

安娜口语素材
第三套 Part2
(高分版非串联)
偏工作党

9-12月的题目更新完了吗？

已更新完

特殊说明

高分版串联素材的词汇和句型比较难，为了避免大家无法使用，所以我们同时会提供这套素材的简单版本，烤鸭可以在网盘里面找到，但这套素材的简单版就没有录音了。

串联版 Part2 目录以及使用说明

串联版 Part2 指的是一篇范文回答多个话题。具体分类看看以下目录就知道了。但是有些话题问的方向不一样，如果用同一篇范文来回答的话会有跑题嫌疑。所以有些串联的话题我们还是写了 2-3 篇范文，根据问题的问法稍作了一些修改。但是大体上的内容和思路都是一致的~ 中文思路里，画着下划线的，就是串联话题中不一样的地方哦！

关于素材更新以及微信答疑

店主开通的福利微信公众号：安娜雅思

公众号会在每场考试后发布考试答案回忆，还有最新考试资讯，雅思技巧等等福利哦！

店主个人微信提供素材售后服务，有疑问都可以在微信上询问哦！

其他考试相关服务

我们背后有强大的前雅思考官团队，提供前考官口语模考，资深考官写作批改，前考官口语小班课程，还有 21 天打卡团（提供重点词汇及真题，每日复习计划，监督打卡，还有口语点评）详情请关注我们的“安娜雅思”微信公众号，或者在淘宝联系客服，微信联系店主均可。

Part2 素材使用方法!!!

划重点！店主不太建议直接背诵 Part2 哦。建议大家熟悉素材的答题思路，然后把素材中的关键点（When, Where, Who, Why, your feeling）和关键语句记清楚，然后考试的时候在这个框架内自由发挥，说流利即可。

以下内容皆是我跟高级雅思考官（负责培训新考官和做口语写作复试的资深考官）交流所得，很可能会颠覆其他机构老师的说法，但请相信我哦。如果不信的话，也可以参加我们的前考官口语模考，您亲自询问考官的。

(1) 如果考生回答不够 2 分钟，那考官会再追问 1-2 个问题。比如：Do you still meet this person recently? Do you go to this place recently? 但这些问题都是不计入考试成绩的，不用在意。话说回来，如果说不够 1 分 50 秒，考官很有可能会给你扣一点分数！所以，最好是 keep talking，就算讲的内容跟主题无关，你也得讲到考官打断你为止。

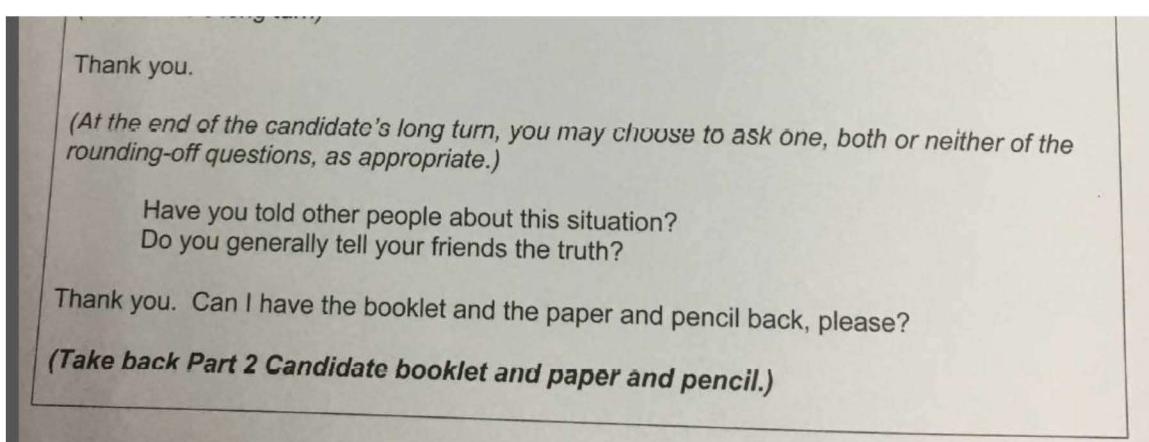
(2) Part2 无需完全按照题目下面列出的 4 个小问题回答，可以自由发挥。但这些小问题一般都是时间地点人物原因，就按照这些点准备即可。而且就算 Part2 跑题了也没关系！真的没关系！考官在意的是回答的 quality！考官不会仔细听你是否回答了这些小问题，而是通过通篇的观感和表达来评分。所以遇到你不太熟悉的话题，你千万不要说 I am not familiar with this topic and can I change another one? 一旦这么说你就死翘翘了。

如果你实在没话说，你就擦边地回答，比如题目问《你小时候喜欢玩的智力游戏》，你想不到怎么回答，那你说你喜欢的体育运动，或者小时候玩的电脑游戏。而且不要害羞，要 keep talking，尽可能说够两分钟，让考官打断你为止。

(3) 如果你在 Part2 回答不够两分钟，那么考官将会给你追加提问 1-2 个问题，但注意，这 1-2 个问题是不计入成绩的，只是为了凑时间。因为雅思口语规定是 15 分钟，每个 Part 都有固定的时间。

重点来了，在这些追加的问题当中，有一个常见的问题会把大家心态搞崩。那就是问你：Have you ever shared this story to others? 也就是问你是否分享过故事。这时候不要慌！这就是纯属追加提问的。至于你背没背，考官心里有数，也不会这么直接的跟你说！有好一些烤鸭跟我反馈说他们没有背素材，但也被提问了。所以大家只需要冷静地回答 No. 就可以了。

这一点是我反复跟高级考官确认过的，毋庸置疑。



看看考官题本，这是写在题本上面的问题！官方给的套路！

(4) 无论你是背诵还是自由发挥，安娜建议你都跟考官有眼神交流，或者加上一些肢体动作。切忌一直低头说说说。同时注意句子间的停顿，以及单词的重读变化。

更多的考试注意事项请看文件夹里面的使用说明。

关于口语考试流程

安娜曾通过自己的渠道拿到考官的绝密提问小本本，也就是口语考试中，考官手上拿的小本本。里面有详细的口语考试流程，考官需要说的话，以及每个部分的具体提问内容。

需要 2020 年 1-4 月完整版题本的童鞋，请转发我们公众号的推送至朋友圈（全部可见，1 小时以上）或者转发至 100 人以上的雅思学习群（保留 3 分钟以上）

在我们的公众号：安娜雅思。对话框回复：考官小本本。即可收到相关的推送。

操作好了之后把对应截图在微信发给店主，店主会给您发小本本。

也不要问我有没有最新的，因为如果我每季度都公开 BC 的题本，我会把 BC 惹毛的。最坏的结果就是改版雅思口语考试形式，最后吃亏的还是广大考生们。

如果我觉得素材有错怎么办？

我们的素材都是经过店主 Anna 和外教一起编写和检查过的哦！ 您可以放心！

其实外国人在生活中有一些常用的口头上的表达，看起来很奇怪但实际并没有错的，国内老师也不会懂这些。所以呀！如果你觉得素材有错，我们是非常欢迎您来询问我们滴！千万不要觉得不好意思哦！下面举两个例子：

“Anna is two years my elder.” 安娜比我大两岁。“She is four months my younger” 她比我小四个月。

这是一种比较现代的说法，当然我们平时都会讲 “Anna is two years older than me” 和 “She is four months younger than me.” 但其实外国人都会用前者多一些的。

“the majority of the girls were content discussing about how handsome or how affluent their boyfriends were.” 女孩子们都在热烈地讨论他们的男朋友有多帅。

这是现代英语的另一个特征，就是外国人在口头上都常常会省略掉介词。这里就把 **were content with** **discussing** 的 **with** 去掉了。这在口语上是完全没问题的，但大家在写作中就尽量要避免哦。

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1 & 2: 健康文章 & 社交媒体趣事

Describe an interesting article on health you read on magazine or the Internet	Describe a time you saw something interesting on social media
Some instructions that you can follow:	Some instructions that you can follow:
What it was	When it was
Where you read it	Where you saw it
Why you read it	What you saw
And how felt about it	And explain why you think it was interesting

I would like to talk about an experience in which I saw an interesting article on Weibo. It was when I was taking the subway back home, and I had nothing to do but watch Weibo news on my phone. An interesting piece of news popped up on my feed. It was about a vendor in our city who was fined for selling fresh ewe's milk on the street.

