-intrusive procedures used in research and in the life sciences. Since this study is being undertaken for research purposes only, we will not be able to provide any feedback or information on clinical aspects of the data obtained. For the ECG we will be attaching some sensors to the skin, and for the EEG we will be using the Muse 2 headset which contains electrodes that will be placed in your forehead and behind the ears. We kindly ask that you refrain from participating if you are aware of having skin reactions or allergies to adhesives or the materials used in the electrodes – primarily composed of silver and silver chloride.

### WHAT WILL HAPPEN TO THE RESULTS AND MY PERSONAL INFORMATION?

The results of this research will be used to deepen our scientific understanding of the role of the body in psychology and might be used for scientific dissemination. We anticipate being able to provide a summary of our findings on request from 30/08/2025 ([asf25@sussex.ac.uk](mailto:asf25@sussex.ac.uk)). Your anonymity will be ensured in the way described in the consent information below. Please read this information carefully and then, if you wish to take part, please sign to show you have fully understood this sheet, and that you consent to take part in the study as it is described here.

## CONSENT

- I understand that by signing below I am agreeing to take part in the University of Sussex research described here, and that I have read and understood this information sheet.
- I understand that my participation is entirely voluntary, that I can choose not to participate in part or all of the study, and that I can withdraw at any stage without having to give a reason and without being penalised in any way.
- I understand I can request without penalty that my data be withdrawn and deleted even after the data collection is complete, any time up until the results are analysed.
- I understand that my personal data will be used for the purposes of this research study and will be handled in accordance with [Data Protection legislation](#). I understand that the University's [Privacy Notice](#) provides further information on how the University uses personal data in its research.

For further information about this research please contact the project supervisor Dominique Makowski ([D.Makowski@sussex.ac.uk](mailto:D.Makowski@sussex.ac.uk)). This research has been approved (ER/ASF25/2) by the Sciences & Technology Cross-Schools Research Ethics Committee (C-REC) ([crecscitec@sussex.ac.uk](mailto:crecscitec@sussex.ac.uk)). The University of Sussex has insurance in place to cover its legal liabilities in respect of this study.

Study Name: PrimalsInteroception

Date:

Experimenter:

- I understand that my collected data will be stored in a de-identified way and kept separate from other details about. Anonymized and de-identified data may be made available on scientific online data repositories to other researchers.
- I understand that my identity will remain confidential in any written reports of this research, and that no information I disclose will lead to the identification in those reports of any individual either by the researchers or by any other party, without first obtaining my written permission.

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Name of Participant

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University Email of Participant

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Date

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Signature

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