

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Yellow  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =400g**

**EPQ =356g**

**Yield% =89%**

**I will cut the  
top ang the  
buttom part of  
the onion and  
side skin will  
be peeled.**

**APQ =1kg**

**EPQ =950g**

**Yield% =95%**

**I'll cut the  
squash in half,  
remove the  
seed,and  
remove the  
skin..**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =400  
g**

**EPQ =356  
g**

**Yield% =89%**

**I will remove  
the top and  
bottom and  
peel the  
onions**

**APQ =1kg**

**EPQ =950  
g**

**Yield% =95%**

**I will cut it into half  
an inch and remove  
its seeds, and I will  
peel the skin of the  
squash**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =200g**

**EPQ =150g**

**Yield% =89%**

**I will remove  
the top and  
bottom of the  
onion and the  
onionskin.**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =690g**

**EPQ =645g**

**Yield% =95%**

**I will remove  
the top and  
bottom of the  
calabasa, and  
peel the skin  
of calabasa.**



Approximate Yield Percentage of Large Onion = 89%	
APQ	=300g
EPQ	=267g
Yield%	=89%



Discuss how you will be able to achieve this yield,focusing on Trim

i will split the onion at the top and bottom and peeled off its skin.

Approximate Yield Percentage of Winter Squash(Calabasa)= 95%



Discuss how you will be able to achieve this yield,focusing on Trim

APQ	=500g
EPQ	=475
Yield%	=95%

I will take the pumpkin to the center and remove the seeds and the skin.

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ**

**=150g**

**EPQ**

**=133.5**

**Yield%**

**=89%**

**I WILL REMOVE THE  
SKIN FIRST. NEXT IS  
THE TOP TO  
BOTTOM PART OF  
THE ONION AND  
SOME NOT EDIBLE.**

**APQ**

**=1000**

**EPQ**

**=950**

**Yield%**

**=95%**

**I WILL PEEL THE  
SQUASH AND  
SCRAPE OFF THE  
SEEDS INSIDE OF IT  
AND PULL OUT THE  
STEM TO ACHIEVE  
THE EXACT YIELD**

Approximate  
Yield  
Percentage of  
Large Onion =  
89%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ =400

EPQ =356

Yield% =89%

I will cut the  
top & the  
bottom part of  
the onion and  
side skin will  
be peeled.

Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ =1kg

EPQ =950

Yield% =95%

I will cut the  
top and the  
bottom of the  
part of the  
squash



**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =  
500g**

**EPQ =  
445g**

**Yield% =89%**

**- To get the exact  
Yield Percentage of  
Large Onion, I will  
just cut the upper  
part of the onion  
and peeled the first  
layer of thee onion.**

**APQ =  
600g**

**EPQ =  
570g**

**Yield% =  
95%**

**- To achieve the exact  
Yield Percentage of  
the Winter Squash, I  
will just Peeled the  
side skin thinly and  
the upper part of the  
squash so that I can  
achievevu the exact  
Yield Percentage.**



Approximate  
Yield  
Percentage of  
Large Onion =  
89%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ

=550g

EPQ

=489g

Yield%

=89%

I will cut the onion in  
half and the half  
onion will cut the  
some part and add  
again in the other  
half onion to get the  
proper yield  
percentage.

Manolo  
Gonzaga

Yield%

= 1.2  
kg

=1,140  
kg

=

I will peel the squash  
and remove the  
seeds to get the  
proper yield  
percentage.

Approximate  
Yield  
Percentage of  
Large Onion =  
89%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ  
EPQ

=  
500g  
=  
445g

I'll remove the  
skin after  
cutting off the  
top and bottom  
portions.

Yield%

=  
89%

APQ =  
600g

EPQ =  
570g

Yield% =  
95%

I'm going to cut  
it in half,  
remove the  
seeds, then  
peel the skin.

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =400g**

**EPQ =356g**

**Yield% =89**

**I will cut off both  
the roots and the  
stem of the onion.  
Cut the onion in half  
then start peeling  
the papery-like skin  
of it.**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =890g**

**EPQ =  
845g**

**Yield% =95**

**I will cut the stem  
and blossom end of  
the squash. Peel the  
skin. Cut the squash  
in half then scoop  
out the seeds.**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**



Approximate  
Yield  
Percentage of  
Large Onion =  
89%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ =  
400g

EPQ =  
356g

Yield% =  
89%

First, I will  
peel off the  
skin, then cut  
the top and  
bottom layer  
of the onion.

Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%



Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim

APQ =  
1000g

EPQ =  
950g

Yield% =  
95%

I will peel off the  
outer skin of the  
squash, then scrape  
out the seeds inside  
and pull out the  
stem.

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ 560g**

**EPQ 500g**

**Yield%  
89%**

**using a knife  
1/4 of the onion  
i subtracted to  
get the 89%**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ 525**

**EPQ 500**

**Yield%  
95%**

**I'll use the knife  
to reduce it so  
that i can get  
95%**

**SHAYNA  
GRACE  
MANTICA**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ = 390  
g**

**EPQ = 348  
g**

**Yield% =  
89%**

**To achieve the  
yield, I need to  
peel the skin  
and remove  
the root of the  
onion.**

**APQ = 1.20  
kg**

**EPQ = 1.14  
kg**

**Yield% =  
95%**

**To achieve the  
yield, what will  
I do is to peel  
the winter  
squash and  
split it.**

**Niduasa,  
Grace A.**



Approximate Yield Percentage of Large Onion = 89%	
APQ	400 g
EPQ	356 g
Yield%	89%



Discuss how you will be able to achieve this yield,focusing on Trim

To be able to get the precise yield percentage of an large onion, The first thing I'll do is chop the upper half of an onion, then the lower section.

Approximate Yield Percentage of Winter Squash(Calabasa)= 95%



Discuss how you will be able to achieve this yield,focusing on Trim

APQ	500g
EPQ	475g
Yield%	95%

To get the 95% yield of an winter squash, I'll gonna use a peeler to trim the skin of a squash and cut the stem from the top half.

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**APQ =**

**EPQ =**

**Yield% =**

**I will ( Ang  
gagawin  
ko ay).....**

**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**

**APQ 400g**

**EPQ 350g**

**Yield% 89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**I will Chop  
onions  
into a dice  
or slice**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ 900g**

**EPQ 850g**

**Yield% 95%**

**First remove stem on  
the top of the squah  
then other side raise  
knife above squah  
ang givebit little  
chopbto break it  
using you other hand  
press down on the  
top of blade anf slice**

**I=CHM  
JUAN  
ENRICO D  
PERADA**



**Approximate  
Yield  
Percentage of  
Large Onion =  
89%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =500g**

**EPQ =445g**

**Yield% =89%**

**I'll just slice off  
the top of the  
onion and  
peel the  
outermost  
layer.**

**Approximate Yield  
Percentage of  
Winter  
Squash(Calabasa)=  
95%**



**Discuss how  
you will be  
able to  
achieve this  
yield,focusing  
on Trim**

**APQ =450g**

**EPQ =473**

**Yield% =95%**

**I will simply peel the  
upper portion of the  
winter squash and  
the side skin of the  
squash very thinly in  
order to reach the  
precise yield  
percentage.**