

The third planet from the sun is the Earth. Because of the availability of air, water, and gases required for survival, the Earth is the only planet that sustains life. The planet has all the necessary amenities and a mild climate that is suitable for all the inhabitants of the planet. The underlying concept of harmony is at the heart of the Earth's living processes. There is perfect coordination between the biosphere, lithosphere, atmosphere, hydrosphere, and the many levels and realms of life. Because of this coordination and synchronisation, we are able to live a healthy life on Earth. However, there has been massive exploitation of resources due to various anthropogenic activities, and now, it has become a threat to our planet. It is so disheartening that the gifts of nature are being mishandled and exploited, thereby threatening our survival on the whole. So, it is important that all of us understand the need to preserve our natural resources and see to it that our future generations also get to enjoy what we do.