



Fredericton Association of Malayalees

Welcome to Fredericton

A guide for newcomers to Fredericton.

July 2024

Disclaimer

The purpose of this guide is to provide general information and orientation for newcomers to Fredericton who are interested in learning about the city and its various aspects. This guide does not claim to be a comprehensive or authoritative source of information and does not offer any legal advice. The author and the provider of this guide disclaim any responsibility or liability for any damages, losses, or claims that may arise from the use, misuse, or reliance on the information contained in this guide. The information in this guide is subject to change without notice and may not reflect the most current or accurate situation or regulations in Fredericton or Canada. The reader is strongly encouraged to consult with the relevant authorities and organizations for the most updated and reliable information and to conduct their own independent research before making any decisions based on the information in this guide. Any dollar values, places, locations, conditions, or other details mentioned in this guide are for illustrative purposes only and may not apply to the reader's specific case or circumstances. The reader is solely responsible for verifying the validity and applicability of any information in this guide to their own situation and needs.

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1. About

- Are you planning to move to Fredericton, New Brunswick from outside Canada?
- Are you planning to move to Fredericton from other parts of Canada?
- Are you a student and moving in for your higher education in institutions like University of New Brunswick (UNB) or Saint Thomas University (STU) or New Brunswick Community College (NBCC) etc.?
- Are you moving into New Brunswick for you PR?
- Are you a visitor to Fredericton?

If any of the above is your reason, use this guide and get the essential information.

“A guide for newcomers to Fredericton” is prepared on behalf of Fredericton Association of Malayalees (FAM)

The authors have tried to provide the most recent information; however, we do not accept any liability for the correctness of the information. Consult the appropriate website for the latest information. The authors have no affiliation or recommendation for any business or organization.

Fredericton

May 2024



2. Introduction to Fredericton

Fredericton is the capital of the province of New Brunswick. The city has population of about sixty-three thousand residents. And its metropolitan areas included has a population of about hundred and eight thousand residents. of Saint John River divides the city in to two, the north side of the river is called "North Fredericton", and the south side of the river is called "Fredericton" (without the South).

Being the capital of the province the Legislative Assembly, Chancery, The Court of Appeal of New Brunswick (High court) and several government offices of the province is in Fredericton. The city also has an IT park other corporate office.

Education wise the University of New Brunswick, Saint Thomas University, New Brunswick Community College are based in the Fredericton.

The towns adjacent to Fredericton are Lincon, Oromocto. Village of Hanwell is just five Kilometers from Fredericton. CFB Gagetown, is a large Canadian Forces Base twenty-five kilometres from Fredericton.

The winter season is from November to April. The lowest temperature can drop to -35 degree Celsius at night during the winter months between January to February. The peak summer months are June to August during which temperature can go up to +40 degree Celsius during the daytime. You will enjoy the greenery, clean air, clear sky. People in Fredericton will greet, smile at you and strike up a conversation even if they do not know you.

People from India are called "South Asian". The word "Indian" in Canada refers to the Indigenous / First Nation person!

Kulahsihkulpa, Welcome, Bienvenue



Figure 1:Downtown Fredericton, view from North side.

You can get addition information regarding the city on the below websites.

<https://en.wikipedia.org/wiki/Fredericton>

<https://www.frederictoncapitalregion.ca/>

<https://www.fredericton.ca/en>

3. Pre – Arrival

Before you arrive to Canada, there are some important things that you need to consider and prepare to make your transition smoother and avoid any potential problems. Here are some tips and suggestions to help you plan your journey. Prepare your own Check list!

3.1. Few months before you arrive in Canada.

1. TRAVEL DOCUMENTS: Make sure you have a passport with a minimum number of months of validity, one blank page and visa for yourself and any accompanying family members. For individuals coming on Permanent Residence (PR) the original COPR should be bought with the passport.

WWW <https://www.canada.ca/en/immigration-refugees-citizenship/services/passport-travel-document.html>

2. LEARN: Learn about the culture, laws, and customs of Canada and Fredericton. You can find useful information and resources online or through books, videos, podcasts, or blogs. You can also contact a settlement agency, a community organization, or a cultural group in Fredericton to learn more about the local culture and services. Some of the examples are listed later in this document. You should also familiarize yourself with the basic rights and responsibilities of living in Canada, such as respecting human rights, paying taxes, obeying the law, and participating in civic life.

- The official website of the Government of Canada: <https://www.canada.ca/en.html>
- The official website of the Government of New Brunswick: <https://www2.gnb.ca/>
- Website of Capital region of Fredericton <https://www.frederictoncapitalregion.ca/>
- Link to Fredericton: <https://www.frederictoncapitalregion.ca/capital-region/fredericton>
- New to Fredericton: <https://www.fredericton.ca/en/about-fredericton/new-fredericton>
- <https://www2.gnb.ca/content/gnb/en/corporate/promo/immigration/living-in-nb.html>
- Drive through downtown Fredericton: <https://www.youtube.com/watch?v=vc7tU7nDgQw>

3. Visit the Travel and Immigration section of the Government of Canada website to access useful information and tools for newcomers, such as how to apply for a social insurance number, health card, driver's license, or bank account, how to find a job, a home, or a school, and how to access settlement and integration services in your area. The detailed Canada wide guidance to new Immigrants by the government of Canada is at the below website.

<https://www.canada.ca/en/immigration-refugees-citizenship/services/new-immigrants/prepare-life-canada.html>

A Fredericton specific information for a newcomer is also given in the following various chapters of this handbook.

4. DOCUMENTS: Gather and organize your important documents and records, such as birth certificates, marriage certificates, diplomas, transcripts, professional credentials, immunization records, medical prescriptions, and insurance policies. You may need to translate some of these documents into English or French and have them certified by a notary or an authorized agency. You should also make copies of your documents and keep them in a safe place. You can store them electronically on a USB drive, cloud service, or email account.
5. Professionals like Nurses, Engineers will require documents to get certified again from Canada in addition to experience certificates. Please refer to the section related to Professional License in the following's pages.

Collecting such documents from previous employers and supervisors requires months of work. Start early since if you reach Canada without it, Licensing process may get longer and complicated. Get in touch with a person of your person already in Fredericton to get guidance through FAM.

6. **EXPENSES:** Estimate how much you will spend on your first expenses in Canada. You will need to have enough money to pay for your travel costs, housing, food, transportation, clothing, and other basic needs until you get a job or receive income assistance. You should also bring some cash in Canadian dollars and a credit card or debit card that you can use internationally.
7. **MONEY:** Check the limit on the amount of cash that you can bring into Canada without declaring it to the customs officials. The current limit is 10,000 Canadian dollars or equivalent in any currency. If you have more than this amount, you will need to report it on a form and explain the source and purpose of the money. Canada does not stop you from bringing more than \$10,000 cash, it just requires you to report to the customs officials. You can find more information and the form on the Canada Border Services Agency website.
<https://www.cbsa-asfc.gc.ca/travel-voyage/declare-eng.html>
8. **EDUCATION:** If your children are in higher grades like 8th and upwards and have never learnt French in their existing school, it may be worth to let them have some French classes before you arrive in Fredericton. French is compulsory in the schools up to grade 10. Also New Brunswick is officially a Bi-lingual province. This means the government must provide its services in either English or French as per the persons choice. So, the government must have at least few persons with French knowledge in its each department. Knowledge of French is an advantage in the Job market not only in New Brunswick but also in the whole of Canada.
9. **BOOKING AIR TICKET:** Toronto has two Airports!
 - a) Toronto Pearson International Airport (YYZ): Air Canada flights from Toronto to Fredericton will be from here.
 - b) Toronto Island Billy Bishop Airport (YTZ): Porter Air flight to Fredericton is from Billy Bishop.

If you are landing at Pearson International airport and your onward flight is from Billy Bishop airport, you will have to travel about 25 Kms. Direct shuttle service between the airports is not currently available. The option to travel is either large SUV type taxi, may be two SUV as per your family and baggage number or UP Express Train from Pearson International Airport to Union Station and then take the complimentary shuttle service from Union station to Billy Bishop.

10. **CONNECT:** Join community groups like Fredericton Association of Malayalee's (FAM) on Facebook group/ WhatsApp etc.

Website: To be created

Facebook group: <https://www.facebook.com/groups/5059750930801446>

11. Contact your relative, close friend etc. who is going to reside the same address for at least a year and ask if you can use their postal address to make application for PR card. You will need a postal address to apply for your PR card at the airport.

3.2. Few weeks before you arrive in Canada.

1. Arrange for temporary accommodation in Fredericton for at least the first few weeks of your stay. You can book a hotel, motel, hostel, or Airbnb online or contact a settlement agency like the Fredericton Multicultural Association for assistance. For details refer to section-5 of this handbook.
2. Arrange with your existing Bank in India or elsewhere for the money to be transferred into your future Canadian Bank account.
3. Consult the Travel Advice and Advisories page on the Government of Canada website to check for any travel alerts, safety warnings, or entry requirements for your country of origin or transit.

3.3. Few days before you arrive.

1. **Pack your luggage** according to the airline regulations of all the airlines you will use and the weather conditions in Fredericton. You should check the weight and size limits of your baggage and the items that are allowed or prohibited on the plane.
2. Except for your shoulder bag or backpack, (What you can put on your shoulder) Airlines like Porter airlines may take your handbag of 7Kg to 8 Kg away from you before boarding and move it to cargo. Keep your gold, other jewelry, original certificates, External hard discs etc. in **your shoulder bag**.
3. You are likely to have multiple legs in your flight and transfer of planes in your journey to Fredericton from wherever you are. Arrive to the airlines "Check-in" counters before time, so that your baggage does not get moved to the "Next flight" due to over-booking or weather condition. Once your baggage is not loaded in the 1st leg, it is unlikely to arrive at Canada when you arrive.
4. You should also bring appropriate clothing and accessories for the season and climate in Fredericton, which can vary from cold and snowy in winter to hot and humid in summer. You can check the weather forecast online or download a weather app on your phone. Fredericton Airport does not have an Aerobridge, or an Apron passenger buses to take you from the plane to the airport building. You will walk across the tarmac! So, if you are arriving in the winter months between November to April you should have your Winter clothes with you and not in the bags. You will save weight from your bags too.
5. Install Apps required for Canada:
 - 5.1. ArriveCAN: <https://www.canada.ca/en/border-services-agency/services/arrivecan/need.html>
6. Bring your medicine for six months. Consider carrying medical prescriptions with your medicine always.
7. Bring more cash than you think is required or make provision with near relative to send cash.

3.4. A Document Check list

A	Description	Remarks
1	Passport with the required minimum validity (at least few months remaining for expiry) and one page blank.	
2	COPR Original	For PR Immigrants
3	The port of entry letter of introduction the visa office sent you when they approved your study permit or a valid study permit if it was previously issued.	For Students
4	Copy of a valid letter of acceptance from your school.	For students
5		
6		
B	JOB or PROFESSIONAL LICENCE RELATED	
1	Experience certificates from all previous employers.	
2	Check your professional requirements for Police clearance.	Nurses
3	Professional experience proofs.	All professionals
4		
5		
6		
C	SCHOOL	
1	Immunisation record of children.	
2	School leaving certificate of children.	
3		
4		
5		
H	HEALTH RELATED	
1	Carry soft copy of all recent health related issues like X-Ray, Sonography reports, blood reports etc.	
2	Doctors' prescription of regular medicines like diabetes, blood pressure, cholesterol, etc.	
3	Regular medicines for 6 months minimum.	

A	Description	Remarks
	FINANCIAL	
1	Cash.	
2	International debit cards.	
G	Gadgets	
1	Power pin converter for Canadian electrical power sockets.	
2	External Disc/ USB disc contain all necessary certificates	
3		
4		

4. Arrival

The 1st international airport where you land like Toronto Pearson International Airport, Montréal–Trudeau International Airport etc. is where you will do the Immigration process, customs, PR card application etc. You should have sufficient time difference between landing in these airports and your next domestic flight to Fredericton.

The link to Pearson airport for arrival information is:

<https://www.torontopearson.com/en/arrivals/guide/aic/t1/intl>

The government of Canada information for the Immigration process is

<https://travel.gc.ca/returning/customs/entering-canada>

Other links for arrival process at Pearson

<https://arrivein.com/daily-life-in-canada/arriving-at-toronto-pearson-airport-as-a-newcomer/>

4.1. Use ArriveCAN.

ArriveCAN is the App or Automated version for basic immigration clearance while you enter Canada. ArriveCAN is the 1st part and the Kiosk at the airport is the 2nd part of the basic immigration clearance for all persons entering Canada. Use ArriveCAN application to fill up the required information. You can do this even before you start from your origin.

<https://www.cbsa-asfc.gc.ca/multimedia/declaration/menu-eng.html>

4.2. Fill up your CBSA-E311 declaration card

NOTE: Filling up this card This step is not required if you use ArriveCAN as explained in 4.1 above and the Kiosk as explained in 4.4 below.

