

Resource Guide

Connecting people to services



What is a Resource Guide?

This digital resource is designed to help people in Tucson connect with appropriate services. Available services include food assistance, emergency shelter, housing, financial aid, eviction prevention, community support, healthcare, and legal assistance, among others.

To keep this guide, [download and save to files](#).

[Files can be open without internet.](#)

If this is an **emergency**
reach out to the **appropriate service:**

Police, Fire, Medical: **911**

Domestic Violence: **1-800-799-7233** Text: **88788**

Suicide Prevention Hotline: **988** Text: **988**

Arizona Crisis Hotline: **1-844-534-4673** Text: **44673**

What assistance do you require?

You will find Phone numbers, Addresses and Helpful Tips

1. Education and Employment

2. Emergency Shelter

3. Food

4. Housing

5. Substance Use Services

6. Transportation





Education and Employment

EDUCATION ORGANIZATION

Goodwill Youth Education Centers

GED or Diploma for youth ages 16-24. Multiple Locations, See "Helpful Tips" for further details.

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Phone 1: (520) 306-8445 **4th Ave (300 N 4th Ave):** Mon. 11am - 4pm, Tues - Thurs 9am - 4pm

Phone 2: (520) 345-3531 **Silverlake (1920 E Silverlake Rd. Ste. 207):** Tues. - Friday 9am - 4pm

Phone 3: (520) 308-8654 **East Side (7149 E 22nd St.):** Mon. 11am - 4pm, Tues - Thurs 9am - 4pm

Tucson Prep (Website) High school Diploma

Phone: (520) 622-4185

Email: inquiry@tucsonprepschool.org

Address: 104 E Prince Rd, Tucson, AZ 85705

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 9am - 4pm

Closed on Major Holidays

Closed for major school breaks (Summer, Winter, and Spring). See website for more details

YWCA (Website) GED Program for all ages

Email: info@ywcatucson.org

Address: 525 N Bonita Ave. Tucson, AZ. 85745

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8am - 5pm

Phone: (520) 844-7810 (Select Language then Press 0)

EMPLOYMENT ORGANIZATION

AZ @ Work - Unemployment

Multiple Locations, See "Helpful Tips" for further details. Go in person by searching AZ @ work and finding a location near you.

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8am - 5pm

Phone 1: Call them at 1-877-600-2722

Goodwill Youth Employment Centers

For youth ages 16-24. Multiple Locations
See "Helpful Tips" for further details.

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Phone 1: (520) 306-8445 **4th Ave (300 N 4th Ave):** Mon. 11am - 4pm, Tues - Thurs 9am - 4pm

Phone 2: (520) 345-3531 **Silverlake (1920 E Silverlake Rd. Ste. 207):** Tues. - Friday 9am - 4pm

Phone 3: (520) 308-8654 **East Side (7149 E 22nd St.):** Mon. 11am - 4pm, Tues - Thurs 9am - 4pm

Interfaith Community Services

Email: info@icstucson.org
Address: Multiple locations

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Phone: 520-297-6049 (Press 4 then ask for the Workforce Development Center)

2820 W. Ina Road: Mon - Fri 9am - 4pm

122 N. Craycroft Rd: Mon - Fri 9am - noon

YWCA Southern Arizona (YWorks)

Email: info@ywcatuson.org
Address: 525 N. Bonita Ave. Tucson, AZ 85745

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8am - 5pm

Phone: 520-884-7810 (Select Language Then Press 3)



Helpful Tips



Goodwill Youth Education Centers

Goodwill offers continuing education for youth ages 16-24 and can help youth obtain a GED or a high school diploma. Goodwill has 3 locations with different hours, see below. To enroll, go in person, reach out to them via phone, or send them an email to schedule an appointment.

Additional Services

Employment Assistance
Homeless youth services
Case management
Support groups

Email 1: lmeeks@goodwilltucson.org
Email 2: cramirez@goodwilltucson.org
Email 3: kgreen@goodwilltucson.org

Tucson Prep (Website) High school Diploma

Tucson Prep is an alternative High School meant for youth who do not feel comfortable at a traditional high school but still want in person instruction. For Helpful Tips, contact them directly.

Requirements

Ages 14-21
Want to go back to high school
Must have a copy of your birth certificate and vaccine records

YWCA (Website) GED Program for all ages

YWCH offers anyone the opportunity to obtain their GED. They meet every Saturday, call or go in person for more details and information on how to enroll.

Requirements

Want to go back to high school
Able to attend class Saturdays
Can speak English or Spanish



AZ @ Work - Unemployment

These services can give people temporary monetary benefits in specific situations. You need to be recently fired from your job and actively looking for a new job. You may also not have more than a certain amount of money in your current bank account. If you think you may qualify, call or go in person to begin an application.

Requirements

Must be unemployed, this means you recently got let go from your job and are looking for a new one.
Must be 18 Years of age or older

Goodwill Youth Employment Centers (Website)

Goodwill offers employment services for youth ages 16-24 and can help youth with resume building, certificates, and interview skills. Goodwill has 3 locations with different hours, see below. To enroll, go in person, reach out to them via phone, or send them an email to schedule an appointment.

