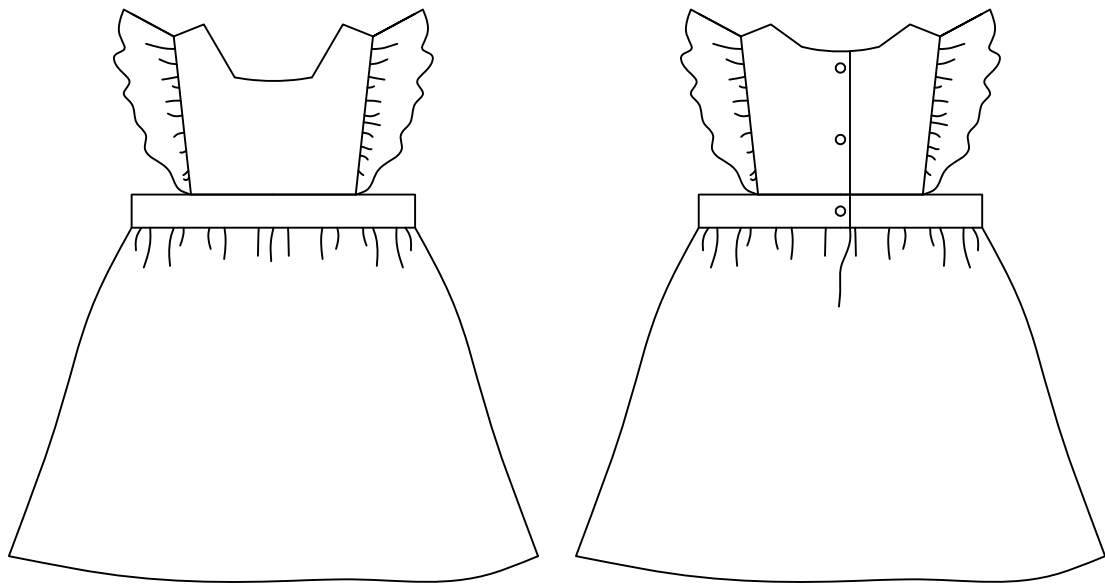




# POLLY PINAFORE

a PDF Pattern in sizes 000-10



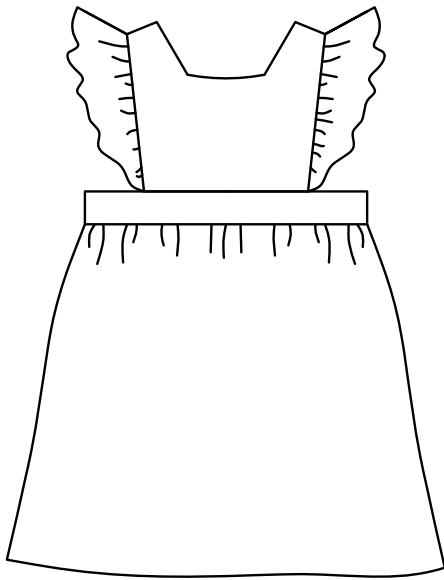
FRONT

BACK

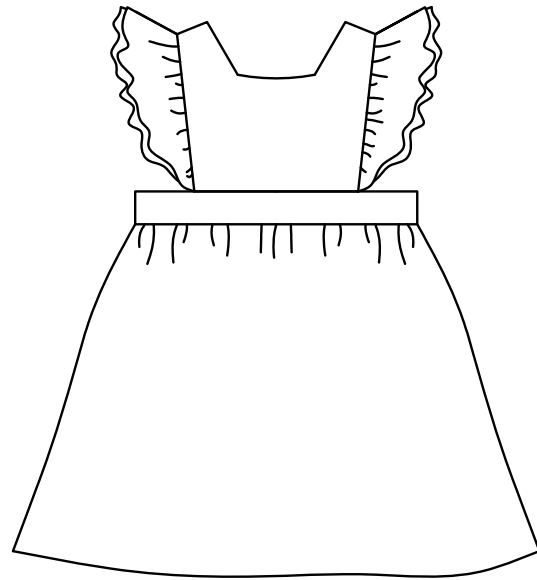
BEBEKINS PATTERN STUDIO

# BEBEKINS

The Polly Pinafore is an all time classic piece. It's definitely something that every little girl needs in her wardrobe. Perfect for hot summer days, or wear over long sleeves and thighs on cooler weather.



**VIEW A**  
Regular Skirt  
Single Ruffle



**VIEW B**  
Twirly Skirt  
Double Ruffle

It's a vintage inspired dress, that will hit just a bit above the knee. Includes two skirt widths, one for everyday and one for twirling. Choose between regular and wide ruffles, or why choose when you can use both!

## TERMS AND CONDITIONS

For individual use only.

You are more than welcome to sell garments produced  
from this pattern on a small scale.  
Please credit Bebekins Patterns where necessary.

STRICTLY no distribution allowed.

## BEFORE YOU START

Be sure to wash and dry all fabric before cutting to avoid shrinking your final garment. I always recommend sewing up a muslin before cutting into your favorite fabric to assure perfect fit.

## PRINTING INSTRUCTIONS

Make sure that your printer is set to actual size or 100% scaling.

## DIFFICULTY

Advanced Beginner

## NOTIONS

- Coordinating thread
- 3-4 buttons

## SEAM ALLOWANCE

3/8" seam allowance included in all pattern pieces.

## FABRIC REQUIREMENTS

Light to medium weight woven fabrics such as linen, cotton, rayon challis, chambray or seersucker.

## FABRIC REQUIREMENTS

Light to medium weight woven fabrics such as linen, cotton, rayon challis, chambray or seersucker.

## YARDAGE

SIZE	SKIRT + WAISTBAND	BODICE	RUFFLE
000	3/4 yard	1/4 yard	1/4 yard
00	3/4 yard	1/4 yard	1/4 yard
0	3/4 yard	1/4 yard	1/4 yard
1	3/4 yard	1/4 yard	1/4 yard
2	1 yard	1/4 yard	1/4 yard
3	1 yard	1/4 yard	1/4 yard
4	1 yard	1/4 yard	1/4 yard
5	1 yard	1/4 yard	1/4 yard
6	1 yard	1/4 yard	1/4 yard
7	1.25 yards	1/3 yard	1/4 yard
8	1.25 yards	1/2 yard	1/4 yard
9	1.25 yards	1/2 yard	1/4 yard
10	1.25 yards	1/2 yard	1/4 yard

## TOTAL YARDAGE

SIZE	FABRIC
000	1 yard
00	1 yard
0	1 yard
1	1.25 yards
2	1.25 yards
3	1.50 yards
4	1.50 yards
5	1.75 yards
6	2 yards
7	2 yards
8	2.25 yards
9	2.25 yards
10	2.25 yards

## CHOOSING THE RIGHT SIZE

Measure your child's chest, waist and height and refer to the size chart below.

Please use your child's height measurement to decide which bodice to use.  
Use her chest/waist measurement to decide for the waistband.

If she falls in between two sizes for chest/waist, please use the bigger size. If she falls into two sizes for chest/waist (ex. size 3 chest, size 2 waist.), please use the bigger size. No need to blend unless your height/width difference is more than 3 sizes apart.