The E311 declaration card is used when the automated system is not working, or the individual is not using the automated system. The link to the Canadian Border Services Agency (CBSA) E311 card is below

<https://www.cbsa-asfc.gc.ca/publications/forms-formulaires/e311-eng.html>

4.3. De-boarding

4.4. Declare your travel information at an airport kiosk or eGate

Go to the Immigration Kiosk. This is an automated process, and no officer will be there. There will be persons to guide you. Details for this step is at

<https://www.cbsa-asfc.gc.ca/services/border-tech-frontiere/how-comment-eng.html>

- A. Select your language preference.
- B. Scan your passport.
- C. Take your photo.
- D. Verify your fingerprints.
- E. Answer specific questions to complete and certify your declaration.
- F. Take a receipt for each person of the family.

4.5. Take your receipts to a Canadian border services officer.

If required ask this Border Service officer, the direction towards the Immigration Interview.

4.6. Immigration Interview

When you arrive at the airport in Canada, you will see signs in both English and French to direct you. Follow the signs that read Arrivals and Customs (also known as the immigration area). When you are at Customs, there will be lines for Canadian citizens and non-Canadian citizens. Make sure you get in the appropriate line. You will be asked to report to an Immigration Officer for an Immigration interview and PR card processing.

Documents you need for the Immigration interview:

- a) Passport or travel document
- b) Confirmation of Permanent Residence (COPR) for yourself and all accompanying dependents
- c) CBSA Declaration Card
- d) Photograph.
- e) You will be required to provide a valid Canadian address to the Immigration Officer. Immigration, Refugees and Citizenship Canada (IRCC) will send your Permanent Resident card (PR card) to you by mail.

IMPORTANT: You will be asked to sign on the COPR in front of the immigration officer. The Immigration officer will sign the COPR and give you the original. The original signed COPR is the MOST important document in your immigration process. Keep it safely!

4.7. PR Card

If you are arriving on a PR status the immigration process includes the PR card application. This is part of the immigration process. You don't need to apply for your first PR card. But if you do not provide a mailing address or photograph complying to the standard, they will ask you to apply in Service Canada centres afterwards. The time take for sending your PR card is approximately 75 days.

4.8. SIN number.

If you do not have much time for your domestic flight, it would be better to apply for SIN in Fredericton. For the information regarding airport transfers from Toronto Pearson International Airport (YYZ) to Toronto Island Billy Bishop Airport (YTZ) read section 3 But if you have sufficing time apply for the SIN. Details about the SIN is in section 12.1 of this guide.

4.9. Baggage claim

The immigration process is would have taken enough time that your bag would be removed from the carousel/ conveyor belt and would be kept in the side by the time you reach there.

<https://www.torontopearson.com/en/arrivals/baggage-claim>

4.10. Customs by CBSA

The customs for Government of Canada are enforced by Canada Border Services Agency (CBSA):

<https://www.cbsa-asfc.gc.ca/menu-eng.html>

The intent of customs broadly is for you to declare the

- The contents of your baggage especially high value items like jewellery, gold etc.
- Currency above \$10,000 and
- Any goods that will arrive by Cargo latter on

You will be required to fill out two forms

1. BSF186 – Personal Effects Accounting Document

<https://www.cbsa-asfc.gc.ca/publications/forms-formulaires/bsf186-eng.html>

2. BSF 186A-PERSONAL EFFECTS ACCOUNTING DOCUMENT (list of goods imported)

<https://www.cbsa-asfc.gc.ca/publications/forms-formulaires/bsf186a-eng.html>

The CBSA officers will stamp your forms, if necessary, after verifying your baggage.

CAUTION:

- a) If you try to open a bank account by depositing Cash, they will ask for the stamped forms from CBSA.
- b) If you have cargo that is coming latter on, then the cargo clearing/forwarding agent will ask you a copy of the customs declaration with CBSA stamp.

4.11. To domestic terminal or Billy Bishop

Read Chapter 3.1-Point 8 for details how to travel from Toronto Pearson International Airport (YYZ) to Toronto Island Billy Bishop Airport (YTZ):

4.12. Fredericton Airport to Accommodation

Read Chapter 11.3 for details of Taxi from Fredericton to your accommodation.

5. Post-arrival: Settlement Information

Welcome to Fredericton, the capital city of New Brunswick and a vibrant community with a rich culture and history. As a newcomer, you may have many questions about how to settle in and access the services and opportunities that the city offers. Whether you are coming to study, work, or start a new life, you will find plenty of resources and support to help you settle in and enjoy your new home. Here are some suggestions on where to find information on settling in.

5.1. Government of New Brunswick

The government of New Brunswick website for providing information to newcomers in the following subjects

- a. Settlement Services
- b. Housing
- c. Health Care
- d. Childcare
- e. Education
- f. Language Training
- g. Transportation
- h. Banking
- i. Legal Services
- j. NB Human Rights Commission

WWW <https://www2.gnb.ca/content/gnb/en/corporate/promo/immigration/living-in-nb.html>

5.2. City of Fredericton

The city of Fredericton provides various information about Fredericton:

<https://www.fredericton.ca/en/about-fredericton/new-fredericton>

5.3. The Multicultural Association of Fredericton (MCAF)

The Multicultural Association of Fredericton (MCAF) is a non-governmental organization funded by government, that delivers programs and services to newcomers and immigrants in the Fredericton area. They offer settlement counselling, language training, employment support, youth activities, and cultural events. They also operate a newcomer center, a women's center, and a seniors' center that provide a safe and welcoming space for newcomers and immigrants to meet and socialize.

WWW <https://mcaf.nb.ca/>

IMPORTANT: If you have NOT registered before leaving your current place of stay, the 1st step after arriving to Fredericton would be to register at MCAF.

5.4. Fredericton Association of Malayalees (FAM)

The association is primarily intended for mutual support and assistance among Malayalees in Fredericton.

If you contact them, members of the group can direct you to an expert for an answer to a specific question.

Visit the Facebook page: <https://www.facebook.com/groups/5059750930801446> and join the WhatsApp group of the members.

5.5. A guide for newcomers to Fredericton.

While the Government of Canada and Government of New Brunswick provides information to a wider audience and geographic area, this guide is specific for Fredericton area and focussed on person of Kerala ethnicity. This guide also gives you information that is not in the government website like Indian Groceries, Indian Restaurants, places of worship and information that families and individuals from the region may not have.

5.6. Fredericton Library

The Fredericton Public Library is a public library so membership is free. The library cannot guide you, but and you can use the computers for accessing various website. There is a nominal charge to print which will be helpful to print CV.

You can access a wide range of materials, services, and programs at the library, such as books, magazines, newspapers, DVDs, CDs, audiobooks, e-books, computers, internet, printing, scanning, copying, and more. The member ship to the library is free.

<https://www1.gnb.ca/0003/pages/en/biblio-e.asp?code=YF>

6. Important points immediately after arrival.

Below is some of the small information that is important to a newcomer to Fredericton.

1. Jet Lag: Jet lag happens to everyone. It will take few days to get used to a different time zone. Try to get into the day and night cycles as early as possible. Take rest!

6.1. Time

1. Time difference

Season	Time in UAE	Time in India
Time in Fredericton During Summer	Ahead by 7 hours	8 Hours 30 Minutes
Time in Fredericton During Winter	Ahead by 8 hours	9 Hours 30 Minutes

2. Day light hours: Depending on the month you arrive you will find that the day light hours are too long in summer and too short in winter, as compared to your home country.
 - a. June 21st: Sunrise is at 5:36AM; Sunset is at 9:20PM i.e. day light of 15 Hours and 45 minutes.
 - b. December 21st: Sunrise is at 8:05AM; Sunset is at 4:44 PM; i.e. Day light of 8 hours 39 minutes.
3. Daylight Savings: New Brunswick observes Daylight savings. So, the time is adjusted twice every year.
 - a. Mar 10th: Time is moved back by one hour.
 - b. Nov 3rd: Time is moved ahead by one hour

6.2. Weather & Temperature.

1. You need to look in the daily weather forecast. Weather changes quickly and if you are not prepared with the appropriate clothing and footwear you will suffer. A bright sunny day when you leave in the morning for work may end with 30 centimeters snow on the sidewalk by evening.
2. Sudden temperature difference: If you arrive in winter months the Temperature difference will be huge.
 - a. Wear multiple layers of cloths. If you feel cold when outside add more layers of cloths!
 - b. Buy footwear for Snow.
 - c. Buy good quality Glove/ Mittens.
 - d. Beanie/ Monkey Cap/ Balaclava
3. Walking on Snow & Black ice: Walking on fresh snow safely only requires a good pair of snow shoes/ boots. Walking on black ice requires some skill and safety measures. Watch some videos.
 - a. <https://www.youtube.com/watch?v=ktNcvhtldms>

6.3. Kitchen appliance.

1. Electric Stove: Most houses in Fredericton the Stove in kitchen is electric (Not induction). The way of using electric stove is different from gas. Few videos will help you.

- <https://www.youtube.com/watch?v=iULWKzQWffA>
- <https://www.youtube.com/watch?v=HMLu1dusGSA>

CAUTION:

- If you are cooking rice, making tea, coffee, boiling milk etc. the heat withing the heating element of the electric stove will cause it to boil over and spill the contents even after you switch it OFF.
- You cannot use any utensils without a flat bottom on it.
- Learning to use the electric stove requires time. Do not move away from the stove until your have switched it off and the food has cooled down or you have moved it away from it.



2. Kitchen countertop: Kitchen counter tops may look like granite but mostly it will be just a laminate over wood that looks like granite.



Figure 2: Electric stove & Kitchen Countertop.

If you keep hot vessels on it directly the melamine will be damaged, and the landlord will deduct the repair costs from the tenancy deposit.

CAUTION: Always use trivets to keep hot food items on the kitchen counter.

3. Washing machines: If you are not used to front loading washing machine watch some videos before attempting to use it.
4. Dryer: Given the cold weather there will be a dryer next to the washing machine.

CAUTION: Remove the lint from the previous drying cycle before you use it again else the lint may catch fire.

- a. Videos
 - i. <https://www.youtube.com/watch?v=rlxr2fQ9mJI>

6.4. Construction.

1. Walls of apartment and houses are made of wood, gypsum board and insulation. You will be able to listen to loud sounds from your neighbouring room and like wise they will too. Keep volume of TV, gadgets low.
2. Upper floors may not be of concrete. If you walk fast, run, jump or drop things on the floor the occupants below will hear it.
3. The interiors are not cementing plaster but gypsum board. If you hit it with furniture, it will break the dry wall.
4. Fire alarm/Smoke Alarm: Apartments will have fire/smoke alarms. Ask the real-estate agent/Property manager to demonstrate how to deal with false alarms if it is due to smoke from normal cooking. If the fire alarm starts ringing and is not suppressed within few seconds or minutes (Time depends on the setting by the alarm monitoring company), the system will then automatically dial a fire/smoke alarm monitoring company. If the alarms are not suppressed by the correct process as explained by the real estate agent/Property manager and the alarm in the next rooms also starts, they may call the fire department.

CAUTION: It is an offence to tamper with any fire alarm system, including the smoke alarms within an apartment.

<https://www.fredericton.ca/en/resident-services/public-safety/fire-department/inspections>

6.5. Electrical.

1. The residential power supply voltage is 120 volts.
2. The power socket and pin look like this →
3. There is no switch for the power socket.
4. You do not need a different charger for laptops only the pin has to be as per the Canadian socket.
5. It is recommended that you buy at least one international power socket converted from the pin you have for your mobile charger, laptop etc. to Canadian pin from the country of departure or the international airport.



7. Accommodation

7.1. Short Term

Unless a resident family member or close friend is willing to accommodate a new arrival in their home, the options for short term rental are either hotels, motels or sharing a house through listing on Airbnb, Kijiji, or Facebook Marketplace.

The updated list of three star and four-star hotels with the latest rates is easily available in the various hotel booking website's like Hotel.com, Booking.com, Agoda.com etc. so are not repeated here.

1. Motels and two-star list.

The motels and two-star hotels are most of the times within budget for newcomers and mostly not listed in the above-mentioned websites. Below is the list and detail of such places.

NOTE: No endorsement of the quality, availability is done by listing them.

Name	Type	Phone	Website	Address
Fort Nashwaak Motel	Motel	+1(506)472-4411	https://www.fortnashwaak.com/	15 Riverside Dr, Fredericton, NB E3A 3X8
Lincoln Inn	2 Star Hotel	+1(506)458-8784	https://www.lincolnnfredericton.com/	6.7 kms
Premier Suites	Furnished Apt	+ 1(888)575-7808	https://premieresuites.com/furnished-apartments/fredericton/	220 King St, Fredericton, NB E3B 0A2
Premier Suites	Furnished Apt	+1(888)575-7808	https://premieresuites.com/furnished-apartments/fredericton/	464 George St, Fredericton, NB E3B 1J9
Prospect Inn	2 Star Hotel	+1(506)450-9911		1600 Woodstock Rd, Fredericton, NB E3C 1P3
Norfolk Motel	2 Star Hotel	+1(506)454-2228	https://www.zenhotels.com/hotel/canada/fredericton/mid7826024/norfolk_motel/	815 Riverside Dr, Fredericton, NB E3A 8R1

UNB University may offer their Hostel space for during the University summer vacation time between May to August. Check their website for details at <https://www.unb.ca/fredericton/conference-services/stay/index.html>

2. Online Platforms

One option for short term accommodation is to rent a furnished apartment or a room through online platforms such as

[Airbnb,](https://www.airbnb.ca) <https://www.airbnb.ca>

[Kijiji,](https://www.kijiji.ca/) <https://www.kijiji.ca/>

[Facebook Marketplace.](https://www.facebook.com/marketplace/category/propertyrentals) <https://www.facebook.com/marketplace/category/propertyrentals>

These platforms allow you to search for available places based on your preferred location, price, and amenities. You can also read reviews from previous guests and contact the hosts directly. Some hosts may offer discounts for longer stays. You can book these places before you come to Fredericton, but make sure to check the cancellation policy and the refund options in case of any changes. You should also verify the identity of the host and the accuracy of the listing before you make any payments.

