

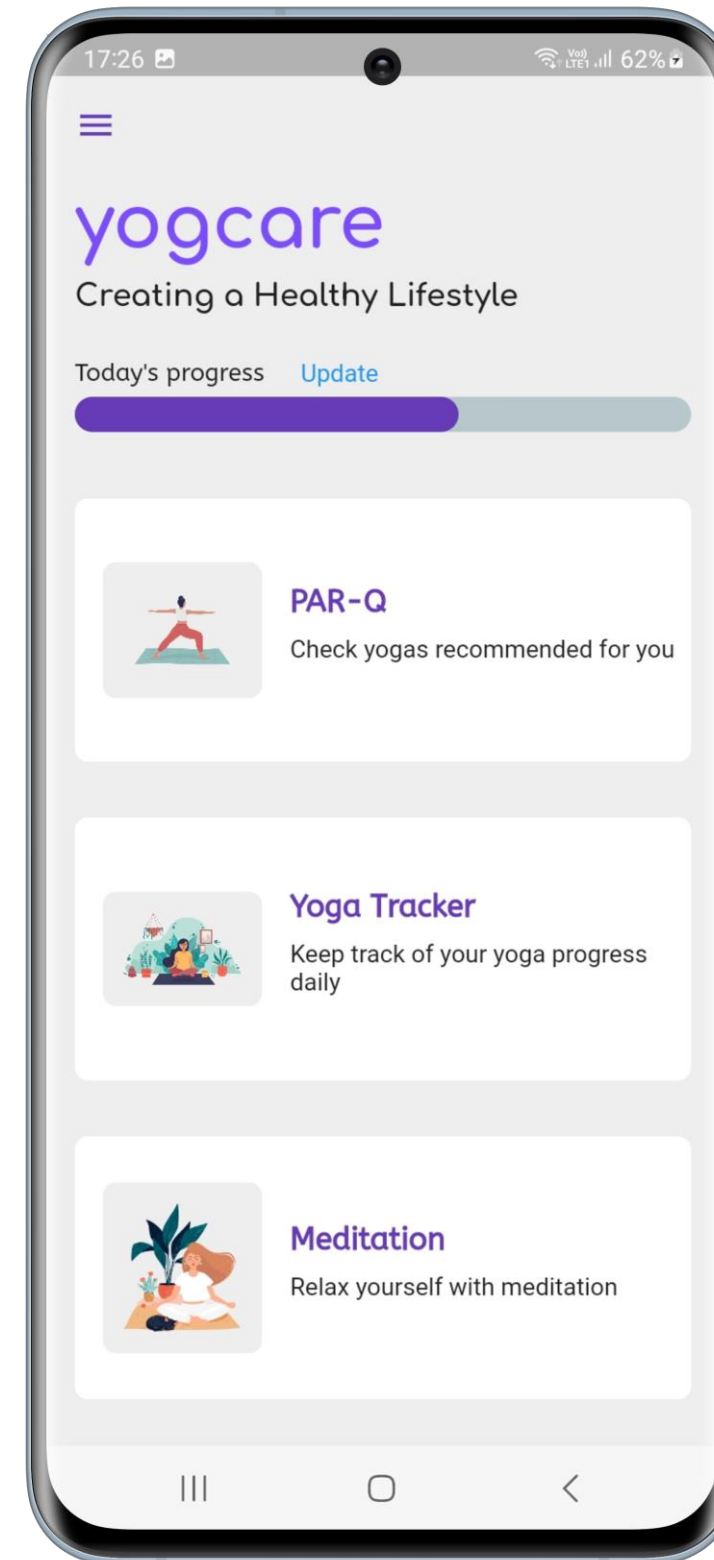


# yogcare

by TEAM REMEDY

# WHAT IS yogcare ?

- Yogcare, in simple terms, is an application where you can will be able to get yoga and asanas specially personalized for you based on a Physical Activity Readiness(PAR) Test in an organized manner.
- You will also get proper directions on how to perform the asanas.
- Yogcare will have several features such as a daily and monthly yoga tracker for maintaining your habit, meditation and many more.



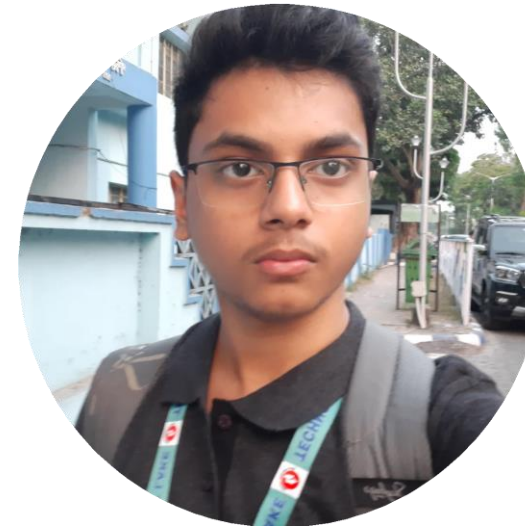
# TEAM REMEDY

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