# harmacokinetic ations

#### First in Man: Animal to Human

Typically mice, rats, dogs to man

#### **Compartmental models**

Scale volumes and clearances using allometric principles
Doesn't take into account differences in body composition
"Blurring" of clearance & volume (distribution or absorption masked as clearance)

#### **PBPK models**

Define model as physiological and pharmacological parameters "Swap" the physiological parameters for a new species Keep the pharmacological parameters the same (or vice versa for predicting a new drug in the same species!)



#### PBPK model parameters

#### **Physiological**

Organ size/volume

Organ blood flow

Organ composition (e.g. lipid content)

Organ enzyme contents

Haematocrit/plasma protein concentrations

#### **Pharmacological**

Partition coefficient

Free fraction

Kb values (binding)

Extraction ratio

Km values (enyzmes)



#### Intrinsic clearance

# **The Standard Sheep**

#### Example of physiological data from the literature

Table 1
Data and references for a 45 kg standard sheep

	Organ size <sup>a</sup>	Reference	Weight (kg)	Perfusion (ml/min/100 g)	Flow (ml/min)	Reference	%CO
Blood	0.057	(Craigmill, 2003; Grimes, Buss, & Brace, 1987; Norberg et al., 2005)	2.56	11,9	5342		100
Lung	0.010	(Gardner et al., 2005; Hales, 1973)	0.45	11.9	5342		100
Brain	0.002	Hales (1973)	0.09	63	57	(Hales, 1973; Upton, Grant, & Ludbrook, 1994)	1.04
Heart	0.0037	Gardner et al. (2005)	0.167	160	266	(Hales, 1973; Talke et al., 2000)	4.89
Liver (PDV+artery)	0.016	(Barnes et al., 1983; Boxenbaum, 1980; Burrin, Ferrell, Britton, & Bauer, 1990; Craigmill, 2003; Gardner et al., 2005)	0.72	na	2581 <sup>b</sup>	(Hales, 1973; Runciman, Mather, Ilsley, Carapetis, & Upton, 1984b; Talke et al., 2000)	47.40
PDV-stomach	0.032	Burrin et al. (1990)	1.45	70	1015	(Hales, 1973; Hales & Fawcett, 1993)	
PDV-small intestine	0.017	Burrin et al. (1990)	0.79	120	942	(Hales, 1973; Hales & Fawcett, 1993)	
PDV-large intestine	0.015	Burrin et al. (1990)	0.69	60	414	(Hales, 1973; Hales & Fawcett, 1993)	
PDV-spleen	0.0023	Gardner et al. (2005)	0.105	200	210	(Hales, 1973; Hales & Fawcett, 1993)	
Kidneys	0.0046	(Burrin et al., 1990; Craigmill, 2003; Gardner et al., 2005; Gilbert, Lang, Grant, & Nijland, 2005; Hales, 1973)	0.207	440	911	(Di Giantomasso, Morimatsu, May, & Bellomo, 2004; Hales, 1973; Hales & Fawcett 1993; Runciman, Ilsley, Mather, Carapetis,& Rao, 1984a; Ullman, Eriksson, & Rundgren, 2001)	16,73
Fat	0.168	Craigmill (2003)	7.56	6	454	(Barnes et al., 1983; Hales & Fawcett, 1993)	8.33
Muscle	0.277	(Craigmill, 2003; Hales, 1973)	12.47	6	748	Hales and Fawcett (1993)	13.74
Other (skin, marrow)	0.103	Hales (1973)	4.64	7	325	(Hales & Fawcett, 1993; Midtgard, Hales, Fawcett, & Sejrsen,, 1987)	5.97
Bone	0.070	Davies, Tan, and Broad (1884)	3.15	na			
GI contents	0.130	(Aziz, Murray, & Ball, 1992; Craigmill, 2003)	5.85	na			
Fleece	0.091	Schinckel (1955)	4.10	na			

