
Subject: Fwd: 🌻 A Quick Fix: Workshop Days Corrected (Thanks for Your Patience!)
From: Nuha Sayegh <nuha@recovery-compass.org>
To: Eric Jones <eric@recovery-compass.org>
Date Sent: Monday, November 3, 2025 1:51:02 PM GMT-08:00
Date Received: Monday, November 3, 2025 1:51:07 PM GMT-08:00

Begin forwarded message:

From: The Altadena Coalition <info@thealtadena.org>

Subject: 🌻 A Quick Fix: Workshop Days Corrected (Thanks for Your Patience!)

Date: October 22, 2025 at 8:21:37 PM PDT

To: Freddy Sayegh <freddy@thealtadena.com>, Samera Arkel <sameralcb@gmail.com>

From: The Altadena Coalition <info@thealtadena.org>

Sent: Tuesday, October 21, 2025 4:18 PM

Cc: Freddy Sayegh <freddy@thealtadena.com>, Samera Arkel <sameralcb@gmail.com>

Subject: Join Us for Two Valuable Workshops in Altadena – Oct 22 & Oct 23

We're all in this together!

We noticed a small mix-up on our flyer — the dates are correct, but the days of the week were listed incorrectly. Thank you for your understanding and for keeping up with us as we rebuild and grow together.

Please see the corrected schedule below so you can plan accordingly.

Wednesday, October 22

Practical Skills for Wellbeing, Connection, and Recovery

Hosted by: Trauma Resource Institute, The Altadena Coalition & Alta Design Works

Time: 6:00 PM – 7:00 PM

Location: 409 East Woodbury Road, Altadena, CA 91001

Discover practical tools to strengthen your resilience, manage stress, and support healing in daily life. This free session helps you connect, recover, and thrive as part of our rebuilding community.

Thursday, October 23

How to Calculate Your Personal Property

Hosted by: Alta Design Works, LA Fire Justice & The Altadena Coalition

Special Guest: Harold Delouise – Insurance Advocate

Sessions

- 1st Session: 12:00 PM – 2:00 PM

- 2nd Session: 6:00 PM – 8:00 PM

Location: 409 East Woodbury Road, Altadena, CA 91001

Learn how to accurately assess your personal property value for insurance claims and rebuilding plans. This workshop walks you step-by-step through organizing, documenting, and calculating losses to make sure you're fully prepared.

We look forward to seeing you!!

Follow and tag us: @AltaDesignWorks @TheAltadena @409Woodbury

#AltadenaStrong #CommunityHealing #Wellbeing #RecoveryTogether #AltaDesignWorks #AltadenaCoalition #TraumaResourceInstitute #409Woodbury

The Altadena Coalition

www.instagram.com/thealtadena

[Click here to unsubscribe or update your email preferences](#)