**INFORMATION & CONSENT SHEET**

**INVITATION TO TAKE PART**

You are being invited to take part in a research study to understand the relationship between physiological processes (how you experience your body) and how you perceive the world. Thank you for carefully reading this information sheet, a copy of which you can keep for your records. This study is being conducted by Jingxiong Xu and Dr Dominique Makowski from the School of psychology, University of Sussex, who are happy to be contacted ([jx205@sussex.ac.uk](mailto:jx205@sussex.ac.uk)[/D.Makowski@sussex.ac.uk](mailto:D.Makowski@sussex.ac.uk)) if you have any questions.

**WHY HAVE I BEEN INVITED TO TAKE PART AND WHAT WILL I DO?**

We are testing 60 adults from the student population; the tasks will take approximately one hour to complete. You will have to complete different questionnaires (asking about your connection to your body, as well as general questions about how you view the world) and different tasks that will require you to focus on your heart beats while having it recorded via electrocardiogram (ECG).

**ABOUT ECG**

The ECG is a simple procedure where sensors are attached to the skin to detect the electrical signals produced by your heart each time it beats. The biosignalsplux ECG machine we use is intended for use in life science education and research and is not a medical device. The study is being undertaken for research purposes only and the researchers will not be able to provide any feedback regarding your ECG following participation. If you have any concerns about your heart and/or related health issues you should contact your GP. Further information about ECG is available on the NHS website:

<https://www.nhs.uk/conditions/electrocardiogram/>

**PARTICIPANT ADVISORY: SKIN SENSITIVITY TO ELECTRODE MATERIALS**

We kindly request that participants refrain from volunteering for the study if they are aware of having sensitive skin to adhesives or the materials used in the electrodes. The electrodes used in the study are primarily composed of silver and silver chloride. If you have experienced skin reactions or allergies to these materials in the past, we advise against participation. Your comfort and well-being are our top priorities, and we appreciate your understanding in ensuring a safe and suitable research environment.

**WHAT WILL HAPPEN TO THE RESULTS AND MY PERSONAL INFORMATION?**

The results of this research will be used to deepen our scientific understanding of the role of the body in psychology, and might be used for scientific dissemination, including a scientific poster presented at the junior research exhibition hosted in October 2023. We anticipate being able to provide a summary of our findings on request from 01/09/2023 ([jx205@sussex.ac.uk](mailto:jx205@sussex.ac.uk)). Your anonymity will be ensured in the way described in the consent information below. Please read this information carefully and then, if you wish to take part, please sign to show *y*ou have fully understood this sheet, and that you consent to take part in the study as it is described here.

**CONSENT**

* I understand that by signing below I am agreeing to take part in the University of Sussex research described here, and that I have read and understood this information sheet.
* I understand that my participation is entirely voluntary, that I can choose not to participate in part or all of the study, and that I can withdraw at any stage without having to give a reason and without being penalised in any way.
* I understand I can request without penalty that my data be withdrawn and deleted even after the data collection is complete, any time up until the results are analysed (01/08/2023).
* I understand that my personal data will be used for the purposes of this research study and will be handled in accordance with [Data Protection legislation](http://www.sussex.ac.uk/ogs/policies/information/dpa/). I understand that the University’s [Privacy Notice](https://www.sussex.ac.uk/about/website/privacy-and-cookies/privacy) provides further information on how the University uses personal data in its research.
* I understand that my collected data will be stored in a de-identified way and kept separate from other details about. Anonymized and de-identified data may be made available on scientific online data repositories to other researchers.
* I understand that my identity will remain confidential in any written reports of this research, and that no information I disclose will lead to the identification in those reports of any individual either by the researchers or by any other party, without first obtaining my written permission.

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Name of Participant University Email of Participant

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Date Signature