Learn more about the 2022 Sangha Summit's Keynote Speaker: Fresh "Lev" White!



Fresh "Lev" White (he/they) is a love and compassionate activist. He is currently celebrating 11 years in Al-Anon and through his work, regularly helps people who are in recovery and/or suffer from traumas related to experiences with addiction. Lev offers mindfulness, coaching, mediation, and diversity trainings as tools for shifting towards more authentic, conscious, and passionate living to individuals, households, and professional teams. They are mindfully grounded at the East Bay Meditation Center, and a graduate of Spirit Rock's Community Dharma Leadership program. Lev credits their ability to reach diverse audiences to his years growing up in diverse communities in New York. Learn more on Lev's website at: https://affirmativeacts.org/about-us/

Make sure to join us and hear Lev speak on Saturday, July 30th at 8AM MT!

If you haven't registered for the Summit yet, you can join us both online and in-person in Salt Lake City: https://recoverydharma.org/2022-sangha-summit/