# Scout Citizen Rank

Worksheet by the Merit Badge Center, Philippines

**Last Updated: March 28, 2021**

This worksheet was created to assist Scouts with their Advancement Rank. The worksheet does not replace the actual advancement process. Troop leadership must still certify your completion of each requirement and the rank. If a requirement says that you must take an action using words such as “discuss”, “show”, “tell”, “explain”, “demonstrate”, “identify”, etc. that is what you must do. **Troop leadership may not require the use of this worksheet or any similar material**. No one may add, subtract, or modify the official requirements as prescribed by the Boy Scouts of the Philippines.

Scout’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Unit: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Requirement 1. In your own words, explain the meaning of the Scout Oath and Law and how you relate it with your daily life.

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## Requirement 2. Explain how you will show respect and courtesy for Scouts with other faith or religious belief.

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## Requirement 3. Undertake activities that will help promote an active and healthy lifestyle such as Fun Run, Hiking, Cycling and alike and explain its significance.

Have a Troop Designated individual certify that you have undertaken at least one of the following activities:

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| **Activity** | **Date of Activity** | **Troop Designee’s Signature** |
| Fun Run |  |  |
| Hiking |  |  |
| Cycling |  |  |
| Alike Activity: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |

Explain the significance of promoting an active and healthy lifestyle.

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## Requirement 4. With the guidance of your Troop Leader and/or any member of the family, know your rights as a child. Share and explain it to your fellow Scouts in the Patrol.

Receive the guidance of one or more of the following to know your rights as a child.

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| **Guidance Of** | **Signature** | **Date** |
| **Troop Leader** |  |  |
| **Parent or Guardian** |  |  |
| **Family:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |

Write about what you know of your rights as a child.

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Have your Patrol Leader certify that you shared and explained what you know about your rights as a child to your fellow Scouts in the Patrol.

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Patrol Leader’s Signature Date

## Requirement 5. Discuss with your Patrol and Troop Leader, the different stages of sexual maturity and reproductive health. Discuss how you will behave at home, school and/or in the community with your peers, friends and acquaintances of both same and opposite sex.

Have your Patrol Leader certify that you have discussed with your Patrol and Troop Leader, the different stages of sexual maturity and reproductive health.

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Patrol Leader’s Signature Date

Have your Patrol Leader certify that you have discussed how you will behave at home, school and/or in the community with your peers, friends and acquaintances of both same and opposite sex.

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Patrol Leader’s Signature Date

## Requirement 6. Explain the dangers and harmful effects of smoking, alcoholism and drugs and substances abuse. Discuss with your Patrol/Troop how to prevent and avoid peer pressure to indulge in these kinds of addictions.

Explain the dangers and harmful effects of smoking.

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Explain the dangers and harmful effects of alcoholism.

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Explain the dangers and harmful effects of drugs and substances abuse.

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Have your Patrol Leader or Senior Patrol Leader certify that you have discussed with your Patrol/Troop how to prevent and avoid peer pressure to indulge in these kinds of addictions.

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Patrol Leader or Senior Patrol Leader’s Signature Date

## Requirement 7. Explain what to do during emergency situations (fires, earthquakes, floods, typhoons, accidents, etc.). Demonstrate the basic first aid for nosebleed, blisters and other severe bleeding wounds.

Explain what to do during fires.

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Explain what to do during earthquakes.

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Explain what to do during floods.

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Explain what to do during typhoons.

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Explain what to do during accidents.

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Have a Troop Designated individual certify you have demonstrated the basic first aid for the following:

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| **Demonstrate Basic First Aid** | **Troop Designee’s Signature** | **Date** |
| **Nosebleed** |  |  |
| **Blisters** |  |  |
| **Severe Bleeding Wounds** |  |  |

## Requirement 8. Participate in at least (1) (Council, Regional, National) Scout Jamboree. Write an essay about your Jamboree experience.

Indicate the Scout Jamboree you participated in: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Where was this Scout Jamboree held: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Indicate what level this Jamboree was hosted: ⬜ Council ⬜ Regional ⬜ National

Indicate the dates for this Scout Jamboree: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have your Troop Leader certify that you have participated in at least (1) (Council, Regional, National) Scout Jamboree.

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Troop Leader’s Signature Date

Write an essay about your Jamboree experience.

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## Requirement 9. WSEP Aim No. 5: Explore and Reflect: People are prepared to respond to environmental hazards and natural disasters. Be able to recognize different types of environmental hazards and natural disasters and explain why they occur. Demonstrate how to help other people to be prepared to respond to environmental hazards and natural disasters in your local area.

Recognize different types of environmental hazards and natural disasters and explain why they occur.

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| **Environmental Hazard / Natural Disasters** | **Explain Why they Occur** |
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Have your local area representative certify you have demonstrated how to help other people to be prepared to respond to environmental hazards and natural disasters.

Local area representative name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Representative’s position in the local area: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Local Area Representative’s Signature Date

## Requirement 10. WSEP Take Action: Environmental project that relates to the previous learning and to the local environment. Identify local environmental issues and potential solutions. Plan and execute an environmental project. Understand the local and global connection of the project. Together with your Patrol members, plan, organize, lead, initiate and/or actively participate in at least one (1) Environmental Service Project (e.g., World Earth Day, International Coastal Clean-Up, Earth Hour, Re-cycling, Solid Waste Management, Go Green Tree Planting, etc.). Upload your Service Hours in your scout.org profile and earn your World Scout Environment Badge.

Identify local environmental issues and potential solutions.

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| **Local Environmental Issue** | **Potential Solutions** |
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Have your Troop Leader certify that you have planned and executed an environmental project.

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Troop Leader’s Signature Date

Write about the environmental project you planned and executed.

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Write your understanding of the local to global connection of the project.

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Together with your Patrol members, plan, organize, lead, initiate, and/or activity participate in at least one (1) Environmental Service Project.

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| **Environmental Service Project** | **# of Hours** | **Date** | **Your Level of Participation** |
| **World Earth Day** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **International Coastal Clean-Up** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **Earth Hour** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **Re-Cycling** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **Solid Waste Management** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **Go Green Tree Planting** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |
| **Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  |  | ⬜ Plan ⬜ Organize ⬜ Lead  ⬜ Initiate ⬜ Participant |

Have a Troop designated individual certify that you have uploaded activities to your scout.org profile.

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Troop Designee’s Signature Date

## Requirement 11. Accomplish the requirements and earn the following Merit Badges.

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| **Merit Badge** | **Merit Badge Counselor** | **Date Earned** |
| **Camping** |  |  |
| **Swimming** |  |  |
| **Emergency Preparedness** |  |  |

## Requirement 12. Must have successfully passed the Board of Review for Scout Citizen Rank.

Date of Board of Review: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have the members of the Board of Review for Scout Citizen Rank certify you have passed.

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| **Board of Review** | **Name** | **Signature** |
| **Chairperson** |  |  |
| **Member** |  |  |
| **Member** |  |  |