PERSONAL VALUES Card Sort

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IMPORTANT TO ME

VERY IMPORTANT TO ME

NOT IMPORTANT TO ME

ACCEPTANCE

to be accepted as I am

1

3

9/01

ACCURACY

to be accurate in my opinions and beliefs

9/01

9/01

ACHIEVEMENT

to have important accomplishments

ADVENTURE

to have new and exciting experiences

9/01

2

ATTRACTIVENESS

to be physically attractive

AUTHORITY

to be in charge of and responsible for others

5 9/01 6 9/01

	AUTONOMY			BEAUTY	
	to be self-determined and independent			to appreciate beauty around me	
7		9/01	8		9/01
	CARING			CHALLENGE	
	to take care of others			to take on difficult tasks and problems	
9		9/01	10		9/01
	CHANGE			COMFORT	
	to have a life full of change and variety	,		to have a pleasant and comfortable life	
11		9/01	12		9/01
	COMMITMENT			COMPASSION	
	to make enduring, meaningful commitments			to feel and act on concern for others	
13	Communents	9/01	14		9/01
	CONTRIBUTION			COOPERATION	
15	to make a lasting contribution in the world	9/01	16	to work collaboratively with others	9/01
10		5,01	10		3/01

17	COURTESY to be considerate and polite toward others	9/01	CREATIVITY to have new and original ideas 18 9/01
19	DEPENDABILITY to be reliable and trustworthy	9/01	DUTY to carry out my duties and obligations 20 9/01
21	ECOLOGY to live in harmony with the environment	9/01	EXCITEMENT to have a life full of thrills and stimulation 22 9/01
23	FAITHFULNESS to be loyal and true in relationships	9/01	FAME to be known and recognized 24 9/01
25	FAMILY to have a happy, loving family	9/01	FITNESS to be physically fit and strong 26 9/01

27	FLEXIBILITY to adjust to new circumstances easily	9/01	FORGIVENESS to be forgiving of others 28 9/0	01
29	FRIENDSHIP to have close, supportive friends	9/01	FUN to play and have fun 9/0	01
31	GENEROSITY to give what I have to others	9/01	GENUINENESS to act in a manner that is true to who I am 32 9/0	01
33	GOD'S WILL to seek and obey the will of God	9/01	GROWTH to keep changing and growing 34 9/0	01
35	HEALTH to be physically well and healthy	9/01	HELPFULNESS to be helpful to others 36 9/0	′01

37	HONESTY to be honest and truthful	01	38	HOPE to maintain a positive and optimistic outlook	9/01
39	HUMILITY to be modest and unassuming	01	40	HUMOR to see the humorous side of myself and the world	9/01
41	INDEPENDENCE to be free from dependence on others	01	42	INDUSTRY to work hard and well at my life tasks	9/01
43	INNER PEACE to experience personal peace	01	44	INTIMACY to share my innermost experiences with others	9/01
45	JUSTICE to promote fair and equal treatment for all	11	46	KNOWLEDGE to learn and contribute valuable knowledge	9/01

	LEISURE		LOVED	
	to take time to relax and enjoy		to be loved by those close to me	
47		9/01	48	9/01
	LOVING		MASTERY	
	to give love to others		to be competent in my everyday activities	
49	a grand a contra	9/01	50	9/01
	MINDFULNESS		MODERATION	
51	to live conscious and mindful of the present moment	9/01	to avoid excesses and find a middle ground 52	9/01
	MONOGAMY		NON-CONFORMITY	
	to have one close, loving relationship		to question and challenge authority and norm	ns
53		9/01	54	9/01
	NURTURANCE		OPENNESS	
	to take care of and nurture others		to be open to new experiences, ideas, and options	9/01

57	ORDER to have a life that is well-ordered and organized	9/01	58	PASSION to have deep feelings about ideas, activities, or people	9/01
59	PLEASURE to feel good	9/01	60	POPULARITY to be well-liked by many people	9/01
61	POWER to have control over others	9/01	62	PURPOSE to have meaning and direction in my life	9/01
63	RATIONALITY to be guided by reason and logic	9/01	64	REALISM to see and act realistically and practically	9/01
65	RESPONSIBILITY to make and carry out responsible decisions	9/01	66	RISK to take risks and chances	9/01

67	ROMANCE to have intense, exciting love in my life	9/01	SAFETY to be safe and secure 1 69	9/01
68	SELF-ACCEPTANCE to accept myself as I am	9/01	SELF-CONTROL to be disciplined in my own actions	9/01
71	SELF-ESTEEM to feel good about myself	9/01	SELF-KNOWLEDGE to have a deep and honest understanding of myself 72	9/01
73	SERVICE to be of service to others	9/01	SEXUALITY to have an active and satisfying sex life 74	9/01
75	SIMPLICITY to live life simply, with minimal needs	9/01	SOLITUDE to have time and space where I can be apart from others 76	9/01

SPIRITUALITY to grow and mature spiritually 77	9/01	STABILITY to have a life that stays fairly consistent 9/01
TOLERANCE to accept and respect those who differ from me 79	9/01	TRADITION to follow respected patterns of the past 80 9/01
VIRTUE to live a morally pure and excellent I	ife 9/01	WEALTH to have plenty of money 9/01
WORLD PEACE to work to promote peace in the work	rld 9/01	Other Value:
Other Value:		Other Value:

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