$$Q = m * C * dT$$

$$Pd_{circ} = \left(\frac{1}{-1.8 * \log_{10} \left(\frac{6.9 * vis}{v * d_h} + \left(\frac{k}{3.71 * d}\right)^{1.11}\right)}\right)^2 * \frac{0.5 * rho * v^2}{d}$$