Dockerfile

```
ROM node:16.13 As development
WORKDIR /usr/src/app
COPY package*.json ./
COPY yarn.lock ./
RUN yarn
COPY . .
CMD "yarn" "start:dev"
Dockercompose
version: '3.7'
services:
    container_name: minha_api
    build:
      context: .
      target: development
   volumes:
      - ::/usr/src/app
      - /usr/src/app/node_modules
    ports:
      - ${API_PORT}:${API_PORT}
   env_file:
      - .env
    networks:
      backend
    depends_on:
      postgres
  postgres:
    container_name: meu_db
    image: postgres:13-alpine
```

networks:
 - backend
environment:

POSTGRES_PASSWORD: \${DB_PASSWORD}