I was confused at first because I thought the milk was fresh and looked healthy. But when I read the article carefully, my jaw dropped. The article is followed by a health expert's explanation of why the ewe's milk is undrinkable. Experts said the dairy products sold in supermarkets are pasteurized and can be drunk directly but it is possible that the fresh ewe's milk could contain a harmful bacterium that can spread from person to person and cause irreparable damage to fertility! So people should not buy this raw ewe's milk, as it can have a huge impact on health if it is not sterilized properly.

I found this article both educational and interesting. Because usually we may consider that dairy products in supermarkets are often loaded with preservatives, and that fresh milk is always good. But that is often not the case. I prefer interesting articles that can tell me some hard facts rather than the ones that about celebrities and inspirations.

中文思路：

我想谈谈我在微博上看到的一篇文章。那是在我坐地铁回家的时候，我没事可做，只是在手机上看微博新闻。我的信息源上突然出现了一条有趣的新闻。是关于我们城市的一个小贩因为在街上卖新鲜的羊奶而被罚款的故事。

一开始我很困惑，因为我以为鲜奶很新鲜，看起来很健康。但当我仔细阅读这篇文章时，我都惊呆了。在这篇文章之后，一位健康专家解释了为什么母羊的奶不能饮用。专家说，平时超市里售卖的奶制品都是经过高温杀菌的，可以直接饮用。而新鲜母羊的奶中可能含有有害细菌，这种细菌可以在人与人之间传播，对生育能力造成不可弥补的损害！因此，不建议大家购买这种生羊奶，如果灭菌不当会对健康造成巨大影响。

我发现这篇文章既有教育意义又很有趣。因为通常我们会认为超市里的乳制品通常都含有防腐剂，新鲜牛奶总是好的。但事实往往并非如此。我更喜欢能告诉我一些确凿事实的有趣文章，而不是那些关于名人和灵感的文章。

3 & 4: 安静的地方 & 下课或下班后的活动

Describe an activity that you do after school/work Some instructions that you can follow: What it is Where and when you do it Who you do it with And explain how you feel about it	Describe a quiet place you like to spend your time in Some instructions that you can follow: Where it is How you knew it How often you go there What do you there And explain why you like the place
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There is a park that is only known to a handful of people who visit it near the office building where I work. Although the park is situated in the heart of the city, there are seldom crowds found there. Excepting for at peak hours, during which a sea of people will traverse through this park to the adjacent subway station. Whenever I am having a trying day at work, or when I am in a disagreeable mood, I find respite by venturing to this park alone and partaking in some private relaxing moments. Of all my leisure activities, this is the one that leaves me the most contented and decompressed.

I am under a mountain of pressure at work currently. On the one hand, I frequently am required to work overtime to accomplish the tasks that have been set for me that month and ardently attempt to achieve the targets set by my boss. On the other hand, I have been married and must care for my kids. I am obligated to complete the housework and aid my kids with their homework every night after I return home. Therefore, the way I alleviate my stress is to sit alone on the small bench in the park after work, quietly watching the people in a daze.

I am aware it sounds preposterous, however it's the most effective method to calm me down and relieve stress. I do not have to ponder or move. I just sit quietly.

中文思路:

在我工作的写字楼附近有一个人很少的公园。公园有大片的草地，蜿蜒的跑步专用小道，还有很多休闲的长板凳。虽然这个公园坐落在市中心，但是人不是很多。只有当每天上下班的时候，很多人会经过这个公园，因为它就在地铁站附近。每当我度过了一天紧张的工作后，亦或者当我心情烦躁的时候，我都喜欢独自来这个公园静坐。这是我觉得非常惬意，非常解压的休闲活动。

现在我的工作压力很大。一方面，在工作上我常常需要加班到很晚来完成当月的任务，还要想尽方法来完成上司给我安排的工作指标。另一方面，我已经结婚生孩子了，每天晚上回到家之后还要做家务和辅导孩子作业。而我缓解压力的方式就是在下班后，静静地一个人，坐在公园的小板凳上，静静地看着来往的人们发呆。

我知道这听起来有点傻，但是这是能让我心灵静谧，舒缓压力的最佳方式。因为这时候没有任何能打扰到我，我不用思考也不用移动，只要静静地坐着就好。

5: 朋友争论

Describe an argument that two of your friends have

Some instructions that you can follow:

When it happened

What it was about

How it was solved

And how you felt about that

As recently as last weekend, I ventured to the high street to go shopping with two of my closest friends. However, when it came to the matter of choosing a site for dinner in the afternoon, Anna and Lucy had an almighty row regarding where we should go for dinner. Lucy desired to go to an immensely popular Japanese restaurant, while at odds to her, Anna preferred to attend a hot pot restaurant because we would be required to wait for a serious length of time if we chose that Japanese restaurant. After all, we were fatigued after an entire day walking.

In fact, this isn't the first time they quarreled. Although we are all amiable with each other, they often squabble over trivial matters. To begin with, I endeavored to persuade Lucy to forgo her wishes for Japanese food, but she remained resolute. She informed me that she had been longing for this Japanese food for a long time and would be distraught if she was unable to experience it today. I turned to Anna and informed her that Lucy was dissimilar to us, and her ultimate pleasure was to taste all kinds of delectable cuisine. Similarly to how some people gain pleasure from purchasing clothes. I proposed that we could visit the milk tea shop and converse there, besides it was still early, and time flies by. Anna appeared a little moved by my words. It was not until I promised to purchase her a bottle of milk tea that she finally acquiesced.

I believe it's quite commonplace to have spats amongst friends. The most important thing is to clarify the situation and resolve the misunderstanding. Naturally, if a third party can aid them in negotiations, they may solve the argument in a soft manner and rapidly.

中文思路：

就在上周末，我和我的两个好朋友一起出去逛街。到了下午吃饭的时候，Anna 和 Lucy 因为晚餐吃什么而发生了争吵。

Lucy 想要吃一家很热门的日本料理，Anna 则认为逛了一天已经很累了，她并不想花一个小时排队。Anna 想要随便吃点别的。比如隔壁的四川火锅。

事实上，这已经不是她们俩第一次争论了。虽然我们关系很好，但他们俩经常因为一点小事吵架。一开始我决定去劝 Lucy 放弃日料，但她的态度很强硬。她告诉我这家日料她已经想吃很久了，如果今天没有试一试她会非常难过。我又转而去劝 Anna，我告诉她 Lucy 和我们不一样，她最大的快乐就是吃各种各样的美食。就像有些人喜欢买衣服一样。我们可以先去旁边的奶茶店聊聊天，反正时间还早，一个小时很快就过去了。Anna 听了我的话似乎有些动摇，直到我答应请她喝奶茶，她终于同意了。

我认为朋友之间的争论是一件很正常的事，最重要的是把事情说清楚，误会就会很快过去。当然如果有第三方能从中调解，矛盾解决的概率就会大大增加。

6: 帮助朋友

Describe a time when you helped a friend

Some instructions that you can follow:

When it was

How you helped him/her

Why you helped him/her

And how you felt about it

I remember during a recent company meeting, two colleagues and close friends of mine had an argument

It happened a few weeks ago. We were working on a big project at that time. The project involves several business trips to Shanghai as well as several small cities. It is obvious that big cities are more attractive than small ones. Sure enough, my colleagues Anna and Lucy both applied to go to Shanghai, but there was only one place. They engaged in a quiet but confrontational argument at the meeting, which was not ultimately resolved. Our group leader finally had to suspend the meeting.