Upton, J Pharmacol Toxicol Methods 2008; 58:198-205



# **The Standard Pig**

Table 2
Data and references for a 25 kg Standard Pig

	Organ size <sup>a</sup>	Reference	Weight (kg)	Perfusion (ml/min/100 g)	Flow (ml/min)	Reference	%CO
Blood	0.06	(Buur, Baynes, Craigmil, et al., 2005; Buur,	1.200	10.3	2060	(Buur et al., 2005, 2006; Duddy et al.,	
		Baynes, Smith, et al., 2006; Vinegar, 1999)				1984; Vinegar, 1999)	
Lung	0.01	(Buur et al., 2005, 2006; Vinegar, 1999)	0.200		2060	(Buur et al., 2005, 2006; Vinegar, 1999)	
Brain	0.004	(Buur et al., 2005, 2006; Vinegar, 1999)	0.080	76.0	61	(Buur et al., 2005, 2006; van Woerkens,	3.0
						Duncker, Huigen, R. J., van der Giessen, & Verdouw,	
						1990; van Woerkens et al., 1992; Vinegar, 1999)	
Heart	0.0037		0.074	120.0	89	(Duddy et al., 1984; van Woerkens et al., 1990, 1992)	4.3
Liver (PDV+artery)	0.0294	(Buur et al., 2005, 2006;	0.588	107.0	629	(Buur et al., 2005, 2006; Duddy et al., 1984; Thein,	30.5
		Court et al., 2003; Vinegar, 1999)				Becker, Anetzberger, Hammer, & Messmer, 2003; van Woerkens et al., 1990, 1992; Vinegar, 1999)	
PDV-stomach	0.007	Phuc and Hieu (1993)	0.140			van Woerkens et al. (1990, 1992)	
PDV-small intestine	0.025	Phuc and Hieu (1993)	0.500			van Woerkens et al. (1990, 1992)	
PDV-large intestine	0.018	Phuc and Hieu (1993)	0.360				
PDV-spleen	0.002	Phuc and Hieu (1993)	0.040				
Kidneys	0.004	(Buur et al., 2005, 2006; Vinegar, 1999)	0.080	360.0	288	(Buur et al., 2005, 2006; Duddy et al., 1984; Vinegar, 1999)	14.0
Fat	0.3	(Buur et al., 2005, 2006; Vinegar, 1999)	6.000	6.0	360	(Buur et al., 2005, 2006; Duddy et al., 1984; Vinegar, 1999)	17.5
Muscle	0.4	(Buur et al., 2005, 2006; Vinegar, 1999)	8.000	6.5	520	(Duddy et al., 1984; van Woerkens et al., 1990, 1992)	25.2
Other (skin, marrow)	0.0569		1.138	10.0	114	van Woerkens et al. (1990, 1992)	5.5
Bone	0.07		1.400				
GI contents	0.01		0.200				

Upton, J Pharmacol Toxicol Methods 2008; 58:198-205



# Scaling body composition

Body composition varies with species

#### Sheep vs Pig

Standard sheep

17% fat and 28% muscle

Liver blood flow is 47% of cardiac output

Standard pig

30% fat and 40% muscle

Liver blood flow is 30% of cardiac output



## Scaling size within a species

Animals come in different sizes, even within a species

To generate a simulated population:

- 1. Assume % body composition is the same
- 2. Scale organ size relative to the standard size

$$\begin{split} & \text{OrganSize}_{i} = \text{OrganSize}_{std} * \left(\frac{\text{Weight}_{i}}{\text{Weight}_{std}}\right)^{1} * \text{N} \Big(1, 0.08^{2}\Big) \\ & \text{OrganFlow}_{i} = \text{OrganFlow}_{std} * \left(\frac{\text{Weight}_{i}}{\text{Weight}_{std}}\right)^{0.75} * \text{N} \Big(1, 0.15^{2}\Big) \end{split}$$

Upton, J Pharmacol Toxicol Methods 2008; 58:198-205

# Scaling organ distribution

Consider a membrane-limited model Measured apparent distribution volumes ( $V_{app}$ ), permeabilty (PS) and blood flow (Q)

ANIMAL		MAN
Dimensioned	Dimensionless	Dimensioned
V <sub>app,a</sub> (L)	$R = V_{app,a}/V_{real,a}$	$V_{app,m} = R.V_{real,m} (L)$
PS <sub>a</sub> (L/min)	$PSQ = PS_a/Q_a$	$PS_m = PSQ.Q_m (L/min)$

