

INTERNATIONAL
LifeSkills
OLYMPIAD 2017



SYLLABUS

FOR GRADE IV TO VI



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Critical Thinking and Problem Solving

Leading Others

- Leadership qualities
- Leadership traits, distinguish between positive and negative examples of these traits in the school, peer group, local community, and state.
- Famous personalities and their leadership qualities
- The recognition of others' efforts
- Embracing problem solving skills and Conflict Resolution
- Followers and the cause of their leaders
- Explain the importance of active participation as a follower
- Identify the roles of leaders in the family, school, community, state and nation
- The student's role as follower or leader
- The effects of changing situations upon leadership roles in the family, classroom and school

Values and Ethics

- Good and bad actions
- Fairness and the concept of responsibility
- Caring and sharing
- Discipline and responsibility
- Concern towards others
- Develop an appreciation of individual and cultural differences
- Tell the truth
- Need to compromise and resolving conflicts
- Develop a respect for rules in life and Self-control
- The value and importance of forgiveness
- Decision making and effective career and life planning
- Basic Environmental Ethics
- Care for Mother Earth

Economic Common Sense

- Needs and Wants
- What are Goods and Services
- Scarcity
- Choices and Opportunity Cost

- Money and its types
- Define goods and services and their types
- Describe trade and its types
- Money, its importance, and its types
- Describe Demand and Supply and how they are related
- Resources and their types
- Consumer and its duties
- Bank and its roles
- Inflation, Recession and their effects

Teamwork

- Reasons and impact of Conflict
- Dealing with disagreements and fights
- Respecting others
- Gestures of caring
- To understand the importance of individuality and accepting others for who they are
- Empathy
- Decision making in a team
- Characteristics of leadership in a team
- Role of leadership within a team

Empathy

- Name calling
- Mutual trust and friendship
- Qualities of empathic listening
- Linking empathy with compassion
- Self-esteem and confidence of self and others
- Explore the expectations parents and teens have of one another
- Identify and express feelings
- Strategies and skills of support for purposes of helping a peer
- Peer pressure: a challenge and strategies for saying "No"

Effective Communications

- Introduction to Communication Skills and its importance
- Different channels of communication
- Characteristics of Good and Bad Communication Skills
- Barriers of Effective Communication
- Benefits of Good Communication
- Communication pattern
- Non-verbal communication
- Introduction to Listening skills
- To know the difference between hearing and listening
- Learners will know the difference between hearing and listening
- Learners will become more aware of themselves while listening to others
- To know communication Rights and Responsibilities
- Knowing the types of Communications
- Instructions and directions
- Assertive communication

Presentation Skills

- Introduction to Presentation Skills
- How much time to spend on presentation
- Get started with your presentation well in advance
- Assess your audience's expectations
- The venue
- Focus on your delivery more than the details
- Test-driving your talk
- Use the power of three
- Buy yourself 10% extra confidence
- Preparing for the first 60 seconds
- Body language
- How to manage a Q/A session
- Finish with a bang
- Follow up

Social Media

- The bug of social media
- The impact of social media in society
- Different types of social media skills: Express, Impress, Engage, Influence
- Ways to express in social media
- Creating a social media reputation
- Managing your social media reputation
- Engage in sensible conversation
- Grow and foster engaged social media communities

Environment & Sustainability

- Environmental ethics
- Identify the toxic substances
- Understand the health hazards due to such substances
- The hazards of global climate change
- The life cycle of a product from its manufacture to its disposal
- Define carrying capacity of earth
- The need to control human population growth
- New techniques of eco-friendly agriculture
- Vegetable seed preservation
- Genetic engineering
- Identify the amount of resources that can be used without damaging the environment
- Evaluation and optimization of the industrial impact over environment
- Protection of the native species and their habitat
- Production of sustainable resources

Research & Analytical Thinking

- Thinking about research: What is research? Why research? What is original?
- Truth, power and values
- Getting started: Choosing a topic, What to do if you can't think of a topic, Focusing, Individual and group research, Keeping your research diary

Goal Setting

- Knowing what is a Goal
- The importance and benefits of setting Goals
- Setting Goals and Motivation
- To know what to DO and what NOT to do when setting Goals
- Understanding the goals: Immediate Goals, Short Term Goals, and Long Term Goals
- How to set Goals

Smart Consumer Literacy

- Customer safety policies and bylaws
- Five guidelines of refund policy
- Understand fraud prevention
- Learn 10 quick tips of smart consuming
- Pre shopping
- Post shopping
- Online shopping
- Where to seek help, information, and advice
- How most companies market and sell their products and services
- Consumer rights
- Responsible and informed choices and purchase decisions
- Researching, comparing and analyzing product information
- How to manage finances and avoid debt
- Economic and social impact of every consumer decision
- Societal and environmental impact of living in a consumer society
- Negotiating, offering constructive complaints and resolving problems

Goal Setting

- Introduction to Decision Making and its importance
- Decision Making: Consensus, Voting, Negotiation
- Types of decision making
- Snap decisions and its effects
- Relating personal needs, interests, and skills to the process of making decisions
- Steps in Decision Making
- Recognize the problem or opportunity and Analyze the situation
- Goals and Alternatives
- Consequences and the best alternative
- Decision in action, Responsibility and Evaluation

Smart Consumer Literacy

- What is Negotiation?
- The Difference between Selling and Negotiation
- The nature of Negotiation
- The stages of Negotiation
- Building relationships
- Communication
- Persuasion and Influence
- Ethics in Negotiation
- Cross Cultural Negotiation
- Conflict resolution in Negotiation
- Disputes and third party help
- Applying the tips and tricks of Negotiation

Critical Thinking & Problem Solving

- Critical Thinking and its importance
- Highlighting reasons for any action
- Curiosity and Asking questions
- Biases and Conclusions
- Analyze, Categorize and Synthesize information
- Judgment, Fact, Opinion, Premises