## SIZE CHART

IN INCHES :

SIZE	000	00	0	1	2	3	4
height	24.4	26.8	30	33.1	36.2	39.4	42.5
chest	17.3	18.5	19.7	20.9	22.0	22.8	23.6
waist	17.3	18.5	19.7	20.5	21.3	21.7	22.0

SIZE	5	6	7	8	9	10	
height	45.3	47.2	49.2	51.2	53.1	55.1	
chest	24.4	25.2	26.0	26.8	28.0	29.1	
waist	24.4	22.8	23.2	23.6	24.0	24.4	

IN CENTIMETERS:

SIZE	000	00	0	1	2	3	4
height	62	68	76	84	92	100	108
chest	44	47	50	53	56	58	60
waist	44	47	50	52	54	55	56

SIZE	5	6	7	8	9	10	
height	115	120	125	130	135	140	
chest	62	64	66	68	71	74	
waist	57	58	59	60	61	62	

## BLENDING SIZES

Please only blend sizes if your child's size difference for height and width is more than 3 sizes. Ex. Size 6 height, Size 2 width.

We will use the sizes mentioned above for example.

For the width, please pick the size in between the two sizes. For this instance, the size in between size 2 and size 6 is size 4. We will use that for bodice width, and 6 for height.

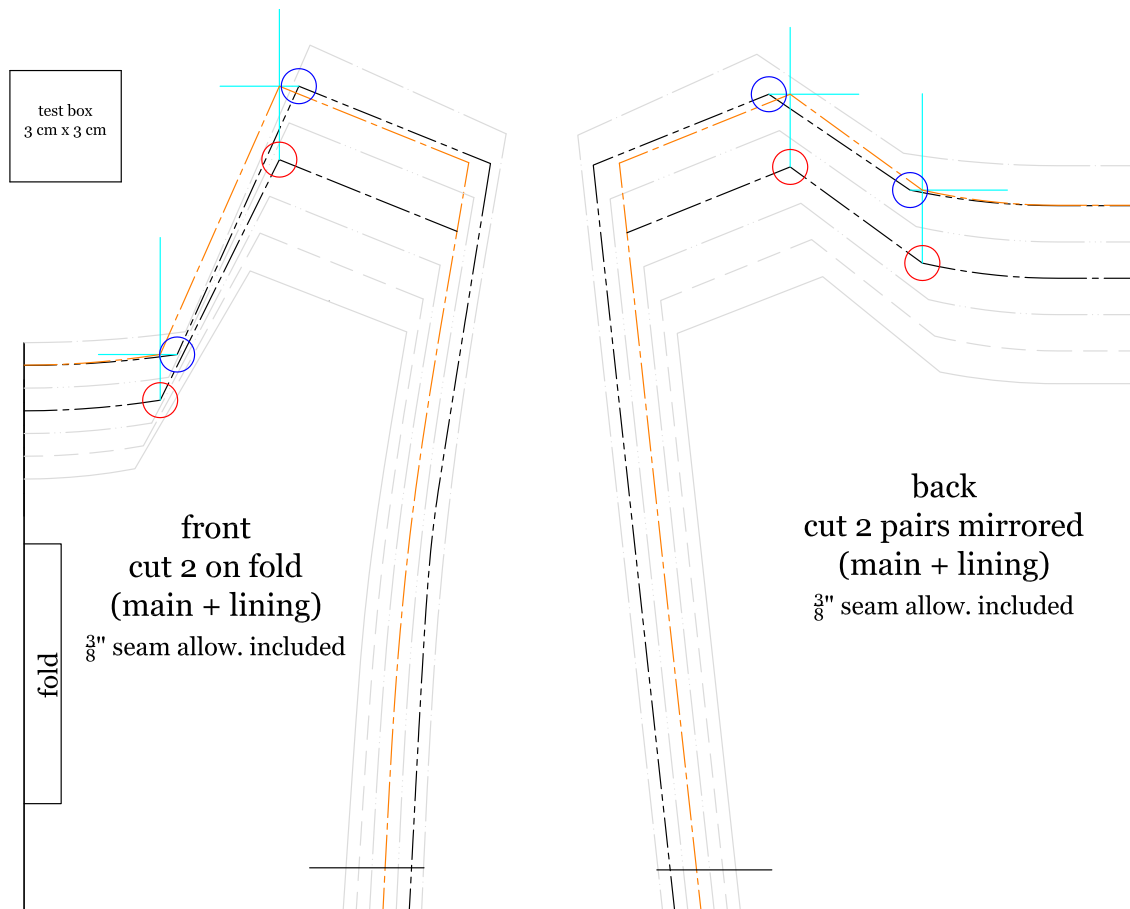
So what we basically want to do is bring up the size 4 elements (neck opening, shoulder width) up to align with the size 6 height.

We will start by drawing a vertical line(cyan) on the shoulder and neck opening points of the size 4. Those are the points encircled in red. Draw a horizontal line(cyan) along the same points, encircled in blue, on the size 6. The point where your horizontal and vertical lines meet, is your reference point.

Draw a line to connect those two points. That is your new neck opening width.

Draw a line parallel to the shoulder lines, intersecting the horizontal and vertical line (cyan) you just drew and extend the sides of the bodice to meet.

That's it! You've just finished blending sizes. Now wasn't that easy? :)





# CUTTING CHART

## REGULAR SKIRT

In Inches

SIZE	FRONT SKIRT (CUT 1)	BACK SKIRT (CUT 2)
000	7 3/4" x 18 1/4"	7 3/4" x 9 1/2"
00	9" x 19 1/4"	9" x 10"
0	10 1/2" x 20 1/2"	10 1/2" x 10 1/2"
1	11 1/4" x 21 3/4"	11 1/4" x 11 1/4"
2	12 1/4" x 22 3/4"	12 1/4" x 11 3/4"
3	13 1/2" x 23 3/4"	13 1/2" x 12 1/4"
4	14 1/2" x 24 1/2"	14 1/2" x 12 1/2"
5	16 x 25 1/4"	16 x 13"
6	16 1/2" x 26"	16 1/2" x 13 1/2"
7	18" x 26 3/4"	18" x 13 3/4"
8	18 1/4" x 27 1/2"	18 1/4" x 14 1/4"
9	18 1/2" x 28 3/4"	18 1/2" x 17 3/4"
10	18 1/2" x 30"	18 1/2" x 15 1/4"

In Centimeters

SIZE	FRONT SKIRT (CUT 1)	BACK SKIRT (CUT 2)
000	20 x 46 cm	20 x 24 cm
00	23 x 49 cm	23 x 25.5 cm
0	27 x 52 cm	27 x 27 cm
1	30 x 55 cm	30 x 28.5 cm
2	31 x 58 cm	31 x 30 cm
3	34 x 60 cm	34 x 31 cm
4	36.5 x 62 cm	36.5 x 32 cm
5	40.5 x 64 cm	40.5 x 33 cm
6	41.5 x 66 cm	41.5 x 34 cm
7	45.5 x 68 cm	45.5 x 35 cm
8	46 x 70 cm	46 x 36 cm
9	46.5 x 73 cm	46.5 x 37.5 cm
10	47 x 76 cm	47 x 39 cm

# CUTTING CHART

## TWIRLY SKIRT

In Inches

SIZE	FRONT SKIRT (CUT 1)	BACK SKIRT (CUT 2)
000	7 3/4" x 26"	7 3/4" x 13 1/2"
00	9" x 28"	9" x 14 1/2"
0	10 1/2" x 29.5"	10 1/2" x 15 1/4"
1	11 1/4" x 32 1/4"	11 1/4" x 16 1/2"
2	12 1/4" x 33 3/4"	12 1/4" x 17 1/4"
3	13 1/2" x 35 1/4"	13 1/2" x 18"
4	14 1/2" x 36 1/2"	14 1/2" x 18 3/4"
5	16 x 37 1/2"	16 x 19 1/4"
6	16 1/2" x 38 3/4"	16 1/2" x 19 3/4"
7	18" x 39 3/4"	18" x 20 1/4"
8	18 1/4" x 40"	18 1/4" x 20 1/2"
9	18 1/2" x 42"	18 1/2" x 21 1/2"
10	18 1/2" x 43 3/4"	18 1/2" x 22 1/4"

