

MStress Assessment Report

Generated for: Mridankan Mandal

Report Date: 11/6/2025

Total Assessments: 10

Average Stress Score: 46

Current Stress Level: moderate

Date	Assessment Type	Stress Level	Score
11/6/2025	comprehensive_stress	moderate	68
11/6/2025	stress_assessment	low	47
10/30/2025	comprehensive_stress	moderate	50
10/30/2025	comprehensive_stress	moderate	50
10/20/2025	comprehensive_stress	moderate	36
10/19/2025	comprehensive_stress	low	38
10/15/2025	comprehensive_stress	low	40
10/10/2025	comprehensive_stress	low	42
10/5/2025	stress_assessment	low	45
9/30/2025	comprehensive_stress	low	48