Additional Services

Education Assistance
Homeless youth services
Case management
Support groups

Interfaith Community Services

ICS can help with interview skills, job training, resume building, networking, and help you succeed in your job after you get hired. To enroll, **call 520-297-6049** (Press 4 then ask for the Workforce Development Center) or go to their website for further information.

Additional Services

Food Bank Services
Emergency Financial Assistance
Tax Assistance
Computer Classes

Requirements

Anyone who wants a job is eligible

YWCA Southern Arizona (YWorks)

YWCH offers anyone the opportunity to enroll into their job training program and can help with interview skills, professional clothing, free tax filing, workshops, and skill developments. call or go in person for more details and information on how to enroll.

Requirements

Looking for a job
Can speak English or Spanish



Emergency Shelter

[FIND A SHELTER NEAR YOU](#)

Sister-Jose Women's Shelter

Phone: (520) 909-3905 (Then Press 1)
Email: welcome@sisterjose.org
Address: 1050 S Park Ave, Tucson, AZ 85719

[HELPFUL
TIPS](#)[WEBSITE](#)

HOURS OF OPERATIONS

Intakes are in person first come first serve Tuesday through Friday 9:00am-11:00am and overnight intakes are Tuesday and Friday mornings (9am in person signups).

Gospel Rescue Mission

Phone: (520) 740-1501 (Then Press 2)
Email: N/A
Address: 4550 S Palo Verde Rd, Tucson, AZ 5714

[HELPFUL
TIPS](#)[WEBSITE](#)

HOURS OF OPERATIONS

Admin office is open for phone calls Mon-Fr 8:00 am -11:30 pm and 12:30 - 5:00
Monday - Thursday starting at 8 am

Primavera Mens Shelter

Phone: (520) 623-4300
Email: N/A
Address: 200 E Benson Hwy.

[HELPFUL
TIPS](#)[WEBSITE](#)

HOURS OF OPERATIONS

Open 24 hr

Salvation Army Hospitality House

Phone: (520) 622-5411 (Then Press 0)
Email: N/A
Address: 1002 N Main Ave.

[HELPFUL
TIPS](#)[WEBSITE](#)

HOURS OF OPERATIONS

Monday to Sunday 9:00 am to 5:00 pm



Primavera Family Pathways Program

Phone: (520) 623-5111
 Email: N/A
 Address: 702 S. 6th Ave Tucson, AZ, 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday, Wednesday, Thursday and Friday 9:00 am to 12:30 pm

Casa Paloma Women's

Phone: (520) 882-0820
 Email: N/A
 Address: Call for information

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Phone: 520-297-6049 (Press 4 then ask for the Workforce Development Center)

2820 W. Ina Road: Mon - Fri 9am - 4pm

122 N. Craycroft Rd: Mon - Fri 9am - noon

Reunion House (Ages 12-17)

Phone: (520) 320-5122
 Email: N/A
 Address: Call for information

HELPFUL
TIPS

WEBSITE

Emerge! (Domestic Violence) Is not a shelter

Phone: (520) 795-4266
 Phone: 1-888-428-0101
 Email: info@emergecenter.org
 Address: Call for information

HELPFUL
TIPS

WEBSITE

SAAF Anti-Violence Project

(LGBTQ+ Domestic Violence/Hate Crimes)

Phone: (520) 624-0348
 Email: N/A
 Address: Call for information

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8 am - 7 pm



Helpful Tips

Sister-Jose Women's Shelter

Intakes are in person first come first serve Tuesday through Friday 9:00am-11:00am and overnight intakes are Tuesday and Friday mornings (9am in person sign ups).

Services

1. Short-term Emergency Women's Shelter
2. Allows Pets (must be on leash and with owner)
3. No Children

Requirements

1. You must be 18 years of age or older
2. Identify as a Woman
3. No ID Requirements
- 4) Afternoon programming from 12-4 every day other than Sunday
(Includes snacks and lunch)

Gospel Rescue Mission

Intakes are first come, first serve up to 10 people Monday - Thursday starting at 8am (It is advised to get there early around 6am so you can be one of the first 10 people)

Admin office is open for phone calls Monday - Friday 8:00 am -11:30 am and 12:30 am - 5:00 pm

Services

- 1) Christian shelter for anyone ages 18+
- 2) Allows children
- 3) Length of stay varies based on need and success in the program
- 4) No pets

Requirements

- 1) No ID requirements
- 2) You are only allowed to bring 7 days of clothes and are not allowed to bring any non-clothes cloth items (sheets, blankets, sleeping bags, stuffed animals, etc.)
- 3) No drugs, alcohol, or weapons are allowed on the premise and prescription drugs must be in their original containers, properly labelled, and will be kept in their medical center.
- 4) Felons will be admitted on a case by case basis but registered sex offenders will be unable to be admitted.
- 5) Length of stay depends on need and success in program.



Primavera Mens Shelter

Call at 8am to reserve a bed. There may not be space but call back the following day if they do not have space today.

