**Vital signs**: Temp is 37o C; BP is 140/90 mm Hg; HR is 75 per minute. RR is 16/minute. O2 saturation is 96% on room air. BMI is 31.5 kg/m2

**General:** Patient appears well in no acute distress. She is overweight/obese.

**Skin:** Warm and dry. No rashes, spider angioma, petechiae or ecchymoses are evident. Nails without clubbing or cyanosis.

**HEENT**: PERRLA; EOMI, sclera anicteric, conjunctiva pink; no pallor is noted. Oropharynx reveals pink mucosa; uvula midline, palate elevates symmetrically. Pharynx is without erythema or exudate. Tonsils appear normal. Tongue protrudes in the midline. No oral lesions are noted. Dentition is good.

**Neck:** Trachea is midline. Thyroid is not enlarged, there are no nodules. No cervical adenopathy. Jugular venous pressure ~8cm H2O. Carotid pulses are 2+ and equal; no carotid bruits are evident.

**Lungs**: Chest expansion and tactile fremitus are symmetric, there are no retractions. Breath sounds are equal and clear to auscultation without wheezing or rales.

**Heart:** The PMI is in the left 5th intercostal space in the midclavicular line. S1 is normal intensity and S2 is physiologically split. The rhythm and rate are regular. With patient in left lateral decubitus, there is an extra, late diastolic heart sound heard best with the bell. There are no murmurs or rubs.

**Pulses**: Radial, brachial, femoral, DP and PT are 2+/2+.

**Abdomen**: Abdomen is mildly distended. There are normoactive bowel sounds. There are no renal bruits. The abdomen is non-tender to percussion and palpation. There is no fluid wave present. The liver and spleen are not palpable and there are no palpable masses.

**Extremities**: Warm, there is no edema, no joint swelling.

**Neuro**: CN II-XII are intact. Motor strength is 5+/5+ throughout and sensation is intact to light touch. Triceps, biceps, patellar and Achilles tendon reflexes are 2+/2+.