Personally, I didn't think their argument made much sense. Because from the point of view of the company and the leader, they just want to finish the project well and make more profit for the company. And displaying too many personal interests and feelings towards a work matter will make the company and the leader disgruntled. I went after Anna after the meeting and told her my thoughts. Anna was still sulking at first. She complained to me about why Lucy competed with her for a place on the business trip. After hearing my words, she was relieved and agreed with me. On the same day, she took the initiative to find our leader to solve the problem of division of labor of this project.

Lucy and Anna are both my friends. When they have differences, I feel it is necessary for me to help them out of difficulties or to avoid difficulties. I was very happy that I helped them go through this case.

中文思路：

我记得在最近的一次公司会议上，两个关系很好的同事发生了争论。

这件事发生在几周前。那时我们正在做一个大项目。这个项目包括到上海和几个小城市的出差。很明显，大城市比小城市更有吸引力。果然，我的同事安娜和露西都申请去上海，但只有一个地方。他们在会议上进行了一场安静但具有对抗性的争论，并没有最终得到解决。我们组长最后不得不暂停会议。

就我个人而言，我认为他们的论点没有多大意义。因为从公司和领导的角度来看，他们只是想把项目做好，为公司创造更多的利润。在工作上表现出过多的个人兴趣和感情会让公司和领导不满。会后我去找安娜，告诉她我的想法。安娜一开始还在生闷气。她向我抱怨为什么露西在出差时要和她竞争一个位置。听了我的话，她松了一口气，同意了我的看法。当天，她主动找我们领导解决了这个项目的分工问题。

露西和安娜都是我的朋友。当他们有分歧时，我觉得我有必要帮助他们摆脱困难或避免困难。我很高兴能帮他们办完这个案子。

7: 智力游戏

Describe a (jigsaw, crossword, etc) puzzle you enjoyed playing

Some instructions that you can follow:

What it is like

How easy or difficult it is

How long it takes you to solve

And how you feel about it

During my free time, I like to spend evenings and weekends playing puzzles and games. One of my favourite puzzles to play are crosswords. I thoroughly enjoy the challenge of a crossword. A crossword is a puzzle in which you must solve clues and riddles to figure out what word is meant to fit the grid. The grid is comprised of boxes that go across and down, you can put one letter in each box. The words cross over each other which means every time you solve a riddle and figure out a word you learn some of the letters to other words. Therefore, the more clues you solve the easier it becomes! I really like this, because you have to work hard at the beginning, but after a while the progress starts to snowball, and you complete the puzzle quickly! Most crosswords only take me around one or two hours to complete, dependent on the difficulty of the crossword. However, sometimes it is also nice to just leave a crossword out on the table and do it slowly throughout the day on a lazy weekend. I think crosswords are brilliant because they are fun but also mentally challenging. This makes crosswords all the more rewarding because I enjoy myself but also improve my mental faculties. I feel that more people should spend time doing challenging puzzles such as crosswords.

中文思路：

在我的空闲时间，我喜欢在晚上和周末玩拼图和游戏。我最喜欢玩的谜题之一是填字游戏。我非常喜欢填字游戏的挑战。纵横字谜是一种谜题，在这个谜题中，你必须通过解开线索和谜语来弄清楚哪个单词的意思是符合网格的。网格由框组成，你可以在每个框里放一个字母。这些单词互相交叉，这意味着每次你解开一个谜语，找出一个单词，你就学习一些其他单词的字母。因此，你解决的线索越多，它就变得越容易！我真的很喜欢这个，因为一开始你必须努力，但过了一段时间，进度开始像滚雪球一样，你很快就完成了拼图！根据纵横字谜的难度，大多数纵横字谜只需要我一两个小时就能完成。然而，有时候把填字游戏放在桌子上，在慵懒的周末慢慢地做也不错。我认为填字游戏非常棒，因为它们很有趣，但也有精神上的挑战。这让填字游戏变得更有意义，因为我很开心，同时也提高了我的智力。我觉得应该有更多的人花时间做一些有挑战性的谜题，比如填字游戏。

8: 海边活动

Describe a leisure activity near/on the sea that you want to try

Some instructions that you can follow:

What it is

What you need to prepare

How easy or difficult it is

And explain why you want to try it

I am a man of simple pleasures; I do not believe that one has to spend all of their time doing thrilling and exciting activities. Sometimes, the nicest thing one can do is a simple and relaxing task. For this reason, I have always wanted to try taking a stroll on the beach with no other activities or events to distract me. Taking a relaxing stroll on the beach is brilliant because it requires next to no preparation at all! You do not need to get specific equipment or organize anything. You can simply walk out of your door and go to the beach. It couldn't be any easier! You can stroll along the beach by yourself, or you can do it in the company of another. I want to try it because I feel like it is the perfect activity to help me clear my mind. I have a very busy life and often the requirements of my job leave me very stressed. So, having an idyllic stroll along the beach where I can be peaceful and clear my mind sounds like a dream. I hope this is something I can try soon! I would also like to try taking a stroll on the beach with my closest friends and family. I think it would be the perfect situation to have meaningful conversations and heart to heart moments. I cannot think of anything I would rather do beside the sea.

中文思路：

我是一个单纯快乐的人;我不认为一个人必须把所有的时间都花在令人激动和兴奋的活动上。有时候，一个人能做的最好的事情就是做一件简单放松的事情。出于这个原因，我一直想尝试在海滩上散步，没有其他活动或事件来分散我的注意力。在沙滩上轻松地散步是非常棒的，因为它几乎不需要任何准备!你不需要特定的设备或组织任何事情。你可以简单地走出门，去海滩。再简单不过了!你可以一个人在海滩上漫步，也可以和别人结伴而行。我想尝试一下，因为我觉得这是帮助我理清思路的完美活动。我的生活很忙，工作的要求经常让我很有压力。所以，在海滩上悠闲地散步，在那里我可以平静和清晰，我的心听起来就像在做梦。我希望这是我能很快尝试的东西!我也想试着和我最亲密的朋友和家人在海滩上散步。我认为这是进行有意义的对话和心灵交流的最佳场合。我想不出还有什么事比在海边更能让我做的了。

9: 喜欢的歌手

Describe your favourite singer

Some instructions that you can follow:

Who he/she is

What his/her personality is like

What kind of style he/her music acting belong to

And explain why this person is your favourite singer

Dengziqi is a great idol of mine, and I have been a devout fan of hers for a long time, perhaps even four or five years. I believe she is an immensely talented singer.

Dengziqi began her career at a rather young age and became famed across the country for her song ‘Foams’. She is adorable and petite and is most commonly seen in cute clothes with a fetching ponytail. Naturally, sometimes she can defy the usual expectations of her and adopt a cool girl persona, and in some variety shows she will demonstrate her boyish side. However, her songs tend to be explosive, and for me it’s difficult to imagine this minuscule body to possess such an explosive power in singing, its extraordinary.

If I had to determine what genre Dengziqi’s music belongs to, I would argue that she has fashioned her own genre. The majority of her songs are self-written and I believe that most of her music is formed around a central point of interest, which is her own experience. In this manner, she performs her music in a very emotive and heart-rending way. It is for these reasons that she has become a household name in music.

