



Shubhangi Anand

Counselling Psychologist
MA Psychology



Professional &
Credentialled



Queer
Affirmative



Neurodivergent
Inclusive

COUNSELLING PSYCHOLOGIST

based in Gurgaon

Tap the QR code &
book a session today!



"I believe that a person who is in sync with their true self is more likely to live a fulfilling life, and in that pursuit, I am committed to my own mental health journey as well."

I am an insight-focused psychologist hoping to collaborate with my clients on their journey towards mental health. I am trained to cater to concerns including emotional disturbances, work-related stressors, daily hassles, relationship issues, family-related conflicts, inner self-work, and unfolding attachment patterns.

Feel free to reach out at anand.counselling@gmail.com with any questions or queries.