3. Kijiji

One of the most popular and reliable websites for finding and applying to property dwellings in Fredericton is Kijiji.ca, which is a classifieds platform that allows you to browse through thousands of ads posted by landlords, property managers, and other renters. You can filter your search by price, location, type, size, amenities, and availability. You can also create alerts to get notified of new listings that match your criteria. You can contact the poster directly through the website or by phone or email and arrange a viewing or an application. You should always inspect the unit before you sign anything and ask for a written lease agreement and a receipt for any payments.

IMPORTANT INFORMATION

1. Rates are seasonal. The availability is very less during the summer months of July and August. The rates are also very high during that period.
2. Regardless of what option you choose for short term accommodation, you should always do your research, compare prices and features, and read the terms and conditions carefully. You should also keep your receipts and confirmation emails as proof of payment and reservation.
3. Check the availability of amenities, public transportation within walking distance of the accommodation before you decide.
4. Use googles for researching on the property and reputable sites for booking.
5. Always pay your rent on time and follow terms of the rental contract. The next landlord will ask for the previous landlord's reference!

CAUTION

1. **You should always be careful and vigilant when searching for and applying to any rental properties and avoid any scams or frauds.**
2. **You should never send money or personal information to anyone without verifying their identity and legitimacy.**
3. **Never sign anything without reading and understanding it.**

7.2. Long Term

If you are looking for a long-term rental unit, you have two pathways to search for

1. Website of property management: Websites of some property management companies are listed in the followings section.
2. Social media & Online media: Online platforms such Facebook Market place, Kijiji as listed in the previous section lists vacancies of apartment for yearly rental.

The followings web pages will give you.

<https://www.cmhc-schl.gc.ca/consumers/home-buying/newcomers>

1. Range of rent

The price ranges for rental units vary depending on the size, location, and condition of the property. Generally, the closer you are to the downtown area or the university campuses, the more expensive the rent will be. Expect a Rent in the range of \$1400 to \$2000 Per month for an apartment up to 2 Bedroom.

However, these numbers may not reflect the future market situation, as rents have been increasing due to high demand and low supply. Since 2021 the rent in Fredericton is on the rise. Getting an accommodation for the first few days and then to get a place on rent is a challenge, and most newcomers are not prepared for a long search. Actual rent usually turns out to be beyond the budgeted amounts.

2. To apply for a long-term rental unit, you will need to follow these steps:

- a. Search for available units that match your criteria and budget. You can use the online platforms or websites mentioned or look for signs that say "For Rent" in the neighbourhoods that you like. You can also ask your friends, relatives, or coworkers for recommendations or referrals.
- b. Contact the landlords or property managers of the units that interest you and arrange a viewing. You should visit the unit in person and inspect its condition, size, layout, and features. You should also ask about the rent, utilities, security deposit, lease term, parking, maintenance, and any rules or restrictions that apply to the unit. You should take notes and pictures of each unit that you visit for comparison.
- c. Fill out a rental application form and submit it to the landlord or property manager of the unit that you want to rent. The application form may vary depending on the landlord, but it usually asks for your personal information, income, employment, references, and credit history. You may have to pay a non-refundable application fee to cover the cost of a background check. You may also have to provide proof of income, such as pay stubs, bank statements, or tax returns, and proof of identity, such as a driver's license, passport, or immigration document.
- d. Wait for the landlord or property manager to review your application and contact you with their decision. This may take from a few hours to a few days, depending on the landlord and the demand for the unit. If your application is approved, you will have to sign a lease agreement, which is a legal contract that outlines the terms and conditions of your rental. You should read the lease agreement carefully and make sure that you understand and agree with everything before signing it. You should also keep a copy of the lease agreement for your records. If your application is denied, you should ask for the reason and try to improve your chances for the next application. Some common reasons for denial are low income, poor credit, bad references, or lack of availability.
- e. Pay the first month's rent and the security deposit to secure the unit. The security deposit is usually equivalent to one month's rent, but it may vary depending on the landlord and the unit. The security deposit is meant to cover any damages or unpaid rent that you may cause during your tenancy. You should get a

receipt for your payment and a move-in inspection report that documents the condition of the unit when you move in. You should also get the keys and the contact information of the landlord or property manager for any issues or emergencies that may arise during your stay. You might also require a tenant insurance for the property.

3. List of real estate companies based in Fredericton

1. Killam Apartment Rentals :<https://killamreit.com/apartments>
2. Cedar Valley :<https://www.cedarvalleyinvestments.net/rent>
3. Colpitts Development :<https://colpittsdev.ca/rentals-leasing/apartments-for-rent>
4. Bella Properties :<https://bellastate.ca/properties/>
5. State Street Properties :<https://www.statestreetproperties.ca/sector/residential/>
6. Gorham Real Estate :<https://www.gorhamrealestate.ca/apartment/>
7. Considerate Property Management <https://considerate.ca/>
8. MICRO Boutique :<https://www.microboutique.com/fredericton-year-round-lease-booking/>

CAUTION

1. **You should always be careful and vigilant when searching for and applying to any rental properties and avoid any scams or frauds.**
2. **You should never send money or personal information to anyone without verifying their identity and legitimacy.**
3. **Never sign anything without reading and understanding it.**

NOTES

1. Landlord or property manager will ask you to have a tenant insurance taken by you. The tenant insurance covers any accidental damage to the house or appliance in the house, water leakage into the floor while using the shower, dishwasher etc.
2. If you ask for any Maintenance to be conducted, the Maintenance team will send an email to you to notify you the date and time they will come for repairs. They will enter your rental apartment or house with a master key even if no one is at home.

ESTIMATE

1. Water & Sewer

If you are staying in apartments your rent may include the water charges. In individual houses the rent may not include the water and sewer charges.

Water and Sewer charge billing is for every three months. The water consumption is dependent on the number of persons in the house and the consumption pattern of the individuals.

Estimate of Water & Sewage bill for three months would be = \$135+Number of persons in house x \$30 to \$40. Thus, if there are four people in the house the bill for three months would be approximately \$255 to \$295.

2. Electricity

Electricity bill is for every month. The electricity bill varies on the season and the equipment used for heating during the winter.

Estimate for electricity bill for each month would be

During summer = Square feet area of the house X 0.08\$

During winter = Square feet area of the house X 0.2\$

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8. Indian Restaurants

The Choice of Indian restaurants in Fredericton is very limited. As on date there is not a single Kerala restaurant in Fredericton. If you are a foodie and in India or Middle East, better to have your food craving satisfied wherever you are now! There is no "Mota Set/ Barik Set/ Thalasseri Biryani" serving restaurants in Fredericton.

Below is the list of most of the Indian restaurants in Fredericton. Besides these there is a food court in Regent Mall. North American, Arabic and fast-food chains like McDonald, Subway etc. can easily be located on google maps hence not listed below.

Name	Address	Website	Phone	Remarks
SOUTH FREDERICTON				
Namaste Kitchen	232 Rookwood Ave, Fredericton, NB E3B 2M2	https://www.namastebistro.ca/	+1(506)472 1468	
Narula's	292 University Ave, Fredericton, NB E3B 4H7	https://www.instagram.com/narulas292/	+1(506)323 1989	Along with grocery
Razia Kitchen Indian Restaurant	343 York St, Fredericton, NB E3B 3P5	https://raziakitchen.com/	+1(506)999 4488	
The Tandoori Adda	74 Regent St, Fredericton, NB E3B 3W4	https://www.facebook.com/profile.php?id=61551421363512&mibextid=9R9pXO	+1(506)989 2332	
NORTH FREDERICTON				
Saffron Indian Foods	161 Main St, Fredericton, NB E3A 1C6	https://www.facebook.com/saffronindianfoods/	+1(506)455 4347	
Savemaxx	654 Riverside Dr Unit 5, Fredericton, NB E3A 8C2	https://savemaxx.ca/	+1(506)429 9777	Along with grocery

NOTE

1. There is tiffin service, generally for students from home based cooks.
2. There are few weekends only, home based take-away service.
3. Indian dishes like Butter chicken, Chicken Tikka masala with naan or rice is very much like by Canadians. If you cook those dishes reasonably you can win the hearts of many Canadians, increase your network.
4. The price range for a single vegetarian dish is between \$14 to \$17 and for non-vegetarian dish is between \$16 to \$23 Including HST for a single dish.
5. All dishes on the menu may not be available.
6. <https://www.youtube.com/watch?v=Mjyl3P5RFdo>

9. Groceries, Furniture's, Hardware and other services.

NOTE

The price on the shelf is always without the Harmonized Sales Tax (HST). The HST of 15% will be charged at the check-out counter.

9.1. Groceries & Supermarket

Below is the list of few supermarkets and Speciality grocery store.

Name	Address	Website	Phone	Remarks
SOUTH FREDERICTON				
Atlantic Superstore	471 Smythe St, Fredericton, NB E3B 3E3	https://www.atlanticsuperstore.ca/store-locator/details/0341?utm_source=G&utm_medium=LPM&utm_campaign=Lo-blaws	+1(506) 459-3544	Supermarket
Costco Wholesale	25 Wayne Squibb Blvd, Fredericton, NB E3C 0G8	https://www.costco.ca/warehouse-locations/fredericton-nb-1090.html	+1(506)460 4100	Supermarket, By membership only.
Lola Supermarket	495 Wilsey Rd, Fredericton, NB E3B 7K1		+1(506)668 0131	Speciality-Soth East Asian
Narula's	292 University Ave, Fredericton, NB E3B 4H7	https://www.instagram.com/narulas292/	+1(506)3231989	Speciality-Indian also cooked food
SaveWay	9 Riocan Ave unit 3, Fredericton, NB E3C 0B9		+1(506)457 5867	Specialty-Arabic & Asian
Sobeys Regent St	407 Regent St, Fredericton, NB E3B 3X6	https://www.sobeys.com/stores/sobeys-regent-street/?f	+1(506)453 7761	Supermarket
Sobeys Uptown Centre	1180 Prospect St, Fredericton, NB E3B 5C7	https://www.sobeys.com/stores/sobeys-uptown-centre/	+1(506)458 8891	Supermarket
Spice Market	1111 Regent St Unit 16, Fredericton, NB E3B 3Z2	https://www.facebook.com/SpiceMarketIndianGrocery	+1(506)450 4080	Speciality-Indian
Victory Meat & Produce Market Ltd	334 King St, Fredericton, NB E3B 1E3	https://victorymeatmarket.ca/	+1(506)458-8480	Meat, Fish, Vegetables. Fruits
Walmart Supercentre	1399 Regent St, Fredericton, NB E3C 1A3	https://www.walmart.ca/en/stores-near-me/fredericton-southside-supercentre-3032	+1(506) 452 1511	Supermarket
NORTH FREDERICTON				

Name	Address	Website	Phone	Remarks
Asian Food Market	88 Main St, Fredericton, NB E3A 1C5		+1(506)206-6222	Speciality-Southeast Asian
Peters Meat Market	230 Main St, Fredericton, NB E3A 1C9	https://petersmeatmarket.ca/	+1(506)458 9488	Meat, Fish, Vegetables. Fruits
Savemaxx	654 Riverside Dr Unit 5, Fredericton, NB E3A 8C2	https://savemaxx.ca/	+1(506) 429 9777	Speciality-Indian & Southeast Asian
Sobeys Brookside Mall	463 Brookside Dr, Fredericton, NB E3A 8V4	https://www.sobeys.com/stores/sobeys-brookside-mall/	+1(506)450 4141	Supermarket
Walmart Supercentre	125 Two Nations Cross, Fredericton, NB, E3A 0T3	https://www.walmart.ca/en/stores-near-me/fredericton-north-nb-1067	+1(506)444-9186	Supermarket

9.2. Household & Furniture

Below is the list of stores selling household Items.

