

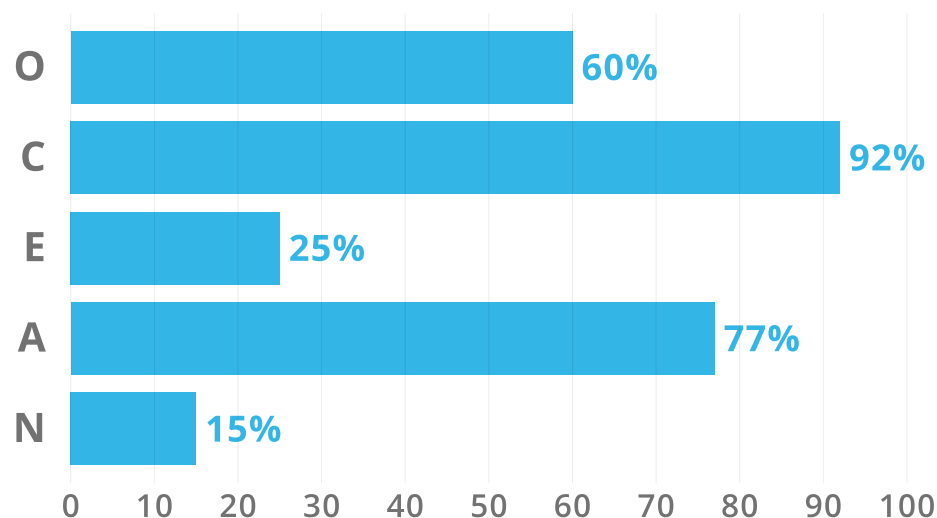
The Big Five Personality Test

RESULTS FOR GUEST

SEPTEMBER 26, 2021, 2:39 PM

Your Personality Trait Scores

This Big Five assessment measures your scores on five major dimensions of personality: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism (sometimes abbreviated OCEAN). Check out your scores on each of the five dimensions in the graph below, then read on to discover what each score means.



Openness

Openness describes a person's tendency to think in abstract, complex ways. High scorers tend to be creative, adventurous, and intellectual. They enjoy playing with ideas and discovering novel experiences.

Low scorers tend to be practical, conventional, and focused on the concrete. They tend to avoid the unknown and follow traditional ways.

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Openness is strongly related to a person's interest in art and culture. People who are high in openness tend to enjoy the arts and seek out unusual, complex forms of self-expression. People who are low in openness are often suspicious of the arts and prefer to focus on more practical pursuits.

Conscientiousness

Conscientiousness describes a person's ability to exercise self-discipline and control in order to pursue their goals. High scorers are organized and determined, and are able to forego immediate gratification for the sake of long-term achievement. Low scorers are impulsive and easily sidetracked.

The concept of Conscientiousness focuses on a dilemma we all face: shall I do what feels good now, or instead do what is less fun but will pay off in the future? Some people are more likely to choose fun in the moment, and thus are low in Conscientiousness. Others are more likely to work doggedly toward their goals, and thus are high in this trait.

Extraversion

Extraversion describes a person's inclination to seek stimulation from the outside world, especially in the form of attention from other people. Extraverts engage actively with others to earn friendship, admiration, power, status, excitement, and romance. Introverts, on the other hand, conserve their energy, and do not work as hard to earn these social rewards.

Extraversion seems to be related to the emotional payoff that a person gets from achieving a goal. While everyone experiences victories in life, it seems that extroverts are especially thrilled by these victories, especially when they earn the attention of others. Getting a promotion, finding a new romance, or winning an award are all likely to bring an extrovert great joy. In contrast, introverts do not experience as much of a "high" from social achievements. They tend to be more content with simple, quiet lives, and rarely seek attention from others.

Agreeableness

Agreeableness describes a person's tendency to put others' needs ahead of their own, and to cooperate rather than compete with others. People who are high in Agreeableness experience a great deal of empathy and tend to get pleasure out of serving and taking care of others. They are usually trusting and forgiving.

People who are low in Agreeableness tend to experience less empathy and put their own concerns ahead of others. Low scorers are often described as hostile, competitive, and antagonistic. They tend to have more conflictual relationships and often fall out with people.

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Neuroticism

Neuroticism describes a person's tendency to experience negative emotions, including fear, sadness, anxiety, guilt, and shame. While everyone experiences these emotions from time to time, some people are more prone to them than others.