Services

- 1) Men's shelter up to 60 days
- 2) No children
- 3) No pets
- 4) Provides meals, showers, clothes, resources, case management, and more.

Requirements

- 1) 18+
- 2) No drugs or alcohol and must be sober.
- 3) Willing to participate in case management.
- 4) No ID requirements
- 5) You cannot have a level 2 or 3 sex offence conviction.

Salvation Army Hospitality House

Intakes are daily beginning at 9 am on a first come, first serve basis and number of intakes are dependent on availability.

Services

- 1) Allows children
- 2) Families allowed
- 3) No sex offenders and felons will be admitted on a case by case basis
- 4) No Drugs, alcohol, weapons and you must be sober.

Requirements

- 1) 18+ (Or if under 18, must be accompanied with a parent or legal guardian)
- 2) If you are not a family, you must identify as male
- 3) Must have state or federal ID
- 4) Service animals are allowed (must have documentation)



Primavera Family Pathways Program

Call for information about intake information. Leave a message with your name and number if there is no answer and a resource specialist will get back to you.

Services

- 1) Families of any makeup
- 2) Call for Helpful Tips

Requirements

- 1) Must be a family
- 2) no ID requirements
- 3) No drugs, alcohol, or weapons are allowed on the premise
- 4) Pets are allowed on a case by case basis

Casa Paloma Women's

Call for information about intake information. Leave a message with your name and number if there is no answer and a resource specialist will get back to you.

Services

- 1) Identify as a female (Non-binary/gender fluid people admitted on a case by case basis, call for more details)
- 2) Call for Helpful Tips

Requirements

- 1) No ID requirements
- 2) No drugs, alcohol, or weapons are allowed on the premise
- 3) Pets are allowed on a case by case basis

Reunion House (Ages 12-17)

Call the phone number for Helpful Tips (phone is active 24/7)

Services

- 1) Up to 21 day stay for youth ages 12-17
- 2) 24 hour stay if you do not have parent approval.
- 3) Call their phone for Helpful Tips

Requirements

- 1) Age 12-17
- 2) No pets
- 3) No drugs, alcohol, or weapons
- 4) Must be able to prove you are under 18



Emerge! (Domestic Violence)

Intakes are 24/7, availability is not guaranteed. Call for Helpful Tips (You may be put on hold till someone is available to answer your call). Once speaking to someone, you will complete a 30–45-minute shelter request form and if you qualify you will receive additional information and next steps. If you do not qualify, they can assist you with alternative plans to assure your safety.

Services

- 1) Shelter and assistance for anyone fleeing domestic violence
- 2) Call for Helpful Tips

Requirements

- 1) Fleeing Domestic Violence
- 2) All genders welcome
- 3) Families welcome
- 4) Service animals welcome (Must have proper documentation)

SAAF Anti-Violence Project

Monday - Friday 8am-7pm. Leave a message if there is no answer and someone will get back to you when they get it. Expect to be on the phone less than 15 minutes.

Services

- 1) LGBTQ+ emergency services and shelter
- 2) Helps create safety plan and get connected with other services
- 3) Call for Helpful Tips.

Requirements

- 1) Identify as LGBTQ+
- 2) 18+ (Minors accompanied by parents or guardians are allowed)
- 3) Must have an ID
- 4) Intakes will be in person the day following a phone call
- 5) May have up to 2 pets



Food

[FIND A FOOD NEAR YOU](#)

Food Stamps

Phone: (855) 432 7587
 Email: N/A
 Address: Search for your nearest DES

[HELPFUL
TIPS](#)
[WEBSITE](#)

HOURS OF OPERATIONS

Monday - Friday 8am - 5pm
 Closed on Major Holidays
 Must be low income or have no income

Caridad Community Kitchen

Phone 1: (520) 622 0525 X7221
 Phone 2: 520-882-5641
 Email 1: contactus@communityfoodbank.org
 Email 2: avalencia@communityfoodbank.org
 Email 3: rlopez@communityfoodbank.org
 Address: 3003 S Country Club Rd, Tucson, AZ 85713

[HELPFUL
TIPS](#)
[WEBSITE](#)

HOURS OF OPERATIONS

Monday - Friday 2pm - 4pm

Community Meals

Grab & Go meals are available to anyone in need! Free community meals include nutritious foods that offer comfort and sustenance. **Multiple Locations**, see Helpful Tips.

[HELPFUL
TIPS](#)
[WEBSITE](#)

Community Senior Food Program

All meals are expertly crafted to meet the specific nutritional needs of older adults **Multiple Locations**, see Helpful Tips.

[HELPFUL
TIPS](#)
[WEBSITE](#)

The Emergency Food Assistance Program

This program gives food to people in need. **Multiple Locations**, see Helpful Tips.

[HELPFUL
TIPS](#)
[WEBSITE](#)

Helpful Tips

Food Stamps

You may receive food stamps if you have low or no income. You may use expenses such as rent, utility payments, and phone bills to subtract against your income. For example, if you make \$1,000 but pay \$800 in rent, \$100 in utilities, and \$100 for a phone each month, it is like you make \$0/month. Expenses such as car payments, storage units, other monthly bills do not count.