Dengziqi is most assuredly a singer with immense talent. I am enthralled by her voice and music creation style. She is a delightful singer who is trying to share her life and spread the right values through music. I will always support her.

中文思路：

我从很早以前就很喜欢邓紫棋，她是我的偶像。我喜欢她差不多有五年时间了。她是一个非常有才华的歌手。

邓紫棋很早就出道了，后来因为泡沫这首歌才被大众熟知。他在荧幕上的形象总是很可爱，穿着可爱的衣服，有时候会扎着很少女的双马尾辫。当然有时候他也是个酷酷的女孩，在一些综艺节目中她会展示出自己像男孩子的一面。很难想象这副小小的身躯在唱歌的时候会有如此强的爆发力。

如果说邓紫棋的音乐是什么流派，我感觉她自创了一个流派。她的很多歌曲都是自己写的，她所有的歌曲都有一个中心点，就是自身的经历。这样一来，她可以一个非常投入和动情的方式唱歌。这也是她为什么能在歌坛独领风骚的原因。

邓紫棋绝对是个实力派的歌手，不管是唱功还是音乐创作的风格都让我着迷。她是真正的在努力用音乐分享人生并传播正确价值观的歌手，我将一直支持邓紫棋。

10: 禁用手机的场合

Describe a time when you were not allowed to use your mobile phone

Some instructions that you can follow:

When it was

Where it was

Why you were not allowed to use your mobile phone

And explain how you feel about the whole experience

Not too long ago, I had to attend an interview for a prestigious entry-level job at a company I respect a lot. It was a very serious interview and there was a lot on the line. I went to the interview in the main office of the company headquarters in the morning. Before I arrived, I had received some instructions about how to conduct myself during the interview. One of the instructions was that I was not allowed to use my phone during the interview. Moreover, they said that if my phone was even just seen during my interview it would reflect very badly upon me and hinder my chances of getting the job. Therefore, I turned my phone off before I headed into the building and put it away in my bag.

I found the whole experience very stressful. During the interview I was asked many serious and complex questions. Normally, when asked a difficult question I would use my phone to search for the answer or for some information to help me. I was not able to do that during this interview and had to rely on my own knowledge. I found the entire experience very stressful and was very relieved to finish the interview and turn my phone on outside of the office. To my surprise, I received a call a week later and was told that I aced the interview and got the job!

中文思路：

不久前，我参加了一家我非常尊敬的公司的一个很有声望的初级职位的面试。这是一次非常严肃的采访，有很多问题。早上我去公司总部的总办公室参加面试。在我到达之前，我已经收到了一些关于在面试中如何表现自己的指导。其中一条指示是，我不能在面试过程中使用手机。此外，他们说，即使只是在我面试的时候看到我的手机，也会给我带来很不好的影响，影响我得到这份工作的机会。因此，在我进入大楼之前，我关掉了手机，把它放在我的包里。

我发现整个过程压力很大。在面试过程中，我被问了许多严肃而复杂的问题。通常，当被问到一个困难的问题时，我会用我的手机搜索答案或寻找一些信息来帮助我。在这次采访中，我没有做到这一点，只能依靠我自己的知识。整个过程压力很大，在完成面试并在办公室外打开手机时，我感到非常放松。令我惊讶的是，一周后我接到了一个电话，我被告知通过了面试并得到了这份工作！

11: 想生活的城市

Describe a town/city where you would like to live in the future

Some instructions that you can follow:

What it is

How you knew it

What it is famous for

Why you want to live there in the future

A town I would like to live in in the future is my hometown of Shaoguan. Shaoguan Village is a small and quiet village, however, there is a little bit of tourism due to the nostalgic beauty of the town. I have always known this town, since I was born in this town and grew up there. I would not say that it is a famous village but its most famous quality would be the rustic stone streets and oyster shell hutongs that line the city. I would like to live there because for the past few years I have been working in the huge city of Guangzhou. In Guangzhou I have a very stressful job and often get caught up in the hustle and bustle of the city. I find this very tiring. Therefore, I like to dream of the day I will be able to move back to my hometown of Shaoguan and enjoy the peace and quiet of the serene village. Another reason I am keen on moving back to Shaoguan is that all my childhood friends come from Shaoguan, so moving back there would be like a huge reunion party. It is going to be wonderful catching up with all my old friends and relatives who live in my hometown. However, for now I am going to stay in Guangzhou as there are far better job prospects and the lifestyle is more exciting. But in the future, Shaoguan will make the perfect place to live.

中文思路：

我将来想住的一个小镇是我的家乡韶关。韶关村是一个安静的小村庄，然而，因为这个小镇的怀旧之美，他还有一些旅游业。我一直都知道这里，因为我在这个小镇出生，在那里长大。我不会说它是一个著名的村庄，但它最著名的地方是城市的乡村石头街道和牡蛎壳胡同。我想住在那里，因为过去几年我一直在大城市广州工作。在广州，我的工作压力很大，经常被城市的喧嚣所困。我觉得这很累人。因此，我喜欢梦想有一天，我将能够搬回我的家乡韶关，享受宁静的村庄的和平和安静。我想搬回韶关的另一个原因是，我童年的朋友都是韶关人，所以搬回韶关就像一场盛大的聚会。与我所有的老朋友和亲戚住在我的家乡将是美妙的。然而，现在我打算留在广州，因为那里的工作前景要好得多，生活方式也更令人兴奋。但在未来，韶关将成为完美的居住地。

12: 高楼

Describe a tall building in your city you like or dislike

Some instructions that you can follow:

Where it is

What it is used for

What it looks like

And explain why you like or dislike it

Tall buildings are commonplace in my hometown. I live in a very large city and there are countless high-rise buildings all around the city. In fact, my family and I live in one of these tall apartment buildings. We have lived in it ever since we moved here when I was a young child. This building has a very special place in my heart. It is a conventional high-rise apartment block that houses dozens of families and people. It is not the most beautiful building by any means, but neither is it ugly. It looks clean and formidable. The majority of the building is a grey concrete, though there is some red paneling along the sides which I think is quite attractive. At night, all the windows are lit up from the lights inside the building and from a distance the glow of the building is very beautiful. I remember when I was a very young child I was often overwhelmed by the sheer volume of the building! Yet, the reason I love it is the awe-inspiring views from the upper floors of the building. The flat my family live on is one of the top floors and from there we can see the entire city and even beyond! Growing up, I spent many hours sat looking through the window dreaming about the world around me. For that reason, this building is very special to me, and I care very much for it.

中文思路：

在我的家乡高楼大厦很常见。我住在一个非常大的城市，城市周围有无数的高层建筑。事实上，我和我的家人就住在其中一座高楼里。自从我小时候搬到这里，我们就一直住在这里。这座建筑在我心中有着特殊的地位。这是一个传统的高层公寓楼，容纳了许多家庭和人。无论如何，它不是最漂亮的建筑，但也不丑。它看起来干净而巨大。尽管沿边有一些红色的镶板，建筑的大部分是灰色的混凝土。我认为这是相当吸引人的。在晚上，所有的窗户都被建筑里面的灯光照亮，从远处看，建筑的光芒非常美丽。我记得当我还是个孩子的时候，我经常被大楼的巨大体积所震惊！然而，我喜欢它的原因是因为从大楼的上层可以看到令人惊叹的景色。我家住的公寓是最顶层的一层，从那里我们可以看到整个城市，甚至更远！在成长过程中，我花了很多时间坐在窗前看着窗外，幻想着我周围的世界。因此，这座建筑对我来说非常特别，我非常喜欢它。

13: 想提升的天赋

Describe a natural talent you want to improve (like sport, music)

Some instructions that you can follow:

What it is

When you discovered it

How you want to improve it

And how you feel about it

A natural talent that I have recently developed aspirations to improve is classical dance. Classical dance is traditional dance that has been performed for generations and perfected into an art. I am interested in classical dance in our country and others from all over the world, such as the tango, the flamenco and the salsa. In fact, there are countless forms of classical dance from countries all around the world. I first discovered classical dance in film. There are so many beautiful ballroom dance scenes in films. They looked confident and elegant. Actually I had learned to dance for a while when I was young, but I gave it up later because I was busy with my studies. I've always been fascinated by those incredible dancers and been envious of their talents.

