

Reihaneh Farzinnia

University Address:

The University of Manchester
Oxford Rd
Manchester, M13 9PL, UK

Email:

reihaneh.farzinnia@postgrad.manchester.ac.uk

Education

- ◇ **Ph.D. in Education.** The University of Manchester, The UK.
(October.2024-present)
 - **Supervisors:** Prof. Neil Humphrey and Dr. Louise Black
 - **Ph.D. topic:** Applying Integrative Data Analysis and Moderated Nonlinear Factor analysis in adolescent mental health research.
- ◇ **M.Sc. in Research Methods with Education.** The University of Manchester, The UK.
(September.2023-September.2024)
 - **Supervisors:** Prof. Neil Humphrey and Dr. Louise Black
 - **Overall grade:** 77.4 (Distinction)
 - **Dissertation topic:** A cross-lagged panel network model to document the relationships between risk factor exposure and internalising symptoms in early-to-mid adolescence.
- ◇ **B.Sc. in Educational Psychology.** The University of Manchester, The UK.
(September.2019-June.2022)
 - **Supervisor:** Prof. Michael Wigelsworth
 - **Overall grade:** 77.3 (First Class with Honours)
 - **Dissertation topic:** How adolescents' emotion regulation goals and beliefs affect or predict the use of cognitive reappraisal and expressive suppression?

Research Experience

- ◇ **Research Assistant at So.Me, The University of Manchester.**
(June.2024-Present)
 - **Supervisors:** Dr. Margarita Panayiotou, Dr. Louise Black, and Dr. Jo Hickman-Dunne
 - Involved the development of a measure of social media experience informed by young people's perspectives.
 - Responsible for cleaning the Ecological Momentary Assessment (EMA) and baseline data of the project.
 - Contributing to the preparation of research manuscripts and publications arising from the project.
- ◇ **Research Assistant at BeeWell, The University of Manchester.**
(April.2023-September.2023)
 - **Supervisor:** Prof. Neil Humphrey.
 - Involved in setting up the BeeWell project in its second location in the UK (Hampshire and Isle of Wight).
 - Responsible for liaising with schools and other stakeholders to promote their engagement in data generation and other project activities.
 - Contributed to a research paper examining the longitudinal associations between sleep, physical activity, and wellbeing among adolescents.

◇ **Research Assistant at The University of Manchester.**

(July.2022-January.2023)

- **Supervisors:** Dr. Rebecca Jefferson and Prof. Pamela Qualter.
- Involved in evaluating the DfE Early Identification of Autism Project.
- Contributed to preparing the ethics application.
- Involved in moderating focus groups.
- Was responsible for qualitative data analysis.

◇ **Research Intern at BeeWell, The University of Manchester.**

(July.2022-November.2022)

- **Supervisors:** Dr. Louise Black and Prof. Neil Humphrey.
- Contributed to a research paper about risk factors for adolescent mental health.
- Responsible for double-checking the R code with the simulated fake data to ensure reproducibility.

◇ **Research Assistant at Fit2Belong, The University of Manchester.**

(January.2022-April.2022)

- **Supervisors:** Dr. Rebecca Jefferson and Prof. Pamela Qualter.
- Responsible for running and transcribing focus groups.

Publications

- ◇ Farzinnia, R., Black, L., & Humphrey, N. (2025). A cross-lagged panel network model to document the relationships between psychosocial risk factor exposure and internalising symptoms in early-to-mid adolescence. osf.io/preprints/psyarxiv/y3w8a_v1
- ◇ Marquez, J., Panayiotou, M., Farzinnia, R., Cheng, Q., & Humphrey, N. (2025). Longitudinal relationships across sleep, physical activity, and mental wellbeing in early-to-mid-adolescence: a developmental cascades investigation. *Quality of Life Research*. 1-18. doi.org/10.1007/s11136-025-03894-2.
- ◇ Black, L., Farzinnia, R., Humphrey, N., & Marquez, J. (2024). Variation in global network properties across risk factors for adolescent internalizing symptoms: Evidence of cumulative effects on structure and connectivity. *Psychological Medicine*, 54(4), 687–697 [doi:10.1017/S0033291723002362](https://doi.org/10.1017/S0033291723002362).

Teaching Experience

- ◇ **Graduate Teaching Assistant at The University of Manchester,** School of Environment, Education, and Development. (January.2025-present)
 - Supporting lectures and practicals for MSc Quantitative research unit.
 - Supporting students to use R programming language.
- ◇ **English Second Language (ESL) Teacher at the NooreMobin Institution,** Shahrud county, Iran. (November.2017-August.2019).
 - Responsible for running three sessions per week.
 - Designed lesson plans, activities, and games, and prepared materials.
 - Kept up-to-date student progress records for meetings with staff and parents.

Volunteer Experience	<ul style="list-style-type: none"> ◇ Project Leader of the Reading Mentors, The University of Manchester. (December.2019-June.2022) <ul style="list-style-type: none"> • Running and organising sessions. • Keeping track of children's progress. • Gathering feedback from families and the school.
Skills	<ul style="list-style-type: none"> ◇ Data Analysis: Jamovi, NVivo. ◇ Programming Language: R. ◇ Typesetting: L^AT_EX, T_EX, Microsoft Word. ◇ Languages: Farsi (native), English (fluent).
Awards	<ul style="list-style-type: none"> ◇ Faculty of Humanities PGT Dean's Award for Achievement. Issued by University of Manchester. ◇ Platt Prize. Issued by University of Manchester. ◇ BeeWell 1+3 Studentship. Issued by University of Manchester. ◇ Faculty of Humanities Dean's Award for Achievement. Issued by University of Manchester. ◇ Volunteer of the Year Awards, Student Category: 2nd Place. Issued by University of Manchester. ◇ Make A Difference Award. Outstanding Contribution to Widening Participation and Outstanding Local/Civic Engagement.
References	<ul style="list-style-type: none"> ◇ Available upon request