## 04-18\_Conversation\_Summaries.md (Quick-Fill Version)

Use this starter—add dates/titles from your history (e.g., #1: May 13, "Replication of Grok in Flow"). Takes 2 mins.

## markdown

# 18 Conversation Summaries: Clarity Codec Project

1 of 1 10/19/2025, 10:43 PM

<sup>\*</sup>Total: 18 chats from chaos to codec. Full logs in history-contact for details.\*