public void SendMail(string from,string To,String Subject,string Body)

{

MailMessage mail = new MailMessage(from, To);

mail.Subject = Subject;

mail.Body = Body;

//Attachment attachment = new Attachment(@"");

//mail.Attachments.Add(attachment);

SmtpClient client = new SmtpClient("smtp.gmail.com", 587);

client.Credentials = new System.Net.NetworkCredential()

{

UserName = "",

Password = "--"

};

client.EnableSsl = true;

client.Send(mail);

}