

Curriculum Vitae

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Career

I have coached state-level and professional athletes and have worked alongside professional coaches to help achieve their performance goals. This has included optimising physical performance for athletes and game style development for coaches. In doing so, I have built frameworks to assess match-play behaviour and preview upcoming opposition teams and players, implemented skill acquisition principles and frameworks to improve and support decision-making on practice design principles for training utilised by coaching staff and have published peer-reviewed scientific articles contributing to scientific knowledge and practice.

I am always striving to learn and implement my skillset to improve decision-making that integrates scientific rigour with experience and insight.

Tertiary Qualifications

Doctor of Philosophy (PhD), University of Technology Sydney (June 2018 – Present)

- **Thesis Title:** Constraints-led approach to training in professional Australian football
- **Supervisors:** Dr Job Fransen & Associate Professor Mark Watsford

Bachelor of Sport and Exercise Science (Honours), University of Technology Sydney (2014 –2017)

- **Thesis Title:** A multidimensional approach to talent identification and selection in high-level youth Australian football players

Employment

PhD Student, Performance Analyst & S&C Coach, Sydney Swans Football Club (February 2017 – Present)

- Embedded data collection in various projects with senior professional Australian football players including drill (training) characteristics, team interactions, tactical analyses, anthropometry and resistance training

Sessional Academic, University of Technology Sydney (August 2018 – Present)

- Motor Learning and Control
 - Skill Acquisition
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Publications

2018

Tribolet, R., Bennett, K.J.M., Watsford, M. & Fransen J. (2018), A Multidimensional Approach to Talent Identification and Selection in High-Level Youth Australian Football Players, *Journal of Sports Sciences*, 36(22), 2537-2543.

Tribolet, R., Watsford, M., Coutts, A.J., Smith, C. & Fransen, J. (2018), From entry to elite: The relative age effect in the Australian football talent pathway, *Journal of Science and Medicine in Sport*, 22(6), 741-745.

2019

Obrien-Smith, J., Tribolet, R., Smith, M.R., Bennett, K.J.M, Pion, J., Lenoir, M., & Fransen, J. (2019), The Use of the Körperkoordinationstest für Kinder in the Talent Pathway in Youth Athletes: A Systematic Review, *Journal of Science and Medicine in Sport*, 22(9), 1021-1029.

2020

Sheehan, W.B., Tribolet, R., Rennie, M., Novak, A., Watsford, M., & Fransen, J. (2020), Using cooperative networks to analyse behaviour in professional Australian Football, *Journal of Science and Medicine in Sport*, 23(3), 291-296.

Sheehan, W.B., Tribolet, R., Spurrs, R., Fransen, J., Novak, A. & Watsford, M.L. (2020), Simplifying the complexity of assessing physical performance in professional Australian football, *Science and Medicine in Football*, doi.org/10.1080/24733938.2020.1745264.

Sheehan, W.B., Tribolet, R., Rennie, M., Novak, A., Watsford, M., & Fransen, J. (2020), Improving the interpretation of skill indicators in professional Australian Football, *Journal of Science and Medicine in Sport*, doi.org/10.1016/j.jsams.2020.01.016.

Toum, M., Tribolet, R., Watsford, M. & Fransen, J. (2020), The confounding effect of biological maturity on talent identification and selection within youth Australian football, *Science and Medicine in Football*, doi.org/10.1080/24733938.2020.1822540.

Tribolet, R., Sheehan, W.B., Novak, A., Watsford, M., & Fransen, J. (2020), A descriptive study of the training structures and practice activities implemented by a professional Australian football team, *Journal of Sports Sciences*, In review.

Tribolet, R., Sheehan, W.B., Novak, A., Watsford, M., & Fransen, J. (2020), A descriptive and exploratory study of factors contributing to augmented feedback duration in professional Australian football practice, *Science and Medicine in Football*, In review.

Tribolet, R., Sheehan, W.B., Novak, A., Watsford, M., & Fransen, J. (2020), Factors associated with cooperative network connectedness in professional Australian football practice, *Journal of Science and Medicine in Sport*, In review.