How to Apply

It is easiest to apply for food stamps in person. They will give you a paper application to fill out then hand back into the front desk. If you would like help, ask to speak with someone to help you fill out the application. You may also apply over the phone or online but this process can be complicated and require many callbacks and long wait times. **It is best to have all your documentation (proof of income and proof of expenses) before applying.**

Requirements

1. Proof of income (including money given to you by friends or family members)
2. Proof of expenses (Copy of your utility bill, phone bill, a lease agreement, or written document)
3. Cannot be receiving benefits in another state
4. If you have left a job in the past 6 months, you may need to get a letter from that employer stating you no longer work there.

Caridad Community Kitchen

Caridad Kitchen is a program through the Community Food Bank of Southern Arizona that provides meals to those in need.

Requirements

No requirements needed. You may just show up for a meal.

Community Meals

They have different Locations.

Community Kitchen - Hot or Sack Lunch

Phone: 520 882 5641

Address: 845 N Main Ave

Hours: Monday - Friday 2:00 PM - 4:00 PM

Holy Family Church - Hot or Sack Lunch

Phone: 520 623 6773

Address: 338 W University Blvd

Hours: Sunday: 3:00 PM - 4:00 PM

Southside Presbyterian - HOT MEALS

Phone: 520 623 6857

Address: 338 W University Blvd

Hours: Monday and Friday: 7:30 AM - 9:00 AM

Life in Christ Community - Hot or Sack Lunch

Phone: 520 746 0254

Address: 102 E Palmdale St

Hours: Saturday: 5:00 PM - 6:00 PM

North minster Presbyterian - Hot or Sack Lunch

Phone: 520 327 7121

Address: 2450 E Ft Lowell Rd

Hours: Monday: 5:00 PM - 6:00 PM

His Presence Church Arizona

Phone: 520 722 2217

Address: 4108 E North St

Hours: Thursday: 1:00 PM - 5:00 PM

Living Faith Christian Center - Hot or Sack Lunch

Phone: 520 722 2217

Address: 4108 E North St

Hours: Thursday: 3:30 PM - 5:30PM

Saguaro Christian Church - Hot or Sack Lunch

Phone: 520 296 5901

Address: 8302 E Broadway Blvd

Hours: Wednesday: 5:00 PM - 6:30 PM

Community Senior Food Program

This program gives food to people over the age of 60. You must self-declare you have low-income and have proof that you live in the state of Arizona. To enroll in this program, go to a participating location and fill out an application with a staff member.

Community Food Bank of Southern Arizona

Phone: (520) 622-0525

Address: 3003 S Country Club Rd

Hours: Tuesdays & Wednesdays: 9:00 AM - 2:00 PM

Thursdays: 9:00 AM - 6:00 PM

4th Saturday of Every Month: 9:00 AM – 12:00 PM

Closed: First business day of the month

Interfaith Community Services

Phone: 520 297 6049

Address: 2820 W Ina Rd

Hours: See below

Mon, Wed, Fri, & Sat: 8:00 AM - 11:00 AM

Tues & Thurs: 8:00 AM - 11:00 AM & 5:00 PM - 6:30 PM

Address: 8302 E Broadway Blvd

Hours: Wednesday: 5:00 PM - 6:30 PM

The Emergency Food Assistance Program

This program gives food to people in need. You must self - declare you have low-income, have proof that you live in the state of Arizona, Have a photo ID, and list how many people live in your household. If you currently receive food stamps (SNAP), you are eligible for this program as well. You may pick up one box per month from this program. To enroll in this program, go to a participating location and fill out an application with a staff member.