As a child I was always fascinated by the dancers and jealous of their talent. So now, I am determined to improve my own dance skills. I believe the best way to improve a skill such as dance is to take classes from an expert. So, this is what I intend to do. I am going to find one of the finest dance instructors in my area to teach me! I feel very excited by the prospect of learning how to dance. I think dance is beautiful and elegant. Furthermore, it is also a great form of exercise, and it will help me practice my balance and poise. I cannot wait to get started!

中文思路：

我最近很想提升的一项技能是古典舞。古典舞是一种传统舞蹈，经过几代人的表演并不断完善成为一门艺术。我不仅喜欢中国的古典舞，我也对世界各地的古典舞蹈感兴趣，比如探戈、弗拉门戈和萨尔萨舞。我第一次发现古典舞是在我国的电影中。那部电影有漂亮的交际舞场景。他们看起来自信又优雅。我在小时候学习了一段时间的舞蹈，但后来因为学习忙而放弃了。我总是对舞者着迷，嫉妒他们的才华。所以现在，我决心提高自己的舞蹈技能。我认为提高一项技能，比如舞蹈，最好的方法是向专家学习。所以，这就是我打算做的。我要找一个我所在地区最好的舞蹈教练。想到要学习跳舞，我感到非常兴奋。我认为舞蹈是美丽和优雅的。此外，它也是一种很好的锻炼形式，它将帮助我练习平衡和仪态。我等不及要开始了！

14: 环保法律

Describe an environmental law your country should have

Some instructions that you can follow:

What law it should be

Why people should follow the law

Whether the law will be popular

And explain how you feel about this law

I believe it is imperative for our country to enact a law related to air pollution. In vast swathes of our country, there are relentless hazes every winter. Haze is known as PM2.5. To give the full picture, I am an individual who suffers from a sensitive respiratory tract, therefore haze has an unavoidable impact on my daily life. It frequently causes my throat much irritation without my awareness.

Law is the fundamental moral bottom line, which every citizen must abide by. Despite the fact China has introduced a number of laws to combat air pollution, such as the restrictions on automobiles, I think the exhaust emissions from industrial production is the primary source of air pollution. For industrial waste gas, there is no definitive emission standard. Once our government enacts a law associated to air pollution, the local government and the relevant departments should strictly execute it and continuously carry it out. The popularity of any law needs a process. For the sake of increase profits, enterprises won't actively spend money on pollution mitigation.

I believe air pollution is an issue related to everyone's life. It is damaging ourselves and our loved ones. On days of elevated air pollution, the hospital's respiratory department is always teeming. Occasionally when I visit the emergency room in the middle of the night, I encounter many old people and students who also require attention from the doctor. The most basic living right to health for each and every one of us can only be protected by sound state legislation.

中文思路：

我认为我们国家迫切需要出台与空气污染相关的法律。在我国的大部分地区，每到冬天都会有严重的雾霾。也就是常说的 pm2.5。我是个呼吸道敏感的人，因此雾霾对我的影响很大。它经常让我的喉咙莫名其妙的发炎。

法律是最低的道德底线，是每个公民都必须遵守的。虽然我国已经出台了一些治理空气污染的法律，比如常见的汽车限行。但我认为工业生产产生的废气才是空气污染的主要来源。而对于工业废气，并没有一个确切的排放标准。如果出台了相关法律，该法律的执行和普及需要强有力的监督。任何法律的流行都是需要过程的。企业为了提高利润，并不会主动花钱治理污染。

我认为空气污染关系着我们每个人的生活，它正在伤害者我们自己和身边的亲人。每到空气污染严重的日子里，医院的呼吸科总是人满为患。有时候我半夜去看急诊，能遇到很多同样来看病的老人和学生。只有国家出台健全的法律，才能保护我们每个人最基本的健康权。

15: 尊敬的老人

Describe someone who is older than you that you admire

Some instructions that you can follow:

Who this person is

How you knew this person

What kinds of things you like to do together?

And explain how you feel about this person

When I think about someone who is older than me that I admire the person that comes to mind is my leader at work. His name is Alan, and he is my supervisor.

He has worked at the company for many years and has lots of experience. He was the person who welcomed me at the company and introduced me to my job. I admire him because he is good at his work and pays great attention to detail. In fact, he has encouraged me to show the same qualities in my own work. We have worked on some big projects together. He is truly a great role model and an asset to my career. He never shies away from a challenge, and he sees problems straight to the point, tackling things head on! I have learned many wonderful qualities from him and due to this my abilities at work have improved.

I feel very lucky to know a man like Alan. I believe that in life it is important to have people you look up to, especially older people who are wiser and more experienced than yourself. There is so much we can learn from our elders. In fact, it is only by learning from our elders and passing on knowledge from generation to generation that we are able to progress as a society.

中文翻译：

当我想到比我年长的人，我脑海中浮现的人是我工作中的领导。他叫艾伦，是我的主管。

他在公司工作多年，经验丰富。他是给我介绍工作，并在公司欢迎我的人。我很佩服他，因为他工作一丝不苟，注重细节。事实上，他鼓励我在自己的工作中表现出同样的品质。我们曾经共同完成了好几个重大项目。他真的是一个伟大的榜样，也是我职业生涯的财富。面对挑战，他从不退缩，他能开门见山的直面问题！我从他身上学到了很多优秀的品质，也因此提高了我的工作能力。

认识艾伦这样的人我感到很幸运。我相信在生活中有你尊敬的人是很重要的，特别是那些比你更有智慧和经验的老年人。我们可以从长辈那里学到很多东西。事实上，只有向长辈学习，代代相传，社会才能进步。

16: 当地新闻

Describe a piece of local news that people are interested in

Some instructions that you can follow:

What it was about

Where you saw/heard it

Who was involved

And explain why people were interested in it

Recently, it seems everyone in the city is following the news regarding the regulation of off-campus tutoring and training centers. This is China's latest move that aims to rein in the private education industry, promote the healthy development of students, improve education quality, and reduce financial burdens on parents.

The education change is part of China's efforts to encourage an overwhelmingly reluctant population to have bigger families and address the coming population crisis. But a close friend of mine, who has a daughter already, said having a second child was out of the question for her family because of the time, energy, and financial resources that China's competitive culture has demanded from them. She noted that one family in her neighborhood spent around 60,000 Yuan over only a summer holiday on their children's private lessons.

So many people have shown great interest in the news because of its high relevance. Parents expect to see if there are going to be changes to the high school and college entrance exam. Since as long as the demand is there, they will have to find alternatives like one-on-one tutoring. Educators in the private tutoring industry also wonder if the rules might have a direct and devastating impact on their business models and even question whether they can survive. It is in people's interest to find out how the rules would be enforced.

