

motivational blues

motivational blues 11-12-2018

lyrics: Rickard Verner Hultgren

music: Rickard Verner Hultgren

♩ = $\frac{3}{4}$ *swing*

What is my role? What is a fair goal? Create a win win game now

Reassay what to do first

CODA

What is my role? What is a fair goal?

COMMENTS

Imagine an interaction with another person or a future you.

*I and you **build** our value now.*

We build the value of our interaction. This correlates to oxytocine.

I will get [meaning of end results]

What will I gain from the end result? This correlates to testosterone.

from the [end results]

Specify the end results. This correlates to serotonin.

To do now [doing the next move]

This ensures you of the momentum towards the end result. This correlates to acetylcholine.

I achieve that

Focus on the next marker. This correlates to dopamine.