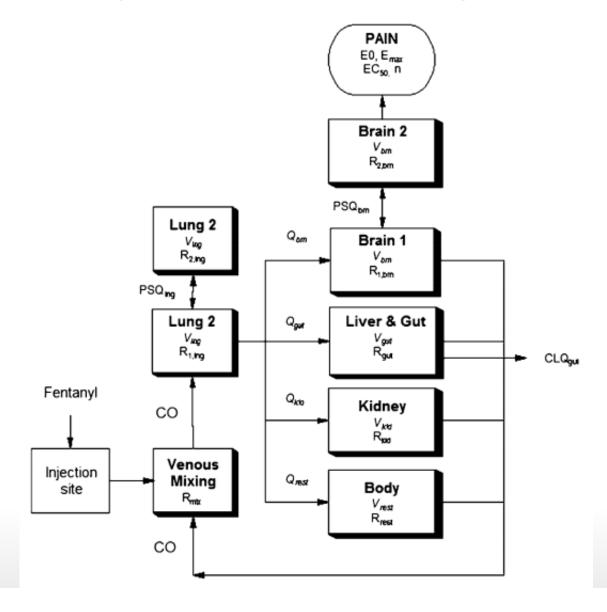
# Scaling organ elimination

Measured organ clearance (CL) blood flow (Q)

ANIMAL		MAN
Dimensioned	Dimensionless	Dimensioned
CL <sub>a</sub> (L/min)	$E = CL_a/Q_a$	$CL_m = E.Q_m (L/min)$



# A recirculatory model of fentanyl in man





## Scaling membrane limited distribution

Table 3 Estimated lung and brain kinetics of fentanyl in man

Organ	Parameter	Value	Unit	Dimensionless parameter	Value
Lung	Weight	0.91	kg		
	Flow	6.31	L/min		
	$\mathbf{V}_1$	12.89	L	$R_1$	14.156
	PS	1.56	L/min	PSQ	0.247
	$V_2$	29.55	L	$R_2$	32.44
Brain	Weight	1.311	kg		
	Flow	0.686	L/min		
	$\mathbf{V}_1$	0.065	L	$R_1$	0.05
	PS	2.88	L/min	PSQ	4.21
	$V_2$	7.13	L	$R_2$	5.44

Values were estimated via allometric scaling of data collected in sheep [3]

Upton et al., J Pharmacokinetic Pharmacodyn 2012; 39: 561-76



# A recirculatory model of fentanyl in man

Table 6 Pharmacological parameter values for the Standard Man model

Parameter symbols	Description	Value	SD	Origin
R <sub>mix</sub>	Venous mixing compartment, fraction of body weight	0.0253	na	Fitting Scott data
$R_{1,lng}$	Partition coefficient of first lung compartment	14.16	na	Scaled sheep model
$PSQ_{lng}$	Permeability ratio of lung as fraction of CO	0.247	na	Scaled sheep model
$R_{2,lng}$	Partition coefficient of second lung compartment	32.4	na	Scaled sheep model
R <sub>1,brn</sub>	Partition coefficient of first brain compartment.	0.05	na	Scaled sheep model
$PSQ_{brn}$	Permeability ratio of brain as fraction of cerebral blood flow	4.21	na	Scaled sheep model
R <sub>2,brn</sub>	Partition coefficient of second brain compartment	5.44	na	Scaled sheep model
$R_{vis}$	Partition coefficient of visceral compartments (liver and kidney)	5.08	1.64	Fitting Scott data
$CLQ_{gut}$	Extraction ratio across liver and gut	0.437	0.0081	Fitting Scott data
R <sub>rest</sub>	Partition coefficient of rest of body compartment	6.59	0.042	Fitting Scott data
$R_{1,arm}$	Partition coefficient of first arm compartment.	0.247	na	Fitting Moksnes data
PSQ <sub>arm</sub>	Permeability ratio of arm as fraction of muscle blood flow	0.345	na	Fitting Moksnes data
$R_{2,arm}$	Partition coefficient of second arm compartment	2.30	na	Fitting Moksnes data

Upton et al., J Pharmacokinetic Pharmacodyn 2012; 39: 561-76





## Intravenous Magnesium

Used for a number of diseases, including preeclampsia

Relaxes smooth muscles in blood vessels

- Lowers systemic vascular resistance
- Decreases mean arterial blood pressure
- Increases in cardiac output

Dosing is often empirical, based on observed cardiovascular variables



## **Magnesium Pharmacokinetics**

The clearance of magnesium is renal, but it can be reabsorbed or excreted in the tubules, as dictated by homeostatic requirements