In Centimeters

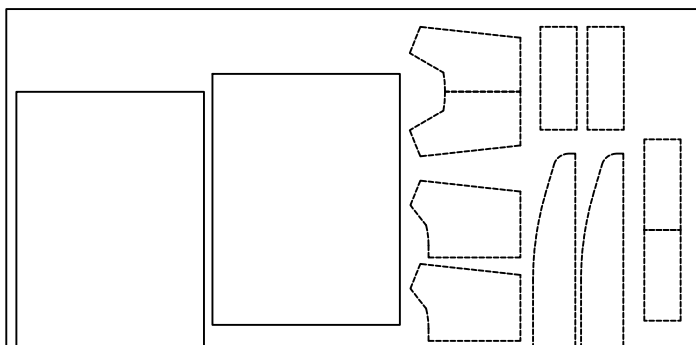
SIZE	FRONT SKIRT (CUT 1)	BACK SKIRT (CUT 2)
000	20 x 66 cm	20 x 34 cm
00	23 x 71 cm	23 x 36.5 cm
0	27 x 75 cm	27 x 38.5 cm
1	30 x 80 cm	30 x 41 cm
2	31 x 84 cm	31 x 44 cm
3	34 x 87 cm	34 x 45.5 cm
4	36.5 x 90 cm	36.5 x 47 cm
5	40.5 x 93 cm	40.5 x 48.5 cm
6	41.5 x 96 cm	41.5 x 50 cm
7	45.5 x 99 cm	45.5 x 51.5 cm
8	46 x 102 cm	46 x 52 cm
9	46.5 x 107 cm	46.5 x 54.5 cm
10	47 x 111 cm	47 x 56.5 cm

## CUTTING LAYOUT

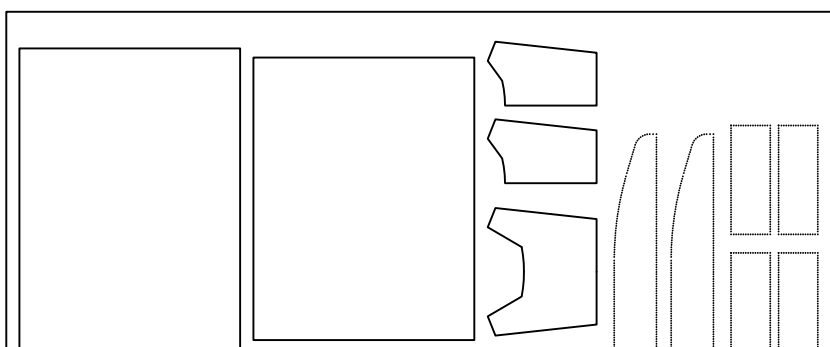
Layout the pattern pieces on your fabric according to the cutting layout diagram below. Please fold your fabric selvage to selvage.

Trace each pattern piece, and make sure to transfer all pattern markings as well.

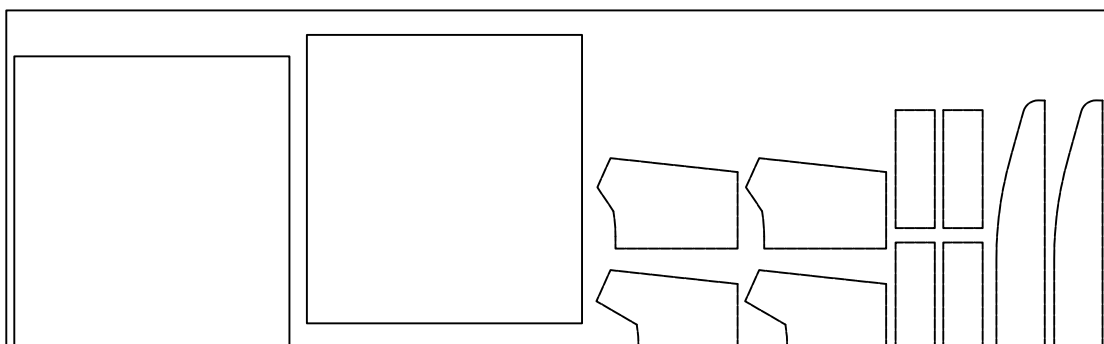
### FOR SIZES 000-2



### FOR SIZES 3-5

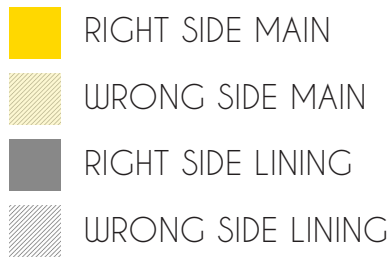


### FOR SIZES 6-10



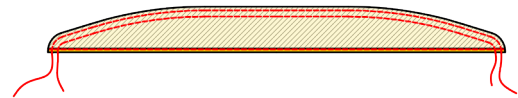
# INSTRUCTIONS

## LEGEND



## PREPARING THE RUFFLE

**STEP 1** Fold the straight side of the ruffle  $3/16"$  (0.5 cm) twice and stitch in place  $1/16"$  from the side of the folded edge.

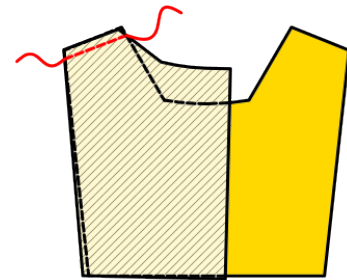


**STEP 2** Set your machine to the longest stitch and adjust tension to the lowest.

Place 2 lines of gathering stitches along the curved side of the ruffle at  $1/4"$  and  $5/8"$  away from the curved edge.

## PREPARING THE BODICE

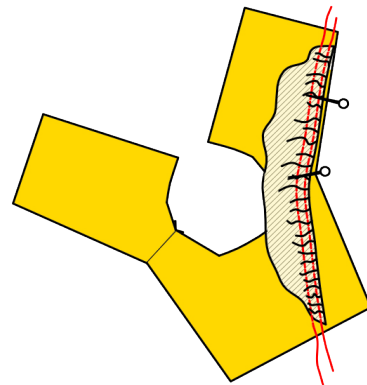
**STEP 3** Put the front and back bodice pieces together, right sides together. Sew along the shoulder. Press shoulder seams open.



Repeat on other side.

Repeat for lining.

**STEP 4** Mark the center of the ruffle and pin to the shoulder seam of the main fabric, right sides together. Match the end of the ruffle to the markings transferred from the pattern pieces and pin in place. Pull the gathering threads to create ruffles.

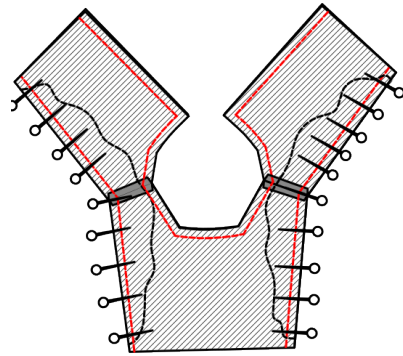


**STEP 5** Spread ruffle evenly. Baste in place  $1/4"$  from bodice edge. Press ruffles. This will flatten the ruffles and help with attaching the lining.