Salvation Army

Phone: (520) 888-1299

Address: 218 E Prince Rd

Hours: Mon. - Thurs. 9:00 AM - 4:00 PM

Registration: 9:00 AM - 10:30 AM

Distribution: 10:30 AM - 4:00 PM

Arizona Baptist Children's Services

Phone: (520) 253-8999

Address: 2411 E Ft Lowell Rd

Hours: Tues. - Thurs 1:00 PM - 4:00 PM

Trinity Presbyterian Church

Phone: (520) 623-2579

Address: 400 E University Blvd

Hours: Tues. Noon - 3:00 PM

Grace St. Paul Joseph's Pantry

Phone: (520) 327-6857

Address: 2331 E Adams Street

Hours: Mon. Wed. & Fri 9:00 AM - Noon

His Presence Church Arizona

Phone: (520) 722-2217

Address: 4108 E North St

Hours: Tuesday 2:00 PM - 4:00 PM

Primavera, Hip

Phone: (520) 623-5111

Address: 702 S. 6th Ave

Hours: Mon. Wed. Thurs, & Fri 9:00 AM - 12:30 PM

Pio Decimo/CCS

Phone: (520) 416-4764

Address: 848 S 7th Ave

Hours: Mon. - Fri. 1:00 PM - 4:30 PM

Christ Church United Methodist

Phone: (520) 795-3624

Address: 655 N Craycroft Rd

Hours: Tues, Wed, & Thurs: 9:00 AM - Noon

St. Paul's United Methodist

Phone: (520) 296-1927

Address: 8051 E Broadway Blvd

Hours: Mon - Fri, 9:00 AM - 11:30 AM

Interfaith Community Services at New Spirit

Phone: (520) 296-2461

Address: 8701 E. Old Spanish Trail

Hours: 2nd and 4th Thursdays: 8:30 AM - 10:00 AM

Flowing Wells Family Resource Center

Phone: (520) 696-8614

Address: 4545 N La Cholla Blvd

Hours: Mon - Thurs: 8:00 AM - 4:00 PM

Canyon Del Oro Assembly of God

Phone: (520) 742-1168

Address: 2950 West Lambert Lane

Hours: Wed & Sat: 9:00 AM - Noon

Housing

Receive a Housing Assessment (SPDAT)

If you are Homeless. You may receive a housing assessment SPDAT at many locations. Please click on “Helpful Tips” to find a spot that suits your needs.

IN PERSON
LOCATIONS

OVER PHONE

WEBSITE

Section 8

Phone: (520) 791-4171
Email: HCDAdmin@tucsonaz.gov
Address: 310 N Commerce Park Loop, Tucson, AZ

HELPFUL
TIPS

WEBSITE

Wildcat Inn

Phone: Email for More info
Email: allison.chappell@tucsonaz.gov
Address: 1701 N Oracle Rd, Tucson, AZ 85705

HELPFUL
TIPS

HOURS OF OPERATIONS

Monday - Friday 8am-5pm.

The Wildcat Inn is a program in a converted hotel and the rooms are studio style. For Helpful Tips, you may Email them or show up in person. If you are already receiving case management, they can give you a referral to the Wildcat Inn if you qualify, see details below.

Low-Income Housing (Must have Income)

There are many organizations that offer low-income housing. Please click “Helpful Tips” to learn more about how to apply.

HELPFUL
TIPS

RECEIVE A HOUSING ASSESSMENT (SPDAT)

IN PERSON Locations

La Frontera

Address: 4554 S Palo Verde Rd
IN PERSON ONLY

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday from 8am - 4pm

Primavera

Address: 702 s 6th Ave.
IN PERSON

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon, Wed, Thurs, Fri: 9am-12:30pm

OVER THE PHONE Locations

There is no guarantee you will receive an assessment the day you call. Availability is dependent on how busy the organization is that day. In many cases, when you leave a message, it can take 1 or more business days for someone to call you back to schedule an appointment. If you are in more immediate need, it may be faster to try and call many locations or do an assessment in person.

Our Family Services

Phone: (520) 323-1708
Address: 2590 N Alvernon Way

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon-Thurs 8am - 4pm

City of Tucson

Phone 1: (520) 850-0380

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Tues, Wed, Thurs 1pm - 4pm

Primavera (Website)

Phone: (520) 623-5111 ext. 105

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

**Mon, Wed, Thurs, Fri 1pm - 4pm
Tues 8am - 4pm**

Old Pueblo Community Services (Website)

Phone: (520) 546-0122 (then press 2)

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon - Fri 8am - 4pm

Interfaith Community Services (Website)

Phone: (520) 297-6049 (Then Press 4)
Phone 2: (520) 477-0989

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon - Fri 9am - 4pm

Salvation Army

Phone: (520) 622-5411 (If nobody answers, press 0)

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon - Sat 2pm - 7pm

Sullivan Jackson (Pima County)

Phone: (520) 724-7300 (Ask for a SPDAT)
Phone 2: (520) 477-0989

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon - Fri 8am - 5pm

Helpful Tips

RECEIVE A HOUSING ASSESSMENT (SPDAT)

IN PERSON Locations

La Frontera

You can receive a SPDAT. This assessment location is in person only and is located next to Gospel Rescue Mission. It is best to arrive early to provide enough time to allow for an assessment. If you are unable to receive an assessment the same day, they can schedule an appointment for another day that works for you and them.

Primavera

The earlier you are, the more likely you will be to receive an assessment. If you are unable to complete an assessment the day you show up, you can schedule a time to complete an assessment at another time. To complete a SPDAT in person with Primavera, go to their office.

OVER THE PHONE Locations

Our Family Services

To Receive a SPDAT with Our Family Services Monday - Thursday 8am-4pm, you may call (520) 323-1708 to fill out an interest form or go in person (2590 N Alvernon Way) to fill out an interest form. You will likely receive a call from an assessor within a few business days to complete an assessment

City of Tucson

To receive an assessment with the City of Tucson, you can call (520) 850-0380 Tues, Wed, Thurs 1pm - 4pm. If you leave a voice mail, someone will get back to you within 24 business hours to complete an assessment. There may be availability to complete an assessment the same day but most likely will be able to schedule an appointment within 2 business days of calling.



