3530901/20004 Gainutdinov Marat

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**Travel**

Saint Augustinte once said: “The world is a book and those who do not travel read only one page.” I personally agree with his position, because the world is enormous and it will be a big mistake to lock yourself in a tiny room, in your comfort zone. Of course, the Internet help us to communicate with each while still being at home, but it is essential for us to go out and visit new places. Otherwise, our life will be too boring and monotonous. That's why people so enjoy travelling and so do I.

Despite the fact that everyone enjoys travelling, not all of us have the opportunity and time to research the destination point all by ourselves. As the result people tend to go on a package holidays. In which you didn't know, all organisation questions are taken by the tourism company. In package holidays they often bundle a ticket to travel by plane, to travel by train or by boat, hotel accommodation with lunches, excursions, and some general help in the foreign country, like: that you need to read about local laws and customs, how should you behave on the streets, what gestures are allowed to do, how to say "Hello/Goodbye/thanks..." in other language and that kind of stuff. As a bonus from your tourist company, you can obtain comprehensive travel insurance. Consequently, all of it began to associate with tourists and tourism itself. And people who can research and organise their holidays in foreign county all by themselves tend to be called "the travellers". They travel mostly for pleasure, they are heading to experience different cultures, learn new languages, find new places, meet interesting people and more and more. Many travellers throughout their tough experience formed sets of rules which are universally helpful. For example - it's not recommended to carry all your cash with you or to carry packages through the customs for others.

Some advices may vary based on the country you are encountering. Thus, if you ask me, a will suggest you these important tips that you must follow: check the weather forecast, take with you warm weather, try to acknowledge local family and may them show you their city and their customs, avoid tourist traps as much as possible even if in the city centre it's unavoidable, don't trust self-employment drivers, it'll be cheaper to use Yandex taxi or Uber.

In addition, travellers differ not only from tourists but also from explorers. But to begin with I want to start with their similarities: when they go for a journey, they go for the experience, they both naturally avoid tourist traps. On the contrary explorers prefer more to discover new places, that is why they often go off the beaten track and investigate the nature of places. When the explorers set out on a journey they usually keep a diary where they describe their journey and thoughts. After the journey, these diaries are introduced to the public and the museums, where it can receive an award. Later on, explorers are taken to the international conferences where general public discuss the ways on how to protect wild life, thus explorers give lectures about their experience.

My favourite explorer is Mike Horn, he is known for completing a one-year, 6-month solo journey around the equator without any motorised transport.

One of the most interesting places in my country I might have ever visited is Moscow. This is the city of movement, where everyone is busy and in hurry just like in a beehive. I have seen a lot of interesting places: from the Red square to the museum of Soviet's arcade machines.

However, at some point I will have itchy feet and I’ll throw everything up and buy a ticket for a weekend in Iceland, which has incredibly large and peaceful landscapes. I don’t want to take all my stuff with me, I’ll be going to travel light - only me and nature. It’s necessary not to miss the boat and came there before the global rise of the sea level, where a lot of interesting beaches will be gone and completely covered by the water.

To sum up, travelling is the best way to change not only your lifestyle but also your views on life itself. You begun to understand more about other cultures, their habits and eventually you’ll find out that deep in our hearts we share the same targets and ideas, regardless of the different ways of achieving them.