Name	Address	Website	Phone	Remarks
Online				
Amazon	Online	https://www.amazon.ca/	NA	
SOUTH FREDERICTON				
Sleep Country Canada				
Costco Wholesale	25 Wayne Squibb Blvd, Fredericton, NB E3C 0G8	https://www.costco.ca/warehouse-locations/fredericton-nb-1090.html	+1(506)460 4100	Household, By membership only.
Hotchkiss Home Furnishings	1211 Prospect St, Fredericton, NB E3B 3B9	https://hotchkisshomefurnishings.ca/	+1(506)206 5477	
HomeSense	18 Trinity Ave Unit F-1, Fredericton, NB E3C 0B8	https://www.homesense.ca/	+1(506)450 2200	
Leon's Furniture Fredericton	970 Alison Blvd, Fredericton, NB E3C 0C3	https://www.leons.ca/pages/store-fredericton?		
The Brick	1325 Regent St, Fredericton, NB E3C 1A2	https://www.thebrick.com/pages/store-fredericton	+1(506)247 0037	
Walmart Supercentre	1399 Regent St, Fredericton, NB E3C 1A3	https://www.walmart.ca/en/stores-near-me/fredericton-southside-supercentre-3032	+1(506) 452 1511	Supermarket
NORTH FREDERICTON				
Surplus Furniture and Mattress Warehouse	435 Brookside Dr, Fredericton, NB E3A 8V4	https://www.surplusfurniture.com/store/new-brunswick/fredericton?	+1(506)474-4444	
Dani's Furniture	1050 Douglas Ave, Fredericton, NB E3A 9N2	https://danisfurniture.com/	+1(506)897-1558	
Worrall's Furniture	251 St Mary's St, Fredericton, NB E3A 2S5	https://www.worrallsfurniture.com/	+1(506)458-9288	
Walmart Supercentre	125 Two Nations Cross, Fredericton, NB, E3A 0T3	https://www.walmart.ca/en/stores-near-me/fredericton-north-nb-1067	+1(506)444-9186	Supermarket

CAUTION

1. Delivery time for furniture may vary from one week to 16 weeks. Ask for the estimated delivery before you place an order.

9.3. Hardware

Name	Address	Website	Phone	Remarks
Online				
Amazon	Online	https://www.amazon.ca/	NA	
SOUTH FREDERICTON				
Canadian Tire	1110 Smythe St, Fredericton, NB E3B 3H6	https://www.canadiantire.ca/en/store-details/nb/fredericton-nb-35.html?	+1(506)450 8920	
The Home Depot	1450 Regent St, Fredericton, NB E3C 0A4	https://stores.homedepot.ca/nb/fredericton/home-improvement-fredericton-nb-7233.html?	+1(506)462 9460	
Kent Building Supplies	809 Bishop Dr, Fredericton, NB E3C 2M6	https://kent.ca/en/store-locator/fredericton-south?	+1(506)451-3000	
Home Hardware Building Centre	190 King St, Fredericton, NB E3B 1C9	https://www.homehardware.ca/en/	+1(506)454 4663	
NORTH FREDERICTON				
Canadian Tire	75 Two Nations Crossing, Fredericton, New Brunswick, E3A 0T3.	https://www.canadiantire.ca/en/store-details/nb/fredericton-north-nb-337.html	+1(506)450-8933	
Home Hardware Building Centre	286 Main St N/A, Fredericton, NB E3A 1C9	https://www.homehardware.ca/en/	+1(506)458 9540	

9.4. Thrift store

Name	Address	Website	Phone	Remarks
Online				
Facebook Market	Online		NA	
SOUTH FREDERICTON				
Value Village	371 Bishop Dr, Fredericton, NB E3C 2M6	https://stores.savers.com/nb/fredericton/valuevillage-thrift-store-2104.html	+1(506)455 7676	
NORTH FREDERICTON				
Seed The Need Goodwill Store	176 Main St, Fredericton, NB E3A 1C8	https://www.facebook.com/groups/595165691231818	+1(506)260 7617	Will deliver furniture for about 50\$
The Salvation Army Thrift Store	275 Main St, Fredericton, NB E3A 1E1	https://salvationarmy.ca/	+1(506)472 5458	
Seed The Need Goodwill Store				

CAUTION

1. Before buying furniture or household items especially those that will not be delivered to home, like items bought through Facebook Market place,
 - a. Check if the sizes of the item will allow it through the doors at the main level, elevator, doors of the rooms of the house. Width of doors in older houses are narrow.
 - b. If the item is too heavy it may be difficult to find enough persons to help carry it up the house.

9.5. Services

1. You cannot walk into a barber's salon and wait for a hair cut. Most Barber salons require an appointment. For men, hair cut will cost between \$18 to \$28. If you do not arrive before the appointment time and if you book a second appointment, you will be charged for both the appointment.

10. Getting a SIM for Phone.

It is suggested that newcomers take a phone SIM from New Brunswick though not required.

The Phone number code allotted to New Brunswick and Fredericton is 506. If you take a SIM from outside of New Brunswick the area code for the SIM will have an area code different than 506.

Many people tend to ignore call from area codes that they do not know, assuming them to be spam calls or Phishing SMS.

Q How to decide which company and which plan is the best for you.

You can compare the various plans of various providers in the link below as per your planned usage.

<https://www.planhub.ca/new-brunswick>

Q Where do I go to get the SIM?

The best place to get Phone SIM in Fredericton is near the food court of Regent Mall in Fredericton. All The mobile phone service companies have a kiosk next to each other and you can quickly compare the offers provided by all at the same time.

If you apply online or over the phone it may take few days for the SIM to arrive by Courier/ Post.

Q Which all companies provide mobile service in Fredericton?

Few of the Mobile phone service provides in Fredericton are led below.

Name	Website	Remarks
Bell Alliant	https://www.bell.ca/	
Fido	https://www.fido.ca/phones/	
Rogers	https://www.rogers.com/phones/	
Virgin	https://www.virginplus.ca/en/	
Public	https://publicmobile.ca/en/	
Chatr	https://www.chatrwireless.com/plans	
Koodo	https://www.koodomobile.com/en	
Lucky	https://www.luckymobile.ca/	

Few tips for reducing your phone charge.

- Ask for the best deal to the service provider.
- Subscribe for AutoPay
- Take 2 or more lines together, the 2nd line is usually at a lesser rate.

IMPORTANT

1. Once you have a phone number, you will start getting SPAM calls and PISHING SMS. Just remember no phone, electricity, government calls you to give you offers.
2. It is suggested that you go to the Government of Canadas website: <https://lnnte-dncl.gc.ca/en> and register your number to reduce telemarketing calls. Registration is free.
3. NEVER give your Credit card number, email address, SIN number if some one has called you.
4. ONLY IF YOU ARE CALLING a verified phone number for any service you MAY be required to give your details such as date of birth, credit card number etc.
5. SPAM call numbers may appear to call from Canada or USA on your phone. It easy to mask phone numbers and such numbers cannot be easily traced back by Anti-fraud agencies.

11. Local Transportation:

11.1. Public Bus/ City of Fredericton Bus

Fredericton has a public bus system operated by Fredericton Transit, which covers most of the city and its surrounding areas.



Figure 3: Fredericton Transit, busses at Kings Place

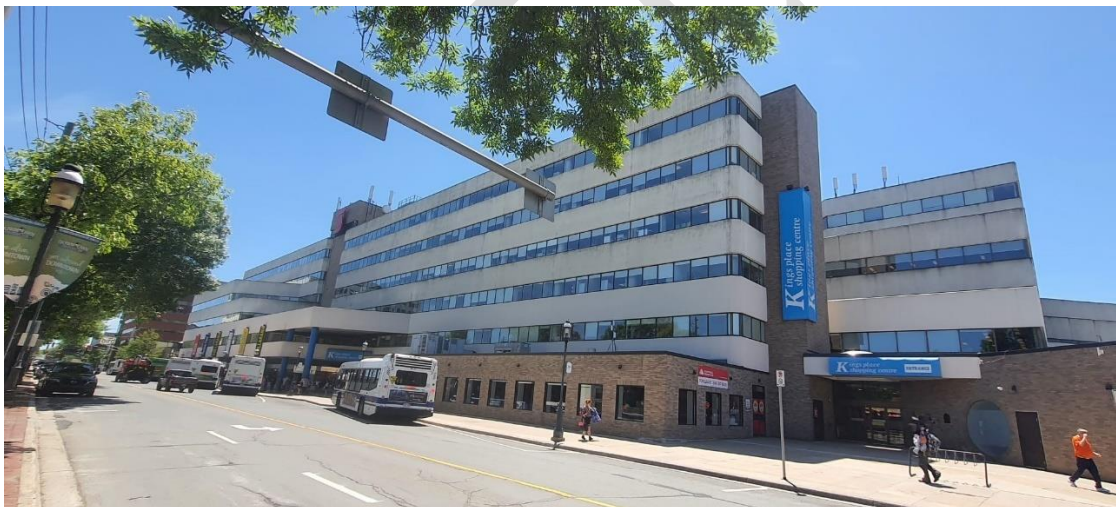


Figure 4: Fredericton Transit, view from across the street.

You can find more information about fares, routes, schedules, and service alerts on the Fredericton Transit website.

Link to the public bus service: <https://www.fredericton.ca/en/resident-services/fredericton-transit>

Link to the Facebook page of Fredericton Transit: <https://www.facebook.com/CityFredTransit>

1. Timings and frequency

	Monday to Friday	Saturday	Sunday
Starts at	6:15 AM		9:00 AM
Last bus	11:15 PM		6:00 PM
Approximate Frequency	30 minutes 6:15AM to 12:15PM and 4:15PM to 6:15 PM.	60 Minutes	60 Minutes
	60 Minutes 12:15PM to 4:15PM.		

- Statutory holidays/ Public holidays: No service

2. Fare:

- The fare is Cash, Rider card (10 tickets), Debit or Credit (Open Payment)
 - Passengers: \$3.00
 - Children under 6: Free

Cash: The fare can be paid in cash by dropping coins or the rider card in the box in front of the driver. You need to pay by the exact fare as the since the drivers do not carry change and will not return any change if you must pay more than the \$3 fare.

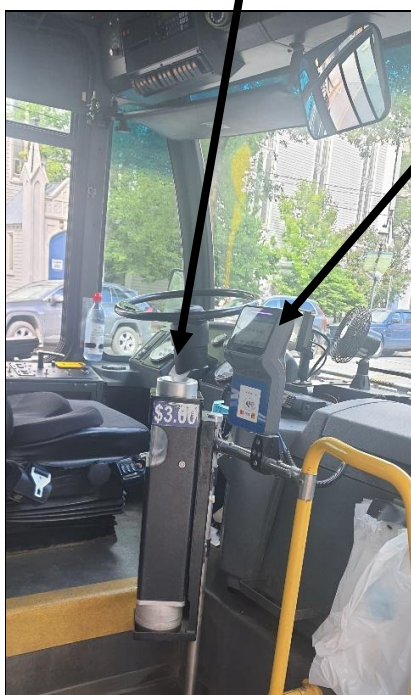


Figure 5: Cash and Rider Coupon drop-off box

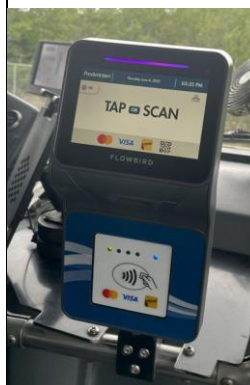


Figure 6: Debit card, Credit card payment machine.

Rider Card/ Coupons: You can buy a set of ten bus coupons for 27.5\$ at these locations:

1. Kings place Pharmacy inside the Kings Place at the downtown bus terminal.
2. At the Fredericton town hall entrance.
3. Regent Mall

NOTE:

The fare is \$3 is fixed irrespective if you go to the next stop or end of the bus route.

The driver will not issue a ticket when you deposit the bus fare in the box or pay by Debit/Credit.



Figure 7: Rider Card/
Bus Coupon

- Bus Passes (tax included)
 - Adult Monthly Pass: \$85
 - Student Monthly Pass: \$60
 - Rider card (10 tickets): \$27.50
- U-Pass (University -Pass)

The universal bus pass gives students in Fredericton unlimited access to public transit. The U-Pass is available to students at St. Thomas University, University of New Brunswick graduate programs, and New Brunswick College of Craft and Design.

3. Transfer

Q What is transfer?

If there is no direct bus service between your starting point and destination to go you will have to change the bus at the transfer bus stops.

Q Do you have to pay to transfer?

You do not have to take a 2nd ticket when you take the 2nd bus i.e. use the transfer.

Q How to do it?

You will have to tell the driver of the 1st bus that you will transfer to another bus at a particular transfer bus stop, and he will give you a "Transfer ticket/ slip of paper."

Q Where are the transfer Bus stops?

The King's Place at the downtown and the Regent mall at South Fredericton are "Transfer Stop."

4. Map of the service area

Below is the route map of Fredericton Transit.



For an interactive or downloadable map please go to link below.

<https://www.fredericton.ca/en/resident-services/fredericton-transit/schedule-maps>

5. Apps for Realtime position of bus and bus stop.

A free app called "MonTransit" is available which give the location of the nearest bus stops and the number of minutes for the next bus from that bus stop in Realtime.