Primavera (Website)

To receive a SPDAT over the phone with someone Monday, Wednesday, Thursday, or Friday between 1pm and 4pm, call (520) 623-5111 then use extension 105. You will be directed to the front desk and they can assist you with receiving an assessment. They will try to get an appointment the same day but it can take a few days to find availability. If nobody answers, please leave a voice mail with your name, phone number, and a brief description of what you need and someone will call you back within 1-2 business days.

Old Pueblo Community Services (Website)

If you would like to complete an assessment with OPCS Mon-Fri 8am - 4pm, you will call them at (520) 546-0122 then press 2)

You will leave a voice mail and someone will get back to you to schedule an appointment within a few business days.

Interfaith Community Services (Website)

To Receive a SPDAT Monday - Friday 9am - 4pm, call (520) 297-6049 (Then Press 4) to get transferred to the front desk, or call (520) 477-0989 to reach the assessor directly. If no one answers, please leave a voicemail with your name, number, and a brief description of what your need is. If you leave a voicemail, someone will get back to you within 1-2 business days. The earlier you call, the more likely it is they can schedule an assessment sooner. There is no guarantee of a same day assessment but they can schedule a time with you they can call back to complete an assessment.



Salvation Army

If you would like to complete an assessment with the Salvation Army, you will call them at (520) 622-5411. If no one answers, you can press 0 to be transferred to their shelter where you can speak to someone about more options. If no one answers that phone, you may leave a voice mail with your name, number, and a brief description about your situation and someone will get back to you within a few business days.

Sullivan Jackson (Pima County)

If you would like to complete an assessment with Sullivan Jackson Employment Center (Pima county) Mon-Fri 8am - 5pm, you will call them at (520) 724-7300. A front desk person will answer and ask what your need is and ask for a SPDAT. They will transfer your call to an outreach worker. If their outreach worker does not answer, leave a voicemail and someone will get bakc to you as soon as they receive your message. If you would like to call back and ask the front desk when someone may return their call, they will be able to give you more detailed information.



Helpful Tips

SECTION 8

Section 8 is a voucher for housing given to individuals and families who make less than 30% of the average income in an area. These vouchers can last a lifetime if you follow the rules in the program and continue to meet the qualification requirements. To find out if you qualify, follow the links below or apply.

For questions, please email: TucsonWaitingList@Tucsonaz.gov or call and leave a message at (520) 791-5840.

[For Helpful Tips about Section 8 in Tucson, click here](#)

[To update your contact information with section 8, click here](#)

[To apply for section 8, click here](#)

[To check on your application status, click here](#)



Helpful Tips

WILDCAT INN

The Wildcat Inn is a program in a converted hotel and the rooms are studio style. For more information, you may Email them or show up in person. **Monday - Friday 8am-5pm.** If you are already receiving case management, they can give you a referral to the Wildcat Inn if you qualify, see details below.

Services

This program is intended to help people who are homeless get an independent place to stay while getting back on their feet. They help with employment, housing, case management, and more.

Requirements

You must be currently Homeless, and either 65+, disabled, or a family with children under the age of 18. Availability depends on how many people are currently staying there. They do not accept sex offenders and accept felons on a case-by-case basis.



Helpful Tips

LOW INCOME HOUSING

(MUST HAVE INCOME REQ)

Low-income housing (also known as affordable housing) is housing meant for people and families who are unable to afford housing on their own. Typically, there are requirements when applying such as having all your IDs and having a minimum income without making too much. Each program has its own requirements however if you make less than \$800/month you would most likely not qualify. Many of the properties use what I called AMI to determine income eligibility.

Learn more about AMI and where you and your family fit with the link below.

What is AMI?

Area Median Income

TMM Affordable Housing

Phone: (520) 322-9557 (Then press 2)
Email: N/A
Address: 1550 N Country Club Rd Tucson, AZ 85716

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8:30am - 4:30pm

For single mothers, the disabled, people 62+, or people approved for section 8

Southern Arizona Land Trust, Inc

Phone: (520) 352-2626 (Press 2)
Email: Admin@saltproperty.com
Address: 3044 N Alvernon Way, Tucson AZ 85712

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Mon - Sat 2pm - 7pm For families of 5+ people
Open Monday - Friday 8am-5pm | Closed on Holidays
Apply in person when they are open



Pio Decimo Transitional Housing

Phone: (520) 622-2801 (Press 2 then Press 3)
Email: ganelitz@ccs-pio.org
Address: Multiple Locations

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday-Friday 9am-4pm

Apply by email or in person

For families between 2-5 people

Primavera Affordable Rental Housing

Phone: (520) 882-5383
Email: N/A
Address: Multiple Locations

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday 8am - 5pm. Closed for major holidays

For people looking for a studio, 1-bedroom or 2-bedroom

Helpful Tips

LOW INCOME HOUSING

(MUST HAVE INCOME REQ)

TMM Affordable Housing

For single mothers, the disabled, people 62+, or people approved for section 8

Services

Services are for People with income of at least \$1200 who are single mothers, veterans, disabled, 65+, or receiving section 8. You must have proof of income such as paystubs, benefit letters, letters of support from family/friends, and/or documentation of income. You may have to apply in person and complete a pre-qualification interview. Intakes take 1 week or longer and availability is dependent on units they have in stock. There may be a wait list and the program will be able to tell you how long it may take, call for Helpful Tips.