Predominant loss from blood is by cellular uptake. This occurs in all tissues, and is potentially blood flow (cardiac output) dependent



## A Study of Magnesium in Sheep

A chronically instrumented sheep preparation

Training data set (30 mmol over 2 min)

Arterial blood samples for PK

#### Cardiovascular measurements

LVEDP - Left ventricular end diastolic pressure

MAP - Mean arterial blood pressure

SVR - Systemic vascular resistance

CO - Cardiac output

HR - Heart Rate

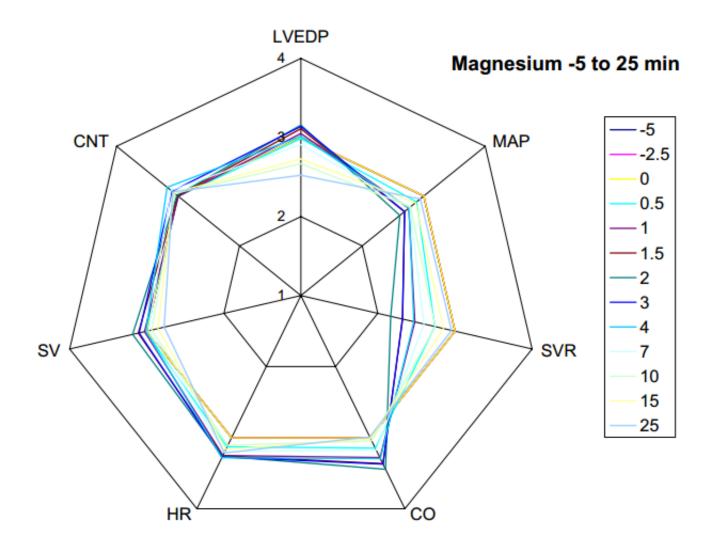
SV - Stroke Volume

CNT - Contractility



# Magnesium - Observed data

3 = baseline; 2 = baseline/2; 4 = baseline.2

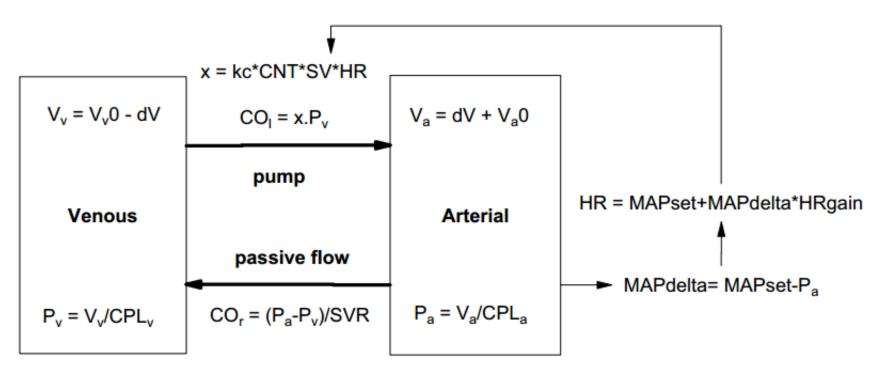




## Magnesium - PD model

A simple model of the cardiovascular system

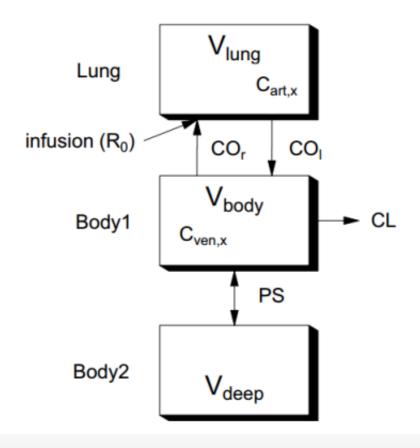
Two "stressed" blood volumes, active pump, passive return



Upton & Ludbrook, BMC Pharmacology 2005; 5:5, 10 Mar

## Magnesium - PK model

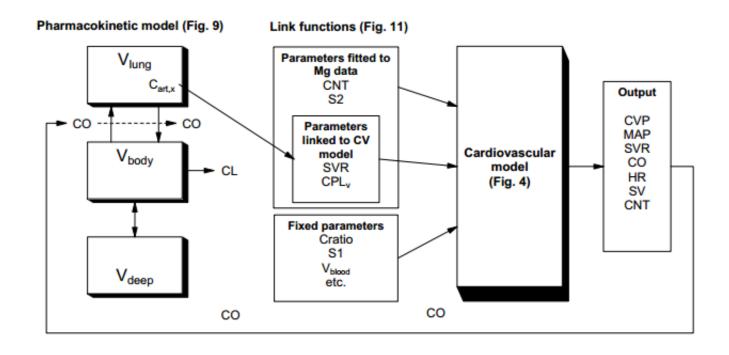
A 2 compartment recirculatory model with CO as a parameter Distribution into intracellular stores (PS)





