

Alaa Samir A. Elmasry

Smouha., Alexandria, Egypt

Phone: +201000094893 E-Mail: alaaelmasry1997@gmail.com



Objective

Passionate Clinical Dietitian, who is willing to combine between Nutrition and administration through taking MBA degree and masters in specialized nutrition. My goal is to clarify the importance of nutrition in healthcare and the importance of collaboration between the treating physician and the clinical dietitian

Seeking for managerial levels in patient relations to achieve more goals in making patient - doctor partnership

Experience

Inpatient Clinical Dietitian Specialist, Andalusia shalalat hospital (sep 2021 – Present)

- Responsible for all inpatient department. responsible for nutritional assessment for patient and revising nursing nutrition screening
- A strong bond between medical department and hospitality department
- Plan an educational program for the dietary function to promote awareness
- Provide education for the patient and their families about the diet plan and health condition
- Health coaching
- Provide feedback to the quality, infection and hospitality departments to improve the quality of work



Outpatient Clinical dietitian specialist (Nutritionist) (dec 2020 – present)

The one clinic

Perfect physio clinic

Royal aesthetic clinic

- Responsible for planning healthy and tailored diets for clients according to their health condition
- follow up with them till they reach their goal



Group medical cosmetic manager, elzohour pharmacy (Jun 2021 – sep 2021)

- Responsible for 6 branches
- responsible for PH doctors and pharmacy assistance training



Area Medical cosmetic manager, elzohour pharmacy

(Mar 2021 – Jun 2021)

- Managing all related business related to cosmetics and teaching agents how to achieve their target and about brands and different ingredients
- 3 branches



Area medical cosmetic manager, Azar Pharmacy

(dec 2020 – mar 2021)

Managing all business related to cosmetics for 3 branches



Medical cosmetic specialist, Aldawaa pharmacy

(Feb 2020– Nov 2020)

Managing all business related to cosmetic considering (purchasing, selling, making attractive offers and patient satisfaction



Pharmacist assistant, Yousra Abdel Azeem pharmacy

(sep 2017 – Oct 2017)

Responsible for pharmacy organization, medication purchases, customer relations and cosmetics advisor



Training experience

- Lecturer of clinical Nutrition at professional training academies
- Instructor/ Trainer at Andalusia hospitals Egypt (for medical and non- medical departments)
- Learning and development specialist at Fakar youth organization



Education

Master of business administration (MBA), AAST

[present]



Certified diabetes educator from (ISPAD)

Master of specialized nutrition, Cairo University

(2021 – 2022)



Professional American diploma pediatric nutrition 130 hr.

(2020)



Bachelor of medical sciences, Therapeutic Nutrition Department), (2015 -2019)



- Military hospital Mustafa Kamel (internship)



- Medical research institute (internship)



Achievements

➤ Owner And founder of “Beauty Agenda Show “

An online show that helps the viewers to take care of their health, beauty and nutrition and ability to choose what fit them

➤ Andalusia Heroes Engagement Ambassador

Responsible for employee's wellbeing and coaching

➤ Non – governmental organization experience

Courses

- | | | | |
|-------------------------|--------------------------|-------------------|--------------------|
| - Therapeutic nutrition | - Metabolic disorders | - First aid | - Food analysis |
| - Meal & diet planning | - child development | - Food processing | -Food biochemistry |
| - Nutrition assessment | - Nutrition intervention | - Food Safety | Community medicine |
| - Food microbiology | - community nutrition | | |

Interests

- Fashion designer
- Traveling
- Acting
- Modeling

Skills

- o Excellent English speaking, writing and listening
- o Training skills and coaching (TOT certified)
- o Excellent computer knowledge including excellent MS office skills
- o Time management, Stress management and leadership (workshops)
- o Body language and human development
- o Target and customer oriented
- o People management skills
- o Patient safety culture (health insurance org)
- o Mesotherapy and body contouring (workshops)
- o Quality applications in nutrition practice (Alex Medical Syndicate)

Summary

- ☐ A passionate, reliable and courteous clinical nutritionist (dietitian) that willing to be more professional, with actual years of experience and six years of continuous learning
- ☐ Able to accomplish my duties with limited supervision
- ☐ Help patients and client to maintain their weight and to take their nutritional requirements
- ☐ Educate patients on how food is very important in fighting and preventing illness
- ☐ Planning and interpretation of diet plan and monitor the implementation
- ☐ Work with medical team to assess patient health and needs