Requirements

- 1) Have an ID, Birth Certificate, Social Security Card, and child(ren)'s Birth Certificate if applicable.
- 2) If you have a past eviction, you must have it paid in full or working on a payment plan
- 3) You must have income of \$1200.00+ per month
- 4) No Felons or sex offenders

Southern Arizona Land Trust, Inc

For families of 5+ people

Services

This is a low-income housing organization that has 3-4-bedroom units intended for families with 5+ members. You must be considered low income or medium income based on your family size but also make 3 times what their rental prices are. Call for more details about income.

Requirements

- 1) Meet income requirements
- 2) not have any past evictions OR have all previous evictions taken care of.
- 3) Felons are accepted on a case-by-case basis but no sex offenders
- 4) Have an ID and birth certificate of all adults in the household and all birth certificates of all children in the household



Pio Decimo Transitional Housing

For families between 2-5 people

Services

Pio Decimo has a low-income housing program for families of 2-5 total people.

Requirements

- 1) \$1,000 down payment and have an income of 60% AMI or lower
- 2) Income of 60% AMI or lower
- 3) Felons are accepted on a case-by-case basis but no sex offenders
- 4) Have an ID and birth certificate of all adults in the household and all birth certificates of all children in the household

Primavera Affordable Rental Housing

Services

Primavera offers low-income housing ranging from a studio apartment to a 2 bedroom. They have multiple locations around Tucson and you can look at their website or at Pima County Housing Search for more information.

Requirements

- 1) Income needs to be 2x rent or more but no more than 60% AMI
- 2) You need an ID, social security card, and a birth certificate (Only for children)
- 3) Felons are admitted on a case-by-case basis

Substance Use Services

Cornerstone (El Derado)

Phone (Intake): 520-637-2004
 Phone (Office): 520-222-8268
 Email: N/A
 Address: 1400 N Wilmont Rd.

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Cornerstone is open 24/7 and 365 days a year. Call for Helpful Tips.

COPE

Phone: 520-205-4732
 Email: N/A
 Address: Multiple locations, call for more details

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

COPE is open Monday - Friday 8am - 5pm and closed on all major holidays. Before receiving services, you must call 520-205-4732 to schedule an intake. Once you complete an intake, you can access their services.

CODAC

Phone: (520) 327-4505 then press 3 to enroll
 Email: N/A
 Address: Multiple Locations, See Helpful Tips

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Codac is open 24/7 for substance use treatment. Call to schedule an intake. For behavioral health services, they are only open Monday - Friday 8am - 5pm.

HOPE

Phone (Enrollment): 520-770-1197 (Press 4)
Phone (24/7): 520-770-9909
Email: N/A
Address: 125 E 34th St

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

HOPE is open Monday - Friday 8am - 5pm and Saturday 8-12. They also have a 24/7 call line.



Helpful Tips



Cornerstone (El Derado)

Intakes are in person first come first serve Tuesday through Friday 9:00am-11:00am and overnight intakes are Tuesday and Friday mornings (9am in person sign ups).

Services

Cornerstone provides services for people who are in need of inpatient services for substance use and mental health crisis.

Requirements

- 1) No insurance Requirements
- 2) Must complete assessment with one of their nurses or therapist
- 3) 18+
- 4) Can typically stay about a week and before discharge, they create an exit plan with you

COPE

Intakes are in person first come first serve Tuesday through Friday 9:00am-11:00am and overnight intakes are Tuesday and Friday mornings (9am in person signups).

Services

Substance use services
Domestic Violence Classes
Anger management classes
PTSD services
Other behavioral health services

Requirements

- 1) COPE serves anyone ages 6+ but people under 18 years old must have parental approval
- 2) COPE accepts most insurance including AHCCCS



CODAC

CODAC Offers Behavioral Health Therapy as well as outpatient substance use treatment such as methadone and suboxone. They take all insurances however if it is a private insurance you may not be able to receive behavioral health treatment.

Services

Substance use services
Domestic Violence Classes
Anger management classes
PTSD services
Other behavioural health services

Requirements

Must be 18 years or older
Must be enrolled to get services
Do not want inpatient services

HOPE

HOPE is open Monday - Friday 8am - 5pm and Saturday 8-12. They also have a 24/7 call line.

Services

HOPE provides substance use recovery services including 1-1 peer support, groups, showers, safe spaces, and other services. You must be enrolled with them to access services.

Requirements

- 1) 18+
- 2) HOPE takes most insurances
- 3) Wanting to overcome addiction

Transportation

This transportation services are available to persons with disabilities who meet the criteria and are eligible through the ADA Paratransit Eligibility Office.

You can call to this number, they will guide you through the process.