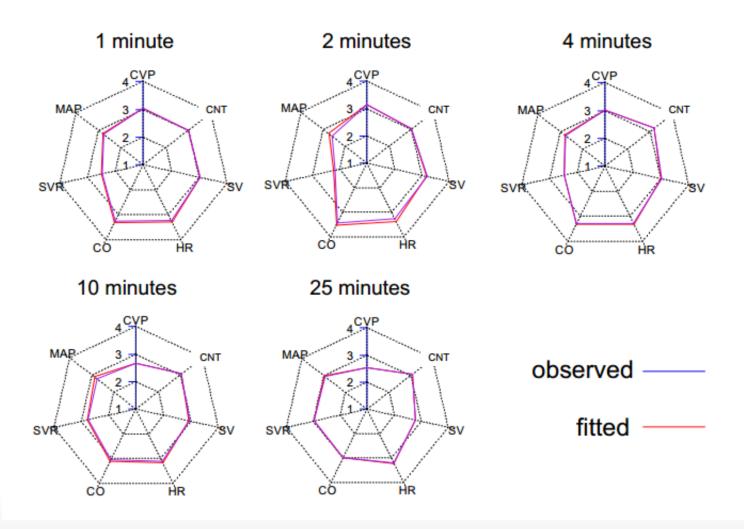
# Magnesium - PKPD model

Feedback between the PK and PD models via link functions





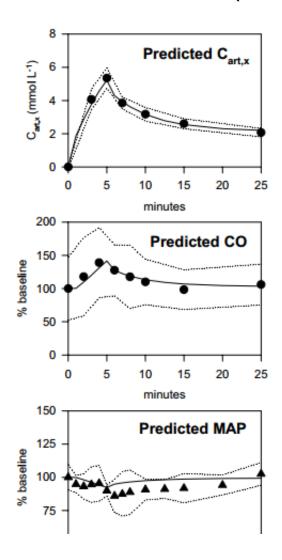
# Magnesium - Observed vs Fitted



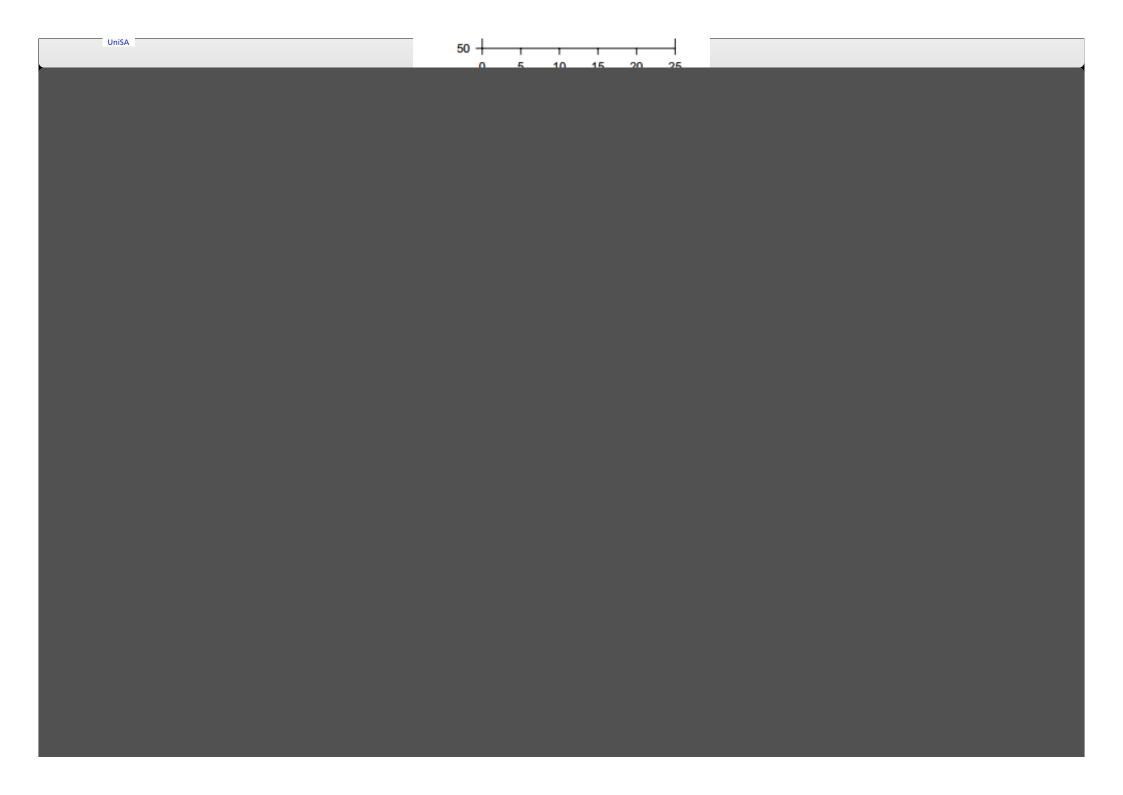


# Magnesium - Validation data

Prediction of a validation data set (30 mmol over 5 min)







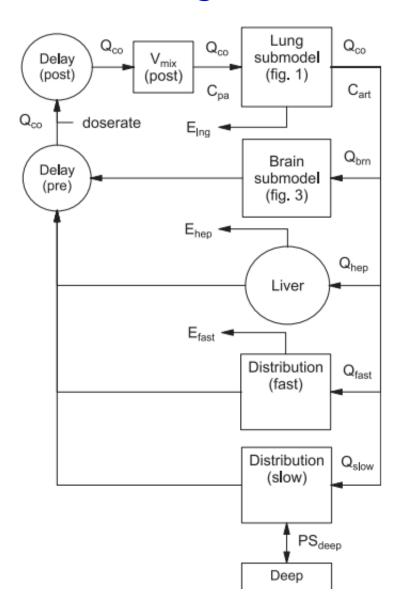
# **Propofol**

- Intravenous anaesthetic
- GABA agonist (and other receptors)
- Depression of neuronal activity evident in the EEG
