Purposes:

Provide an engaging outlet for sharing physical activities within the MIT community Give a sense of personal goals and progress tracking for individuals and groups Allow users to encourage overall physical fitness and sustained community wellness

Context (not really):

Working out alone is difficult. Few people have the constitution to regularly work out alone over long stretches of time. Even when we are able to muster up the will to work out, we often have poorly defined goals, inaccurate tracking, and little motivation or encouragement. However, when several members of a community come together to achieve a common goal, we are able to reach heights we previously never thought were possible. This is the very identity of BeaverRun, an application designed to maximize encouragement surrounding physical fitness and wellness at MIT. On BeaverRun, students and faculty will be able to track their progress, share it with others, coordinate workouts, send encouraging messages, and promote overall fitness on campus. Along with the well known health benefits of physical activity working out can also be a social activity allowing people to take a break from their tough schedules.

Context (actually this time):

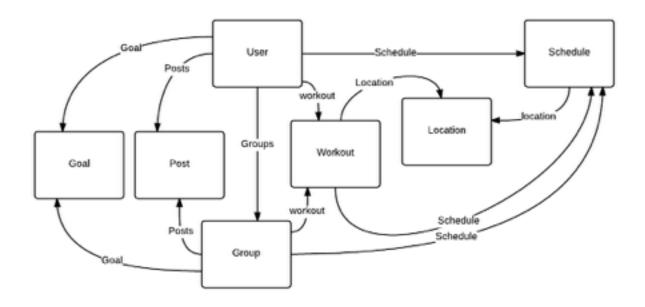
In theory, anyone could use beaverApp. The context in which our app will run will be registered users, who can login and use the full abilities of the application, and non-registered users, who will have the option to login and become registered users.

Concepts:

Provide an engaging outlet for sharing physical activities within the MIT community Encouraging posts
Sharing runs
scheduling engine
Give a sense of personal goals and progress tracking for individuals and groups
Long and short term goals engine
Individual and group goals

Allow users to encourage overall physical fitness and sustained community wellness group sharing and potential event creation

Data Model:



Deliverables:

Make the damn site.