Retirement Plan Design and Funding Strategies for Practicing Psychologists

Presented by

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Why Use Retirement Plans?

#It is the best way to help you address a long term issue

Retirement plans are intended to replace income at a time when you are unable to earn to due to disability and retirement

#The IRS gives you multiple tax incentives

- Current tax rates can be as high as 50%
 - Solution Use a retirement plan as a tax shelter!
- Ability to make pre-tax contributions to your retirement plan
 - Benefit Quicker wealth accumulation!
- Investments grow tax-deferred
 - Benefit Magnified wealth accumulation!
- #Qualified plans
- **#Non-qualified plans**



Business Practice Models

#Independent Contractors - Sole Proprietors

- ► Full or Part time
- S-Corp, LLC or C-Corp
- Most in control of expenses
- Earned income reported on IRS Schedule C or as a Professional Corporation

#Available Plans

- ► IRC 408 IRA
 - SIMPLE, SEP, Regular IRA, Roth IRA
- ► IRC 401 ERISA Pension Plans
 - Defined contributions
 - Money Purchase, Profit Sharing, 401(k)
 - Defined Benefit



Business Practice Models

#Small / Mid Sized Businesses

- 2 to 100 Employees
- Need of owners to balance the cost of employees' benefits while still maximizing their own benefit
- Retirement plans are excellent tools to reward, recognize and retain employees as well as providing protection & benefits to the owners

#Available Plans

- ► IRC 408 IRA
 - SIMPLE, SEP, Regular
- ► IRC 401 ERISA Pension Plans
 - Defined Contribution
 - Money Purchase, Profit Sharing, 401(k)
 - Defined Benefit



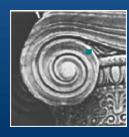
Business Practice Models

Large Employer & Government Organizations

- ▶ W-2 employees
- ▶ 100+Employees

Available Plans

- Non Qualified Deferred Compensation
- ► IRC 401 ERISA Pension Plans
 - Defined contribution
 - Money Purchase, Profit Sharing, 401(k)
 - Defined Benefit



What are we trying to accomplish?

- # Is our company's plan congruent with our company's corporate goals?
- # Is our plan benefitting groups or individuals who don't have a stake in our company's success?
- # Are we maximizing tax favored compensation for the owners?
- # How can we effectively use the plan to retain & reward key employees?



Identifiable Goals

- # Retain key employees
- # Maximize benefits to owners
- # Exclude some, include others
- # Allow employees to add to their savings
- # Provide increasing benefits for more years of service
- # Provide minimum safety net for low income employees



Some Ground Rules (The tools we use to stay in the box)

#IRS 401(a)4 "No employer may discriminate in favor of Highly Compensated Employees"

- Prior to 1990: Not Defined, Post 1990: Mathematically demonstrable
- What is a Highly Compensated Employee? HCE
 - Generally: 5% Owner and Employees > \$100,000/yr

#IRS 401(k) Limits

- ► HCE Max Contribution = Non HCE + 2%
- Special Safe Harbor exceptions exist

#IRS 416 Top Heavy limits

▶ 60% of benefits to key EE's triggers min. Contribution of 3%

#IRS 404 Corporate Deduction Limits

25% of comp except Defined Benefit Plans)

#IRS 415 Individual Benefit limits

- ▶ \$49,000 for Defined Contribution Plans
- +\$200,000 for Defined Benefit Plans



More Tools for Planning a Design

#Social Security Integration

Provide extra benefits for Employees earning above the Social Security Wage Base

#Safe Harbors for 401k Plans

- ► Eliminates discrimination testing of 401k contributions
- Choice of 4% Match or 3% profit sharing safe harbor
- Must be 100% vested

#Eligibility

- Exclude by job, individual waiver, group, hire date, etc.
- Require minimum service

#Vesting

▶ Up to 6 years graded (20%/YR) or 3 years cliff (100%)

#Cross Testing

Test a defined contribution plan as if it were a defined benefit plan

2012 Contribution Limits

IRA \$5,500

+\$2,500 Age 50 Catchup

SEP 25% of Compensation

SIMPLE \$11,500

+\$2,500 Age 50 Catchup

401k \$17,000

+\$5,500 Age 50 Catchup

Profit Sharing (w/401k) \$50,000

+\$5,500 Age 50 Catchup

Defined Benefit Up to 100% of Comp



What exactly is a Defined Benefit Plan anyway?

