## Draft of Calculator Equations Document

## Reuben

## 1 equations

Quadrupole moment (eb?) from Matrix Element (eb $^{\lambda/2}$ ):

$$Q_s = M.E. \left(\frac{16\pi}{5} \frac{J(2J-1)}{(2J+1)(2J+3)(J+1)}\right)^{\frac{1}{2}}$$
 (1)

Jacobs thesis? (not sure of the text book or paper)

NOTE  $J_i$  is the higher energy state,  $J_f$  is the lower energy state.  $B(E\lambda)\downarrow$  in W.u. to  $B(E\lambda)\downarrow$  in  $e^2fm^{2\lambda}$ :

$$B(E\lambda) \downarrow e^2 f m^{2\lambda} = B(E\lambda) \downarrow W.u. \frac{(1.2)^{2\lambda}}{4\pi} \frac{3}{(\lambda+3)^2} A^{2\lambda/3}$$
 (2)

Bohr and Mottelsson

Matrix Element (eb $^{\lambda/2}$ ) to B(E $\lambda$ ) $\downarrow$  (e $^2$ b $^{\lambda}$ ) :

$$B(E\lambda) \downarrow = \frac{(M.E.)^2}{2J_i + 1} \tag{3}$$

Lisa thesis (not sure of the text book of paper)

 $\mathcal{B}(_M^E\lambda)\downarrow$  to  $\mathcal{B}(_M^E\lambda)\uparrow$  (unit to same unit, need to convert units before or after if wanting) works for both E and M transitions :

$$B(_{M}^{E}\lambda) \uparrow = B(_{M}^{E}\lambda) \downarrow \frac{2J_{i}+1}{2J_{f}+1}$$

$$\tag{4}$$

CHECK THE BELOW (they match what I found in text books, but doesn't make an exact conversion to what I expect?)

$$B(M\lambda)\downarrow (W.u.)$$
 to  $B(M\lambda)\downarrow (\mu_N^2 fm^{(2\lambda-2)})$ :

$$B(M\lambda) \downarrow \mu_N^2 f m^{(2\lambda - 2)} = B(M\lambda) \downarrow W.u.1.2^{2\lambda - 2} \frac{10}{3} \frac{3}{\lambda + 3}^2 A^{(2\lambda - 2)/3}$$
 (5)

$$B(M\lambda) \downarrow = \frac{(M.E.)^2}{2J_i + 1} \tag{6}$$

## 1.1 Unit Converters:

Matrix Element ( $\mathrm{eb}^{\lambda/2})$  to Matrix Element ( $\mathrm{efm}^{\lambda})$  : (check)

$$M.E.efm^{2\lambda/2} = M.E.eb^{\lambda/2}100^{\lambda/2}$$
 (7)

$$B(E\lambda)\downarrow (e^2b^{\lambda})$$
 to  $B(E\lambda)\downarrow (e^2fm^{2\lambda})$  : (check)

$$B(E\lambda) \downarrow e^2 f m^{2\lambda} = B(E\lambda) \downarrow e^2 b^{\lambda} 100^{\lambda}$$
 (8)