

CURRICULUM VITAE

Samantha Taylor • Highly Specialist Occupational Therapist & Sensory Integration Practitioner •

BSc (Hons) Psy, MSc OT, PGCert SI •

07384 858424 • sam@lotusot.co.uk

PROFILE •

Highly motivated and hard-working Occupational Therapist & Sensory Integration Practitioner. Following years of contemplation, I set up private practice in January 2022 with the aim of providing a flexible, client-centred service. Strong clinical and interpersonal skills are complemented by my passion for the profession. I have a broad range of experience pre and post qualification, with particular interests in Mental Health and ASD. Being committed to both my personal and professional development I have the drive and skills to deliver individually tailored therapeutic assessments and interventions following the current evidence-base.

EDUCATION AND QUALIFICATIONS •

SENSORY INTEGRATION EDUCATION ACCREDITED BY SHEFFIELD HALLAM UNIVERSITY • Jan 2020-Aug 2021
• PGCERT SENSORY INTEGRATION • Pass

LEEDS METROPOLITAN UNIVERSITY • Jan 2009-Jan 2011 • MSc OCCUPATIONAL THERAPY (PRE-REGISTRATION) • Pass (HCPC Registration OT63163, Renewal 10/2023)

UNIVERSITY OF MANCHESTER • Sept 2002-June 2005 • BSc HONS IN PSYCHOLOGY • 2:1

OLDHAM SIXTH FORM COLLEGE • Sept 2000-June 2002 • A2 LEVEL: Dual English • Grade B; Economics • Grade B; Psychology • Grade A

HULME GRAMMAR SCHOOL, OLDHAM • Sept 1995-June 2000 • GCSE: 9 Subjects • Grade A-B

ADDITIONAL TRAINING: • IAPT in Tier 4 CAMHS (Psychological Training Centre, Prestwich, 10 day course, 2019) • Introduction to CBT for Children and Young People (Healthy Young Minds, Pennine Care, 2 Day Course, 2018) • MOHO Case Formulation (Royal College of Occupational Therapists, 2 day course, 2016) • Psychosocial Interventions for Family Interventions, Level 7 module (The University of Manchester, 2016) • Critical Appraisal and Evidence Synthesis, Level 7 module (The University of Manchester, 2017) • Motivational Interviewing (Pennine Care, 1 day course, 2015) • Clinical Supervision (Manchester Metropolitan University, 2 day course, 2015) • ASD and Mental Health (Mersey Care, 2 day course, 2015)

SUMMARY OF SKILLS & KNOWLEDGE •

• Conducting OT assessments (MOHO tools, cooking, community, social skills, environmental, cognitive, Sensory Integration) • OT & Sensory Integration interventions • Collaborative care planning • MDT working • Building links with agencies, e.g. education, leisure, supported living • Maintaining patient records • OT and Sensory Processing • Reports (MOHOST, Sensory processing, EHCP, Tribunal, Court Order) • Risk assessment • Supervision of staff • Facilitating therapeutic groups • Family interventions • Staff training • Communication • Psychosocial and CBT approaches • In-depth knowledge of: ASD, Psychosis, Anxiety, Depression; additional knowledge of Developmental conditions, Learning Disabilities, Neurological conditions • Link between physical and mental health • Case Formulation • Grading & Adapting occupations to meet client need • Clinical reasoning and creative thinking • Evidence-based practice • The OT process in different settings (inpatient, community, different client and age groups, education, NHS, Social Care)

EMPLOYMENT HISTORY •

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Jan 2022-ongoing: LOTUS OT, OCCUPATIONAL THERAPY & SENSORY INTEGRATION SERVICE

Owner, Lotus OT; Highly Specialist Occupational Therapist & Sensory Integration Practitioner

Since commencing work independently I have been working all hours to ensure my business is a success and to provide the best service possible. Contracts include work in education settings, private home or community assessments, Adult Learning Disability assessments via health and social care services and care providers. Delivering OT and Sensory Integration training for schools and support workers.

Jan 2022-June 2022: LOCALA, CHILDREN'S THERAPY SERVICE, DEWSBURY

Bank Band 7 Advanced Occupational Therapist, Occupational Therapy Sensory Service, School Based

Bank position commenced during the initial set up of private practice; average 1.5 days per week.

Conducting Sensory Processing Assessments and recommendations for children in a Special School and Mainstream school. Needs included Moderate-Severe Learning Disabilities, ASD, Physical disabilities, anxiety, ADHD.

