

Self-Adjoint Operators

A bounded operator $A: \mathcal{H} \rightarrow \mathcal{H}$, in a Hilbert space \mathcal{H} is called self-adjoint or symmetric if and only if for all $x, y \in \mathcal{H}$,

$$\langle Ax, y \rangle = \langle x, Ay \rangle$$

Proposition: The point spectrum σ_p of a self-adjoint operator A satisfies

$$\sigma_p(A) \subseteq \mathbb{R}$$

Proof: Let $\lambda \in \sigma_p$ (eigenvalues), $Ax = \lambda x$ ($x \neq 0$)

$$\begin{aligned} \lambda \|x\|^2 &= \langle Ax, x \rangle = \langle x, Ax \rangle = \langle x, \lambda x \rangle \\ &= \overline{\lambda} \|x\|^2 \end{aligned}$$

then $\lambda = \overline{\lambda}$, therefore $\lambda \in \mathbb{R}$. ■

Proposition: If $\lambda_1, \lambda_2 \in \sigma_p$ and $Ax_1 = \lambda_1 x_1$, $Ax_2 = \lambda_2 x_2$, then $x_1 \perp x_2$.

Proof: Let

$$\lambda_1 \langle x_1, x_2 \rangle = \langle Ax_1, x_2 \rangle = \langle x_1, Ax_2 \rangle = \overline{\lambda_2} \langle x_1, x_2 \rangle$$

but $\lambda_1 \neq \lambda_2$

$$\langle x_1, x_2 \rangle = 0. \quad \text{■}$$

A subspace L is invariant with respect to an operator A if and only if $A(L) \subseteq L$

Proposition: If L is invariant with respect to a self-adjoint operator A , then L^\perp is invariant.

Proposition: If A and B are self-adjoint and $AB = BA$, AB is self-adjoint

Proposition: Let $C = \sup_{\|x\|=1} |\langle Ax, x \rangle|$, then if A is self-adjoint, $C = \|A\|$.

Proof: first we will show $C \leq \|A\|$.

$$|\langle Ax, x \rangle| \leq \|Ax\| \|x\| \leq \|A\| \|x\|^2 \rightarrow \frac{|\langle Ax, x \rangle|}{\|x\|^2} \leq \|A\|, \forall x \neq 0$$

then $C \leq \|A\|$.

The other direction

$$\langle A(x+y), x+y \rangle - \langle A(x-y), x-y \rangle = 2(\langle Ax, y \rangle + \langle Ay, x \rangle)$$

by the triangle inequality

$$2|\langle Ax, y \rangle + \langle Ay, x \rangle| \leq |\langle A(x+y), x+y \rangle| + |\langle A(x-y), x-y \rangle|$$

from the definition of C and by the parallelogram law

$$|\langle Ax, y \rangle + \langle Ay, x \rangle| \leq \frac{1}{2} C (\|x+y\|^2 + \|x-y\|^2)$$

$$= \frac{1}{2} C (\|x\|^2 + \|y\|^2)$$

taking any $x \in H$, $\|x\|=1$, $y = \frac{Ax}{\|Ax\|} \leq C$, $\forall x \in H$, $\|x\|=1$.

Therefore $\|A\| \leq C$. ■

Proposition: $\langle Ax, x \rangle \in \mathbb{R}$, $\forall x \in H$ if and only if A is self-adjoint.

Proof: Let

$$\begin{aligned} 4\langle Ax, y \rangle &= \langle A(x+y), x+y \rangle - \langle A(x-y), x-y \rangle \\ &\quad + i\langle A(x+iy), x+iy \rangle - i\langle A(x-iy), x-iy \rangle \\ &= 4\langle x, Ay \rangle \end{aligned}$$

changing positions of x, y and taking the complex conjugate the right hand side does not change.

$$\overline{\langle Ay, x \rangle} = \langle x, Ay \rangle$$

therefore

$$\langle Ax, y \rangle = \langle x, Ay \rangle. \quad \text{■}$$

Proposition: Let A be a self-adjoint operator, and let

$$\|A\| = \mu = \sup \{ |\langle Ax, x \rangle| : \|x\|=1 \}$$

then μ or $-\mu$ is an element of $\sigma(A)$.

Proof: let x_n , $\|x_n\|=1$ and $|\langle Ax_n, x_n \rangle| \rightarrow \mu$ (which is possible because $c = \|A\|$).

let

$$\langle Ax_n, x_n \rangle \rightarrow \lambda, \quad \lambda = \pm \mu$$

$$\begin{aligned} 0 &\geq \|Ax_n - \lambda x_n\|^2 = \|Ax_n\|^2 - 2\lambda \langle Ax_n, x_n \rangle + \lambda^2 \|x_n\|^2 && (\leq \lambda^2) \\ &\leq 2\lambda^2 - 2\lambda \langle Ax_n, x_n \rangle \end{aligned}$$

taking $n \rightarrow \infty$, the right hand side converge to zero, then $\lambda \in \sigma(A)$.

Self-Adjoint Compact operators

Proposition: If A is compact, self-adjoint, then A has a eigenvalue λ , such that $|\lambda| = \|A\|$, moreover, the maximum of $|\langle Ax, x \rangle|$ for $\|x\|=1$, is obtained in the eigenvector with eigenvalue λ .

Proof: the existence of $\lambda \in \sigma_p(A)$, such that $|\lambda| = \|A\|$, it follows the above proposition, but $\sigma(A) = \sigma_p(A) \cup \{0\}$.

