String pattern = "(?<=#\\{)(\\d+?)(?=})";

Pattern p = Pattern.*compile*(pattern);  
String str=" ((#{58497127541649425}+#{58497128212738065}) < 361.0 || (#{58497129680744465}) < 189.0 || (#{58497130125340689}) < 170.0 )\_1\_0";  
Matcher m = p.matcher(str);  
List<String> stringList=new ArrayList<>();  
while(m.find()){  
 stringList.add(m.group(0));  
}