

## "Ongoing Projects"

- ◆ *Open Senior Service Centers in the Chicago Metropolitan area*
- ◆ *Establish an affordable housing for South Asian American retirees*
- ◆ *Establish Retirement Communities and Nursing Homes for the South Asian Community*



### Senior Luncheon

An opportunity for AARA to canvass community members on the needs

## How can you contribute?

*We request your Time, Talent & when you believe in the effort your financial investment*

## Volunteering Opportunities

*Everyone at AARA provides services on a pro-bono basis. We are all volunteers that love being a part of something we truly believe in. We are looking for fun-loving, kind and caring volunteers to serve the*

## Our Mission

*Our mission is to inspire, engage and enhance the emotional, social and physical well-being of the senior community of South Asian Origin.*

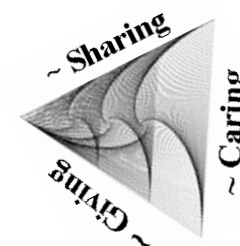
Contact us at:

**630-803-8130**

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**American Association of Retired Asians**  
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# AMERICAN ASSOCIATION OF RETIRED ASIANS



A 501(c)(3) non-profit organization dedicated to providing referral, social and recreational services to the Seniors of the South Asian community



### Services currently offered....

- ## Our Goals

- ## Why AARA?

*This population, is under-served due to various cultural and linguistic barriers that have prevented access to*

**Current Projects**

- |                                        |                            |                     |
|----------------------------------------|----------------------------|---------------------|
| ◆ Referral & Translation Services      | ◆ Family Counseling        | ◆ Computer Classes  |
| ◆ Navigating Medicaid, Medicare & SSI  | ◆ Stress Management        | ◆ Citizenship       |
| ◆ Health Screening                     | ◆ Meditation               | ◆ ESL Classes       |
| ◆ Weekly Senior Lunches                | ◆ Seated Yoga              | ◆ Bridge Club       |
| ◆ Quarterly Educational Lecture Series | ◆ Tea Talk                 | ◆ Elder Abuse &     |
| ◆ Mental Health                        | ◆ Life Changing Strategies | ◆ Domestic Violence |