It is a promise to pay a specified amount (benefit) at retirement.

Examples: 50% of average pay

Flat \$1000/month

2% of pay times years of service

You can receive the benefit as a pension or as a lump sum!

We calculate the cost required to pay benefit. 401K plans provides no guaranteed benefit, just a contribution (maybe)

Yes, these plans can be flexible!

New Planning Ideas

401(k) vs. SEP IRA

#401(k) provides for larger allocation to owners than a SEP

► Example: \$100,000 Salary for Sole Proprietor age 50

401k

\$42,000

SEP

\$20,000



New Planning Ideas

Class Tested 401K Profit Sharing

#Split employees into distinct groups

Example: 5% Owner \$46,000

Staff > 10 Years 8% Office Manager 5%

#Service Based Example:

1-3 Years 1%
4-6 Years 2%
7-10 Years 4%
11-14 Years 8%
15 + Years 16%



New Planning Ideas

Defined Benefit & Defined Contribution Plans

- # Provide maximum benefits for owners in defined benefit plan (up to \$200,000 per year)
- # Provides Top-Heavy minimum (3% of pay) to staff in a Defined Contribution 401k Plan



New Planning Idea

IRA vs. Pension Plan

- **#No Loans in IRA**
- #Bankruptcy protection in Pension Plans (ERISA)
- #Can delay minimum distributions when Age 70 ½ until employee separates from service
- #Can hold IRA in Pension Plan (Deemed IRA's)



New Planning Idea

Estate Planning Considerations

#Can provide systematic payouts over life of spouse and/or children to maximize wealth accumulation



New Planning Idea

Tax Favored Sale of Business Practice

- #Acquiring company negotiates to establish a 4 year Pension plan to fund for selling Owner.
- #Buyer funds and deducts up to +\$225,000/year to plan for benefit of Seller.
- #Seller transfers approx. \$1,000,000 tax free to Personal IRA



100% Tax deduction?

How many of you know that it is possible to deduct 100% of your earned income?

#Considerations:

- Do you already have substantial investments?
- Do you have spousal or a second W 2 income?
- Are you maximizing your tax deductions?

#Case Studies:

- ▶ 50 year old self-employed \$40,000 income
 - Old Plan \$8,000 deduction
 - New Plan \$40,000 deduction -100%taxsavings
- ▶ 50 year old self-employed -\$100,000 income
 - Old Plan \$20,000 deduction
 - New Plan \$90,316 deduction Approximately \$47,500 in tax savings
- ▶ 60 year old self-employed -\$160,000 income
 - Old Plan \$40,000 deduction
 - New Plan -\$129,233 deduction Approximately \$71,000 in tax savings



Investment and Portfolio Management

- **#**Diversification is in!
- #Managing Risk not Returns
- **#Life Cycle Portfolios**
 - Based on age and years until retirement
- #Model Porfolios based on Investor Style
 - Current Income, Equity Oriented, Conservative, etc.
- **#**Automatic Rebalancing
 - Resets portfolio to original % allocations on a periodic basis
- **#Exchange Traded Funds**
 - Exchange securities that mimic indexes (S&P500, Dow, etc.) as opposed to index funds (e.g. No Vanguard)

Investment Diversification

Investment classes that don't behave similarly (or in technical jargon: 'aren't correlated')

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#Stocks
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- **#Bonds**
- #Real Estate (not Reits)
- **#Commodities**



Investment Management You have to have a process!

- # Investment Policy and Fund Exepense Statements
 - ► ERISA requires them...
- # Principles of portfolio risk management
 - Diversification by objective
 - Diversification by large numbers (funds)
- # Rebalancing
- # Periodic reassesment of goals and risk tolerance



Who are we? The National Employers Retirement Trust

- # NERT is the endorsed retirement provider for the APA Insurance Trust
- # NERT is a **bundled** set of services set up in a **turnkey** allowing you to concentrate on your practice and not on your retirement plan!

Administrative

- Record keeping and plan administration
- IRS documentation
- Legal and actuarial

Investment

- Development of risk adjusted model portfolios
- Quarterlyreporting

InternetServices

- Daily valued account tracking through the Internet keeping participants in closer contact with their retirement account
- Access to all administrative forms
- Employee education
- E-mail and Account transfers
- Access 24/7



Let us provide you with a no-cost feasibility analysis utilizing the concepts we have described here

Contact us at 1-888-271-8035 or email to APApension@nert.com