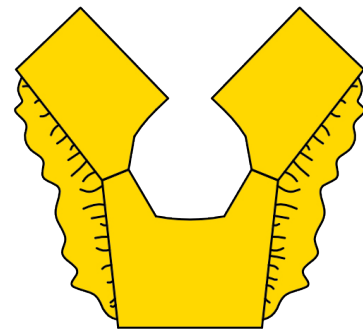
Repeat on other side/ruffle.

**STEP 6** Lay your main bodice with the right side facing up. Place bodice lining on top with right side facing down, sandwiching the ruffle piece.

Carefully line up all edges, shoulder seams



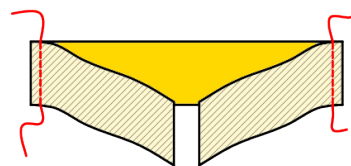
**STEP 7** Stitch both sides of the bodice together.  
Start stitching the middle back of the bodice, continuing to the neckline and down the other side as shown. Make sure you do not catch any of the ruffle piece.



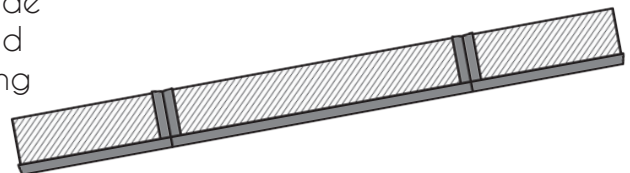
**STEP 8** Clip curves on the neckline and trim corners. Turn bodice inside out and press. You may topstitch the bodice now, if you prefer..

**STEP 9** Place front and back waistband pieces right sides together and stitch together. Press seams open.

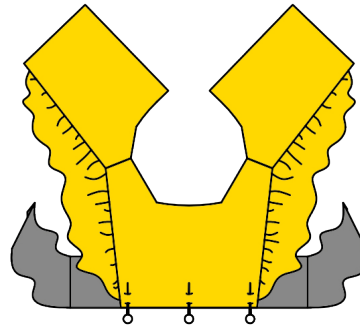
Repeat for lining.



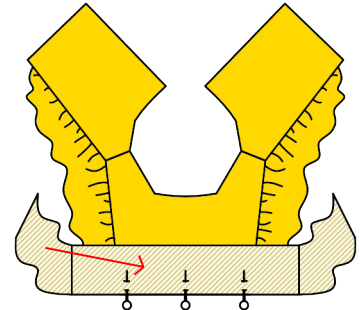
**STEP 10** Take your lining piece wrong side facing up. Fold bottom up 3/8" (1 cm) and press. This will help you later when finishing up the waistband.



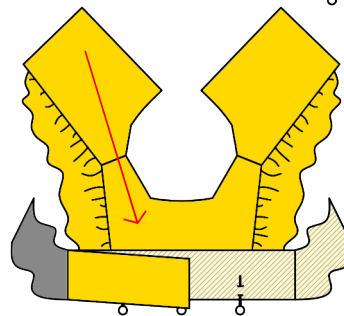
**STEP 11** Lay your waistband, lining facing up, with the folded side on the top edge. Mark center of front waistband and align to centerline of bodice front. Position bodice front, main side facing up, on top of the lining waistband and pin.



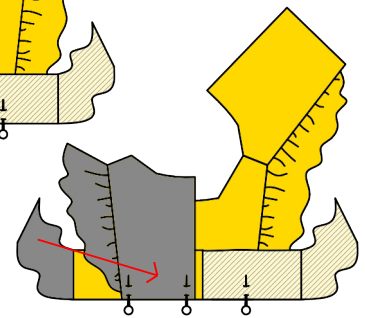
Take waistband main fabric facing down and position on top of bodice, making sure it is aligned with the lining waistband. Side seams of the waistband should be aligned.



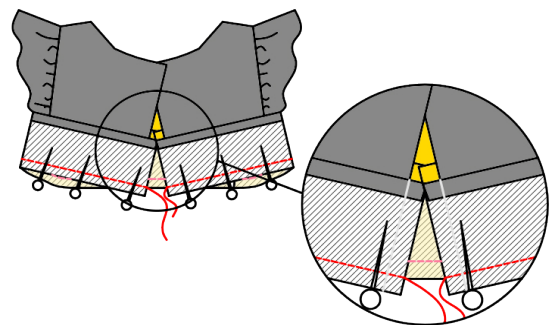
**STEP 12** Fold one side of the main waistband on the side seam to show main fabric. Fold down the bodice and align with the waistband. Leave a 3/8" (1 cm) overhang on the waistband and pin in place.



Repeat on the other side.

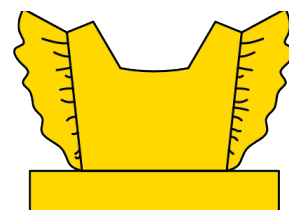


**STEP 13** Fold the lining waistband as well, sandwiching the bodice in between. Make sure the waistbands are aligned. Pin in place.



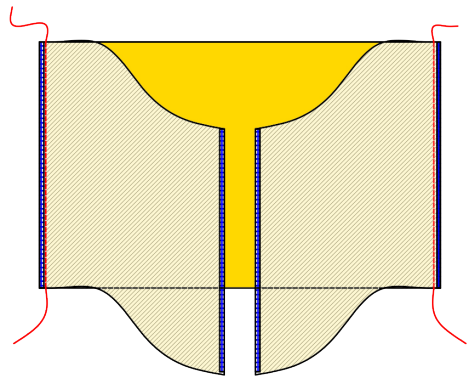
DO NOT FORGET THE 3/8" (1 CM) OVERHANG.

**STEP 14** Turn waistband inside out and press.



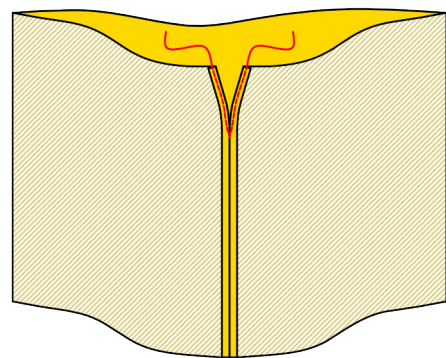
## PREPARING THE SKIRT

**STEP 15** Place front and back pieces right sides facing together. Sew the sides together. Serge or do a zigzag stitch on the sides and open edges of the back skirt to avoid fraying.

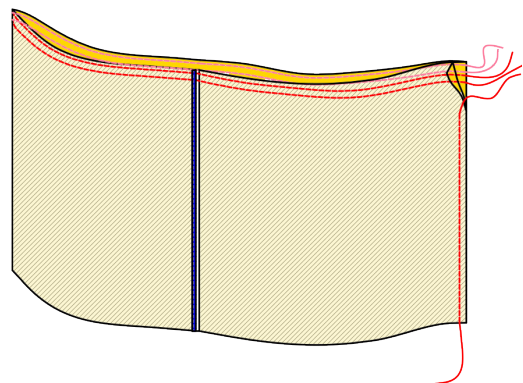


**STEP 16** Align back edges together.

Sew from the bottom to the top, leaving about 8cms space unsewn.