- Propofol concentration in the CNS determines the time-course of anaesthesia

Why not include the target organ in a model of propofol kinetics?

Upton & Ludbrook, Anesthesiology 2005; 103:344-52

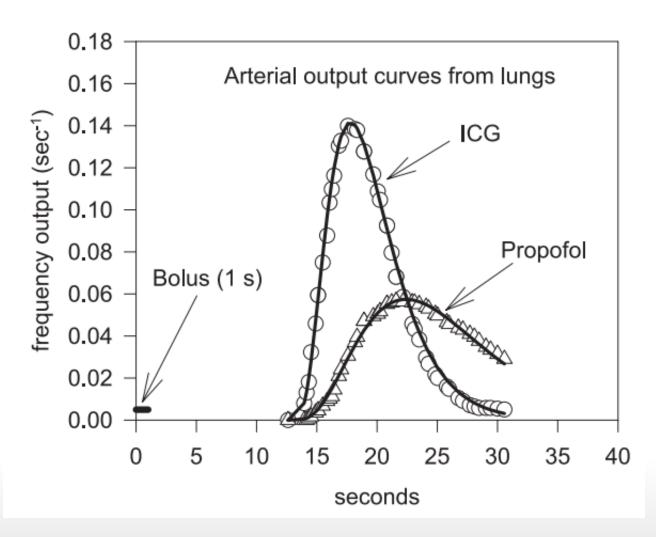
# **Propofol - Recirculatory Model**





# Propofol - Lung Sub-model

ICG = concurrent intra-vascular marker

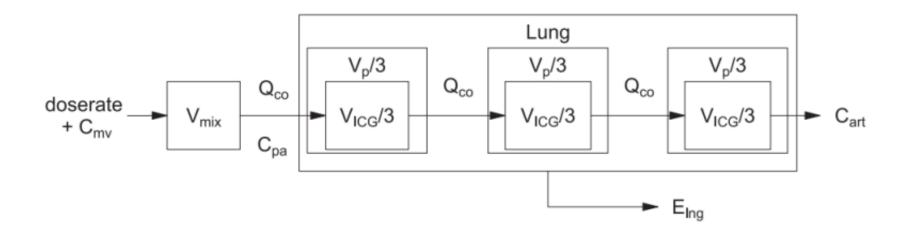




# Propofol - Lung Sub-model

Flow = Cardiac output  $(Q_{co})$ 

Input = Pulmonary artery ( $C_{pa}$ ); Output = Aorta ( $C_{art}$ )