ADA Paratransit Eligibility Office

Phone: (520) 791 5409

Email: Specialservices@tucsonaz.gov

Address: ADA Paratransit Eligibility Office, 149 N. Stone Ave., 2nd Floor

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m

Saturday: 8 a.m - 7 p.m

Sunday: 9 a.m - 5 p.m

This office handles the eligibility process for ADA para-transit services, ensuring that individuals who qualify can access the necessary transportation options.

**Must have an address to start the process.
They will send you a mailbox with a form to fill**

Services:

Sun Van

Phone: (520) 798 1000

Email: suntraninfo@tucsonaz.gov

“Address: 35 W. Alameda (SW Corner Stone/Alameda)
Tucson, AZ 85701”

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.

Saturday: 8 a.m - 7 p.m

Sunday: 9 a.m - 5 p.m

Sun Shuttle

Phone: (520) 229 4990
Email: suntraninfo@tucsonaz.gov
Address: 35 W. Alameda (Corner Stone/Alameda)
Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.
Saturday: 8 a.m - 7 p.m.
Sunday: 9 a.m - 5 p.m

Sun On Demand

Phone: (520) 798 1000
Email: suntraninfo@tucsonaz.gov
Address: 35 W. Alameda (Corner Stone/Alameda)
Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.
Saturday: 8 a.m - 7 p.m.
Sunday: 9 a.m - 5 p.m

Sun Shuttle Dial A Ride

Phone: (520) 792 9222
Email: suntraninfo@tucsonaz.gov
Address: 35 W. Alameda (Corner Stone/Alameda)
Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.
Saturday: 8 a.m - 7 p.m.
Sunday: 9 a.m - 5 p.m

Oro Valley Dial A Ride

Phone: (520) 229 4990
Email: suntraninfo@tucsonaz.gov
Address: 35 W. Alameda (SW Corner Stone/
Alameda) Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.
Saturday: 8 a.m - 7 p.m.
Sunday: 9 a.m - 5 p.m

Green Valley/Sahuarita Dial A Ride

Phone: (520) 792 9222

Email: suntraninfo@tucsonaz.gov

Address: 35 W. Alameda (SW Corner Stone/
Alameda) Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.

Saturday: 8 a.m - 7 p.m

Sunday: 9 a.m - 5 p.m

Marana/Avra valley Dial A Ride

Phone: (520) 229 4990

Email: suntraninfo@tucsonaz.gov

Address: 35 W. Alameda (SW Corner Stone/
Alameda) Tucson, AZ 85701

HELPFUL
TIPS

WEBSITE

HOURS OF OPERATIONS

Monday - Friday : 6 a.m - 8 p.m.

Saturday: 8 a.m - 7 p.m

Sunday: 9 a.m - 5 p.m



Helpful Tips



Sun Van

Sun Van is a para-transit service that provides door-to-door transportation for individuals with disabilities who are unable to use the regular Sun Tran bus services.

Services

- 1) 1 to 7 days to make a reservation
- 2) Available for disabled individuals

Requirements

- 1) Eligible through the ADA Para-transit
- 2) Trips are made within the available zones

Call Menu PRESS FOR

- 1) Request a ride Sun Van
- 2) Cancel a ride/Existing Ride
- 3) Request a ride / Sun on Demand
- 4) To reach the operator

Sun Shuttle

Sun Shuttle offers neighbourhood transit services for various areas around Tucson. It operates on fixed routes and schedules to connect residents to major transit centers and destinations.

Services

- 1) 2 to 12 days to make a reservation
- 2) Available for disabled individuals

Requirements

- 1) Eligible through the ADA Paratransit
- 2) Trips are made within the available zones

Call Menu PRESS FOR

- 1) Reserve a Ride / Cancel future Rides
 - 2) Info rides or cancel ride
- Wait to reach the operator



Sun On Demand

Sun On Demand provides flexible, on-demand transportation services for areas that do not have fixed-route bus services, offering residents a more convenient travel option.

Services

- 1) 1 to 7 days to make a reservation
- 2) Available for disabled individuals

Requirements

- 1) Eligible through the ADA Paratransit
- 2) Trips are made within the available zones

Call Menu PRESS FOR

- 1) Request a ride Sun Van
- 2) Cancel a ride/Existing Ride
- 3) Request a ride / Sun on Demand
- 4) To reach the operator

Sun Shuttle Dial A Ride

This service offers door-to-door transportation for seniors and individuals with disabilities who need assistance traveling within the service area.

Services

- 1) 1 to 7 days to make a reservation
- 2) Available for disabled individuals

Requirements

- 1) Eligible through the ADA Paratransit
- 2) Trips are made within the available zones

Call Menu PRESS FOR

- 1) For Sun Shuttle Dial a Ride
- 2) For Sun Tran/Sun Link/Sun van/Sun Shuttle

*Sun Shuttle Dial A Ride has the possibility to book a ride in the same day if it's available

Other Reservations: Oro Valley Dial A Ride, Green Valley/Sahuarita Dial A Ride, Marana/Avra valley Dial A Ride

Oro Valley Dial A Ride

Green Valley/Sahuarita Dial A Ride

Marana/Avra valley Dial A Ride

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