中文思路：

最近，似乎城市里的每个人都在关注关于校外辅导和培训中心监管的新闻。这是中国最新的举措，旨在遏制猖獗的私立教育行业，促进学生的健康发展，提高教育质量，减轻家长的经济负担。

教育改革是中国努力鼓励绝大多数不愿生育的人口组成更大的家庭，并解决迫在眉睫的人口危机的一部分。但我的一个已经有了一个女儿的亲密朋友说，由于中国竞争文化对他们的时间、精力和经济资源的要求，生第二个孩子对她的家庭来说是不可能的。她指出，她所在社区的一个家庭仅在一个暑假就花了大约 6 万元在孩子的私人课程上。

许多人对新闻表现出强烈的兴趣，因为它的高度相关性。家长们期待看到高中和大学入学考试是否会有变化。因为只要有需求，他们就必须找到替代方法，比如一对一的辅导。私人家教行业的教育工作者也想知道，这些规定是否会对他们的商业模式产生直接和毁灭性的影响，甚至怀疑他们能否生存下去。找出这些规则将如何执行符合人们的利益。

17: 微笑的场合

Describe an occasion when many people were smiling

Some instructions that you can follow:

When it happened

Who you were with

What happened

And explain why many people were smiling

Nowadays, the pace of work in the city has become faster and it's sad to admit that we do not see our colleagues smiling that much. Therefore, I really enjoyed the day when we had our team go on a team-building and everyone just laughed a lot and had so much fun.

We started our team-building with an office Ping-Pong match. Colleagues were teamed up against one another and winners continued playing other winners, while losers from the first round continued to play winners from the losers' bracket. In between matches, we tested our strength, endurance, and teamwork. While it was really intense and fast, spirits were high and it was a fun game for everyone, including beginners. We all gave it our best. Even though there was some defeat, all my colleagues were totally relaxed, completely switched off from the stress of work, and joyfully played around with the ball. We shared smiles and popcorn all around, and our hearts were full. And congratulations to the winning team for taking home a trophy. It was amazing to see their incredible skills in action.

In our fast-paced work environment, things happen quickly and continuously. While we have colleagues around, most of the time we just move from one task to another without much time in between to have fun chats with each other. Thanks to this long-overdue Ping-Pong tournament, we were able to shake off our stress and smile together. We can't wait to have more team building activities like this in the future.

中文思路：

如今，城市的工作节奏已经变得疯狂和越来越快，不得不承认，我们很少看到同事们笑得那么开心。因此，我真的很享受那天，我们的团队进行了一次团建，每个人都笑了很多，玩得很开心。

我们以办公室乒乓比赛开始了我们的团建。同事们被组队对抗，赢家继续和其他赢家比赛，而第一轮的输家继续和输家用的赢家比赛。在比赛间隙，我们测试了自己的力量、耐力和团队精神。虽然它真的是紧张和快速，情绪很高，这是一个有趣的游戏，对每个人，包括初学者。我们都尽力了。虽然有一些失败，但我所有的同事都非常放松，完全摆脱了工作的压力，愉快地玩着球。我们分享着微笑和爆米花，我们的心是满满的。祝贺获胜的队伍捧回奖杯。看到他们的高超技艺真是令人惊叹。

在我们快节奏的工作环境中，事情发生得又快又连续。虽然我们身边有同事，但大多数时候我们只是从一个任务转移到另一个任务，没有太多的时间与对方进行有趣的交谈。多亏了这场期待已久的乒乓球比赛，我们才摆脱了压力，一起微笑。我们已经迫不及待地希望将来能有更多这样的团队建设活动。

18: 生活计划

Describe a plan in your life (that is not related to work or study)

Some instructions that you can follow:

What it is about

Why you make it

What you need to do first

And explain how you would feel if it is successful

In fact, I have recently developed a life plan. As I have progressed in years, I began to develop concerns regarding my health as an increased number of abnormal items appeared on my annual physical examination form. Everyone informs me that exercise is the optimal method to stay healthy and remain athletic, therefore, I intend to commence a regular exercise regime. My colleague Anna is very active, and she does appear younger and healthier compared to her peers.

To get the ball rolling, it is essential I locate a fitness center. It must be nearby my work place or alternatively my accommodation to ensure that I can effortlessly get there. Otherwise, I would be required to commute too far which would impede me from doing exercise. Furthermore, this fitness center must be located in a pleasant environment, because I believe a fresh, state of the art and high-class environment is a very essential aspect of fitness. Naturally, it is also essential I obtain a coach. After all, I am ignorant when it comes to knowledge related to sports. If I desire to become healthy through fitness, I need professional guidance.

I intend to visit the gym at least twice a week for 1-2 hours. I have a demanding profession and a family to juggle. It's not effortless to carve out time to do exercise. Of course, if I remain persistent, I will appreciate my hard work. Perhaps next year I won't have a disappointing medical form.

中文思路：

事实上，我最近确实有一项生活计划。随着年龄的增加，每年体检表上异常的项目越来越多，我开始担心自己的健康。我计划开始规律的运动，每个人都告诉我运动是保持年轻和健康的最佳方式。我的同事anna 就很喜欢运动，她的确比同龄人看起来要更年轻。

开始运动的第一步，我需要找一个家健身中心。他必须离我工作的地方或者家里很近，这样我可以很方便的到达。不然我一定会以太远为理由来逃避运动。这家健身中心必须环境幽雅，良好的环境才能有让我持续运动的动力。当然我还需要一个健身教练，毕竟我没有任何运动相关的知识，想要通过运动获得健康，我需要专业的指导。

我准备每周至少来健身房两次，每次 1-2 个小时。我的工作很忙，同时还有家庭需要兼顾。从休息时间里挤出时间运动，这并不是一件简单的事。当然如果我坚持下来了，我会很佩服自己。或许明年我就不用看到让自己担忧的体检表了。

19: 分享

Describe a time when you shared something with others (or another person)

Some instructions that you can follow:

What you shared

Who you shared it with

Why you shared it

And explain how you felt about sharing it

A while back, I discovered an incredibly entertaining Switch game called Overcooked. This is a game that requires two people to play. It is imperative the players maintain tacit cooperation with each other, only then can they win each game. Many lovers revel in playing this game together, however it is easy to quarrel over the slightest mistake in the game. Thus, the game has been humorously dubbed ‘Breakup Kitchen’.

My dear companion Anna is likewise an avid admirer of Switch. I immediately shared it with Anna on WeChat when I realized this game was so fascinating. I also informed Anna not to purchase the game because I could loan her my game card later. Anna was very delighted at my offer.

Switch games are regularly expensive, costing hundreds of Yuan per game. Since I have already purchased the game and do not intend to continue playing it every day, it won’t cost me a penny or disturb me from playing the game myself if I loan it to Anna. To take another angle on the matter, Anna shares her Switch Games with

Now that I’ve bought it and I won’t be playing it every day, it won’t cost me a penny or disturb myself from playing it if I lend it to Anna. In another word, Anna shares her Switch Games with me as well! It is such an ingenious idea to share Switch games and save money.

I believe it is right to share our possessions or ideas with the ones close to ourselves regardless whether it’s something valuable or fascinating. Not to mention that Anna often shares delectable cuisine and juicy gossip with me. Sharing fills me with joy and strengthens the bonds between us.

