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Welcome to *90 Second Mycology*'s simplified flowchart resources compiled specifically for brand new cultivators interested in growing mushrooms! Whether it be for hobby, business, or novelty; this guide will help you along your journey. You can watch the companion video to this guide by [clicking/tapping here](#).

Find more visual resources at [90SecondMycology.com/videos](#).

Not sure what some terms and words mean in this guide, or anywhere else?

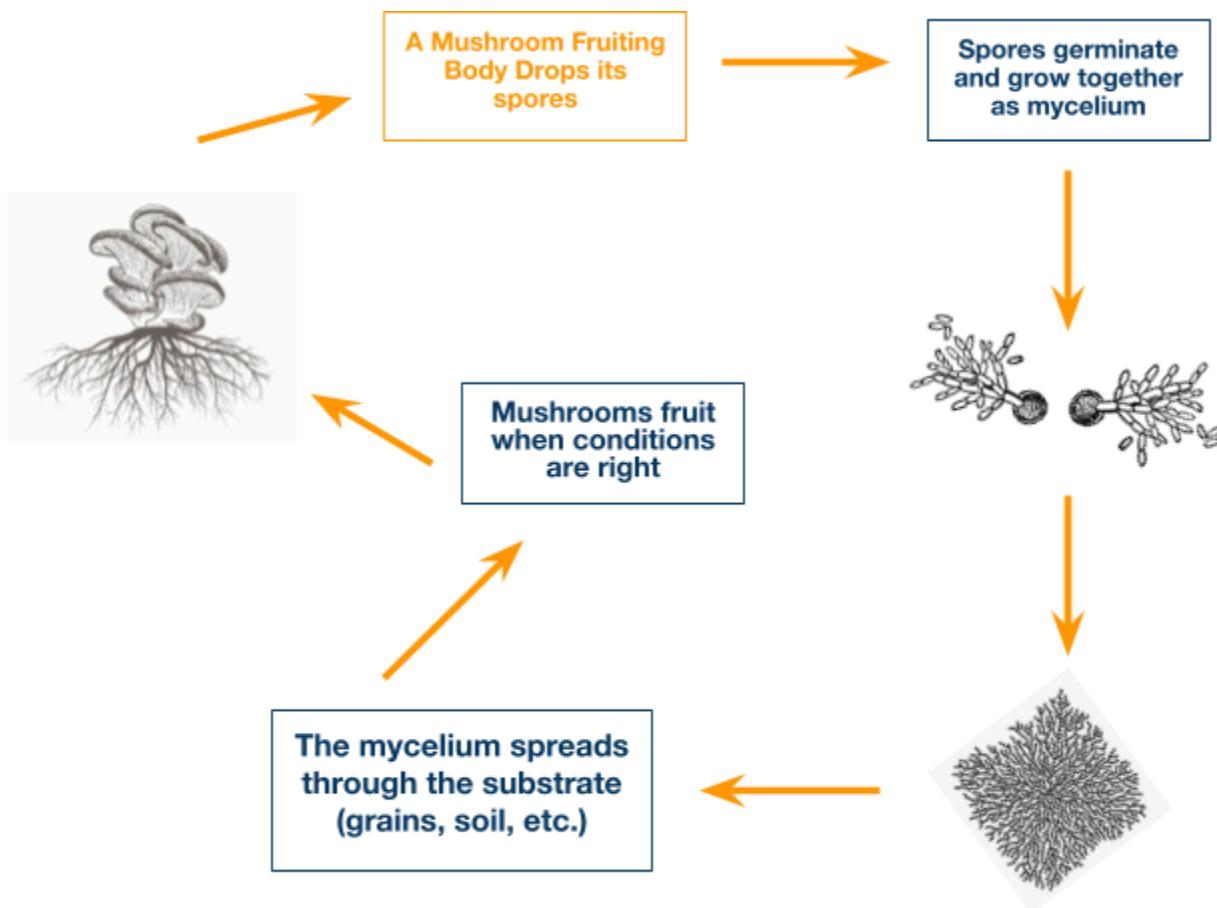
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Learn the difference between Liquid Culture & Spore Syringes in this video:

[Liquid Culture \(LC\) & Spore Syringes \(MSS\) EXPLAINED! \\ In-Depth Look](#)

The Life Cycle of a Mushroom



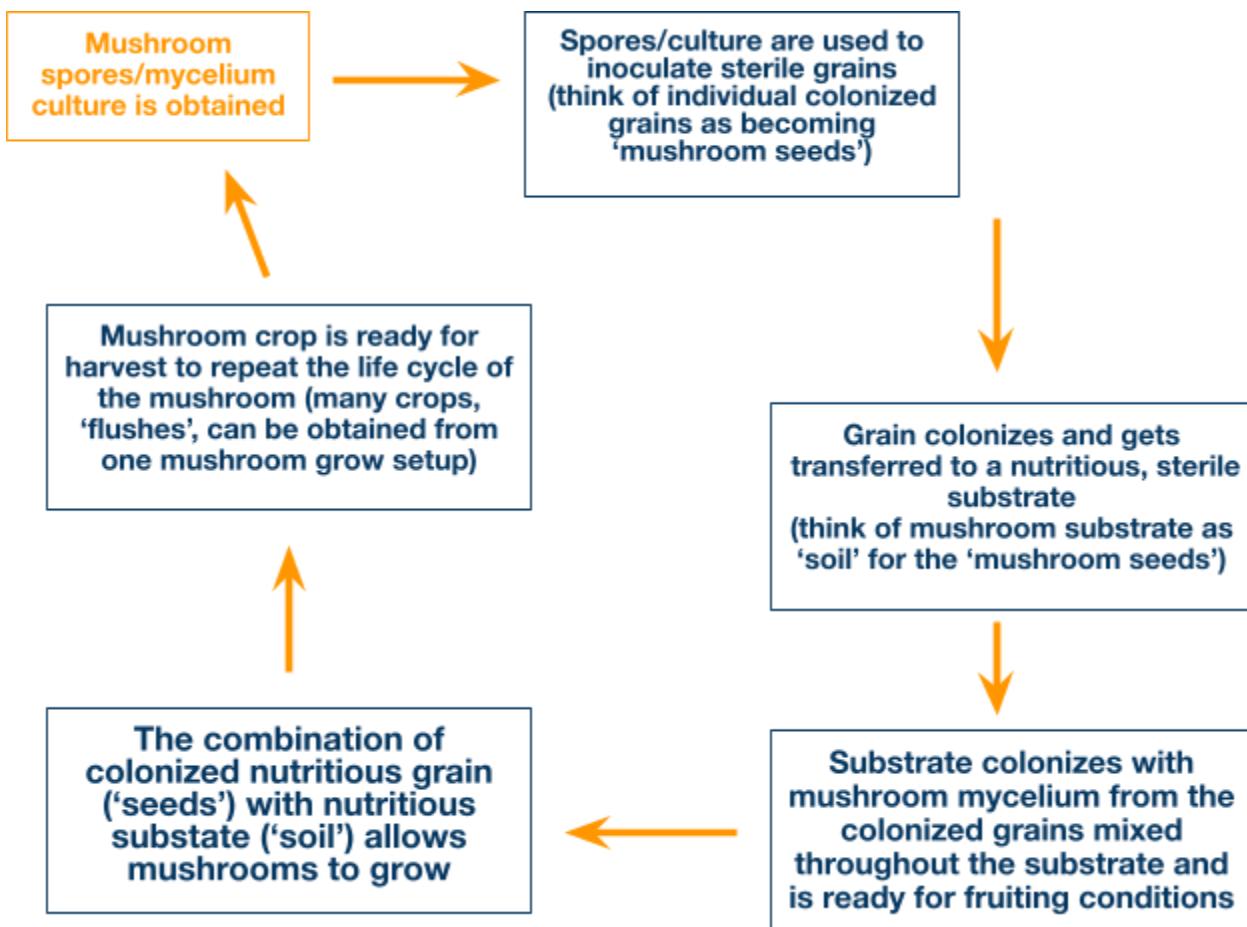
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The Indoor Mushroom Cultivation Process

