Harley Ray

Ms. Glenn

Newspaper

Do you think that it is possible to die of a broken heart? English teacher Kathryn Glenn believes it to be true. There is such thing as dying of a broken heart, it is called “Broken Heart Syndrome,” or “Stress Cardiomyopathy.” A Nashville, TN, resident Lisa Wysocky was said to have died of a broken heart caused by the death of her adult son, Colby. Lisa’s symptoms were those of a heart attack. 2% of people who seem to have a heart attack are actually having symptoms of Broken Heart Syndrome. More than 5% of women are subdued to experiencing Stress Cardiomyopathy.

Arnold Cerny, Beatrice High School's Anatomy teacher knows a few things about the heart. When asked about the possibility of dying of a broken heart, this was Cerny’s response. “Yes it is possible to die of a broken heart but not everyone can.” The heart is very interesting  and many do not know about it.

Did you know that the very heart that is pumping blood throughout your body is strong enough to lift about 3,000 pounds? That is about the size of a compact car. The heart is amazing in the means of Anatomy. Fun-Fact about your heart is that it is the only muscle that does not require a bone-nerve impulse. What that means is that if you were to rip your heart out of your chest, it would still pump, but for only a short period of time. What else you may not know about your heart is that one side pumps to your nose and toes while the other pumps to your lungs. That is the reason why one side of the heart is thicker than the other.

Your heart cannot literally shatter and break into a million pieces but in the eyes of a teenager that is true. Chocolate is said to fix a broken heart but it has been known to help. “There is no heartbreak that chocolate can’t fix.”