Regrea, Mar John S. Scarcity of Water in Romblon and Marinduque Romblon and Marinduque, both small island provinces in the philippines, are facing persistent problems with water scarcity. Their geography makes them vulnerable as they tely heavily on rainfall underground aquifers, and small rivers as theire main water sources. However, these resources are limited and climate change has worsened the situation by causing irregular rainfall and prolonged dry seasons. In Romblon communities often depend on deep walls or tely on water delivery systems, but these are not always reliable. meanwhile, in Marinduque the problem is aggravated by population growth, environmental degration, and the effects of past mining operations that have disrupted water system and watershed. Water scorcity directly impacts the livelihood of residents, Agri. culture, which is the main source of income for many suffers greatly because irrigation is insufficient, leading to poor crop yields onde teduced food production. On a house hold level, many families are forced to buy drinking water at high cost, which places additional financial burdens on communities already struggling with toverty Reaction'. As someone from Cabuyac, Laguna I feel very fortunate that our place has access to water through deep wells, water districts, and refiling stations, unlike the strongles faced by people in Romblon and Marinduque who rely only on tainwater and limited natural sorces. Imagining life there makes me realize how difficult it would be to nneet daily needs such as cooking , bathing and farming, and it also shows how often we take water for granted here in lagung for me their situation is wak, up call to value water more conserve it properly and support efforts to help communities that live with scarcity every day.

Refrea, Mar John S.

41T-B

Mainit Hot Spring in Masara, Maco, Davao De Oro

The Mainit Hot spring in Masara, Maco, Davao de Oro is famous for its naturally hea ted sulfuric waters that are believed to have therapeutic and medical benefits, making it a popular destination for both locals and totist seeking relavation and healing. Despite its appeal, the host spring faces significant environmental and safety challenges due to its location in a mining community that has expetience a landslides and disasters linked to mining activity which threaten not only the residents but also natural sites like the spring itself. Human activities such as mining residues, land use changes, and unregulated fourism raise concern about pollution, waste accumulation, and over crowding, all of which could diminish the area's ecological bHance and natural beauty if left unmanaged. While tourism brings econo mic opportunities and helps promote the area, it also carries the risk of overey ploitation, which without proper regulation and conservation efforts, could intimately damage the very resource that sustains it attraction and Value

Reaction:

Here in Cabuyao, Laguna, we are close to natural spots like the hot springs in Calamba and Los Bonos, which makes me understand how importand the Mainit Hot Spring in Davao de Oro is for both tourism and local relaxation. Learning that mining and environmental issus threaten its preservation makes me sad, because if our own hot springs in laguna were destroyed by pollution or negligence, it would affect not only fourism but also part of our cultury and identity. That is why I believe the people in Maco deserve to have their hot spring protected since natural sites like these are not just economic resources but also symbols of pride that should be preserved for the next generation

Refrea, Mar John S.

417-13

Mercury Contamination in Mount Diwalwal, Davoo de Oro

## Research:

this is one of the most famous gold mining sites in the philippines, where small-sale and unregulated mining has long used mercury and cyanide, causing serious environmental damage Mercury contamination has polluted tivers like the Naboc River, endagering both communities and aquatic life. Prolonged exposure to mercury can lead to severe health problems, and despite government efforts, illegal mining continues, this reflect the conflict between livelihood and sustainability while mining provider income, it risks human bealth and the welfare af-future generations.

## Reaction:

I know how industrialization affects the environment since we also have factories and industrial zones nearby, but teading about mercury contamination in Mount Diwalwall is even me alarming because its directly endangers people's health and pollutes rivers is such contamination happened here, it would be devastating for families who depend on lagung de Bay and water sources. I feel bad for the communities who are forced to live with the consequences of illegal mining, because while gold brings income, it is not worth the risk to people's lives and the environment. For me stricter laws and safer method should be enforced, since protecting nature is the only way to secure the future of both communities and the country as a whole