HOW IT SPREADS

- Drinking contaminated water.
- Eating contaminated food.
- Contact with faeces vomit or things that have been contaminated with faeces or vomit of someone who has cholera.
- Contact with someone who has died from cholera.

CHOLERA DISEASE





www.doh.samar.com

For information, contact this hotlines:

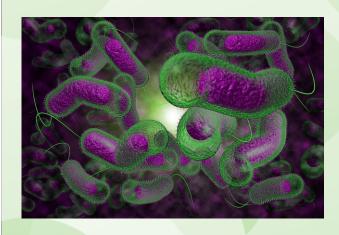
CITY HEALTH - 2091267 / 0917 312 1174 WATER DISTRICT - 2091218 / 0995 257 5814 OLPHI - 2093734

SANITARIUM - 2091323

ST. CAMILLUS - 2099050

Lay out by:
William B. Tumarao

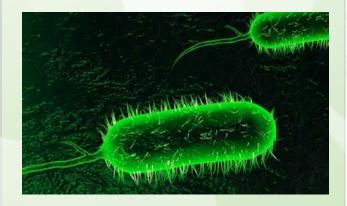
CHOLERA



The cholera most forcibly teaches us our mutual connection. Nothing shows more powerfully the duty of every man to look after the needs of others.

What is CHOLERA?

Cholera is an acute diarrhea infection caused by ingesting food of water Con-taminated with bacteria vibrio cholerae bacterium - World Health Organization (WHO).



Where?

Department oh Health (DOH) Eastern Visayas reported 32 suspected deaths due to cholera in the region, 7 were recorded in Catbalogan City, 4 in Calbayog City, 6 in Tarangnan town, 2 each in Almagro and Gandara town and 1 each in the town of Jiabong Villarreal Santa Margarita. All in Province.

Causes



Eating Unsafe Food



Drinking Unsafe Water



Poor Hygiene



Vibrio Cholerae Bacterium



Lack Of Regular Sanitation

Sign & Symptoms



Acute Diarrhea



Rapid Dehydration



Vomiting

Department of Health advised the public to practice measures and prevention to stop the spread of cholera disease.





Drink only SAFE & CLEAN water. If unsure, boil drinking water for 3 or more minutes or do water chlorination.





Keep food away from insects & rats by covering it.





Wash & cook food properly.





Dispose human waste properly.





Use toilet properly & clean it everyday. Wash hands with soap & safe water after using toilet & before eating.





Keep surrounding clean to prevent flies and other insects & rodents from breeding.