## Systematic literature review (ch.2): identify practical approaches

Selection of intervention functions through a participatory activity (ch.3) and procedural guideline (ch.4)

Explore potential implementations of design elements in an iterative design activity (ch.4)

Development of functional prototype (ch.5)

Field study to pilot prototype (ch.5)

(Ch.6) Reflection on autonomy concerned intervention design

Conclusive summary of thesis outcomes (Ch.7)

Empirical

chapters