中文思路：

不久前，我发现了一款非常好玩的 switch 游戏，叫做煮糊了。这是一款需要两个人合作的游戏，只有相当默契的配合才能通关成功。很多情侣喜欢一起玩这个游戏，但游戏中稍有不慎很容易吵架。所以这个游戏还有个有趣的名字叫做分手厨房。

我的好朋友 anna 也是个 switch 游戏迷。我发现这个游戏如此有趣，立刻在微信分享给 anna。我还告诉 anna 不要购买这款游戏，下周我可以把我的游戏卡借给她。Anna 听了我的话非常开心。

Switch 的游戏通常是价格不菲的，任何一款游戏都要好几百元。既然我已经购买了，我也并不是每天都需要使用它。把游戏卡借给 anna 对我来说没有任何损失，还帮助了朋友。anna 可以选择购买其他游戏然后和我交换，这样我们都得到了双倍的快乐。

我认为朋友间应该彼此分享。不论是有用的东西，还是有趣的事。Anna 也经常与我分享美味的食物和劲爆的八卦消息。分享让我感到快乐，也让我们变得更加亲密。

20: 喜欢的电影

Describe a movie that you like

Some instructions that you can follow:

When you watched it

Where you watched it

What it was about

And explain why you like it

Not long ago, I joined a special screening event featuring Earth Seen from the Heart, A profound, lyrical film that explores the wonder and beauty of nature and offers solutions to the overexploitation of natural resources and the erosion of biodiversity.

The film works to sound a warning: biodiversity is under threat. Having lived for 40 years on an old farm in Quebec, astrophysicist Dr. Hubert Reeves has witnessed the saddening and confronting deterioration of nature around his property. Faced with this threat to the earth's ecosystem, Reeves shares his concern about the imminent possibility of a sixth extinction of animal and plant species on the planet. He encourages viewers to join him in the world's biggest popular movement: the fight against climate change and biodiversity loss. Reeves teams up with world leading experts to propose possible solutions to stop the overexploitation of natural resources and the erosion of biodiversity.

Not just me, some of my friends also thought the film was fascinating. In this film dedicated to future generations, they remind us that life in all its forms is a fascinating and a touching mystery... and that it is up to us to preserve it!

中文思路:

不久前，我参加了一个特别放映活动，主题是《用心看地球》。这是一部深刻而富有感情的电影，探索了大自然的奇妙与美丽，为过度开发自然资源和生物多样性的侵蚀提供了解决方案。

这部电影发出了一个警告：生物多样性正受到威胁。天体物理学家休伯特·里夫斯博士在魁北克的一个老农场生活了 40 年，他目睹了他的农场周围的自然环境的令人悲伤和恶化。面对这种对地球生态系统的威胁，里夫斯也表达了他对地球上第六次动植物物种灭绝可能性的担忧。他鼓励观众和他一起参与世界上最大的流行运动：对抗气候变化和生物多样性的丧失。里夫斯与世界领先的专家合作，提出了可能的解决方案，以阻止对自然资源的过度开发和生物多样性的侵蚀。

不只是我，我的一些朋友也认为这部电影很吸引人。在这部献给子孙后代的影片中，他们提醒我们，生命的一切形式都是迷人而感人的神秘……我们要保护它！

21: 雇佣很多员工的公司

Describe a company where you live that employs a lot of people

Some instructions that you can follow:

What it does

How many people it employs

What kind of people work there

How you feel about it

In my town, there are a lot of companies and small businesses that employ a lot of people from all around the surrounding area. One business I know particularly well is a logistical company I used to work for. This company works in logistics which means it is a company that transports goods around the country and even internationally for other businesses and individuals. I worked in an administrative role but the majority of the employees in the company are the carriers who take the product around the country! Therefore, the company employs a wide range of people. It employs many workers who drive the trucks and do manual labour such as loading and unloading. However, the company also employed graduates and professionals who work in the administrative and marketing roles. A company this big normally has employees from all walks of life. I have a great feeling of respect and admiration for this company. It employs hundreds of people in the surrounding areas and brings a lot of money into the local community. It is wonderful when a company has a noticeable and positive impact on the area in which it is based. For these reasons, I have nothing but admiration and respect for my former employer. Although the logistics industry is somehow humble, it has brought great convenience to social production and people's life.

中文思路：

在我的家乡，有很多公司和小企业，他们雇佣了很多来自周边地区的人。我特别了解的一家企业是我曾经工作过的一家物流公司。这家公司从事物流工作，这意味着它是一家为其他企业和个人在全国范围内运输货物甚至是国际货物的公司。我从事的是行政工作，但公司的大多数员工都是在全国各地运送产品的快递员！因此，公司雇佣的人员范围很广。它雇用了许多工人来驾驶卡车和从事装卸等体力劳动。不过，该公司也聘用了从事行政和营销工作的毕业生和专业人士。这么大的公司一般都有各行各业的员工。我对这家公司非常尊敬和钦佩。它在周边地区雇佣了数百人，并为当地社区带来了大量资金。当一家公司对它所在的地区产生了显著和积极的影响时，这是很好的。物流行业虽然不起眼，但是为社会生产和人们的生活带来了巨大的便利。

22: 做手工

Describe an art or craft activity (e.g. painting, woodwork, etc) that you had at school

Some instructions that you can follow:

What you made

How you made it

What it looked like

And how you felt about the activity

Not long ago, I went to a wooden craft shop with my boyfriend. It is a shop and also a school where people can learn to make wooden crafts. Woodworking is essentially anything to do with building things out of wood. It involves lots of sawing wood, hammering nails, screwing things together and other general carpentry work. I found it very interesting and took a carpentry class there.

I remember when I first started taking woodworking class the first thing we were instructed to craft was a set of bookends. Bookends are ornamental items used to hold up books on a shelf. They have to be heavy enough to keep the books in place, but they are also meant to be visually appealing. Our teacher taught us how to combine two large pieces of wood to make up the base and then add a small sculpture we carved into a wooden block. This was a lot of fun because we all created something useful but also got to add our own personal touches with the wood carvings. I carved a sculpture of two small birds into my block of wood, and it looked so beautiful. My teacher was very impressed and showed off my craft to others! We made the bookends in sets of two and decided to take them home to give to our families. I was so proud of myself and found the whole process of woodworking incredibly satisfying. Doing handcraft is a very decompressing activity, in the process of focusing on carving, I forgot all my troubles.

中文思路：

就在不久前，我和我的男朋友一起去了一家木制工艺品店。在这里你可以用木头做东西。它包括锯木头、钉钉子、把东西拧在一起和其他一般的木工工作。我觉得这非常有趣，于是参加了木工的课程。

老师教我们做的第一件事就是制作一套书挡。书挡是用来把书放在架子上的装饰物品。它们必须足够重，才能把书放在合适的地方，但它们也必须具有视觉吸引力。我们的老师教我们如何把两块大木块组合起来做底座，然后再加上一个我们雕刻成木块的小雕塑。这是非常有趣的，因为我们都创造了一些有用的东西，但也添加了我们自己的个人风格与木雕。我在我的木块上雕刻了两只小鸟，它看起来很漂亮。我的老师对我印象深刻，并向所有人展示了我的手艺！我们做了两个一组的书挡，我决定带回家送给家人。我为自己感到骄傲，并发现整个木工过程令人难以置信地满意。做手工是一项很解压的活动，在专注雕刻的过程中，我会忘记所有的烦恼。

23: 街市

Describe a time you bought something from in a Street Market

Some instructions that you can follow:

When it was

Where the market was

What you bought

How you felt about the shopping experience

I often go to street markets to do my shopping or to try and find specific items. I much prefer the street market to the supermarket as I feel the street market has closer ties to the local community than the large corporate supermarkets. On weekends, in the east of the city where I live, there is a large temporary street market.

In fact, only a couple weeks ago while wandering through the market I stumbled upon a stall I had never noticed before. It was a small stall selling hand crafted wooden instruments! They had all sorts of wind instruments and wooden guitars and each of the instruments were beautifully carved with ornate decorations. The vendor saw me admiring the incredible craftsmanship of these instruments and came over to see if I wanted to purchase anything. He was a very kind and sweet old man. He was not pushy and aggressive when trying to sell me things, he was genuinely interested in what I wanted to purchase. Therefore, it was a wonderful experience shopping at his store! This is why I love street markets, because you get to really meet the person who owns the stall and make a human connection with them.

