In this task, you will need to write a Python code that extracts data from an API and saves it into a database table.

First, familiarize yourself with the following API: https://jsonplaceholder.typicode.com/

Task Instruction:

- 1. Extract all posts and comments from the server
- 2. Convert the .json format into pandas data frame
- 3. Insert the data frame into the corresponding tables in the database