

# Software Academy

Respect

# Respecting Yourself

- To respect ourselves we initially think of healthy attitudes, like eating the right foods. However, mental health is just as important.
- Think positively and remind yourself that you are capable of learning new things- especially through TechTalent!
- Have self- respect and do not try to be better than your peers (or brag about it).
- Affirm who you are, your strengths and your values.

# Respecting Others

- Positive, respectful interaction like being courteous, patient or helpful is usually received with better results.
- You normally get back what you give.
- Be aware of your body language, the tone of voice, and your demeanor and expression in all of your interactions. People hear what you're really saying in addition to listening to your words.
- Smile and be friendly. You never know what is going on in someone else's life and a positive interaction could make their day!

# Respecting Differences

- Seeing differences for what they are is important. We have different ethnicities, religions, family backgrounds, cultures, appearances, interests and abilities.
- But we all have similar thoughts, feelings, wants and dreams (like developing and learning through TechTalent!) We need to be appreciated for who we are and to feel connected.
- Sometimes it can be difficult to get beyond our differences. Rather than dealing with those uncomfortable feelings with teasing or taunting, we need to seek advice and talk to someone at TechTalent. We are here to unite, not to divide!

# Respecting Differences

- As part of learning how to respect ourselves and others, we need to be willing to knock down these artificial and destructive barriers.
- This can be as simple as engaging in pleasant conversation, playing a game or aiding someone with their learning.
- Here at TechTalent, we ask you to have an open mind and an open heart and you will learn more about yourself and expand your circle of friends.

**GIVE**

**RESPECT**



**RECEIVE**

**RESPECT**

Treat others the way you wish to be treated. Nothing less than a respectful and safe environment is acceptable. This is in person **and** online.

**EFFORT**



**GOOD LEVEL OF  
UNDERSTANDING AND  
DEVELOPMENT**

Come to class prepared to participate, following TechTalent guidance. This is at the TechTalent classroom or their online learning platform.

**GIVE**

**ATTENTION**



**RECEIVE**

**A CHANCE TO SPEAK**

Here at TechTalent we expect all learners to contribute to discussions, but to also give other speakers, including the teachers, their attention and respectful responses.



# Respect

Through developing your respect for others, your self esteem will improve and you will be a very successful learner during your time with us.





TECH TALENT  
ACADEMY