3530901/20004 Gainutdinov Marat

Total - 979

Lexical units – 37

Grammar constructions – 6

Linkers – 12

Personality

Curt Cobain once said - "I use bits and pieces of others' personalities to form my own." In my opinion not only Curt formed his personality like that, but also everyone else in this world. To begin with, I want to tell why so many people think that they are unique individuals? It is just so happened that our personalities are formed in our childhood, when we just follow the rules of the place where we live, that is why family environment, school, friends, mass media are the main factors of our personalities. But a person's attitude to the world changes throughout the life, so and their personality. Unfortunately, many of that changes are due to psychological disorders.

Once a psychologist told me that personality is the dynamic organization, within the individual of those psychological systems that determine his unique adjustment to his environment. In general scientists are always trying to simplify complex things, thus the theory about extraversion and introversion was introduced to the public. If I know correctly, Researchers have found that person's attitude to the world can define their future hobbies, job, style of life, and behavior in general. Psychologists use term extraversion to define a personality of a human, that look outwards. On the one hand extraverts tend to be self-confident, open-minded, which means that they are likely to accept others ideas and opinions, friendly and talkative, they are a good team players. On the other hand, they could be adventurous, aggressive, bossy and selfish kind of people who looks on the things too much optimistic. The other term, which is used while describing the personality introversion. In short, introverts are just like extroverts but in reverse. In fact, they are that type of people who look inwards. They tend to be thoughtful, cautious, level-headed, quiet, reserved they have lack of confidence and most of all they are shy. But all in all, people cannot be fully introverted or extraverted. They often have both extrovert and introvert characteristics so there are always in balance. To conclude and define which type of personality you have, you should complete a special test. But one test is not going to be enough in this case. The more have you done, the better will be their accuracy.

But sometimes people need to predict who you are by your appearance. Which is mostly important when they need to hire employees. Personally, extroverts are defined by me by their speaking skills and extraordinary outfits which are always fascinating and attractive. With attention to details I define introverts by their body language and how they are always trying to stay out of social activity. So, when it possible to interact with their gadgets instead of asking a person, they would solve the problem all by themselves. Even if it will take twice as long. Social activity is why there are some serious correlations between the work people choose and the personality they have. For example, while there are some professions like game designer, that attract both types, job of an actor are just meant to live along with extraverts as well as software engineering(coding) is a perfect fit for introverts.

Nevertheless, people can judge a person's character by their speaking habits. They must be great if a person considers themself as a leader. It is commonly known that person's character show itself when

person is going through the tough and rough challenges or choices. When they say the truth even if it is hard to swallow, when a sweet lie will be smoothly accepted and understood. When they choose between their family and work, their hobbies and hobbies of other friends.

Personal tests were developed by psychologists to simulate that kind of difficult choices. To take personality test means to answer a lot of questions with multiple set of answers even though there is no right answer. What is more interesting, is that researchers are trying to design that type of test which will be fully anonymous and in the same way it needs to be reliable and valid.

However, according to scientists, there is still no valid test for charismatic personality. Because charisma is that type of character that couldn't be tested objectively. Charismatic leaders are inspiring people, encourage them to do hard work, but without people around their charisma is instantly disappear. So, people are agreed to say that somebody have charisma when everyone else say that and they are likely to blindly follow that person. Some people may think that charisma is an inborn quality, but for the good or evil, this characteristic is easy to develop. For example, I find my teacher as a charismatic person, so far as my ex-classmates. And the reason is simple: we could easily find a language between us, but he knew more interesting stuff about economics, math and computer science, so I ended up listening his lectures and enjoying how his course was structured. Who would even predict that the math teacher will be that kind of a great person.

Additionally, charisma is certainly important when you are applying for a job. And it became one of the main aspects of your career lift, when you get the job. If you have it, then you can try to delegate your work and concentrate on the one that fires you up. Moreover, it will be easier to communicate with co-workers and bosses.

To sum up, personality embraces moods, attitudes, and opinions and is most clearly expressed in interactions with other people. It includes behavioral characteristics, both inherent and acquired, that distinguish one person from another and that can be observed in people's relations to the environment and to the social group. It is worth to measure your personal qualities or pass a test on a personality. Psychology states that acquiring one might help you to deal with anxiety and other mental disorders.