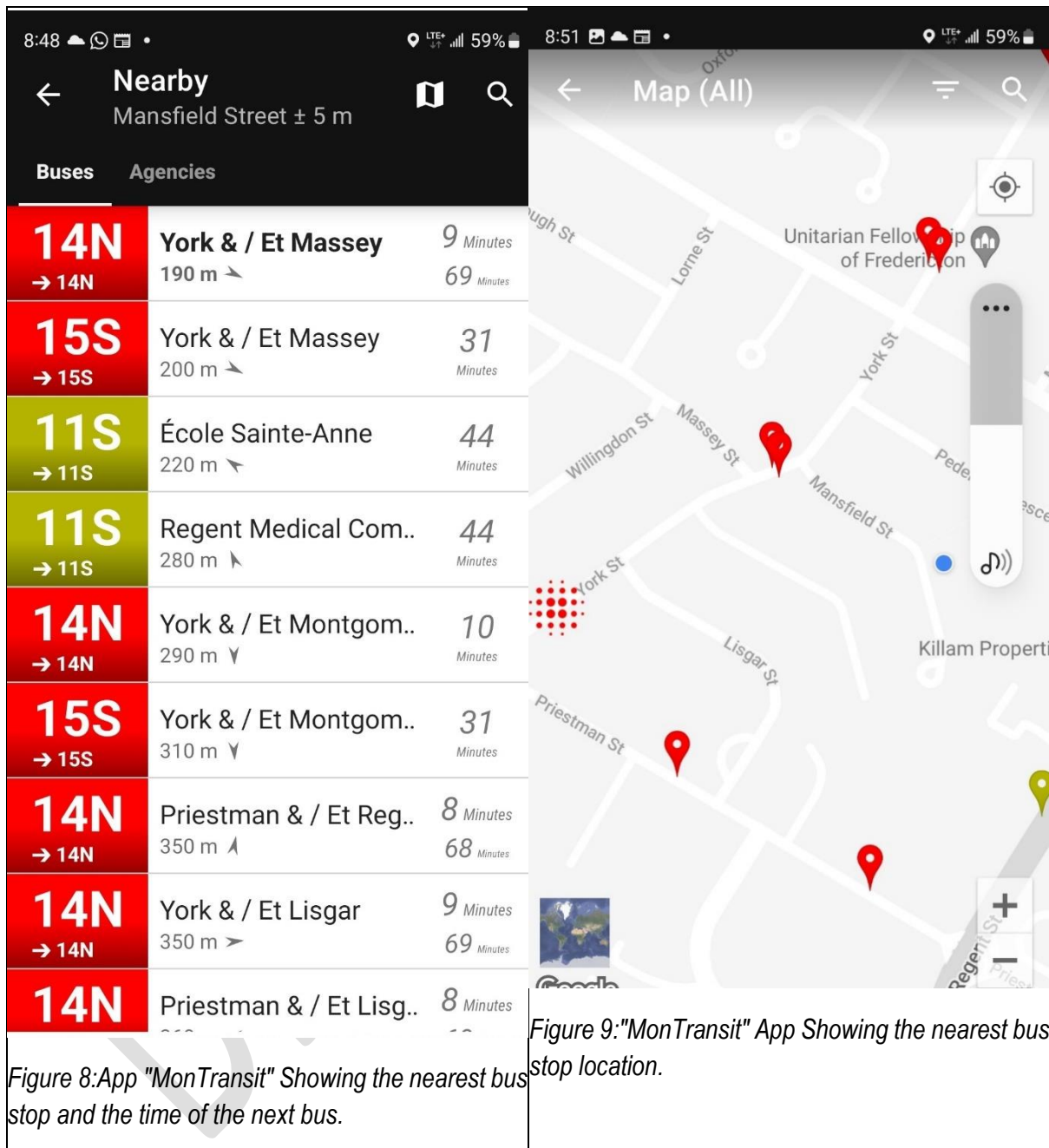


Figure 8: App "MonTransit" Showing the nearest bus stop and the time of the next bus.

Figure 9: "MonTransit" App Showing the nearest bus stop location.

The google maps also give information about the nearest bus stops and time of the next bus. The information on google maps will not be Realtime.

11.2. Inter-city buses

An option for long-distance transportation in Fredericton is the **Maritime Bus**, which offers daily bus service to various locations in New Brunswick, Nova Scotia, and Prince Edward Island.

Q Boarding location in Fredericton

The location to board the bus in Fredericton is from

Maritime Bus Fredericton Terminal, 105 Dundonald St., Fredericton NB E3B 1W7

Phone Number: (506) 455-2049.

Q Office Hours Fredericton.

Sunday to Friday - 10am to 7pm; Saturday - 10:30am to 7pm

Q Fare

The fare depends on the destination and the type of ticket you buy. You can find more information about the fares, routes, schedules, and policies on the Maritime Bus website or call their toll-free number: 1-800-575-1807. You can buy tickets online, by phone, or at the terminal. You need to show your ticket and a valid photo ID before boarding the bus.

Q What is the route of Maritime Bus?

Route map



NOTE

1. Booking from the airport may have to be done 3 hours before the bus departure times.
2. The trip time from the Moncton airport to Fredericton may involve changing the bus and additional waiting time of up to 30 minutes in addition to the travel time.

Website→ <https://maritimebus.com>

Facebook Page→ <https://www.facebook.com/maritimebus/>

11.3. Taxi

Taxis are one of the two options for local transportation within Fredericton.

Q How to get a taxi?

There is no Uber, Lyft in Fredericton. There is no taxi's waiting at the city centre, bus terminal or even at the airport. The only way to get a taxi is to call the number and tell both starting point, destination, and the time the taxi must arrive to pick-up. Taxis are generally safe and convenient.

Q What all taxi companies provide service in Fredericton?

List of Taxi companies in Fredericton is below

1. Trius Taxi <https://www.triustaxi.com/> (506) 454-4444
2. Checker Taxi <https://www.checkercab.ca/> (506) 450-8294 / (506) 450-TAXI App available.
3. Loyal Taxi <https://www.loyaltaxicab.com/> (506) 455-6789
4. ABC Taxi <https://www.abccab.ca/> (506)455-5555

Q What is the best way from Fredericton Airport to a place in Fredericton?

Unless you have a friend or relative to pick you the best way to reach to your hotel/Motel/ Hostel/ Temporary accommodation from the Airport is to hire a Taxi. Occasionally there may be taxis waiting outside the arrival building of the airport. If there are no taxis, you can request the security personal at the gate to call for a taxi and he will call a taxi for you.

Q How much is the approximate taxi fare?

The fares vary depending on the distance and time of the day, but they usually start from \$8.00 for the first kilometre and \$2.00 for each additional kilometre. Thus, if you travel 5 kilometer it will cost you approximately \$16. Remember this is an **approximate** fare base d on 2024 fares. Taxi's can be expensive if you use them frequently.

Q How can I pay for taxi?

You can pay with cash, debit, or credit card.

11.4. Train

There is no passenger train service in the city of Fredericton.

Q How to travel to Toronto/Montreal etc. by train from Fredericton

If you want to travel to other cities or provinces by train, you must take a bus or a taxi to the nearest train station, which is in Moncton, about 180 kilometres away from Fredericton. There, you can board a VIA Rail train that connects Moncton with Halifax, Montreal, Quebec City, Toronto, and other destinations across Canada.

Q How do I get more information?

You can find more information about VIA Rail services, fares, and schedules on their website or call their toll-free number: 1-888-842-7245.

<https://www.viarail.ca/en>

NOTES:

1. There is train service from Toronto to Moncton or Moncton to Toronto only on Sunday, Wednesday and Friday.
2. The journey time is about 24 hours.
3. You must change the train at Montreal Central Station.
4. The price of train tickets is usually more than the flight tickets.

12. Getting the SIN Number, PR card and Medicare card

12.1. SIN Number & PR Card.

SIN stands for “Social Insurance Number”. It is a nine-digit number that you need, to work in Canada or to access government programs and benefits. It is also used as a personal identification number for tax purposes. It is only a number and given out on a printout not a card.

Q What is a PR Card? What is its importance?

The PR stands for Permanent Resident. PR card is an important document for an individual. It is a handy Photo Identity card in Canada and can be used as photo identity documents. The application for PR card is usually part of the Immigration process at the 1st International airport you land.

Q What is its importance of SIN?

Your SIN is confidential and should be protected from fraud and identity theft. **You should only give your SIN to authorized organizations, such as your employer, your bank, the Canada Revenue Agency, or other government agencies. You should not give your SIN to anyone who asks for it over the phone, email, or online, as this could be a scam.** You should also avoid carrying your SIN card with you or storing it in your wallet, purse, or computer. You should keep it in a safe place and report any lost or stolen SIN cards to Service Canada as soon as possible. If you suspect that someone is using your SIN fraudulently, you should contact the [Canadian Anti-Fraud Centre](#) at 1-888-495-8501

Q Who all are eligible for a SIN number?

Canadian citizen, a permanent resident or a temporary resident which includes students are eligible for a SIN number. A Temporary Resident Visa (TRV), also referred to as a visitor visa holder is not eligible for a SIN.

Q Who issues the SIN?

The Federal government (Central government) issues the SIN and not the provincial government (State government).

Q How to get a SIN number and the PR Card

- a. **At the 1st International Airport:** The best way to obtain the SIN and PR is to do it at the port of entry when you arrive in Canada. Toronto Pearson International Airport and Montreal Trudeau Airport has offices to receive the application for SIN. Usually, the waiting time between the international flight to either of the above airports and to the domestic connecting flight to Fredericton may usually give enough time to apply for the SIN and PR Card at these airports.
- b. The nearest **Service Canada office** in Fredericton to apply for a SIN and PR card in person is located at: 1133 Regent St Suite 200, Fredericton, NB E3B 3Z2. The office hours are Monday to Friday, 8:30 a.m. to 4:00 p.m.
- c. SIN Online or by mail application: <https://www.canada.ca/en/employment-social-development/services/sin/apply.html>

The documents required for SIN as per category are.

- a. For individuals arriving to become permanent residents the documents are
 - i. A Confirmation of Permanent Residence (COPR) issued by IRCC. AND

Note: If you use the COPR within one year of becoming a permanent resident, it is acceptable. After this period, the permanent resident card is required.

- ii. Passport
- b. Temporary Residents i.e. work permit holders or Students.
 - i. A work permit issued by IRCC or CIC, OR
 - ii. A study permit issued by IRCC or CIC which indicates the permit holder “may accept employment” or “may work” in Canada.

AND

- iii. Passport

Refer to link below to get a detailed information about how to obtain SIN.

 <https://www.canada.ca/en/employment-social-development/services/sin/required-documents.html>

Q How long does it take for the SIN to be issued?

If you apply in person either at the airport or at the Service Canada office the SIN number is issued **at the same time**. If you apply through postal mail, you will receive your SIN by mail within 20 business days.

Q How long does it take for a PR Card to be issued?

The time keeps changing but it is usually between 60 to 90 days after your application.

12.2. Medicare card

A Medicare card is a health insurance card that allows you to access publicly funded health care services in New Brunswick. You should apply for a Medicare card as soon as you meet the eligibility criteria, since there is a three-month waiting period before your coverage begins.

Q Who all are eligible for the Medicare Card

You can apply for a Medicare card if you are a Canadian citizen, a permanent resident, a work permit holder, or a study permit holder.

[https://www2.gnb.ca/content/gnb/en/services/services_renderer.9035.Medicare - Registration.html](https://www2.gnb.ca/content/gnb/en/services/services_renderer.9035.Medicare_-_Registration.html)

Q What are the documents required to get a Medicare card?

You will need to provide proof of your identity, status, and residency when you apply. You can find the list of required documents. For the complete list of documents

<https://www2.gnb.ca/content/gnb/en/departments/health/DrugPlans/content/medicare/RequiredDocumentation-forYourMedicare.html>

Q Where to apply for Medicare Card

The application for the Medicare card is down at the Service New Brunswick Office at Brookside Mall in North Fredericton.

Q What are the benefits of Medicare card?

The benefit of having a Medicare card is that you can receive free or low-cost health care services from doctors, hospitals, clinics, and other providers. The Medicare program covers basic medical services such as doctor visits, hospital stays, diagnostic tests, surgeries, and emergency care. However, it does not cover some services that are considered optional or supplementary, such as dental care, vision care, prescription drugs, physiotherapy, or ambulance fees. For these services, you may need to purchase private health insurance or pay out of pocket.

Most employers would provide a private insurance for their staff.

<https://www2.gnb.ca/content/gnb/en/departments/health/Medicare.html>

13. Bank Accounts

Like any another place you need to have a bank account in Canada.

13.1. Documents required to open a bank account.

Generally, the followings documents are required for opening a bank account.

- Valid passport original.
- COPR (For PR holders)
- SIN Number.
- A Postal address (Not necessary that the person resides there!)
- Canadian Phone Number.







NOTES

- You will be required to take an appointment by phone or by online means to meet a representative at the branch to open a bank account.
- While taking an appointment with a branch decide your choice of branch as per you ease of travel, bus service proximity, bus timing.
- Appointments may be the next day to 15 days after you call. Decide your availability for the visit to bank before you call.
- Newcomers to Canada will usually get 0\$ Monthly fees offers for the first 3 to 5 years from banks.

13.2. Banks in Fredericton.

Below list gives the name and contact details of few of the banks in Fredericton. In-case of multiple branches in only the branch in King Street, Queen Street is mentioned below since these branches are near to the Kings place Central bus stop of the Fredericton City Bus service.

