Republic of the Philippines
Laguna State Polytechnic University
Province of Laguna

MEDICAL RECORDS

Surname			Given name		Middle Name
Age	Sex	Status	Date of Birth (MM-DD-YYYY)	Course	School year entered (if applicable)
Current Address					Tell/Cell No.
Mother's name			Father's name	Guardian's name (if applicable)	
Name of Contract Person in CASE OF EMERGENCY (REQUIRED)				Relationship	Contact No. (Required)

I, _____ hereby ascertain that I have willingly shared/ disclosed all information contained within this Medical Report and that this information is TRUE and CORRECT to the best of my knowledge.

_____ _____
Printed Full name and signature Date

INSTRUCTIONS: Pls. check all that apply and provide details.

I.PAST MEDICAL AND DENTAL HISTORY

- ☐ Previous/ present KNOWN illness _____
- ☐ Past hospitalizations/ confinement _____
- ☐ Known allergies to food or medicine _____
- ☐ Childhood immunization _____
- ☐ Present immunization (ex. Flu, Hepa B. etc) _____
- ☐ currently taking medicine/ vitamins _____
- ☐ Dental problems (ex. Gingivitis, etc) _____
- ☐ Primary care Physician (name, specialty, clinic location and date of last check-up/follow-up :) _____

II.FAMILY MEDICAL HISTORY

- ☐ Allergy_____
- ☐ Asthma/"hika"_____
- ☐ Tuberculosis/TB_____
- ☐ Hypertension/"high blood"_____
- ☐ Heart disease/"sakit sa puto"_____
- ☐ Stoke_____
- ☐ Diabetes_____
- ☐ Cancer_____
- ☐ Liver disease_____
- ☐ Kidney or bladder disease_____
- ☐ Blood disorder_____
- ☐ Epilepsy_____
- ☐ Mental Disorder_____
- ☐ Others_____

III.PERSONAL AND SOCIAL HISTORY

1. Alcohol intake: ☐ Yes_____ ☐ No
2. Tobacco use: ☐ Yes_____ ☐ No
3. IIlicit drug use: ☐ Yes_____ ☐ No

4. For **FEMALES:**

a. Menstrual Period

Date of first day of Last menstrual period (MM-DD-YYYY): _____

☐ Regular ☐ Irregular

Duration:_____days/weeks

No. of pads/day:_____

b. History of dysmenorrhea: ☐ Yes ☐No

c. If YES, how severe is your dysmenorrheal? ☐ Mild ☐ Moderate ☐ Severe

d. Date of last check-up with an OB-gynecologist (MM-DD-YYYY): _____

e. Date of excessive/ abnormal bleeding? ☐ Yes (pls. give details)_____

☐ No

f. Previous pregnancy? ☐ Yes (number, normal/ C-section, home/hospital, etc.)_____

☐ No

g. Children? ☐ Yes (how many?)_____

☐ No

----------STUDENT FILL UP FORM UNTIL HERE ONLY----------

IV. PHYSICAL EXAMINATION

Heigh (m)	Weight (w)	BMI (kg/m2)	BP (bpm)	HR (bpm)	RR (cpm)	Temp (C)

	Normal	
Gen. Appearance and Skin		
Head and Neck		
Chest and Back		
Abdomen		
Extremities		
Others		

V. DIAGNOSTIC RESULTS: (Pls. include date of examination)

☐ Ches X-ray: _____

VI. IMPRESSION:

_____

VII. PLAN:

☐ Diagnostics: _____

☐ Home Medication: _____

_____

☐ Home Instructions: _____

☐ Advice: _____

☐ F-f(Date): _____

☐ Medical Certificate issued

☐ Referred: _____

Recommendation:

☐ Fit to Enroll

☐ Fit to Work

☐ Fit to Participate in Sports

☐ Fit to Enroll but requires further evaluation

☐ Fit to Work but requires further evaluation

☐ Fit to Participate in Sports but requires further evaluation

_____

Physician's Name and Signature

Lic. No. _____

Date_____

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