

Correlation Matrix

Age	1.00	-0.01	-0.01	0.01	0.01	0.01	-0.00	0.29
Coffee Intake	-0.01	1.00	1.00	-0.19	-0.17	-0.01	0.15	0.11
Caffeine mg	-0.01	1.00	1.00	-0.19	-0.17	-0.01	0.15	0.11
Sleep Hours	0.01	-0.19	-0.19	1.00	0.91	0.01	-0.79	-0.58
Sleep Quality	0.01	-0.17	-0.17	0.91	1.00	0.01	-0.91	-0.66
BMI	0.01	-0.01	-0.01	0.01	0.01	1.00	0.00	0.21
Stress Level	-0.00	0.15	0.15	-0.79	-0.91	0.00	1.00	0.71
Health Issues	0.29	0.11	0.11	-0.58	-0.66	0.21	0.71	1.00
	Age	Coffee Intake	Caffeine mg	Sleep Hours	Sleep Quality	BMI	Stress Level	Health Issues