

UpLift Fit Database

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HEADING	PAGE
• Overview	1
• Client Requirements	1
• Database Entity Relation Diagram	2
• Mock Ups	3-8
• Client Feedback	9

Overview

The clients business UpLift Fit is a gym personal trainer business where the business allocates trainers to clients.

Clients pay a onetime session fee or can pay for a membership where the trainers always help the client with their diet and workout sessions.

The Database aims to handle the data storage for the entire Member (Clients), Trainers, Employees and the Training sessions they would have. Making it easier for UpLift Fit to assign Clients and Trainers according to their Location.

Client Database Requirements

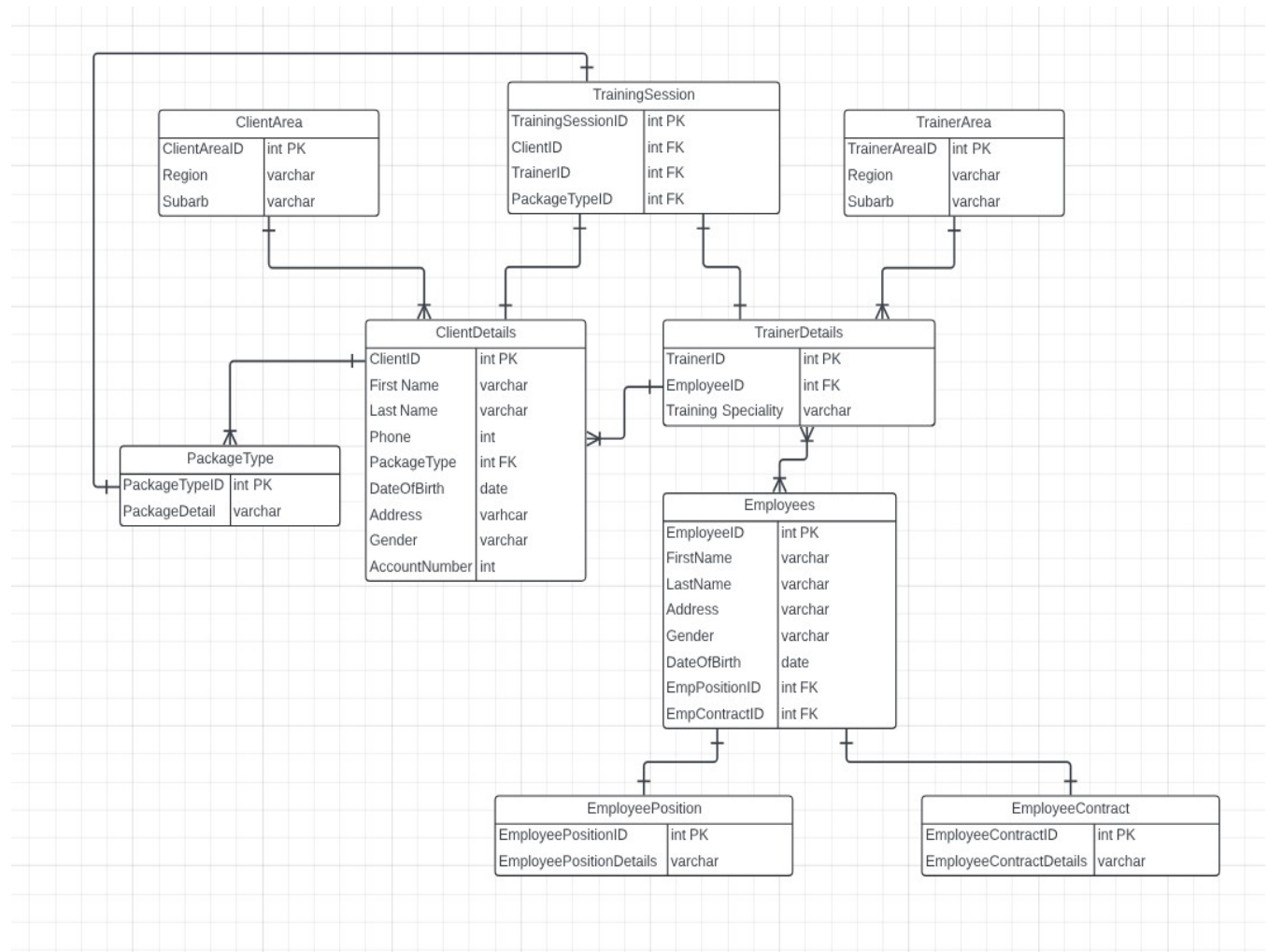
These are the basic database requirements for the client.

- Tracking the number of clients and trainers
- Type of Training packages
- Areas of the clientele
- Costs of Trainers
- Training Sessions
- Employee Contracts
- Employee Positions
- Clients Details
- Trainer Details

Database Entity Relationship Diagram

The Below Relationship Diagram show all the Relationships between the tables, Cardinality of the relationships, Attributes of the tables, Specifications of the data types.

It contains a Training Session table which helps the business to keep track of all the training sessions each trainer has been assigned to. Client Area and Trainer Area table is added to help UpLift Fit to assign a Client and Trainer who are in the same Area/City. Package Type table to help them identify which type of Package the client has chosen for example (Weight Lifting Program, Yoga Program, Cardio Program and etc..)



Mock Ups/Form

Below shows the rough Mock Ups and Forms the client would likely want to see. All the forms can be used to enter information as easy as possible. All the information entered can be used to make the database easier store and manager.

Mock Ups

UpLift Fit

Trainer Form

MR/MR/MS/MISS	FIRST NAME	LAST NAME
DATE OF BIRTH (DD/MM/YYYY)	MOBILE PHONE	EMAIL
ADDRESS		GENDER
		SUBARB
EMERGENCY CONTACT		
NAME	RELATIONSHIP	MOBILE NUMBER
POSITION	CONTRACT	

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Employee Form

MR/MR/MS/MISS	FIRST NAME	LAST NAME
DATE OF BIRTH (DD/MM/YYYY)	MOBILE PHONE	EMAIL
ADDRESS		GENDER
EMERGENCY CONTACT		
NAME	RELATIONSHIP	MOBILE NUMBER
POSITION	CONTRACT	

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Membership Form

Please fill out the form truthfully

MR/MR/MS/MISS	FIRST NAME	LAST NAME
DATE OF BIRTH (DD/MM/YYYY)		GENDER
MOBILE PHONE		
EMAIL	JOIN DATE (DD/MM/YYYY)	
BANK ACCOUNT	TRAINING PACKAGE	
EMERGENCY CONTACT		
NAME	RELATIONSHIP	PHONE NUMBER

Forms

Membership Form

First name	<input type="text"/>
Last name	<input type="text"/>
Date of birth	<input type="text"/>
Gender	<input type="text"/>
Email	<input type="text"/>
Phone	<input type="text"/>
Emergency contact	<input type="text"/>
Package Type	<input type="text"/>
Bank account number	<input type="text"/>

Employee Form

First name

Last name

Date of birth

Gender

Email

Phone

Position

Contract

Trainer Speciality Form

EmployeeID

Training Speciality

Trainer Area Form

TrainerID

Region

Suburb

Client Area Form

ClientID

Region

Suburb

Client Feedback

Feedback

- Being able to locate Trainers and Clients according to the area of both parties.
- Package Type to find out the number of client on each training package to easily assign them to a trainer.
- Trainer Speciality to assign the best trainer to the client goals.

Sign Off

After Multiple discussion with the client we had good feedback from the client. With all the step done to make organizing of the data easier and to their satisfaction and they were happy to sign off on the project.