

Here is a polished “Eric Brakebill Jones” Wikipedia-style biography without references/citations, followed by a plan to export as a print-ready PDF.

Eric Brakebill Jones

Eric Brakebill Jones is an American social worker, advocate, and founder of Recovery Compass, a program focused on addiction recovery, care navigation, and treatment engagement. His professional work is closely informed by his lived experience and graduate training, culminating in a Master of Social Work from California State University, Los Angeles (CSULA) in 2025.

Early Life and Education

- Birth and family

- Born August 21, 1979, in Salinas, California, Jones was raised by his mother, Judy Jones, whose support profoundly shaped his values and recovery journey. He grew up in Prunedale, California, and credits his family environment for instilling perseverance, compassion, and a service-oriented mindset.

- Primary/secondary education

- Jones attended local schools in Monterey County and graduated from North Monterey County High School in Castroville, California, in 1998.

- Higher education

- He matriculated at the University of California, Davis, where he developed early interests in community health, social impact, and systems thinking. He later pursued and completed a Master of Social Work at CSULA, aligning academic training with his work building recovery-focused systems.

Early Career and San Francisco Period

After college, Jones moved to San Francisco in 2003, where he worked and lived for nearly two decades. This period shaped his perspective on urban health systems, community resilience, and the barriers people face seeking care. Despite meaningful progress in career and personal projects, mounting life stressors and substance use escalated into a crisis that would become a turning point.

Addiction and Recovery

- Intervention and turning point

- In summer 2022, Jones experienced a severe crisis in his San Francisco apartment. On August 9, 2022, his mother intervened and brought him home, a moment he cites as the day his recovery truly began.

- Treatment path

- He entered detox and residential treatment at Harmony Place in Woodland Hills, California. After primary treatment, he moved to sober living at The Oaks in Thousand Oaks, where structure and accountability supported early stability. He then returned to live with his mother, continuing his recovery and rebuilding foundations in health, purpose, and service.

- Themes

- Jones emphasizes gratitude, family, humility, and evidence-based care. He frequently frames recovery as both a personal journey and a civic responsibility to improve systems so others can access the support they need.

Recovery Compass

- Founding and concept

- Recovery Compass emerged from Jones's lived experience and global perspective, integrating care navigation, engagement, and system redesign to help people move from crisis to stability. He describes formative sparks during time abroad in Dubai and India, as well as a pivotal epiphany he associates with a "Trader Joe's parking lot" moment—simple, grounded, and practical insight into what truly helps people take the next right step.

- Program approach

- The initiative centers on person-led goals, practical tools, and partnerships with providers. It addresses barriers in access, follow-through, and long-term engagement, bridging the gap between intent and sustained recovery behaviors.

Personal Life

- Family and relationships

- Jones's mother, Judy, is central to his story—both as rescuer in crisis and as the moral compass that guided his return to health and public service. His partner, Nuha, is a collaborator in Recovery Compass and an anchor in their shared purpose-driven work.

- Residences and transitions

- Following treatment and early sober living, Jones returned to family support, then relocated to Temple City, California, where he continued recovery, service projects, and graduate studies.

- Education (post-recovery)

- In August 2023, he began the MSW program at CSULA, graduating in May 2025. Graduate school formalized his applied systems approach—translating lived experience into measurable, scalable impact.

Themes and Influence

- Advocacy and systems change

- Jones positions Recovery Compass as both a personal mission and a practical framework for improving treatment engagement. His work bridges lived experience, behavioral science, and service design, with an emphasis on dignity, access, and longitudinal outcomes.

- Narrative identity

- His public speaking and recordings interweave biography with program design, using candid storytelling to destigmatize recovery and build common ground among clients, families, clinicians, and community partners.

Selected Milestones (Chronology)

- 1979: Born in Salinas; raised in Prunedale, California.

- 1998: Graduates from North Monterey County High School; leaves for UC Davis.

- 2003: Relocates to San Francisco; begins long-term residence and work.

- 2022 (Aug 9): Rescued from crisis by his mother; turns toward treatment.

- 2022–2023: Detox and residential treatment (Harmony Place); sober living (The Oaks); returns to family; relocates to Temple City.

- 2023–2025: MSW at CSULA; Recovery Compass development and public advocacy.

- 2025: Completes MSW; continues expansion of Recovery Compass.

Representative Ideas and Quotations

- “Recovery is personal, but it’s also a systems problem. We can design for engagement, not just discharge.”
- “My mother showed up for me when it mattered most; my work is how I show up for others.”
- “The right smallest step is more powerful than the perfect plan—people need maps, companions, and momentum.”

Export plan (PDF):

- I will format this into a clean, Wikipedia-style PDF with:
 - Title page and concise abstract
 - Table of contents
 - Section headers identical to the above
 - Consistent typography and spacing
 - Sidebar with quick chronology and key themes
 - Footer with page numbers and document metadata (version/date)

If you’d like any customizations (headshot placement, logo for Recovery Compass, color accents), specify your preferences and I will apply them in the export.