**STEP 17** Press seams open and stitch the 'placket' in place.

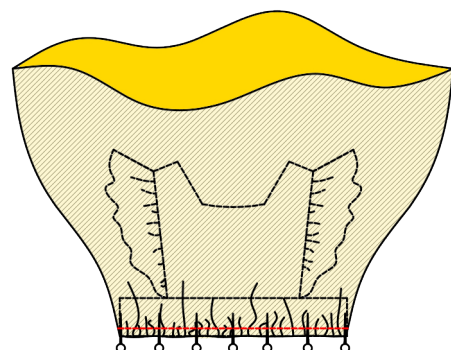


**STEP 18** Set your machine to the longest stitch and adjust tension to the lowest. Place 2 lines of gathering stitches along the top of the skirt piece at 1/4" and 5/8" away from the edge.

## ATTACHING THE SKIRT TO THE BODICE

**STEP 19** Match centerline of skirt to centerline of front waistband. Pin only to the main waistband.

Align side seams as well, and pin.

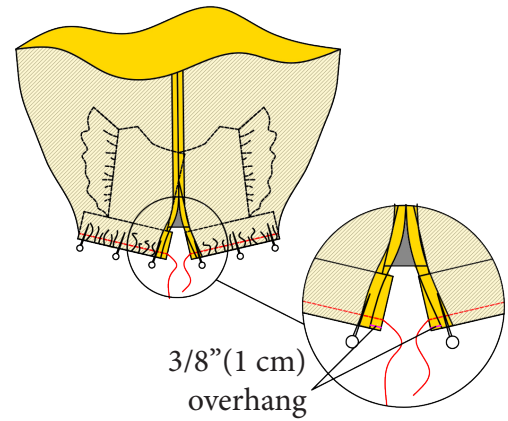




**STEP 20** Place the skirt back placket 3/8"(1 cm) away from back waistband edge and pin.

**STEP 21** Pull gathering threads. Spread gathers evenly and secure with more pins. Sew skirt in place.

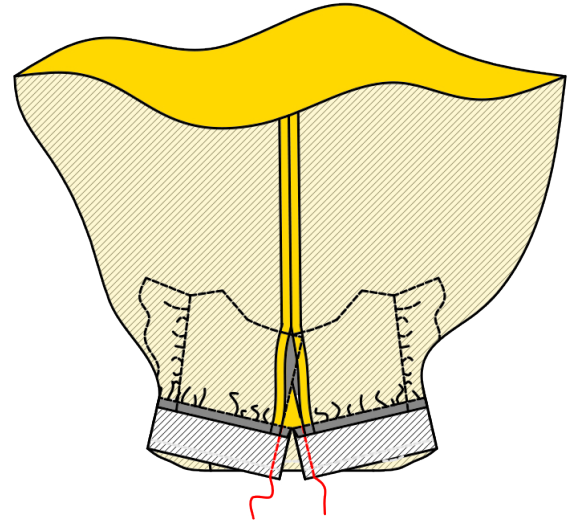
Remove gathering threads and press ruffles flat.



**STEP 22** Align back waistband edges together, making sure both of the waistbands are folded 3/8"(1 cm) to the wrong side.

On this step, the bodice will be sandwiched in between the main and lining waistband.

Sew edge of the waistband carefully, making sure you do not catch any of the bodice.



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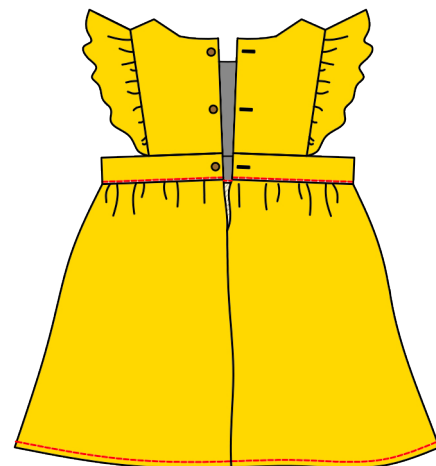
**STEP 23** Clip the corner of your waistband and turn inside out.

**STEP 24** Making sure your lining waistband and main waistband is aligned, pin in place and topstitch from the outside of the dress.

**STEP 25** Mark your buttonholes 1 cm away from back edge, making sure they are spaced evenly.

**STEP 26** Put buttons and buttonholes.

**STEP 27** Turn your skirt hem 3/8"(1 cm) twice and stitch in place.





HOORAY!  
YOU'RE FINALLY DONE.  
NOW WASN'T THAT QUICK?