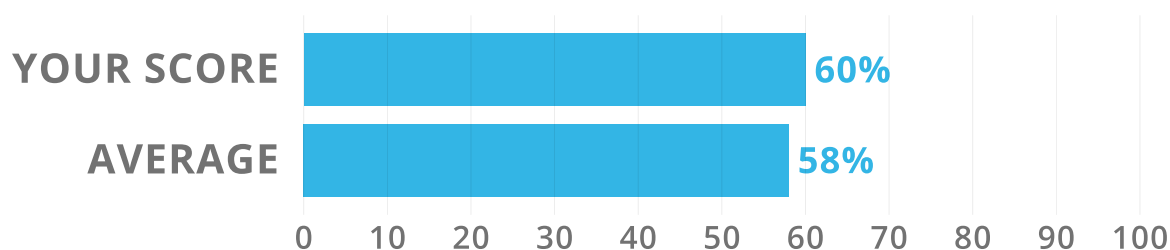
This trait can be thought of as an alarm system. People experience negative emotions as a sign that something is wrong in the world. You may be in danger, so you feel fear. Or you may have done something morally wrong, so you feel guilty. However, not everyone has the same reaction to a given situation. High Neuroticism scorers are more likely to react to a situation with fear, anger, sadness, and the like. Low Neuroticism scorers are more likely to brush off their misfortune and move on.

Your Traits in Depth

Now, we'll take a detailed look at each of your scores and how they compare with average scores for the population. We'll see what your scores mean for your individual experiences, and how the latest scientific research can help you to understand what your traits really mean.

Your Openness Score in Depth

Openness describes an individual's tendency to think in complex, abstract ways. People who are high in Openness are abstract thinkers, while people who are low in Openness are concrete thinkers.



As a person who is moderate in Openness, you are about as likely as the average person to think in an abstract, creative way. You are neither especially offbeat nor overly conventional in your thinking. You tend to think of yourself as practical, but open to new ideas.

Openness correlates highly with an interest in art and cultural experiences, and as someone who is moderate in this trait, you will probably have some level of interest in art. You may enjoy the occasional museum or symphony performance, but you likely have more conventional interests as well (for instance, sports or popular music). You may also have some artistic hobbies, like painting or dancing, although you may feel that you are not creative enough to really excel. You probably dislike very unusual or experimental forms of art, and prefer to enjoy cultural activities that are a bit more mainstream.

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Unlock your full report to discover the complete story of your personality traits.

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Your Personality Patterns

Your personality traits interact to create unique patterns of thought and behavior. In this section, you'll learn how your traits work together to drive the way you interact with the world.

To describe your personality patterns, we use a circular graph called a *circumplex*. The circumplex is used by psychologists to illustrate how two traits intersect to create more complex patterns of thought and behavior. Each circumplex has four sections, with each section describing a typical pattern. The area of each section shows how well that pattern describes you. A larger area indicates a better fit for that pattern.

Some circumplex graphs will show a clear preference for one pattern. Others will show a more even spread over two or even three patterns. Where you have nearly equal scores for two or more patterns, you can expect that both patterns may describe you equally well.

Core Pattern

This circumplex describes the essential role you take on in approaching the world. This role is a reflection of your core values and motivations, as well as the way you think about things.

