

Rehab Gamal Al-Nazer



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A dedicated and knowledgeable Nutrition Specialist with over 6 years of experience in developing personalized nutrition plans and providing dietary counseling. Expertise in assessing nutritional needs, designing meal plans, and educating clients on healthy eating habits. Proven track record in managing dietary programs for individuals and groups, with a focus on improving overall health and well-being. Strong interpersonal and communication skills, coupled with a deep understanding of nutrition science and current dietary guidelines.



Work History

Smart Company | 2023 - until now

Social Media Specialist

Is responsible for :

- Managing company or organization social media accounts. Developing social media strategies to increase engagement and participation. Creating engaging content and managing editorial calendars for content.

Smart Company | 2023 - until now

Content Writer Is responsible for :

- Creating diverse content for blogs, articles, and websites.
- Editing and proofreading content to ensure accuracy and quality.
- Researching and gathering necessary information to produce value-added content.

Nutriderm Clinic | 2018 - until now

Clinical Nutritionist

Is responsible for :

- Assessing patients' nutritional needs based on their health status and medical history.
- Developing customized dietary plans that meet individual nutritional needs and address specific health conditions.
- Providing comprehensive nutritional counseling to improve overall health and manage conditions such as diabetes and high blood pressure.

Neurological Hospital | 2014 - 2018

Clinical Pharmacist

Was responsible for :

- Evaluating and reviewing physicians' prescriptions to ensure safety and suitability.
- Providing comprehensive pharmaceutical consultations to physicians and patients regarding safe and effective medication use.
- Monitoring the effects of medications and drug interactions for patients.

Community Pharmacy | 2013

Pharmacist

Was responsible for :

- Preparing and dispensing medications based on physician prescriptions and ensuring proper packaging.
- Providing patients with advice on safe and correct medication usage.
- Monitoring drug interactions and potential side effects.



Education

2013-05

Tanta University - Bachelor Of Pharmacy



Courses

World obesity federation

- Strategic center for obesity professional education (SCOPE)

Online courses :

- The most important thing in MBA (udmy)
- Content writing basics (udmy)



Computer skills

- Microsoft Word
- Microsoft Excel



Skills

- Creative writing
- Editing and proofreading
- Digital marketing
- Effective communication
- Time management
- Research and analysis
- Versatility in writing
- Adaptability and flexibility
- Proficiency with writing tools
- Strategic thinking