At last, I bought a lovely and ornate wooden flute from him. I had to say it was a beautiful and unique item that I will treasure in my home.

中文思路:

我经常去街市购物，或者试着找到特定的商品。与超市相比，我更喜欢街市，因为我觉得街市与当地社区的联系比大型企业超市更紧密。每到周末，在我居住的城市的东边，都会有临时的大型街市。

事实上，就在几周前，我在市场闲逛时，偶然发现了一个以前从未注意过的摊位。那是一个卖手工制作的木制乐器的小摊！他们有各种各样的管乐器和木制吉他，每一件乐器都雕刻着精美的装饰。小贩看到我在欣赏这些乐器的令人难以置信的工艺，就过来看看我是否想买什么。他是一个非常和蔼可亲的老人。当他试图卖给我东西的时候，他不是咄咄逼人，而是对我想买的东西真正感兴趣。因此，在他的店里购物真是一次美妙的经历！这就是我喜欢街市的原因，因为你可以真正见到摊主，和他们建立人际关系。

最后，我从他那里买了一个可爱而华丽的木笛子。我不得不说，这是一件美丽而独特的物品，我会把它珍藏在家里。

24: 不太成功的经历

Describe a time when you tried to do something but were not very successful

Some instructions that you can follow:

When it was

What you tried

Why it was not very successful

And how you felt about it

I remember not too long ago I had an important presentation I had to give at work. I spent the entire weekend working on the presentation to give during an important meeting at work.

The meeting was scheduled for 10am in the morning. I created a presentation, full of charts and figures. I was meant to give this presentation to some very important people from the company and it was going to be a very big opportunity for me. However, in the end it was not successful at all. The problem was, I got the time of the meeting wrong! I thought the meeting was at 10am in the morning but it actually started at 9:30am! By the time I arrived everybody was already in the middle of the meeting and my boss was very angry at me for being so late. We did not have time to do my presentation in the end which was very upsetting and embarrassing for me. It felt awful to be so unsuccessful at something for which I had spent so much time and effort preparing!

Fortunately, my boss gave me a second chance and rescheduled my presentation for next week's meeting. I was so grateful that I had an opportunity to restart my work. However, it still felt very embarrassing and awkward to have messed up so badly!

中文翻译：

我记得不久前我有一个重要的工作报告。我花了整个周末的时间在一个重要的工作会议上做报告

会议安排在上午 10 点。我做了一个报告，里面全是图表和数字。我本来打算给公司里一些非常重要的人做这个演讲，这对我来说是一个非常大的机会。然而，最后却一点也不成功。问题是，我把开会时间弄错了！我以为会议是在上午 10 点，但实际上是在 9 点半开始的。我到的时候，每个人都已经在开会了，我的老板对我迟到很生气。我们最后没有时间做我的报告，这让我非常沮丧和尴尬。花了那么多时间和精力准备的事情却失败了，感觉很糟糕！

幸运的是，我的老板给了我第二次机会，把我的演讲安排到了下周的会议上。我很庆幸一切还有机会挽回。然而，把事情搞得这么糟，还是觉得很尴尬！

25: 家庭设备

Describe a piece of equipment that is important in your home

Some instructions that you can follow:

What it is

How often you use it

With whom you use it

And explain why it is important

The most important piece of equipment in my household is my clothes steamer. If my memory serves me right, our family bought this steamer about five years ago. Though it did not cost us an arm and a leg, it never breaks down. A clothes steamer does the exact same job as a conventional iron, but it is much easier and far more convenient to use. Some people call it a hang ironing machine because you can iron clothes with it that are hung up without having to lay them out on an ironing board.

I would say that I use my clothes steamer at least every other day. It usually only takes me a few minutes to iron my jacket and trousers. Because it is so quick and easy to use, I like to use it just before I head out to give my clothes a fresh steam so I look as neat as possible! I normally use it to get my suits for work neatly pressed. Furthermore, my parents also use the clothes steamer for the exact same reason. We all believe that it's very unseemly and unprofessional to wear a ruffled and creased suit to work. This makes our clothes steamer an indispensable piece of equipment in our household. Without it, we would spend hours using a conventional iron which is far more time consuming and labour intensive.

中文思路：

到目前为止，我家里最重要的设备是我的挂烫机。如果我没记错的话，我们家大概是 5 年前买的挂烫机。虽然这部机器不贵，但是它从未坏过。挂烫机的工作与传统熨斗完全相同，但它更容易使用，方便得多。有些人称它为悬挂式熨衣机，因为你可以用它熨挂起来的衣服，而不必把它们放在熨衣板上。

我想说，我至少每隔一天就用一次挂烫机。一般来说我只需要几分钟就可以熨平我的衣服和裤子。因为它是如此快速和容易使用，我喜欢在我出门之前使用它，给我的衣服来一道新鲜的蒸汽熨烫，让我看起来尽可能整洁！我通常用它把我的工作服熨得整整齐齐，而且我的父母也因为同样的原因用这个挂烫机。我们都认为穿皱褶的西装去上班是非常不得体和不专业的。这使我们的挂烫机在我们的家庭成为一个不可或缺的设备。没有它，我们将花费数小时使用传统的熨斗，这需要花费更多的时间和劳动。

26: 令你兴奋的书 (9-12 月新题)

Describe an exciting book that you enjoy reading

You should say

When you read it

What kind of book it is

What it is about

And explain why you think it is exciting

Throughout the National Day holiday last year, I decided to remain at home for a week because I was frightened of embarking upon a crowded vacation. During that period, I read a book that certainly thrilled me, which was a translation of a popular foreign book, entitled *THIS IS GOING TO HURT*.

It was initially endorsed to me by a companion who informed me it was hilarious and full of suspense. I've been under an immense amount of pressure at work lately, and I sought to read a book that would dispel my feelings of discontent. Well, it didn't disappoint me. This is a bestselling novel in the UK since I discovered it sold out in Amazon in a very short time. The content of the novel is comprised of the private diary of a male gynecologist, in which he muses upon the difficulties he faced, as well as all sorts of bizarre and humorous patients. The author conveys many poignant stories in an amusing language. I also witnessed Adam's composure and compassion and his optimistic attitude towards life.

This book is very exciting and abounds with British humor. Also, it records numerous private problems that occur in his hospital, which makes it more captivating. I am unable to put the book down once I have started reading it, and on one occasion I read the book nonstop until midnight. I was taken aback by Adam's compassion and respect for his profession. Sure enough, as the author says, obstetrics and gynecology are the only places where patients are excited and really look forward to it.

中文思路：

今年国庆假期，因为惧怕外面的人山人海，我选择了在家休息一周。在这段时间我读到了一本非常令我兴奋的书。那就是英国的 Adam Kay 所著的 *THIS IS GOING TO HURT*。

最初这本书是我的朋友推荐给我的，他告诉我这本书笑点爆炸，非常令人兴奋。我最近工作压力很大，想看一本能驱散心中不快的书，果然它没有让我失望。这是一本在英国非常畅销的书，听说在英国亚马逊上架三小时就被抢购一空。他是一个男妇产科医生的私密日记，里边记录了医生的艰辛，还有各种奇葩的患者。作者用风趣幽默的语言表达了很多动人的故事。我也从中看到了亚当的沉稳和善良以及他的人生态度。

这本书很令人兴奋，全书充满了英式幽默，知识科普配合三句话一个笑点，让我一度脸红心跳无法自拔，幽默又有深意。我曾经看到凌晨一点还舍不得放下。亚当对职业的热爱和尊重又令我感动。果然，就像作者说的那样，妇产科是唯一让人兴奋，并且真的有所期待的地方。