FOLLOW US



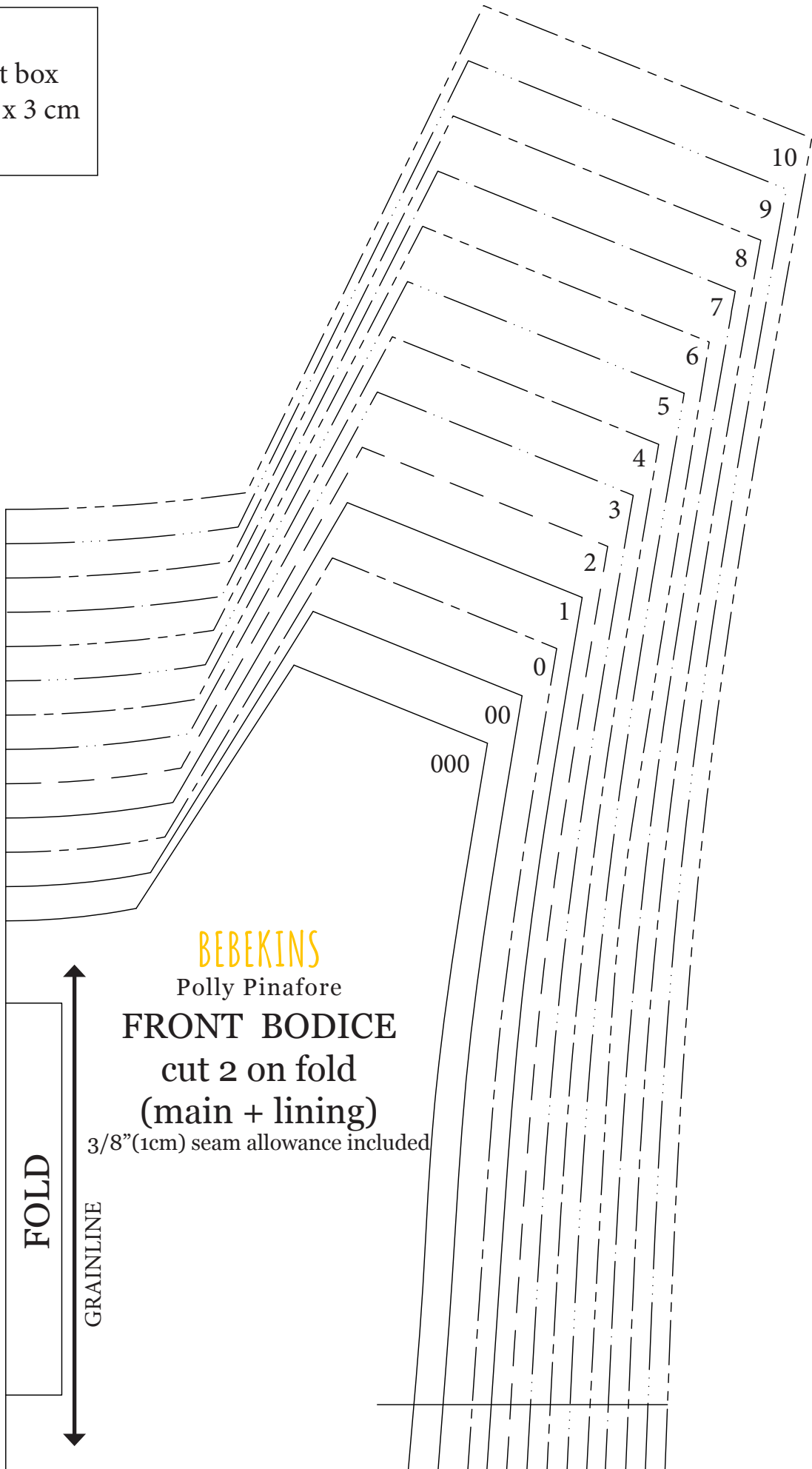
BEBEKINSPATTERNS  
FB.ME/BEBEKINSPATTERNS

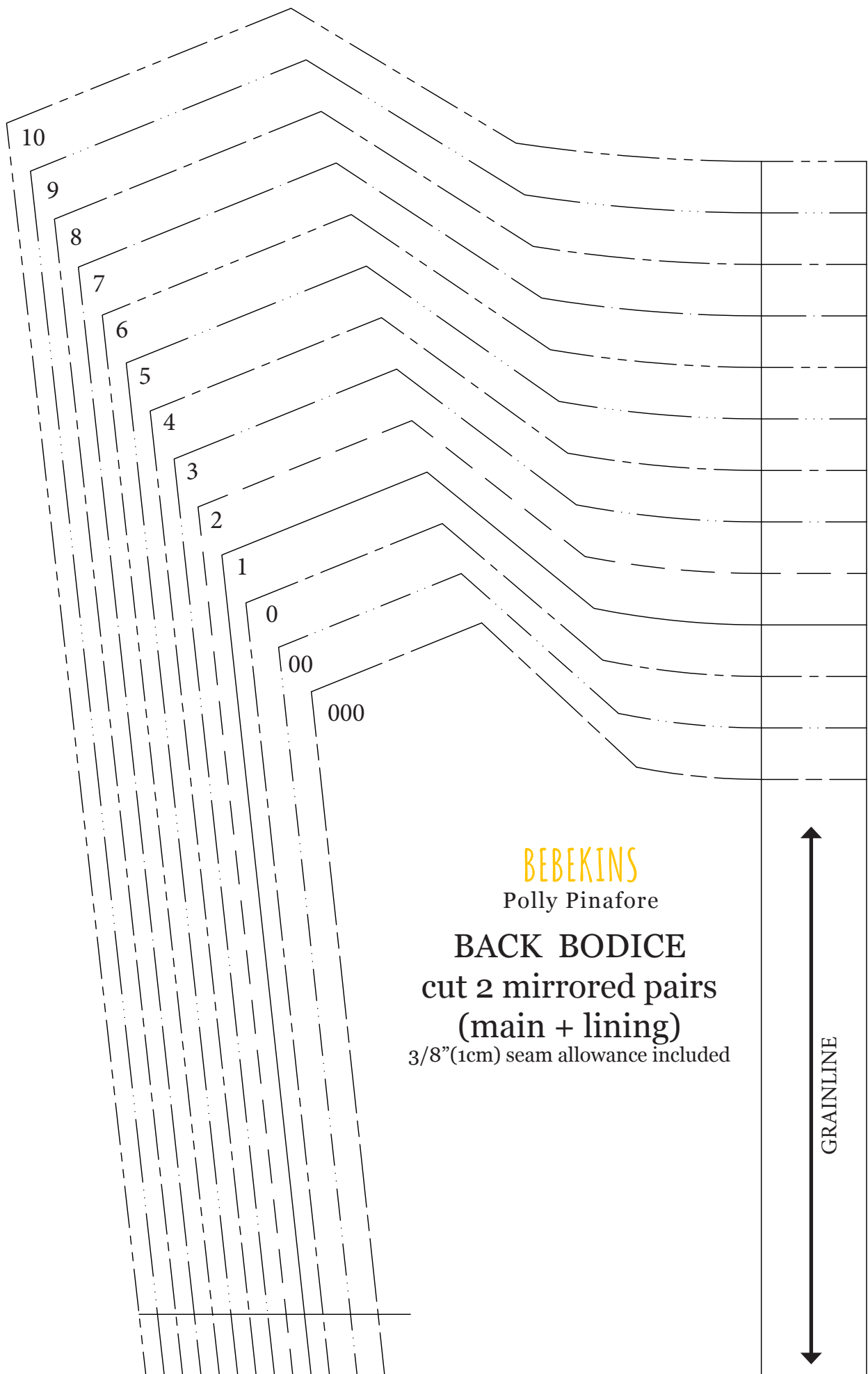
I WOULD LOVE TO SEE YOUR CREATIONS!  