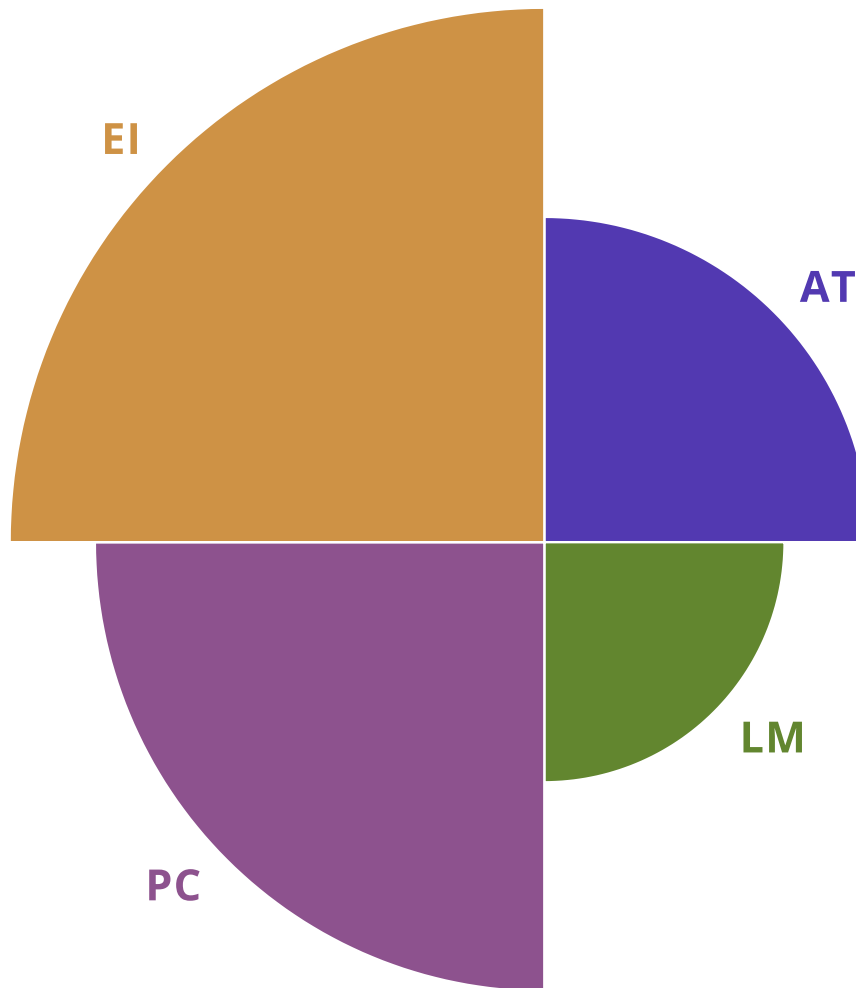
EMPATHIC IDEALIST

Uses insight and creativity to help others. Thinks about how the world could be a better and more beautiful place.

PRACTICAL CARETAKER

Helps other people in practical, everyday ways. Uses established institutions to maintain stability and security.

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ANALYTICAL THINKER

Solves logical problems with rational, complex analysis. Thinks about innovative ways to improve systems.

LOGICAL MECHANIC

Ensures accuracy and efficiency in logical systems. Uses proven methods to accomplish real-world goals.

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Emotional Pattern



Motivation Pattern



Social Pattern



Unlock your full report to see all 9 of your personality patterns.

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Your Traits in Action

Now we'll look at how your personality traits express themselves in all areas of life, from your daily routine to your relationships and your work life. Each section covers one key area and explains how your individual traits influence your experiences in this aspect of life.

Your Inner Life

Your personality governs the most fundamental things about you, including how you think, what you value, and what motivates you. This section explores how your traits drive your internal life.

How does your mind work?

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expertise or knowledge, although you also know when it is time to abandon fantasy and get back to the real world.

You tend to spend a lot of time thinking about the needs and experiences of others. As a highly empathetic person, you feel others' emotions almost as strongly as your own, and as such, the experiences of others occupy an important place in your mind. Your thoughts often revolve around how you might be more helpful to others, or how you can better understand what they are going through.

You are preoccupied with goal-setting and achievement and most of your thoughts revolve around planning and completing tasks. You are a structured, orderly thinker, and rarely waste time on unproductive daydreaming.

What do you value?

You are a highly sympathetic and altruistic person who values kindness and compassion above all else. You feel it is crucial to care for others and work to make the world a better place. You rarely do anything that does not have a payoff in kindness or caring. You are unconcerned with selfish goals, and instead preoccupy yourself with the needs of others.

You value a mix of tradition and innovation. You are usually content to do things the conventional way, until it stops working, at which time you are happy to explore novel approaches. Politically, you are probably moderate, appreciating leaders who are neither pie-in-the-sky idealists nor slaves to tradition. You are not interested in impractical flights of fancy, but you do see a place for new ideas that may improve the way we live.

Unlock your full report to find out how your traits impact every area of your life.

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What our customers think

Check out reviews from customers who have purchased their premium reports.

September 25, 2021 - 9:20pm

by Susan

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couple of surprises. And they were accurate, I had just never looked at myself that way. Our own opinion of ourselves can only be subjective, so this test is a more objective mirror and definitely worth the small investment!

September 23, 2021 - 7:53am

by Owen

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Really accurate!

September 19, 2021 - 6:22am

by Rohan Tonde

()

The report is mostly accurate in all terms. I took the OCEAN Test and it was perfect to describe the type of personality I have.

September 18, 2021 - 8:25pm

by Cynthia

()

You already know what kind of person you are, and this test accurately describe your personality and how you deal with life

September 18, 2021 - 4:46pm

by J Camper

()

It verbalizes what you've always known about yourself, and now you can describe the way you think and what you value. Highly recommended.

September 17, 2021 - 5:23pm

by Sal

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For such a short test, they were able to get a remarkably accurate assessment of me. I have already recommended it to several of my family members.

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by Salman

save your results forever!

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Wow, it was so accurate that this test knows me more than I know myself. They say you need to conquer yourself before conquering others

September 15, 2021 - 11:18pm

by Tracy J

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I am amazed at how spot on this test is. It is refreshing to feel validated.

September 13, 2021 - 11:02pm

by Carey Yost

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What a rush of excited emotions and dopamine after reading my review. I hope it's accurate!

September 13, 2021 - 5:04pm

by Brenda Bui

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The results illustrate my portrait quite accurately and I love the way the analysis is written, which is not so psychologically academic for anyone from any backgrounds to understand. However, it would be better if there are recommendations for one's improvements on each personality factor, as a too high or too low score is not always good in today complex and ambiguous world.

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