Table 1: Partial List of Bank Branches in Fredericton

Name	Location	Phone number	Website
 BMO	505 King St, Fredericton, NB E3B 1E7	+15064530280	https://www.bmo.com/en-ca/main/personal/
 CIBC	448 Queen St, Fredericton, NB E3B 1B6	+15064529100	https://www.cibc.com/en/personal-banking/bank-accounts.html
 NATIONAL BANK	551 King St, Fredericton, NB E3B 3T9	+15064588129	https://www.nbc.ca/personal/accounts/newcomers.html
 RBC	504 Queen St, Fredericton, NB E3B 5G1	+15064531710	https://www.rbcroyalbank.com/accounts/chequing-accounts.html
 Scotiabank.	490 King St, Fredericton, NB E3B 5H8	+15064529800	https://www.scotiabank.com/ca/en/personal.html
 TD	77 Westmorland St, Fredericton, NB E3B 6Z3	+15064588228	https://www.td.com/ca/en/personal-banking

14. Religion-Places of worship.

14.1. Hinduism

1. Maritime Geeta Bhavan-Hindu Temple

This temple is in South Fredericton at: 259 Doak Rd, Fredericton, NB E3C 2E7.

Website : <https://maritimegeetabhawan.ca/>

Facebook page: <https://www.facebook.com/maritimegeetabhawan>

2. ISKCON Fredericton (Krishna Centre)

Website : <https://www.facebook.com/iskconfredericton/>

14.2. Islam

The existing mosque is on the Lincoln Road on the banks of Saint John River at: 130 Lincoln Rd, Fredericton, NB E3B 2A3.

A new mosque is under construction at: 650 Alison Blvd, Fredericton, NB E3C 2G2.

Website: <https://www.frederictonislamicassociation.com>

Facebook Page: <https://www.facebook.com/frederictonmasjidproject>

14.3. Judaism

Sgoolai Israel Synagogue is at: 168 Westmorland Street, Fredericton, NB E3B 3L6.

<https://www.jewishfredericton.com/>

<https://www.facebook.com/jewishfredericton>

14.4. Christianity

There are several churches in and around Fredericton with affiliation to various denomination. However, several denominations of Kerala may not have a church in Fredericton or nearby areas. Malankara Orthodox Syrian Church, Malankara Mar Thoma Syrian Church, Jacobite Syrian Christian Church etc. does not have a church in Fredericton. Similarly, there is no Catholic Church following Syro-Malabar Rite in Fredericton.

14.4.1. All denomination

The complete list of various denomination of Christianity like Anglican, Baptist, Lutheran, Methodist, Orthodox, Pentecostal, Presbyterian, and United Church etc. Can be found in the link below.

<https://www.yellowpages.ca/search/si/1/Churches+%26+Other+Places+of+Worship/Fredericton+NB>

14.4.2. Catholic

There are two Catholic parish in Fredericton one in the North Fredericton and another in South

- North Fredericton: Our Lady of Peace Parish Fredericton

Address: 603 Union St, Fredericton, NB E3A 3N5

<https://www.ourladyofpeacefredericton.ca/>

Our Lady of Peace Parish Consisting of three churches:

1. St. Anthony's at 596 Union St, Fredericton, NB E3A 3N5.
2. St. Theresa's, at 1 William St, Fredericton, NB E3A 1N1.
3. St. Patrick's at 31 Main St, Stanley, NB E6B 1A3.

- South Fredericton: Saint Mary Magdalene Parish.

Website: <https://www.stmarymagdaleneparish.ca/>

Saint Mary Magdalene Parish consists of three churches within Fredericton and its suburbs.

1. St. Dunstan's at 120 Regent St, Fredericton, NB E3B 3W6.
2. Sts. John & Paul at 727 New Maryland Hwy, New Maryland, NB E3C 1P7.
3. St. Columba at 118 Wilsey Rd, Fredericton Junction, NB E5L 1W9.

Note: Fredericton Junction is 40 Kilometres away from Fredericton City.

- Hanwell: St. Kateri Tekakwitha Parish

Note: Hanwell is a Village next to Fredericton City, The Holy Family Catholic church is only 6 Kilometres away from Fredericton City.

Website: <https://stkateri.ca/holyfamily.html>

1. Holy Family Catholic Parish Church at 1500 Hanwell Rd, Fredericton, NB E3C 1N3

15. Childcare

The detailed information on childcare as provided by the government of New Brunswick is provided in the link below.

https://www2.gnb.ca/content/gnb/en/services/services_renderer.2736.Early_Learning_and_Childcare_Services.html#serviceDescription

Finding quality and affordable childcare in Fredericton can be a challenge for many parents, especially newcomers. There are different types of childcare options available, such as licensed daycare centers, family home daycares, preschools, after-school programs.

Types of childcares: Most childcare services in New Brunswick are privately owned and operated, although some may receive funding or support from the government, non-profit organizations, or employers. There are also a few public childcare options, such as Early Learning Centres, which are part of the public school system and offer free full-day pre-kindergarten programs for four-year-olds. Another public option is the Integrated Daycare Program, which provides subsidized childcare for children with special needs who attend kindergarten or grade one in certain schools.

Licensing: In New Brunswick, childcare providers must be licensed by the Department of Education and Early Childhood Development if they care for more than two children who are not related to them. Licensed providers must follow certain standards for health, safety, nutrition, staff qualifications, and programming. You can check the license status and inspection reports of any childcare provider on the Early Learning and Childcare Facility Search website.

Subsidy: If you have a low or moderate income, you may be eligible for a childcare subsidy from the provincial government. The subsidy helps cover part of the cost of licensed childcare services. The amount of subsidy depends on your family size, income, and childcare fees. You can apply for the subsidy online at SNB Parents Portal or by contacting your local Early Childhood Service Centre.

Availability: Finding a spot for your child in a licensed childcare facility can be difficult, especially for infants and toddlers. There is often a long waiting list for most daycare centres and preschools. You can contact the childcare providers directly to inquire about their availability, fees, and admission process. You can also use the New Brunswick Childcare Registry to register your child's name on the waiting list of multiple childcare facilities online.

Registry: If you are looking for a licensed childcare option in New Brunswick, you can use the New Brunswick Childcare Registry to search for available spots online. The registry allows you to create a profile for your child, select your preferred childcare facilities, and add your child's name to the waiting list of multiple providers. You can also update your information and preferences at any time.


To search for childcare facilities in and around Fredericton visit link.

<https://www2.gnb.ca/content/gnb/en/departments/education/elcc/content/daycares.html>

A sample screenshot is below.


Childcare Search

☒ Search by Community Name
☐ Search by Childcare Site Name

Search 

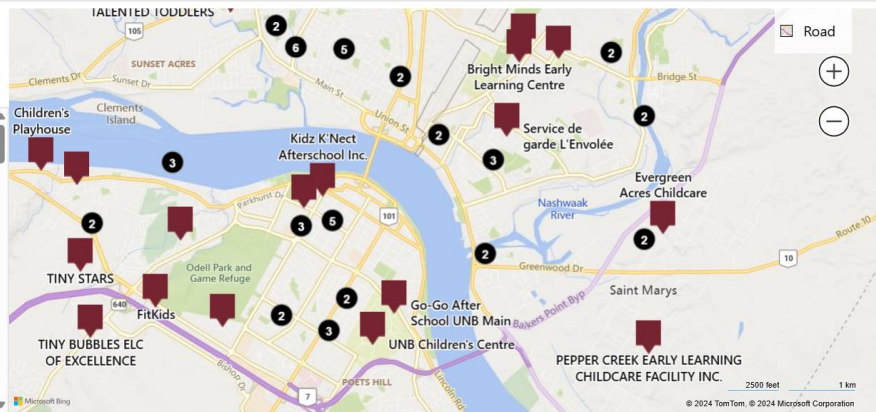
67 Results

Fredericton Early Learning Center Inc.
 351 ABERDEEN STREET, FREDERICTON
 Childcare for 2 to 5 years old
 English Service
 Designated

Operator Reported Available Spaces
 2 to 5 years old

[More Details](#)

Northside Daycare Centre Ltd
 262 SAINT MARYS ST., FREDERICTON
 Childcare for 0 to 12 years old
 English Service
 Designated



For the update information visit webpage: <https://mcaf.nb.ca/en/resources/>

Also visit MCAF webpage <https://mcaf.nb.ca/en/child-and-youth-programs/>

16. School

It is mandatory for children to attend school in Fredericton, as well as in the rest of New Brunswick, from the age of five until they graduate from high school or turn 18, whichever comes first. This is according to the Education Act of New Brunswick. <https://laws.gnb.ca/en/document/cs/E-1.12>

For Schooling New Brunswick is divided into different zones. Fredericton is in the Anglophone School District-West (ASD-W). The province of New Brunswick is Bilingual i.e. has both English and French as official languages hence it also has public schools in the French Medium in addition to English Medium in Fredericton. Since students of Malayalee ethnicity rarely send children to French medium of education in their home country, the discussion below is limited to the English medium schools.

Q Will my child have difficulty in securing admission?

Your child is assured 100% admission. It is the duty of the province to provide admission.

Q What are fees for school?

The public school system in Fredericton as in any part of Canada is free for permanent residents, work permit holders, as well as Canadian citizens. However, there may be fees for extracurricular activities like Games, music etc. or special courses. There is no bus fees either.

Q Is there a school uniform?

No there is no school uniform in any grades.

Q Which school do I choose for my children?

You cannot choose the school in which your child will attend. The school board allocates the school to the student based on the home address of the student. So, if you want a particular school choose your rental house in the "catchment area" of the school.

Use link below to find out the catchment area.

<https://asdwbp.nbed.nb.ca/Eligibility>

Q Is a school bus provided to all students?

School bus service is available for eligible students who live within the boundaries of their designated school zone. The school bus is provided only if the residence of the student is beyond a certain distance from the house. The eligibility criteria and the bus routes can be found on the website of the Department of Education and Early Childhood Development

<https://asdwbp.nbed.nb.ca/Eligibility>

Q What is the process of applying for school admission?

The process for applying for school for children is as follows:

- a) Contacting the School district through "The Newcomer Support Centre" by sending an email to: iwcfred-erickton@nbed.nb.ca or by calling them at 506-444-3573

<https://asdw.nbed.ca/new-students/grades-1-to-12/#registration-for-newcomer-students>

<https://asdw.nbed.ca/about-asd-w/schools-and-facilities/newcomer-support-centre/frequently-asked-questions/>

- b) Filling out the registration form obtained from the school office.
- c) Depending upon the grade the child is taking admission, there may be an online interview with the parents/Child for assessment purpose.
 - a. Newcomer Social History – To get to know your child's background, strengths, interests, and needs.
 - b. Newcomer Needs Assessment –To get to know yours and your child's language and technology needs

Q What documents are required for admission to the schools

The requirements for attending school in Fredericton are the same as for the rest of the province. They include:

- a) Providing proof of identity and legal status in Canada, such as a birth certificate, passport, permanent resident card, or work permit.
- b) Providing proof of residency in New Brunswick, such as a driver's license, utility bill, lease agreement, or property tax assessment.
- c) Providing any other relevant documents, such as previous school records,

CAUTION

You must bring your child's immunization records and submit it. The school may ask the parents to take the child to additional immunization if they feel the requirement to do so. Do not worry these Immunizations are also free!

NOTES

1. You can start the process even before you arrive in Fredericton.

<https://asdw.nbed.ca/new-students/>

Education Act of New Brunswick: <https://laws.gnb.ca/en/ShowPdf/cs/E-1.12.pdf>

17. Getting Health Care / Medical treatment.

Healthcare in New Brunswick is publicly funded. That means you do not pay anything for a visit to the public hospital. There is no private hospital either. There are private clinics funded by the government.

Steps in getting health care in Fredericton

1. The first step in getting this health care is to have a Medicare Card. The process of obtaining the Medicare Card is explained in the earlier section.
2. Register for a family doctor. The waiting list for a family doctor is several months. However, Pregnant ladies will be given a family doctor as a priority and many a time the entire family may get the family doctor.
3. For routine medication requirements like diabetes, blood pressure, cholesterol etc. The health department operates Mobile based Apps and Web based application to give virtual care from Nurse practitioners.
 - a. Maple App
 - b. eVisitNB Virtual Care by nurse practitioner <https://www.evisitnb.ca/>
 - c. Web Based NB Health: <https://nbhealthlink.ca/pages/registraton/#negative>
4. For any Health requires which Urgent care a clinic visit there are walk in clinics like
 - a. Brookside Clinic: <https://horizonnb.ca/facilities/fredericton-urgent-treatment-centre/>
 - b. Fredericton Downtown Community Health Centre: <https://horizonnb.ca/facilities/fredericton-downtown-community-health-centre/>
 - c. Marysville Clinic: 231 Canada Street, Fredericton, NB, Canada, New Brunswick; (506) 449-1653

NOTES

- A. Since the government Medicare does not cover Dental, Optometrists etc. many employers usually give additional medical insurance to their employees.