DON'T FORGET TO TAG US IN YOUR SOCIAL MEDIA ACCOUNTS.

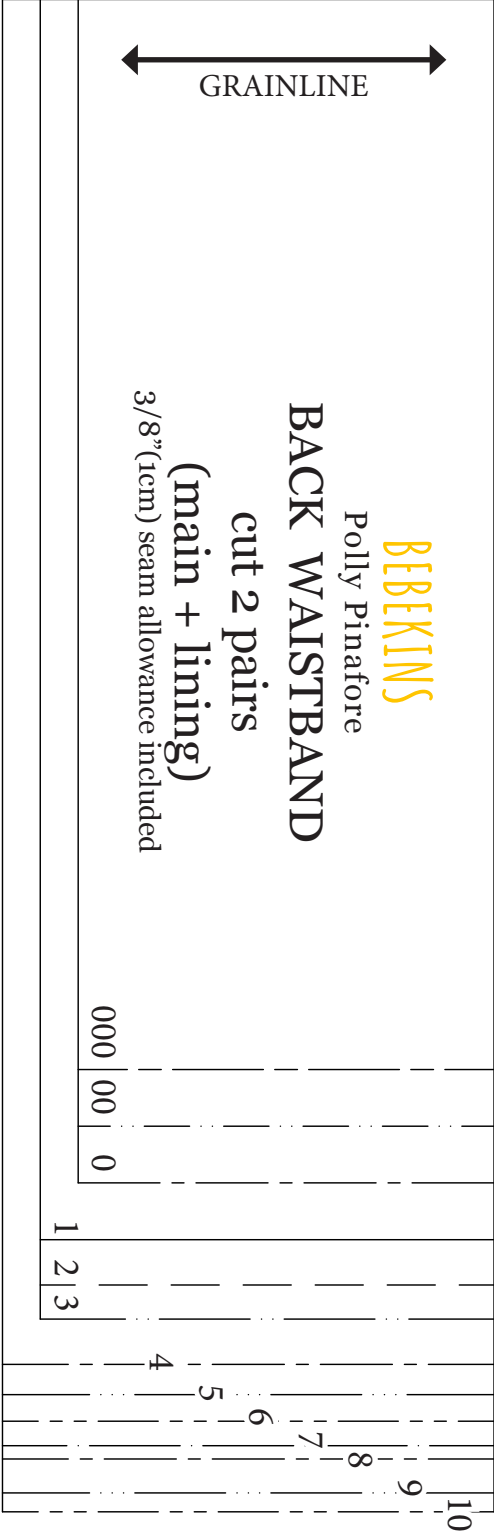
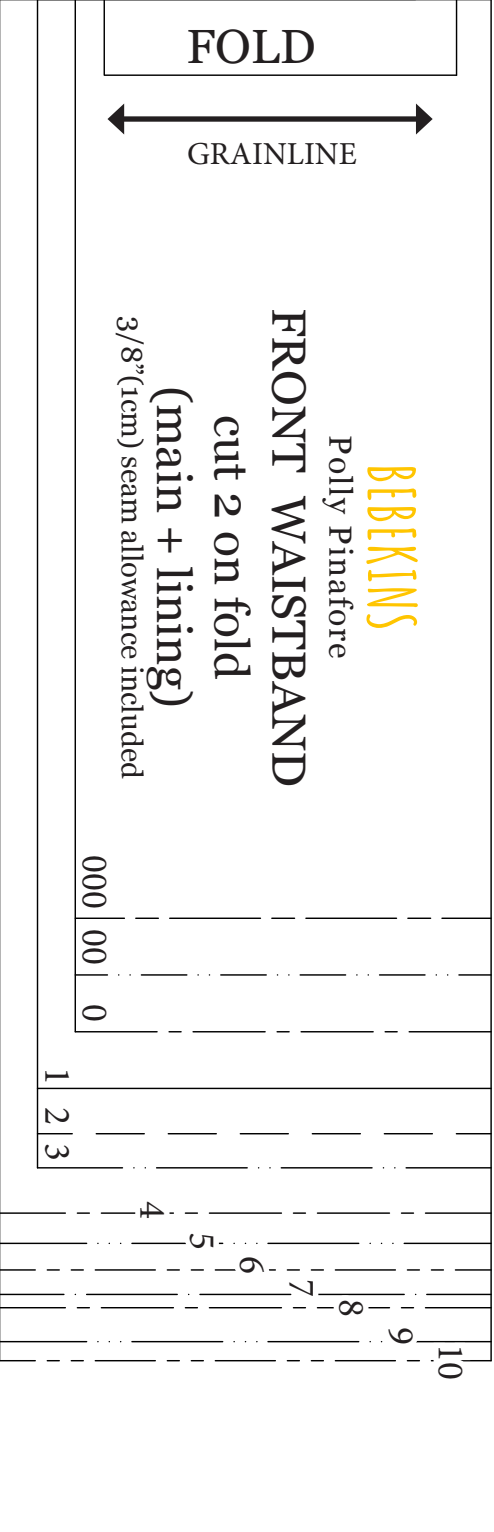
SHARE WITH US

