

CURRICULUM VITAE



Amal Abdalla Salman Ahmed

Medical Nutrition Therapy

Contact address:

Nationality: Sudanese.
Date of birth: 31/12/1979.
Marital Status: single
Sex : Female.
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Skills:

- Have excellent communication skills, enjoy team work, keen, patient, punctual and trustworthy
- Computer skills: {windows, multimedia presentation and PowerPoint, Excel and SPSS e.g. frequencies, person correlation, designing graphs and soon.

Languages

Arabic: Mother tongue.
English: Good.

Duties & Responsibilities

Full time dietitian
Check the files of patients in different wards including the medical ward,

Academic Certificates

- Master of Science in Human Nutrition and Medical Nutrition Therapy, the National Ribat University, Khartoum, Sudan. Include the modules studies: Anatomy & Nutritional Physiology, Nutritional Biochemistry, Food Science & Protection, Nutrition Anthropology, Nutrition Assessment & Surveillance, Sport Nutrition, Pharmacology in Medical Nutrition, Nutrition Planning, Nutrition Communication & Counseling, Community & Public Health Nutrition, Medical Nutrition Therapy, Nutrition & Medical Nutrition Therapy Management, Teaching Methods in Nutrition & Medical Nutrition Therapy, Research Methods & Biostatistics, Internship Rotation Title of thesis: Consumption Pattern of Fruits and Vegetables among 7-12 years School Children in Khartoum Province from March 2009 – February 2010
- Bachelor degree honors with distinction in Food Sciences and Technology, school of family sciences from Ahfad University for Women 2003, Some courses studied: Introduction to nutrition, Physiology, Basic Chemistry, Zoology, Education Skills, Nutrition, Applied Nutrition, Biochemistry1, Biochemistry2, Physiological Psychology, Mother & Child Hood health (Hygiene), Microbiology, Organic Chemistry, Educational Psycho statistics, Food Chemistry, Food Technology, Family Economics & House Management, Practical Education, Nutrition Therapy, Nutrition Policy Planning, Food Analysis, Member & Society Health.
- License from Sudanese National Council for Medical & Health Professions to workable for Specialists Registration.

Workshop Certificate:

- Enteral and parental nutrition (25-28 februray2012) at Ribat National University.

Work experiences:

- **2005 – 2013:** National Ribat Hospital Khartoum Department of Diet Therapy, Sudan.
- **2014-2016:** nutritionist in Cambridge

attending morning rounds, assessing patients, conducting nutrition assessment such as anthropometric measurements. Advising patients regarding healthy life style, designing nutrition menus according to the patients needs, and disease status and drug nutrients interaction; Calculate dietary requirement; Monitoring the progression of patient's status; supervising meals; education and construct monitoring plan for use after discharge of care; perform and attend tutorials weekly; Reporting the prevalence and incidence of diseases monthly.

Full time nutritionist for children in Cambridge school to reduce bad habits of children by meeting the parents to change food habits by using healthy food recipe.

Full time head of nutrition department, planning organizing monitoring supervising the activities of nutrition department, submit monthly reports on nutrition and hospital feeding to the ministry, supervise number of meals and equipment hygiene in the kitchen, responsibility of nutrition staff, participation in the committees in food items delivery, infection control method, specification and conditions of food storage and control, nutrition orders and instructions, preparation of nutrition manual and the protocol and procedures of nutrition department.

international school for children.

- **2016-2017** almoalim medical city, head of nutrition department.
- Training for one month in Khartoum hospital in immunization, nutrition of children and mother care during pregnancy.
- Participate in the field trip in north sudan about food habits, immunization of children, family planning.
- Training in Ahfad Health Centers for two weeks in mother and child health.
- Training in Blue Nile Hospital for one month in Diet Therapy

Reference:

Saudi Arabia

DR. Ahlam BadrEldin ElShikieri

Registered Public Health Nutritionist, British Nutrition Society, and Member of American Dietetic Association, Member of Society for Nutrition Association, Member of International Society for the Study of Fatty acid and Lipids Director of the MSc. programme on Human Nutrition and Medical Nutrition Therapy, Associate t Professor, The National Ribat University, Khartoum Sudan.P.O.Box1776

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