# Propofol - Brain Sub-model

Input = Aorta ( $C_{art}$ ); Output = Jugular bulb ( $C_{jug}$ )

BIS = Depth of anaesthesia



# Propofol - Brain Sub-model

Membrane limited model Feedback effect on cerebral blood flow

## feedback $E_{max}$ linear BIS $C_{brn}$ $V_{\text{brn,2}}$ $PS_{brn}$ Q<sub>brn,%</sub> $V_{\text{brn},1}$



# Standard Man to Population model

This was NOT a population model!

Mean data, Standard Man physiology

Fitting in MATLAB & Simulink

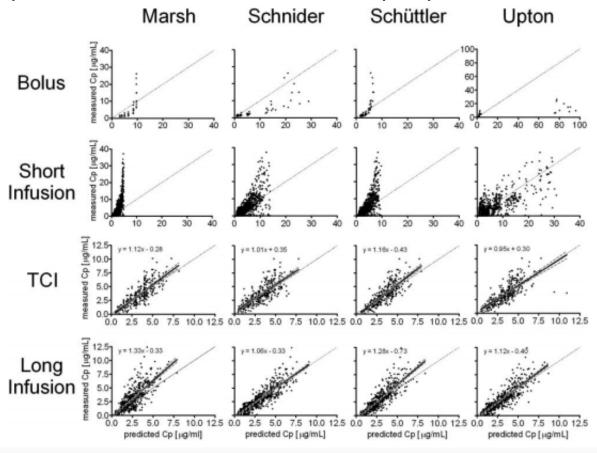
Can you predict a population? Maybe...

$$\begin{aligned} \text{CO}_i &= 5.66* \left(\frac{\text{Weight}_i}{70}\right)^{0.41} * \left(1.03 + 0.0295* (\text{Age}/30) + 0.0603* (\text{Age}/30)^2\right) \\ &\qquad \qquad \text{OrganSize}_i = \text{OrganSize}_{\text{std}} * \left(\frac{\text{Weight}_i}{70}\right)^1 \end{aligned}$$

Now predict arterial propofol concentrations for an extensive database of real patients!

## The harsh reality

"Performance of compartmental and physiologically-based, recirculatory pharmacokinetic models for propofol "



Masui et al., Anesthesia and Analgesia 2010; 111: 368-79





#### Leflunomide/Teriflunomide

undetectable parent, first-pass metabolism, blood-borne metabolism, extensive protein binding, entero-hepatic recycling, genetic influence on transporters & CYP's



# Fentanyl in the elderly

You are a pharmacologist working in an Anaesthetic Department

What happens to the kinetics of fentanyl in the elderly? Why do you need 1/4 of the dose of a fit young person?

The literature has no published model of fentanyl in the elderly

From first principles, what happens to drug kinetics when people age?

