

****Discuss the reasons why food is important for foreign people from Colombia in Bogotá****

People consider important food in Colombia, it is based on their culture and life style. Colombia has many kind of environments, and each region uses their own resources, so this identifies their food with different kinds of ingredients and flavors, so people can find that food on Bogotá because is 45% of foreign (in 2006). People can find soups, main courses, desserts, drinks and alcoholic drinks, for example here some typical food for each region: Antioquia and Eje Cafetero - cazuela de frijoles, Llanos orientales - ternera, Cundinamarca- ajiaco, Tolima y Huila - lechona, and more. Foreign people are when decide to live in Bogota carry with their culture.

It is common in Bogotá to find restaurants or activities from other regions of Colombia. Foreign people from Colombia in Bogotá can offer their own culture through food or activities, these are a good option, because earn money, so for most of foreign people are important this, because is their support. Bogotá is a big city that adopts other cultures, so this is a good way when foreign people arrive to bogota without support and money.

Food allows to identify a region and their culture this way foreign people can identify themselves. Each region has their food, and is different by their food, these are important to keep their culture and customs, when they come to Bogota can practice their culture and prepare their food.

Finally, people prefer their own food flavors over another, because like their flavors more than others, and prefer their culture and customs, this is important, so each new generation of foreign people are keeping a bit of their culture.

There are many reasons why food is important to foreign people, here are only a few. Each new generation are changing their culture to mix with another cultures, but cycle is repeating when other people foreign arrive to Bogotá. Probably this three reasons no changing for a long time.