<https://www2.gnb.ca/content/gnb/en/departments/health/Medicare.html>

<https://www.evisitnb.ca/>

18. Job search

The eligibility for jobs in Fredericton depends on the type of occupation, the level of education and experience required, and the immigration status of the applicant. Some jobs may require a license or certification from a regulatory body, while others may require a language proficiency test or a security clearance. Generally, permanent residents have the same rights and responsibilities in the labor market as Canadian citizens. Temporary residents such as work permit holders or international students may have some restrictions or conditions on their work authorization. For more information on the eligibility of jobs, you can visit the Immigration, Refugees and Citizenship Canada website.

Government jobs are open even for PR holders contrary to many newcomers' belief. If you are with an education and experience from fields like IT, Engineering, Chartered accountancy there is particularly good chance of getting a government job.

Each category of newcomer will have a different pathway for job search.

The suggested pathway for most persons would be as follows.

18.1. MCAF

MCAF is a Not-for-profit government funded organization to help newcomers to Fredericton as explained in Post-arrival Section. They have the experience and the resources to help newcomers in all aspects of there including getting a job.

Website: <https://mcaf.nb.ca/en/employment-programs/>

Office address: 28 Saunders St, Fredericton, NB E3B 1N1

Phone number: +1(506)4548292

Once the individual is registered with MCAF, they will

- a) Invite you for workshop on how to prepare your CV in the Canadian way.
- b) Invite you for workshop on various interview skill.
- c) Train you in networking skills
- d) Review the CV and then suggest you're the required changes.
- e) Invite you to various job fairs.
- f) Guide you to other government agencies as per your qualification
- g) Occupation specific bridging programs
- h) Give you Information about licence process for various professions like engineering, nursing etc.
- i) Connections to regulatory bodies, educational institutions

18.2. WorkingNB

WorkingNB is a government agency with employment counsellors. They will guide you write a better resume and cover letter, prepare for interviews, develop your network, send your CV to potential employers, guide you to job fairs etc.

Website: <https://www.workingnb.ca/>

Address: 300 St. Mary's Street, P.O. Box 6000, Fredericton, NB E3B 5H1.

Phone number: +(506)453-2377

18.3. GNB Mosaik

GNB Mosaik is an intentionally co-created newcomer hiring program for newcomers seeking meaningful employment opportunities within the Government of New Brunswick (GNB).

18.4. EEO

18.5. JobsNB

This website aggregates the available jobs from other websites

<https://www.nbjobs.ca/home>

18.6. Ignite Fredericton

<https://static1.squarespace.com/static/6144aa15b54f213933285f07/t/666c7c66dd9d9d05328781f6/1718385766642/Ignore+Job+List+-+CR+June+15+24.pdf>

18.7. Various Job banks on website.

There are several Canadian websites where you can register for a job

- a) [Indeed](https://ca.indeed.com/job-search-services/newcomers?) : <https://ca.indeed.com/job-search-services/newcomers?>
- b) [Career Beacon](https://www.careerbeacon.com/) : <https://www.careerbeacon.com/>
- c) [Monster](https://www.monster.ca/): <https://www.monster.ca/>
- d) [Job Banks](https://www.jobbank.gc.ca/home): <https://www.jobbank.gc.ca/home>

For professional jobs, IT, banking etc. having a LinkedIn account with "Open to work" would be helpful.

Another way to find a job in Fredericton is to network with people who work in your field of interest or who can refer you to potential employers.

18.8. Horizon -For Medical related professionals.

The website specifically for Nurses, Doctors, Paramedics,

<https://horizonnb.ca/careers/>

19. Licensing process for Professionals.

Many of the professions require a licence to practice. Having a PhD., master's degree also does not give the person to call them self as a Doctor, Engineer etc. There is a process to get certified as a professional. Some of there professions are.

1. Doctor, Nurse, Pharmacist etc.
2. Engineers- Civil, Mechanical, Electrical, Geologist (Computer engineering, Electronics etc. Do not require License)
3. Architects
4. Charters Professional Accountant

The requirements for each are different and even within each profession the requirements will be different for a Fresh graduate from Indian University, Graduate with few years of experience and a graduate with several years of experience.

19.1. Engineers

Engineering is a regulated professions in Canada. Only individual having a licence issued by the province's engineering association can call themselves as an Engineer.

Having a bachelor's degree or master's degree from Canada or outside Canada does not make the person eligible to call themselves as Engineer. If you may have worked as an engineer in another country, you cannot call yourself a professional engineer in New Brunswick until you have become registered with APEGNB. You may also not take responsibility for engineering or geoscience work until you have become licensed with APEGNB.

In Canada each province and territory have its own association as regulator for engineering profession. The Association of Professional Engineers & Geoscientists of New Brunswick (APEGNB) is the regulator in New Brunswick.

The detailed requirements and process of obtaining a licence from New Brunswick is give in the link below.

<https://www.apegnb.com/registration/first-time-applicant/first-time-applicant-in-canada-internationally-trained-or-other/>

The process in brief is.

1. Apply to WES to send course by course report to APEGNB.

If your bachelor's degree in engineering was obtained outside of Canada, APEGNB must first assess your education to make sure it meets (or exceeds) our academic requirements. For this, they will require a course by course (ICAP)report from World Education Service (WES). This report must be sent directly from WES to APEGNB (you can select APEGNB from a dropdown list on their website). <https://www.wes.org/>

2. For first time, internationally educated individuals with an engineering background, complete the online ACADEMIC ASSESSMENT APPLICATION.
3. Possible Outcomes

Completed applications will be submitted to the APEGNB Examinations Committee when all required documents are received.

They will compare your education to a typical Canadian Bachelor of Engineering degree (or to the Geoscientists Canada's Geoscience Knowledge & Experience Requirement for geoscience applicants).

There are THREE (3) possible outcomes:

- a) You may exceed the academic requirements and the Examinations Committee did not assign you any additional exams. At this point you MAY NOW apply as a member-in-Training or Professional, as appropriate. OR
 - b) You may appear to meet the academic requirements. Confirmatory Exam(s) or an interview may be assigned to confirm that you have required depth and breadth of education. OR
 - c) You may appear to have gaps in your education. You will be assigned technical exams or university level courses.
4. Write the NPPE

If you have been assigned confirmatory or technical exams, these exams MUST BE passed before you may write the National Professional Practice Exam (NPPE). Please review Exam Regulations prior to writing any exams.

and meet the following requirements:

- a) Have a bachelor's degree in engineering from an accredited Canadian or international program, or an equivalent qualification recognized by APEGNB. If you have an international degree, you must get a credential evaluation report from World Education Services (WES) or another approved agency.
- b) Have at least four years of relevant engineering work experience, including one year in Canada or under the supervision of a Canadian P. Eng.
- c) Demonstrate good character and professional conduct.
- d) Pass the National Professional Practice Examination (NPPE), which tests your knowledge of ethics, law, and professional practice in Canada.
- e) Provide three references from P. Eng. who can attest to your engineering competence and character.

The licensing process may take up to 24 months, depending on the completeness of your application and the evaluation of your credentials and experience.

NOTE

- The requirement to obtain Practising Engineer (P. Eng.) is only for Civil, Electrical, Mechanical Engineers and Geologist. Engineers from other fields do not require any licence.
- Even Civil, Electrical, Mechanical Engineers can work in their respective field under a licensed Practicing Engineer. They cannot call themselves as engineers until they get the P. Eng. licence.

19.2. Nurses

Nursing is a **regulated profession** in Canada, which means that you need to have a licence or registration to practice as a nurse.

The Nurses Association of New Brunswick (NANB) is the professional **regulatory body** for registered nurses in New Brunswick. The Nurses Act defines the NANB responsibilities and gives them the authority to establish, maintain and promote standards of education and practice for registered nurses and nurse practitioners within New Brunswick. The office of NANB is at 165 Regent St., Fredericton, NB, E3B 7B4, Canada.

WWW <https://www.nanb.nb.ca/>

A. Type of nurses

- a) Licensed Practical Nurse (LPN)
- b) Nurse Practitioner (NP)
- c) Registered Nurse (RN)

https://www2.gnb.ca/content/gnb/en/corporate/promo/careers_in_healthcare/nursing.html

B. Process of obtaining a licence or registration to practice as a nurse in brief.

1. Obtain an assessment of your educational credentials by the National Nursing Assessment Service (NNAS), which will verify your documents, evaluate your education, and compare it to Canadian standards.

WWW <https://my.nnas.ca/nnasweb/system/IEN/1>

2. Apply to NANB. You may need to provide additional documents, such as proof of identity, language proficiency, criminal record check, etc.
3. Pay applicable fees to NANB.
4. After NANB staff have reviewed your application, you will receive an email to the address you provided in your application.
5. Demonstrate Currency of Practice.

To demonstrate currency of practice you must have:

- i. Practiced as an RN in within the past 5 years; or
 - ii. Have graduated from a registered nurse education program within the past 5 years.
 - iii. Candidates who do not meet the currency requirements will be required to complete a competency assessment through Inspire Global Assessments – Internationally Educated Nurses (IEN) integrated assessments (inspireassessments.org) or complete an IEN Bridging Program.
6. Complete Mandatory Courses

Complete courses:

- i. Professional Nursing in Canada.
 - ii. Professional Communication.
 - iii. Medication Administration.
 - iv. Health Assessment.
7. Temporary Registration Permit (TRP) with Conditions AND Completion of NANB's Adaptation Plus Program

After NANB receives confirmation of course completion you are eligible for a TRP with Conditions (TRPs are issued for 6 months at a time). Once this has been issued you can start the NANB Adaptation Plus Program with your employer. You have 1 year to complete the program.

8. Demonstrated success on the entry-to-practice exam.

The approved entry-to-practice exam is the National Council Licensure Examination for Registered Nurses (NCLEX-RN). For more information of the NCLEX-RN → <https://www.nclex.com/>

IMPORTANT Refer to the link for the accurate explanation of the registration process <https://www.nanb.nb.ca/international-applicants/>

A pdf copies for the pathway as published by NANB is at <https://www.nanb.nb.ca/wp-content/uploads/2023/07/NANB-IEN-Pathway-E-0623.pdf>

C. The fees for application.

NNAS application fee ranges from \$650 to \$1,050 CAD, depending on the type of evaluation.

NANB fees-\$460

NCLEX-RN-360\$

D. Time

The time to license depends on several factors, such as the completeness and accuracy of your application, the availability of exam dates and seats, the processing time of the service providers and the regulatory authorities, and the outcome of your exam and assessment. It may take several months or longer to complete all the steps and obtain your licence.

E. Career with Government of New Brunswick at Horizon Nb → <https://horizonnb.ca/careers/>

F. Nurses Union → <https://nbnu.ca/this-is-a-registered-nurse/>

19.3. Personal Support Worker (PSW)

Personal Support Workers (also known as Personal Care Attendants, Health Care Aides, Nurse Aides, or Home Support Workers) will, depending on their work setting, assist health professionals and hospital staff in the basic care of patients, or may provide personal care to clients that need assistance and daily care.

<https://getcertifiednb.ca/psw-faq>

19.4. Social workers

The NBASW regulates the social work profession in New Brunswick, in addition to regulating a social work Paraprofession, called social work technicians. For each professional category, the NBASW controls both the title and the scope, as provided by the NBASW Act.

<https://www.nbasw-atsnb.ca/>

Requirements on how to become a Social Worker in new Brunswick is at link: <https://www.nbasw-atsnb.ca/become-a-member-new/apply-as-a-social-work-member/>

19.5. Chartered Professional Accountant (CPA)

Under the Chartered Professional Accountants Act (Chapter 28), CPA New Brunswick is responsible for regulating the professional development of its members, and the protection of the public through its ethical standards and discipline process. CPA New Brunswick is also responsible for the training and certification of CPA Candidates.

The website of CPA New Brunswick is <https://www.cpanewbrunswick.ca/>

The website of Canadian CPA is HTTPs

20. Driving Licence.

To get a driving licence in New Brunswick, you need to follow a graduated licensing program that has three stages:

1. Learner (Class 7.1),
2. Novice (Class 7.2), and
3. Full (Class 5).

Each stage has different requirements and restrictions that you need to meet before moving to the next one. Here are the steps to get a driving licence in New Brunswick:

1. Apply for a learner's licence (Class 7.1)

- 1.1. You can apply online at the link below or in person at a Service New Brunswick centre. The preferred way is to apply online.

WWW <https://p2.ableassess.com/SNB/Register/ProductChoices>

- **Age requirements:** You need to be at least 16 years old, have parental consent if you are under 18, and pass a vision test and a written test on the rules of the road.
- **Documents required:** You also need to provide proof of identity, proof of residency, proof of legal status in Canada, and a medical report if you have any medical conditions that may affect your driving.
- **Cost:** The cost of SNB online Written test is 28.75 CAD (including HST) for the 1st time. If you fail and repeat the test the charge is 17.25 CAD (including HST). The written test is based on two sections of 20 marks each with a passing score of 16 in each section.

Section-1: Signage on the road

Section-2: Rules of the road

The books for the above are available in the link below.

https://www2.gnb.ca/content/gnb/en/departments/public-safety/community_safety/content/drivers_vehicles/content/new_brunswick_drivers_handbook.html

1.2. Appear for the test.

There are two ways to give the written test.

Option-1: In the office of service New Brunswick or

Option-2: In your home with your laptop by using.

The preferred option to appear for the test is online.