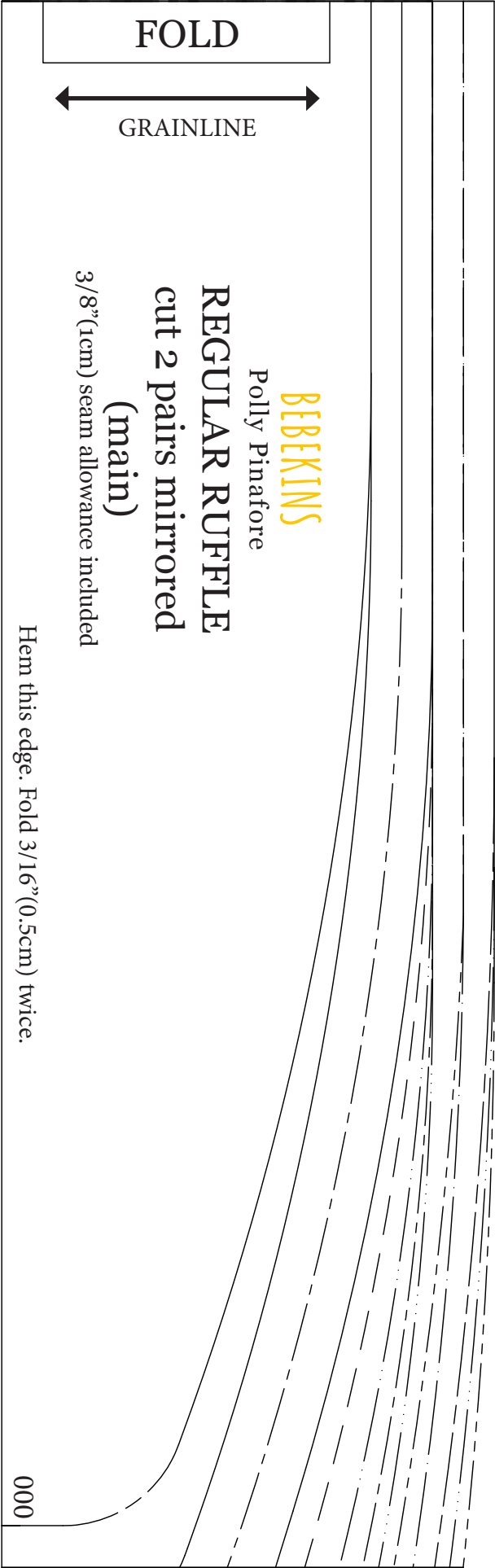
#POLLYPINAFORE  
#BEBEKINSPATTERNS

test box  
3cm x 3 cm

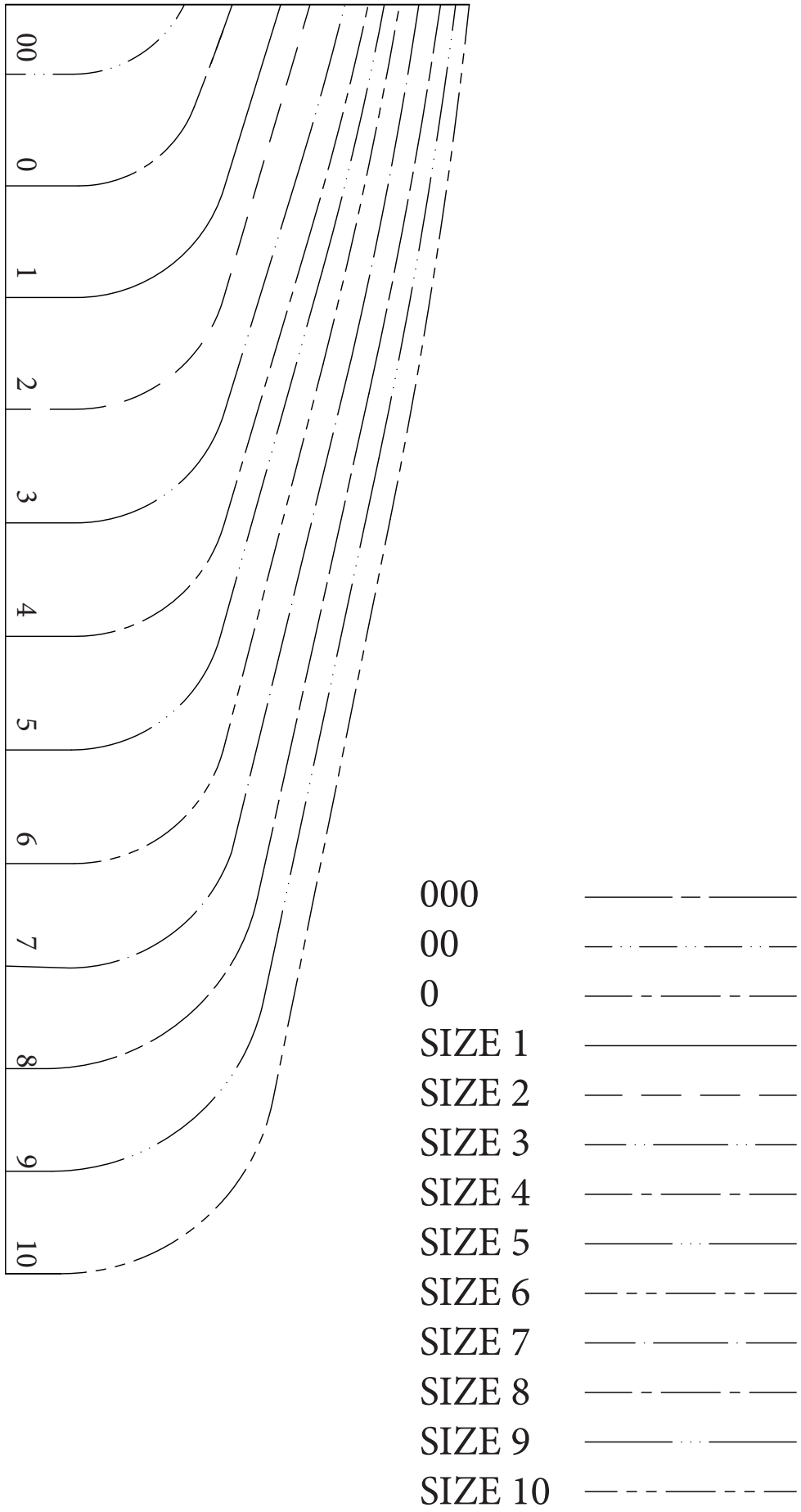


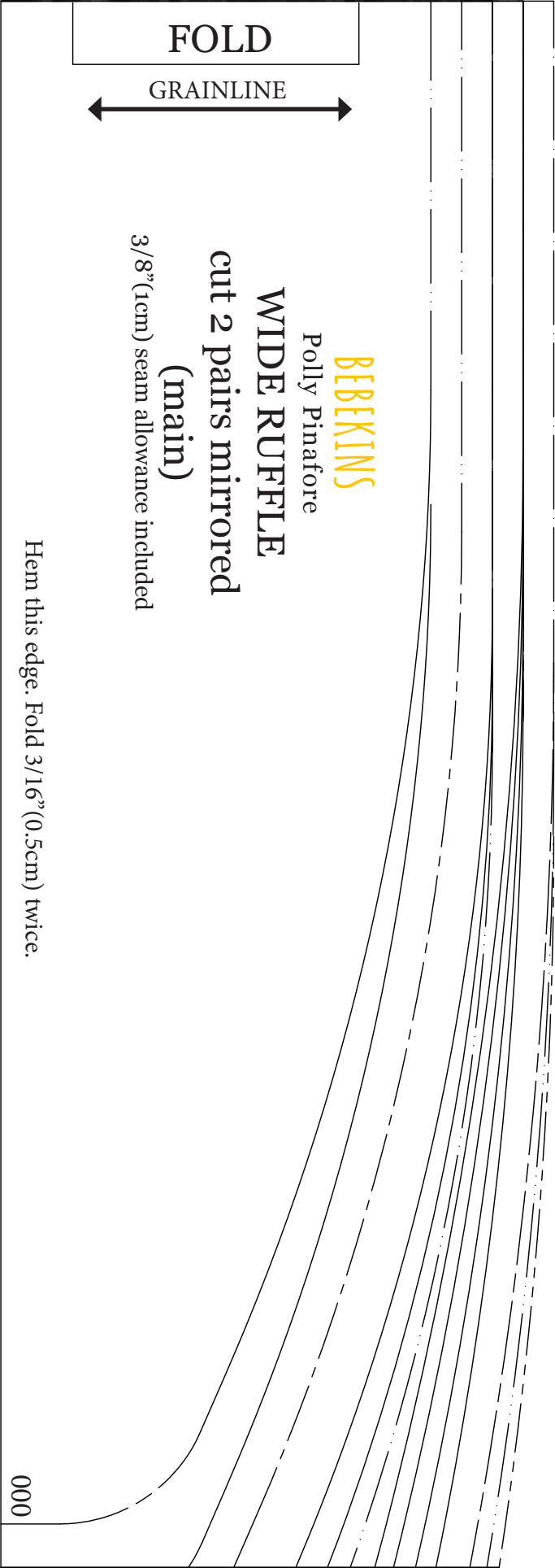


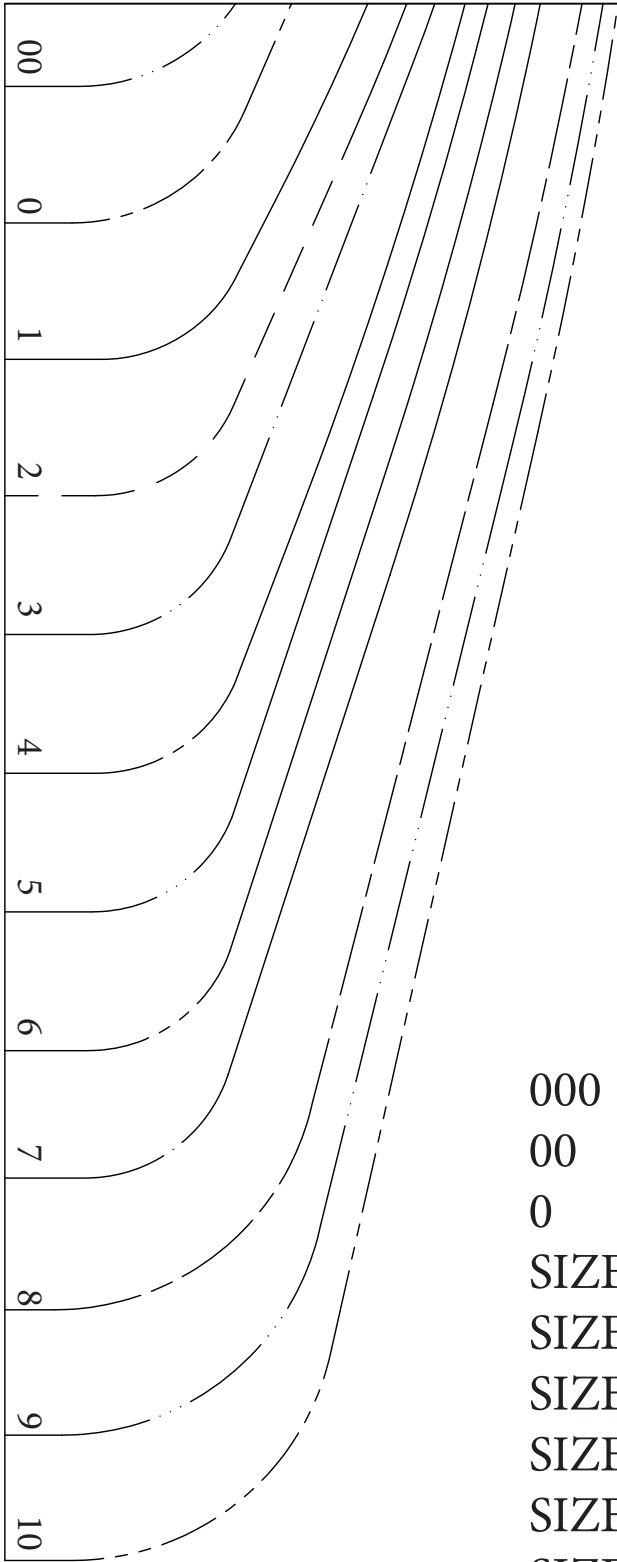




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000	_____
00	_____
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SIZE 1	_____
SIZE 2	_____
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