



Maria Martinez's Person Centered Plan (One Page Description)

What does not work for Maria

- Does not like being nagged or bullied
- She does not want to be called names
- Negative words and people makes her sad

Maria's STRENGTH

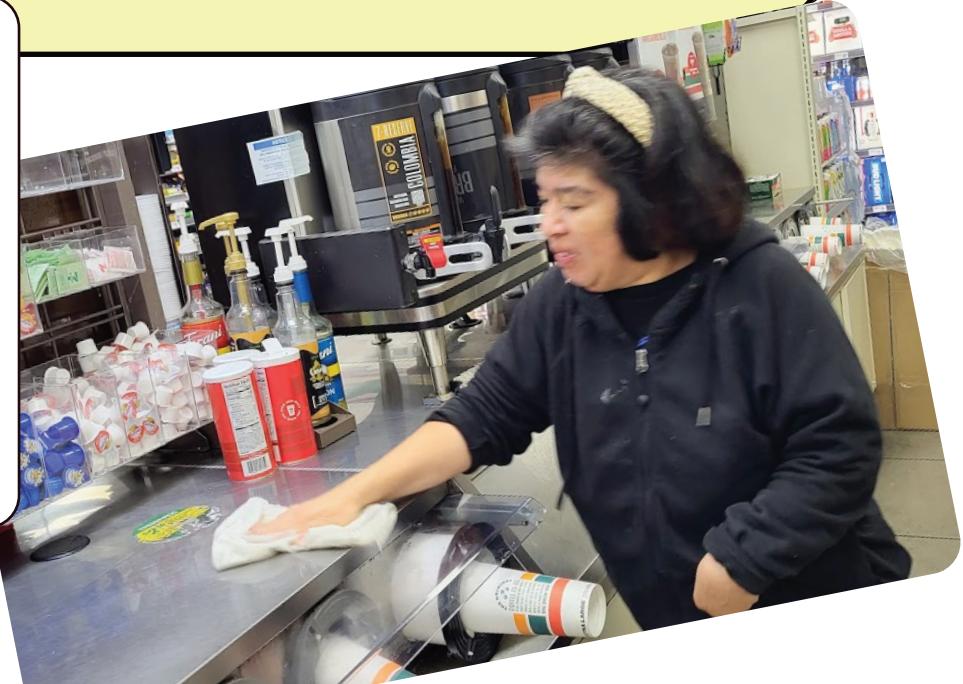
- ★ Kind words inspire her to be strong
- ★ Her strength lies in being helpful to others
- ★ She follows through on assigned work

Maria's Vision (5- Year Plan)

1. To work at a retail store
2. To continue in a career where her cleaning will blossom
3. To enjoy good health
4. To earn more money by being more productive
5. To marry her sweet-heart

What works for Maria

1. Wants to be active as well as having some rest time
2. She loves to maintain a tidy environment
3. Maria loves to listen to music which calms her



Maria's Goal

Happiness is my goal and to create happiness wherever I find myself



Things that Matter to Me and are Important in my Life

The things that are important to Maria are:

1. Spending time with my boyfriend
2. Cooking and making sure that everywhere is clean
3. Maria loves to listen to music which calms her



Maria's IMPORTANT THINGS

- ★ Alex is my boyfriend and I love to share things with him
- ★ I also love to talk on the phone with my cousin Ada
- ★ We have two dogs and I love my dogs



How Maria loves to be supported

I have a lot of help through my boyfriend Alex
We are always there for each other and I appreciate all his support

The Special People In my life



Maria,
SSS &
Alex



Common Interest

- Alex cares for me and we do laundry together
- I can confide in Alex and he confides in me

Visions and Dreams

What I want my life to look like

- I love to dance when am happy
- I discuss and share moments with Alex
- I want to marry and have a family of my own



How I love to be SUPPORTED

- ★ I have a lot of help through my boyfriend Alex and the Homegroup staff
- ★ Receiving regular calls from my cousin, Ada also helps me and she encourages me and loves me
- ★ I want to learn how to earn more so I can be less dependent and be able to live in our own private home