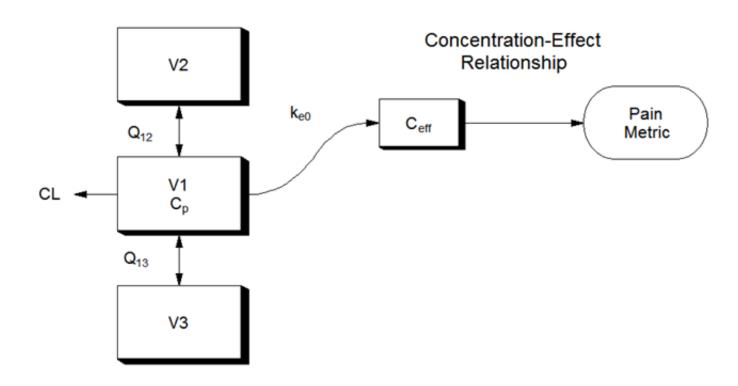


# Physiology of aging

Physiological process	Magnitude	Likely kinetic/dynamic consequence	Dose strategy
Whole body			
Cardiac output	↓ 0–20%	↓ Central compartment volume	Smaller initial bolus dose
		↑ Peak concentrations after bolus	Slower injection rate
Fat	↑ 10–50% then ↓	Drug specific changes in distribution volume	Drug specific - dose based on total body weight or lean
Muscle mass/blood flow	↓ 20%		body weight
Plasma volume	Little change		
Total body water	↓ 10%	↓ Distribution volume (water-soluble drugs)	
Plasma albumin	↓ 20%	↑ Free fraction of drug	<ul> <li>Potential for changes in clearance and oral bioavailability</li> </ul>
Alpha-glycoprotein	↑ 30–50%	↔ hepatic clearance of high-extraction drugs	Potential for changes in cerebral effects
Drug binding	drug specific	↑ hepatic clearance of low extraction drugs	
		↑ cerebral uptake of drug	
Liver & Gut			
Liver size	↓ 25–40%	↓ hepatic clearance of high-extraction drugs	Minimal effect on i.v. bolus
Hepatic blood flow	↓ 25–40%	→ hepatic clearance of low extraction drugs	<ul> <li>         ↓ Maintenance dose     </li> </ul>
			Potential for changes oral bioavailability
Phase I (e.g. oxidation)	↓ 25%	↓ hepatic clearance (some low extraction	Minimal effect on i.v. bolus
Phase II	Little change	drugs)	<ul> <li>↓ Maintenance dose</li> </ul>
			Potential for changes in oral bioavailability
Kidney			
Nephron mass	↓ 30%	↓ clearance (polar drugs)	<ul> <li>         ↓ maintenance dose (renally cleared drugs)     </li> </ul>
Renal blood flow	↓ 10% per decade	little effect on opioids (parent compound)	<ul> <li>Assume, and monitor for, accelerated accumulation of polar</li> </ul>
Plasma flow at 80 years	↓ 50%	↓ clearance of some active metabolites (e.g.)	active (M6G) or toxic (M3G, norpethidine) metabolites
Glomerular filtration rate	↓ 30–50%	M6G).	
Creatinine clearance	↓ 50–70%		
CNS			
Cerebral blood flow and	↓ 20%	Distribution to the CNS	Little net effect
metabolism		↓ Apparent volume in the CNS	
Cerebral volume	↓ 20%		
Active BBB transport (efflux)	↓ (drug specific)	↑ Apparent volume in the CNS	<ul> <li>         ◆ Bolus dose during titration     </li> </ul>
		↑ Apparent increase in CNS sensitivity	<ul> <li>         ↓ Maintenance dose     </li> </ul>
Pain threshold/sensitivity	Little change		Need for titration unchanged
Concentration response	↑ 50% for some	↑ Response to opioids	<ul> <li>         ↓ Bolus dose during titration     </li> </ul>
(opioids)	opioids		<ul> <li>         ↓ Maintenance dose     </li> </ul>

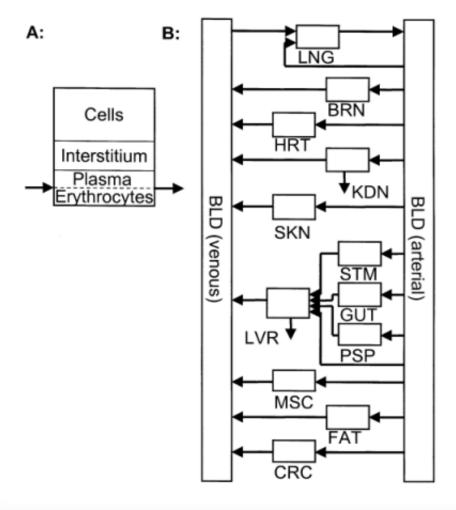


# Modify this model for the elderly!





# Modify this model for the elderly?



Bjorkman, J Pharmacokinet Biopharm. 1994; 22:381-410.



#### **Conclusions**

Investigate models beyond the 1, 2 & 3 compartment mamillary

Make some (informed!) assumptions, or use data beyond arm venous plasma concentrations

Old data/papers may be valuable pieces of the puzzle

Learn software to solve differential equations

There is more work to do. For example, how reliable is this equation for fit, healthy adults?

$$\mathsf{LiverFlow_i} = 1.5 * \left(\frac{\mathsf{Weight_i}}{70}\right)^{0.75} * \left(\frac{\mathsf{Age_i}}{30}\right)^{\mathsf{x}}$$

