# **DINA FATHY**

### Contact

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### Languages

- Arabic
- English

## **Summary**

A well-educated dietitian with experience of assessing patients condition and health needs; counselling patients on nutrition issues; developing meal plans, changing plans if required; good dealing with slimming device, evaluating the effects of meal plans, promoting better eating habits among youth, staying abreast with latest nutritional science research; and documenting patient progress.

# **Skill Highlights**

- Good dealing with slimming devices ( crayon, cavitation, Rf, cold laser)
- Excellent interpersonal skills and building relations with staff and patients.
  - Strong organisational skills and meeting deadlines in advance.
- Providing weight loss education with ongoing weekly weight reducing clinics.
- Ability to work within a care base environment
- Known with chronic diseases & eating disorders.

# **Experience**

- Worked at mfhom gedid nutrition center from 2019 till the end of 2021
- Nutritionist at clinica specialized clincins( التخصصية from 2022 till now

### **Education**

Bachelor degree of Science: Biochemistry and nutrition 2018, Ain Shams University, college of women for Arts, Science and Education.

## **Certifications**

- Therapeutic nutrition diploma from Ain shams university, college of women for Arts, Science and Education.
- Nutrition courses from Alison
- Clinical nutrition program course from innovation academy