

51Talk
无忧英语

Unit 3 I'm not feeling well
LESSON 1 I have a headache

LEARNING OBJECTIVE
In this lesson, you will learn to say you
are sick.

1 Warm-up

What do you do when you are sick?



Words and phrases you may want to use:

- stay at home
- go to the hospital
- have a rest

2 New words and expressions

Matching game

1.



look well

2.



3.



4.



5.



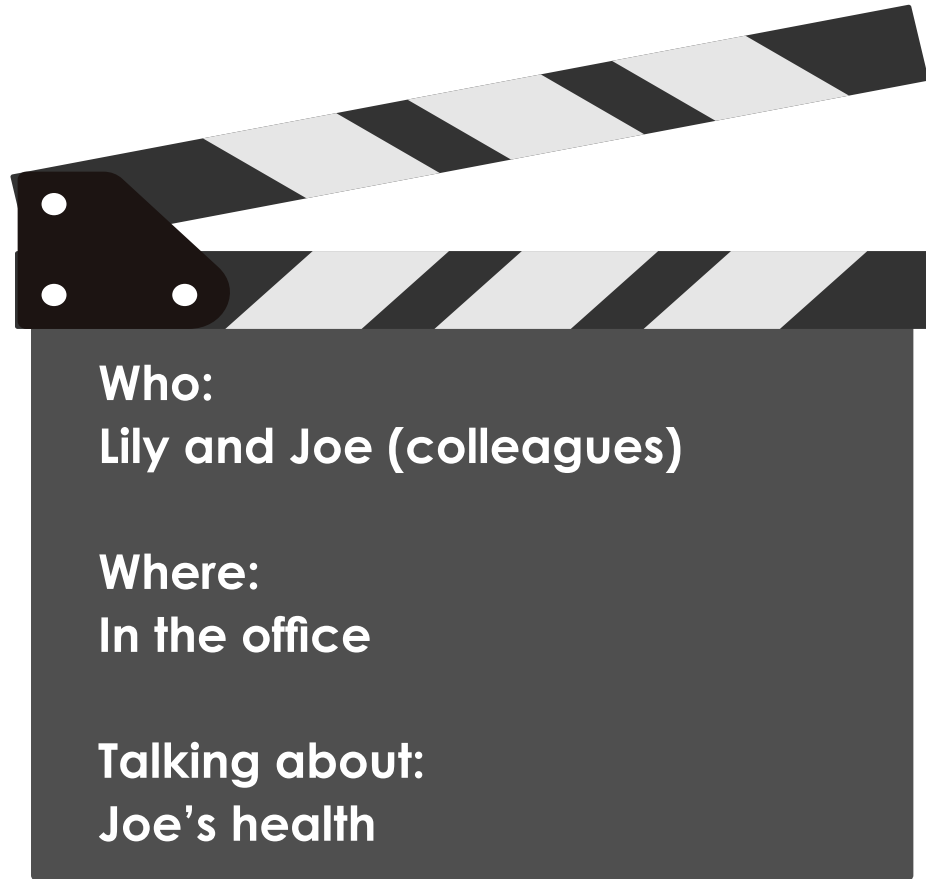
look well [lʊk wel]
headache ['hedeɪk]
umbrella [ʌm'brelə]
catch [kætʃ] a cold
take care [keə(r)] of

Let's go through the sentences. Pay attention to the words in red.

- You don't **look well**. What happened?
- Jenny is not feeling well because she has a **headache**.
- It is raining outside. Remember to bring an **umbrella**.
- Daisy **caught a cold** yesterday. She needs some rest.
- Lucy's husband is ill and she **is taking care of** him.

3 Speaking naturally

1. Conversation setting



Let's see what happened to Joe!

3 Speaking naturally

2. Conversation and activity

Lily: Hi, Joe! Are you okay? You don't **look well**.

Joe: I don't feel very good. I have a terrible **headache**.

Lily: I'm sorry to hear that. What happened?

Joe: I went out with my friends last night and it started to rain on my way home.

Lily: That's unlucky. Did you take an **umbrella** with you?

Joe: No. I got all wet. The rain was really heavy.

Lily: That is not good. It's easy to **catch a cold** when you are wet.

Joe: Well, maybe I need to have a good rest tonight.

Lily: Also, drinking more water may make you feel better.

Joe: Thank you. I will **take care of** myself.

What will Joe do?

1.



Joe will take
care of himself.

2.



Joe will

3.



Joe will

3 Speaking naturally

3. Conversation and comprehension

Lily: Hi, Joe! Are you okay? You don't **look well**.

Joe: I don't feel very good. I have a terrible **headache**.

Lily: I'm sorry to hear that. What happened?

Joe: I went out with my friends last night and it started to rain on my way home.

Lily: That's unlucky. Did you take an **umbrella** with you?

Joe: No. I got all wet. The rain was really heavy.

Lily: That is not good. It's easy to **catch a cold** when you are wet.

Joe: Well, maybe I need to have a good rest tonight.

Lily: Also, drinking more water may make you feel better.

Joe: Thank you. I will **take care of** myself.

Answer the questions:

1. Why doesn't Joe look well?

He doesn't look well

because ...

2. What does Lily think can make Joe catch a cold?

Lily thinks ...

3 Speaking naturally

4. Practice

Lily: Hi, Joe! Are you okay? You don't look well.

Joe: I don't feel very good. I have a terrible _____.

Lily: I'm sorry to hear that. What happened?

Joe: I went out with my friends last night and it started to rain on my way home.

Lily: That's unlucky. Did you take an _____ with you?

Joe: No. I got all wet. The rain was really heavy.

Lily: That is not good. It's easy to _____ when you are wet.

Joe: Well, maybe I need to have a good rest tonight.

Lily: Also, drinking more water may make you feel better.

Joe: Thank you. I will _____ myself.



4 Task

Speak out

Teacher Hi, ... (student's name) When was the last time you caught a cold?

It was ...

You

Teacher ...

...

You

Teacher ...

...

You

Word tips

- heavy rain
- go to the hospital
- have a good rest
- take some medicine
- take care of

5 Summary

What did you learn in this lesson?

Words and phrases:

Sentences:

Let's check the next page!

5 Summary

You have learned the following vocabulary and sentence patterns to say you are sick.

Words and phrases:



headache



umbrella



look well



catch a cold



take care of

Sentence patterns:

I have a ...

(Make a sentence)

Maybe I need to ...

(Make a sentence)

