



**51Talk**  
无忧英语

**Unit 8 Daily activities**  
**LESSON 5 You have such great skin!**

**LEARNING OBJECTIVE**  
**In this lesson, you will learn  
to talk about skin care.**

# 1 Warm-up

What things are used to take care of your skin?



face wash



lotion



day cream



night cream



facial mask

## 2 New words and expressions

### Matching game

1. 

\_\_\_\_\_

such

2. 

\_\_\_\_\_

3. 

\_\_\_\_\_

4. 

\_\_\_\_\_

5. 

\_\_\_\_\_

such [sʌtʃ]  
skin [skɪn]  
take care [keə(r)] of  
face wash [wɒʃ]  
lotion ['ləʊʃ(ə)n]

Let's go through the sentences. Pay attention to the words in red.

- a. She is **such** a great person in many different ways.
- b. Helen is thirty-five years old. She has really great **skin**.
- c. The children are old enough to **take care of** themselves.
- d. I use **face wash** every morning.
- e. Mary uses body **lotion** after taking a shower every night.



## 3 Speaking naturally

### 1. Conversation and activity

*(Jade and Kate talk about skin care.)*

**Jade:** Wow, Kate! You have **such** great **skin**!

**Kate:** Thank you!

**Jade:** What do you usually do to **take care of** it?

**Kate:** Not much. I only use **face wash** and **lotion** every day.

**Jade:** That's all?

**Kate:** Well, I think drinking a lot of water helps.

**Jade:** I see. I will try that. Do you have other skin care secrets?

**Kate:** Getting a good night's sleep is helpful.

**Which pictures are mentioned in the conversation?**

1.



2.



3.



4.



## 3 Speaking naturally

### 2. Conversation and comprehension

**Jade:** Wow, Kate! You have **such** great **skin**!

**Kate:** Thank you!

**Jade:** What do you usually do to **take care of** it?

**Kate:** Not much. I only use **face wash** and **lotion** every day.

**Jade:** That's all?

**Kate:** Well, I think drinking a lot of water helps.

**Jade:** I see. I will try that. Do you have other skin care secrets?

**Kate:** Getting a good night's sleep is helpful.

#### Answer the questions:

1. What does Kate do to take care of her skin?

*She only ...*

2. What is Jade going to do?

*She is going to ...*

## 3 Speaking naturally

### 3. Practice

**Jade:** Wow, Kate! You have \_\_\_\_\_ great skin!

**Kate:** Thank you!

**Jade:** What do you usually do to \_\_\_\_\_ it?

**Kate:** Not much. I only use \_\_\_\_\_ and lotion every day.

**Jade:** That's all?

**Kate:** Well, I think drinking a lot of water helps.

**Jade:** I see. I will try that. Do you have other skin care secrets?

**Kate:** Getting a good night's sleep is helpful.



## **4** Task Speak out

**Teacher** Wow! You have really great skin!

Thank you ...

**You**

**Teacher** ...

...

**You**

**Teacher** ...

...

**You**

### Word tips

- face wash/lotion/day(night) cream
- take care of
- helpful
- sleep early
- eat fresh vegetables/fruit ...

## 5 Summary

What did you learn in this lesson?

Words and phrases:



Sentences:

**Let's check the next page!**



## 5 Summary

You have learned the following vocabulary and sentence pattern to talk about skin care.

### Words and phrases:



such



skin



lotion



take care of



face wash

### Sentence pattern:



I think ... helps.

(Make a sentence)