Oct 2020-Dec 2021: SOUTH WEST YORKSHIRE FOUNDATION TRUST, CAMHS, HUDDERSFIELD

Full-time, Fixed-term, Band 7 Advanced Occupational Therapist, ASD Intensive Support Team, Community CAMHS

Involved with setting up a new service for young people (YP) with a primary diagnosis of Autism Spectrum Disorder (ASD) at risk of: placement breakdown (home or school), contact with the criminal justice system, or hospital admission. They often had co diagnoses, such as Learning Disability, ADHD, Sensory Processing Disorder, Anxiety, Attachment difficulties, and some had experienced trauma. OT and Sensory Processing Assessment and Interventions.

Sept 2018-Oct 2020: PENNINE CARE NHS FOUNDATION TRUST, FAIRFIELD GENERAL HOSPITAL

Part-time Sept-March, Full-time from April 2019, Band 6 Senior Occupational Therapist, CAMHS Inpatient Acute Mental Health Ward

OT assessment and intervention for 12 YP aged 13-18 with a range of mental health, behavioural and learning difficulties. Supervision of junior OT staff.

Sept 2018-Mar 2019: PENNINE CARE NHS FOUNDATION TRUST, #THRIVE, ROCHDALE

Part-time, Band 6 Mental Health Practitioner, Tier 2 Community CAMHS

Consultation role working across local primary and secondary schools. Providing advice, information and training to school staff and other professionals around mental health (for example, different conditions, managing self-harm, coping strategies, anxiety management techniques, promoting behavioural activation). Working in line with the Early Help Model alongside social care staff.

Feb 2018-Sept 2018: PENNINE CARE NHS FOUNDATION TRUST, HEALTHY YOUNG MINDS, TRAFFORD

Full-time Band 6 Mental Health Practitioner, Tier 3 Community CAMHS

Managing a caseload of approximately 40 children and young people (CYP). Conducting holistic assessments in clinic; risk assessments and safety plans with CYP and their families/ carers; screening referrals and taking duty calls; A&E assessments when required. Group leader for anxiety, resilience and change (ARC) groups (under and over 12s).

Feb 2014-Jan 2018: PENNINE CARE NHS FOUNDATION TRUST, BIRCH HILL HOSPITAL

Full-time Band 5/ Band 6 from October 2016, Occupational Therapist, 45 bed Adult Male Low Secure Mental Health Unit

Clients had a primary diagnosis of severe mental illness, for example, Schizophrenia. All detained under the Mental Health Act (1983), some by the Ministry of Justice. Many had experienced significant trauma

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during childhood; some had mild learning disabilities, ASD, brain injuries. Many clients engaged in substance misuse. Supervision of junior OT staff. Preparing reports for and attending Clinical Business Unit meetings for the directorate.

May 2011-Jan 2014: ROCHDALE ADULT CARE SERVICES, ROCHDALE BOROUGH COUNCIL

Full-time Grade 7 Occupational Therapist, Reablement

Involved with setting up an OT role along with introducing specific assessments tools and outcome measures. Mainly adults with physical health difficulties, though many had associated mental health difficulties, such as anxiety and depression. Supervision and training provided to Support Workers.

Jan 2009-April 2011: CREATIVE SUPPORT, MANCHESTER

Relief Support Worker

Support work alongside OT training. Clients were adults diagnosed with Learning disabilities and/or Mental Health conditions.

Sept 2007-Dec 2008: CREATIVE SUPPORT, MANCHESTER

Full-time Credit Controller

Oct 2005-July 2007: SACRED HEART PRIMARY SCHOOL, GORTON

Full-time Teaching Assistant

ADDITIONAL INFORMATION •

Interests: Photography; travelling, in particular Italy and Croatia; food and cooking; music (listening to, playing guitar, going to gigs); sports and exercise, for example, tennis, gym, swimming.

Full clean UK driving licence and own transport.

Enhanced DBS – online subscription renewed July 2022 (*details can be provided upon request*).

REFEREES •

Joanne.fellows@locala.org.uk – Team Manager & Physiotherapist, Children's Therapy Services, Locala, West Yorkshire

Shirley.hearty@swyt.nhs.uk – Clinical Psychologist & Team Leader, ASC Intensive Support Team, South West Yorkshire Trust

Lindsey.Baucutt@nhs.net – Service Manager – Hope Unit, Fairfield General Hospital, Pennine Care