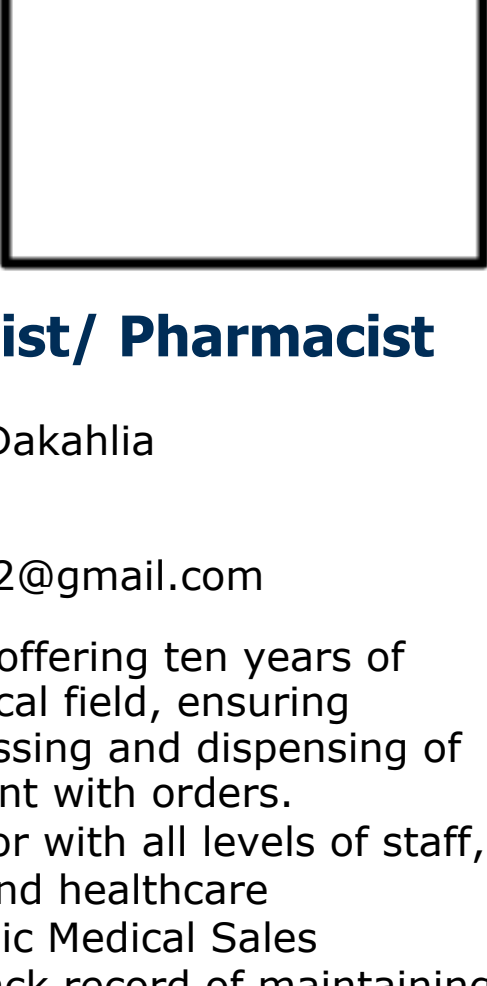
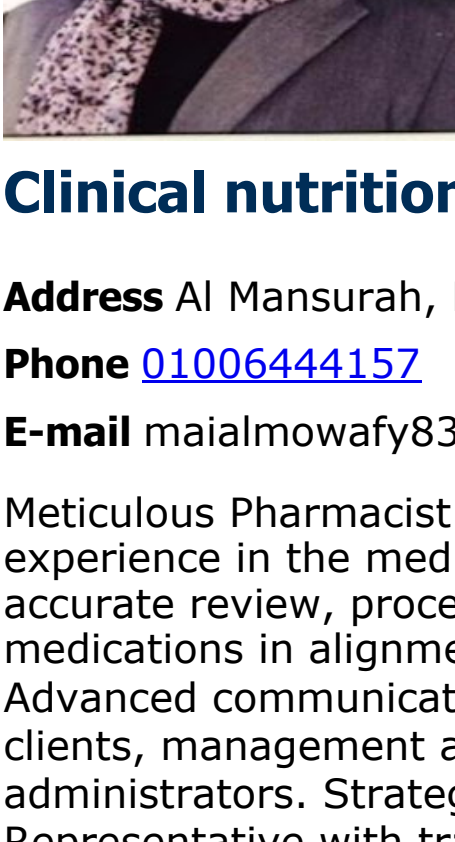


Mai AL Muwafy



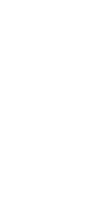
Clinical nutritionist/ Pharmacist

Address Al Mansurah, Dakahlia

Phone [01006444157](tel:01006444157)

E-mail maialmowafy832@gmail.com

Meticulous Pharmacist offering ten years of experience in the medical field, ensuring accurate review, processing and dispensing of medications in alignment with orders. Advanced communicator with all levels of staff, clients, management and healthcare administrators. Strategic Medical Sales Representative with track record of maintaining excellent client relationships. Committed to educating clients on proper use of products by offering detailed demonstrations and presenting brochures or other brand literature.



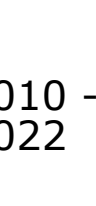
Education

- 2005

High School Diploma
Dohet Al Adab - Sultanate Of Oman
- 2010

Bachelor of Pharmaceutical Sciences
Mansoura University – Mansoura Governorate
- 2020

Clinical Nutrition Diploma
Mansoura University – Mansoura Governorate



Work History

- 2023-
Present

I.C.U. Clinical nutritionist
Talkha Central Hospital, Mansoura
 - Evaluate and assess the nutrition status of ICU patients and screen for nutritional risks.
 - Plan and initiate medical nutrition therapy based on patient requirements and clinical protocols.
 - Educate patients and families on nutritional issues and dietary management.
 - Collaborate with healthcare providers to communicate individual nutritional care plans.

2021 -
Present

Nutritionist
Groovy clinics, Mansoura
 - Monitor and adjust nutrition interventions based on patient response and clinical indicators.
 - Participate in multidisciplinary rounds and contribute to patient care planning.
 - Maintain professional growth and development through ongoing education.

2010 -
2022

Pharmacist
Talkha Central Hospital, Mansoura
 - Develop and implement personalized nutrition plans for obese and underweight patients, ensuring their specific dietary needs are met.
 - Provide specialized nutritional care for geriatric patients, optimizing their dietary intake for better health and quality of life.
 - Manage and tailor nutrition plans for patients with chronic diseases, such as diabetes, cardiovascular diseases, and renal disorders.
 - Offer pediatric nutrition services, including dietary assessments and plans for growth, development, and various pediatric conditions.
 - Collaborate with healthcare professionals to support aesthetic treatments like mesotherapy, cryolipolysis, and cavitation with appropriate nutritional advice.
 - Conduct comprehensive nutritional assessments, monitor progress, and adjust plans as necessary.
 - Educate patients and their families on healthy eating habits and lifestyle changes.
 - Stay updated with the latest nutritional science research and integrate evidence-based.

Pharmacist
Talkha Central Hospital, Mansoura
 - Interpreted prescription orders, dispensed medications and counseled patients on drugs.
 - Assisted patients in minimizing medical expenses by recommending generic alternative prescription medications.
 - Interpreted prescriptions from healthcare providers to properly dispense medications and health products.
 - Vaccinated patients to provide immunity against influenza, pneumonia and other diseases.

2020 -
2021

Mesotherapy Medical Representative
Hayamax Company, Mansoura
 - Analyzed market to identify new opportunities and strengthen relationships with hospitals, medical centers and primary provider physicians.
 - Visited customer locations to evaluate requirements, demonstrate product offerings and propose strategic solutions for diverse needs.
 - Arranged appointments with doctors, pharmacists and medical teams to raise awareness of latest product launches.
 - Recognized trends within territory and industry to create proactive plans.
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- ## Languages
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- ## Certifications
- 2020

Certificate from SCOPE Strategic Centre for Obesity professional education (WORLD OBESITY FEEDERATION)

2021

Certificate from the AMERICAN ASSOCIATION OF CONTINUING MEDICAL EDUCATION in SPORTS NUTRITION

2021

Certificate from EVA PHARMA PHARMACISTS' ACADEMY in MANAGEMENT OF INFECTIOUS DISEASES

2024

Certificate from MANSOURA UNIVERSITY PEDIATRIC HOSPITAL in CLINICAL NUTRITION MANAGEMENT for IN-HOSPITAL PATIENTS.
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- ## Skills
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