

188 TIPS REAL COUPLES USE TO MAKE LOVE LAST

READERS' PRAISE

Most authors tell us we must get our Needs met in relationships, as if we should automatically know what that means. Relationship Needs is the **only book that details what our Needs are—and how to meet them to stay in love.**

—Claire H.

The **188 relationship tips and warning signs** are 🙌 the 🙌 GOLD! 🙌

—Nadia G.

I was compelled to see Birkman's **well-documented behavioral science applied to relationships.** Relationship Needs is a practical, get-down-to-brass-tacks, actionable book that I feel would help men especially.

—Rachel S.

I understood The 5 Love Languages, but I never thought it could go deeper. Even though my fiancé and I have a great relationship, Relationship Needs **can take us to the next level of understanding** each other's needs.

—Brittany M.

Useful to couples before marriage...and over the years.

—Jenny G.

It really helps me to feel more confident about my own life and relationships. **The advice is both practical and do-able.**

—Julissa L.

Helps us look at ourselves—not just play the blame game.

—Jennie C.

It **gives us steps on WHAT to communicate about.** I can't think of anything I've heard or read that really dug into the WHAT question.

—Carmen Marie W.

It offers real-world examples and steps to implement.

—Tiffany L.

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