(tried and tested over decades of research)

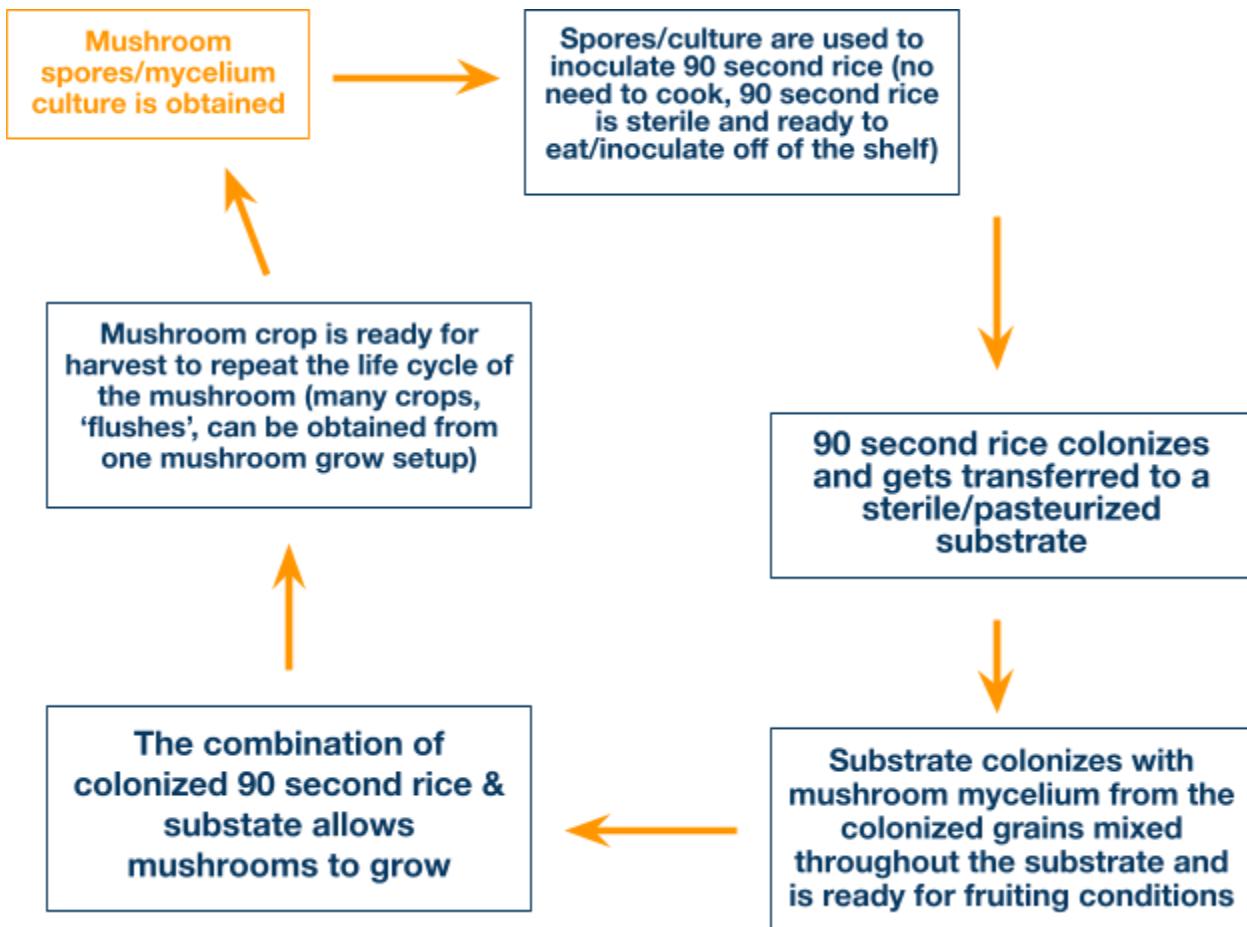


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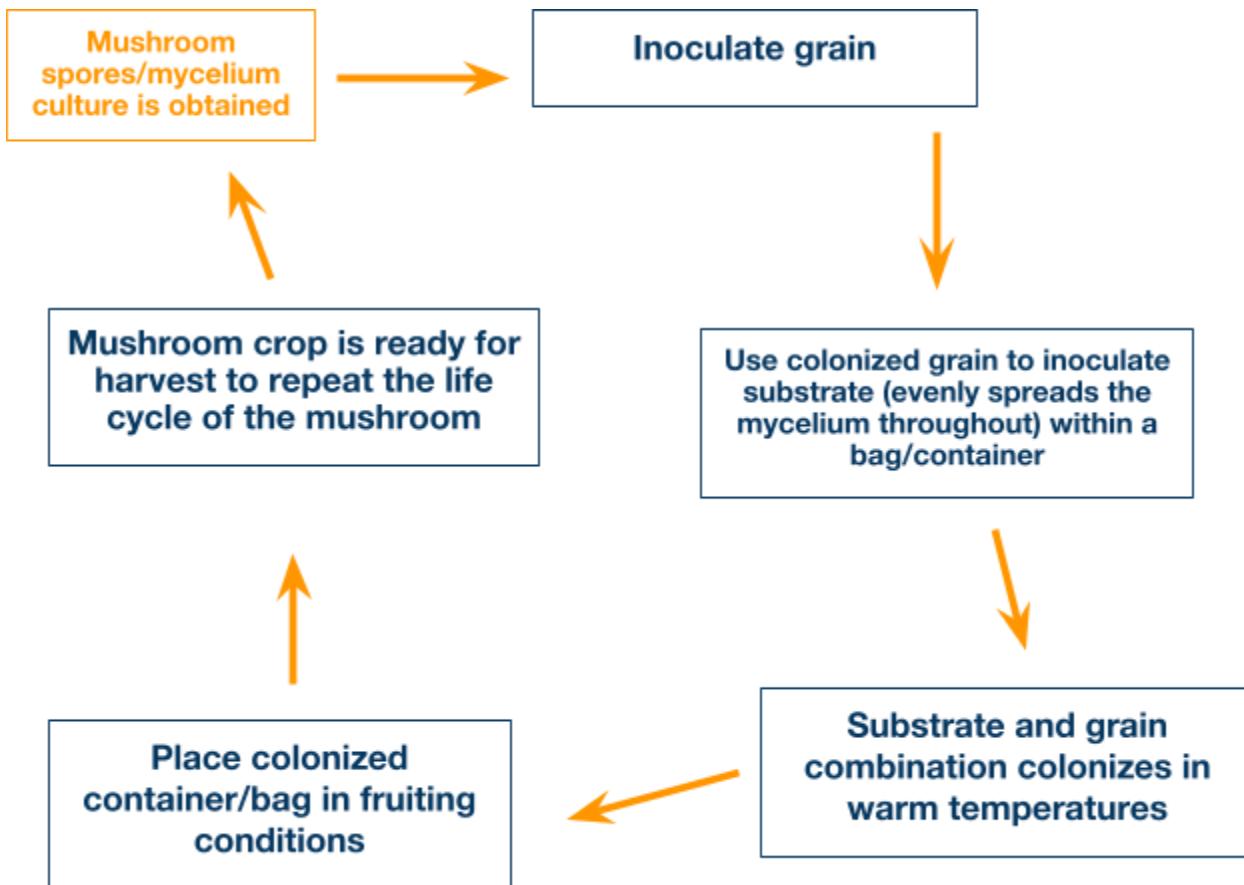


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“Common sense will almost always prevail!” - 90 Second Mycology

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