<https://p2.ableassess.com/SNB/Register/SubmitRegistration>

a) You will receive an email from service New Brunswick informing you of the result.

b) Collect the documents one (1) proof of identification and two (2) proofs of residency

For full list please go to link:

https://www2.gnb.ca/content/gnb/en/services/services_renderer.201491.Driver_s_Licences.html

2. **Practice driving** with a supervising driver who has a full licence (Class 5) and at least three years of driving experience. You need to hold the learner's licence for at least 12 months, or 8 months if you complete a driver education course. You can only drive between 5 a.m. and midnight, and you cannot use any electronic devices while driving.

3. **Book a road test** appointment online [here](#) or by phone with the Department of Public Safety. You need to pay a fee of \$25 for the road test and \$55 for the licence card. You also need to bring your own vehicle that is registered, insured, and in good condition.

IMPORTANT: It is strongly suggested that you give the test in a vehicle owned by a professional driving institute.

WWW <https://www.pxw1.snb.ca/snb9000/product.aspx?ProductID=A014SN9000a&l=e>

4. **Appear and pass the road test** and get a novice licence (Class 7.2). You need to drive with some restrictions for at least 24 months, such as no alcohol, no passengers other than your supervising driver, and no driving between midnight and 5 a.m.

5. **Book a second road test after 24 months** of getting the 7.2 licence by appointment online or by phone with the Department of Public Safety. You need to pay a fee of \$25 for the road test and \$55 for the licence card.

6. **Pass the second road test and get a full licence (Class 5)**. You can drive without any restrictions, but you still need to follow the rules of the road and drive safely and responsibly.

Q What if you have previous full licence in another country?

If you have proof of being previously fully licensed in any jurisdiction Including UAE, India, Oman, Kuwait etc. you will have to get Learner (Class 7.1) first but you can get the Full (Class 5) without taking Novice (Class 7.2) licence.

IMPORTANT:

On the day of the Road Test

1. The location for the test is at the office of Service New Brunswick at Brookside mall in North Fredericton.
2. Arrive at least 45 minutes early at the office of Service New Brunswick to pay for the test and handing over the international driving licence or licence from another country.
3. The charge for conversion of the foreign licence and the driving test is approximately 118.75 CAD.
4. The other requirements for appearing for the road test is as below.
 - a) Provide a valid New Brunswick driver's licence, class 7 - level 1.
 - b) Should have held class 7 - level 1 licence for at least 1 year OR I have held class 7 - level 1 licence for at least 8 months and provide an original green certificate of completion of a driver's education course.
 - c) This waiting period is waived if you have proof of being previously fully licensed in any jurisdiction Including UAE, India, Oman, Kuwait etc.
 - d) Provide a road worthy vehicle, along with proof of its valid registration and insurance. Usually, this vehicle is provided by the driving school but in theory any vehicle which have the above documents is enough for driving test. However, **it is strongly recommended that only a driving school vehicle is used.**
 - e) Must wait at least 1 week if you have previously been unsuccessful on road test, 2 weeks if you have been unsuccessful twice, and 3 weeks if you been unsuccessful more than twice.

If you pass the Road Test

- a) Proceed to take the photo and other formalities at the same office of Service New Brunswick.
- b) Receive the paper copy of the Driving Licence at the same time.
- c) The plastic copy of the licence is sent by post to the applicant's residential address.
- d) It takes 4 days for service New Brunswick to issue the Class 7.1 driving licence (Learner's licence)

7. Driving Schools

Driving schools can help you prepare for the tests and improve your driving skills. They can also provide you with a vehicle and an instructor for the road tests. You should choose a driving school that is licensed and reputable, and that meets your needs and budget. You can find a list of approved driving schools on the website of the Department of Public Safety or by searching online.

NOTE: There are two types of deals offered by driving schools in Fredericton

1- New driver full program (Recommended for persons without any experience or very little experience) and

2- Pay by Hour (Recommended for experienced drivers)

Pro Tip:

If you take a full package, it will cost more than the hourly rate training, but it will give a discount for insurance when you buy a car. Most driving schools will have a waiting list for new students, so start the enquiries early. Driving instructors will usually pickup and drop-off students from home. Inform your driving instructor immediately the date, time and location of the test and remind him again a day before the test.

List of driving Institutes in Fredericton

Atlantic Driving Academy	https://www.atlanticdrivingacademy.com/full-driving-program-information-fredericton/	+1(506)458-9101
First rate driving Institute	https://www.firstratedriver.ca/	+1 (506)451-6699
A Plus	https://www.aplusdrivered.com/index.html	+1(506)459-5285

21. Driving

The public transportation is limited to buses which has frequency of 30 minutes during peak and 60 minutes at off-peak time. Taxi is costly and not a solution for daily commute for job or for studies.

Few challenges you may face when starting to drive in Fredericton after driving in other countries are.

1. If you are coming from India, the side to drive reverses from Left hand side of road to Right hand side.
2. If you are coming from Middle East where the roads are divided with barriers in the centre shifting to driving on undivided roads is a bit unnerving.
3. There is no highway lighting on most parts of Canada including New Brunswick. At nighttime the traffic will be less and there may not be a single car either behind or in front while driving. The coverage of mobile signal on highways is erratic. **So, caution should be taken during nighttime driving.**
4. Animals like moose, deer etc. may cross the road and accidents with them may be serious. You will find roadkill of Raccoon, Porcupine, squirrel frequently.
5. In Canada and in Fredericton there is no separate signal to turn left on most junctions only few junctions have separate signal for left turn. Taking a left turn after judging the speed of oncoming traffic may put severe stress on a driver new to Canada. It takes time to understand the vehicle's horsepower to accelerate from a standing state, conditions of the road, speed of the oncoming traffic and get comfortable with the left turn.
6. In snow conditions of the road the road is slippery, braking distance increases, the tire slips and spins freely without traction in the snow. All the road from the downtown to the outer areas is on a very steep slope adding to the difficulties of driving on snow covered roads. **Extreme caution should be exercised by drivers new to Canada in the first snow season driving.**
7. IMPORTANT: All weather tires may work in the southern parts of Canada during the winter. But all-weather tires do not work in Fredericton during the winter and is a safety risk. Additionally, it is mandatory by the province to use a winter tire. Thus all car owners have two sets of tires, one set of the summer and another for winter. Winter tires have deeper grooves, and they are softer to have the required grip on snow. But winter tires will be worn out very easily during the summer so during the summer you should switch to the summer tire from the winter tire.
8. During winter the car should have a safety kit consisting of two blankets, Flashlights, biscuits etc. This is to save the driver and the passengers if there is an accident, flat tire or car break down and for safety reason the person in the car must wait outside the car until any help can come. Due to the distance involved and the freezing conditions during winter months even a few minutes outside can be fatal without a blanket to wrap and keep warm until help can come.

Government of New Brunswick's https://www2.gnb.ca/content/gnb/en/corporate/promo/winter_safety.html

21.1. Buying a car

21.2. Getting Car insurance

Car insurance is expensive as compared to the Middle East or India. Few other points to remember while trying to get insurance are.

1. Insurance is both for the car and the driver. Thus, the name of all the possible driver like Husband and wife must be given while taking insurance. In most other countries the insurance is on the car with its plate number mentioned in the insurance, the driver should just have a valid licence.
2. Insurance with International driving licence is, or class 7.1 or 7.2 licence is even more costly. It is recommended to wait until the person gets a class 5 driving licence.
3. Few insurance companies refuse insurance to International Driving Licence (IDP) holders.
4. If you combine car and house insurance the premiums will be lesser.
5. Few agents offer online quotes. Online quotes are not final and will be manually processed further later.

Few of the insurance agents for car insurance are.

Insurance Agent	Website	Address	Phone
Co-operators - Corey Thompson & Associates Inc	https://www.cooperators.ca/corey-thompson-associates-en	927 Prospect St, Fredericton, NB E3B 2T7	+1(506)4597933
RBC Insurance	https://www.rbcinsurance.com/auto-car-insurance/index.html		
Wilson Insurance Ltd.	https://wilson.nb.ca/		
Allstate Insurance	https://agents.allstate.ca/nb/fredericton/1223-prospect-st-e.html	1223 Prospect St E, Fredericton, NB E3B 3B9	Various -Please check website
Huestis Insurance	https://www.huestis.ca/fredericton	391 Brunswick Street, Fredericton, NB E3B 1H2	+1(506)458-8755
D.W. OLTS & SON LTD	https://www.dwolts.com/	768 Brunswick St, Fredericton, NB E3B 1H9	+1(506)458-8388
Desjardins Insurance	https://www.desjardinsagents.com/agent/en/search	Various	Various

21.3. Road conditions

Government of New Brunswick maintains a website of advising the latest road conditions. This is particularly useful while using the highway during the winter.

https://www2.gnb.ca/content/gnb/en/departments/dti/highways_roads/content/511.html

The City of Fredericton web camera is on: <https://www.fredericton.ca/en/about-fredericton/web-cameras>

21.4. Parking

The detailed rules and regulation of parking by the City of Fredericton is available at website: <https://www.fredericton.ca/en/resident-services/parking>

NOTES

1. Parking in downtown/City centre is paid.
2. Parking is free in most Uptown shopping malls like Regent Mall, Brookside mall and commercial areas like Prospect Street.
3. From October 1 to May 31, between the hours of 12:00 am and 7:00 a.m. of any day, no person shall park a vehicle unattended on any highway, which includes surface parking lots.

22. Government support

1. Child Support

PR card holder gets child support for children under 18 years of age. A newcomer should immediately apply for the childcare benefits. AS the newcomer gets a job and files taxes the amount of the child support may go down. Similarly younger the child more the child support. Government of Canada provides Childcare benefits to PR card holder same as provided to Canadian Citizens.

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview.html>

New Brunswick child tax benefit (NBCTB)

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/provincial-territorial-programs/province-new-brunswick.html>

2. Higher Education Grants/ Bursary

If you are a new immigrant with PR and you child is in the university the child can get grants for Higher education

https://www2.snb.ca/content/snb/en/services/services_renderer.201496.Renewed_Tuition_Bursary.html

23. Entertainment & Recreation

Entertainment

Movies: There is Cineplex Cinemas at Regent mall. There is no screening of Malayalam movies yet.

TV OTT services.: There are OTT service providers based in Ontario but providing services in Fredericton. Contact members of group for their contact details.

Markets

Garrison Night Market: <https://www.frederictoncapitalregion.ca/garrison-night-market>

Recreation

1. Saint John River: The city is on the banks of Saint John River. The view of the river with its walkways along the banks of the river is a good place for relaxation.
2. Several Trails run through the city and is a perfect place for walking, jogging, running, cycling etc.
3. Parks: Wilmot Park, Odell Park, Queens Park are within the city limits. Killarney lake is just outside the city. Mactaquac national park is about 25 Kilometers from the city.
4. The list and details of the national parks of New Brunswick is available at link: <https://www.parcsnbparks.info/>

CAUTION:

1. **Given the amount of greenery there are plenty of insects and flies.**
2. **Black flies' season is in spring from May to July. Usually, the city area has no black flies.**
3. **Mosquitoes are in plenty during the spring and summer.**
4. **There may be ticks on the grass, vegetation outside the designated walkway, trails. Ticks cause Lyme's disease for which there is no cure if not treated immediately and affect the health of a person badly.** Read more about Lymes disease at <https://www.canada.ca/en/public-health/services/diseases/lyme-disease.html>

PRECAUTION

1. Use bug/Mosquito repellent before going outside to avoid mosquito bites.
2. Wear light-colored, long-sleeved clothing to reduce mosquito and black fly bites.
3. Use caps or hats with net to cover face and neck.
4. Wear closed-toe shoes.
5. Do not walk outside designated walkway and trails. DO NOT LEAVE THE DESIGNATED AREAS.

24. For Students of University of New Brunswick/ Saint Thomas University.

There are various WhatsApp group catering only to Indian and Malayalee students in Fredericton. Contact anyone in the FAM WhatsApp group who will then direct you to one these group.

1. The requirements specifically for students for travel to Canada is provided by Government of Canada in the link below.

<https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/study-permit/prepare-arrival.html>

2. University of New Brunswick's guidance for travel to Fredericton/ New Brunswick is at link below.

<https://www.unb.ca/isao/planning.html>

3. UNB students visit link to enrol in the university support.

<https://www.unb.ca/international/support/index.html>

25. Important Phone Number

Service	Phone number
POLICE EMERGENCY	911
Police non-emergency line:	506-460-2300
Healthcare	811
Fire non-emergency line	506- 460-2020
Roadside assistance on Highway	511
Doctor Everett Chambers Hospital (DECH)	506-452-5400
Fredericton Urgent Treatment Centre at Brookside Mall	506-474-2269
New Brunswick-Information and referral service that connects New Brunswickers to critical human, social, community, and government support.	211
City of Fredericton: Water & Sewer (24hr emergency line)	506-460-2020
Car towing service: JA Towing & Recovery	(506)458-8500.

- Various nonemergency phone number of City of Fredericton are available on the website: <https://www.fredericton.ca/en/your-government/contact-directory>
- Fredericton Police website: <https://www.fredericton.ca/en/resident-services/public-safety/police-force>